

Haringey Aquatics Club Records – 31-12-2025

9 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Kezia Colton	40.21	4/2/18	MCASA Age Group County Championships	Southbury Road	50m Butterfly	Gael Vazquez Tunez	43.62	27/6/15	Harrow SC End of Season Open Meet	Barnet Copthall
Olivia Metti	1:49.19	29/06/25	Kate Lack Trophy Meet	Barnet Copthall	100m Butterfly	Gael Vazquez Tunez	1:49.58	5/3/16	Borough of Harrow Regional Qualifier	Barnet Copthall
					200m Butterfly	Gael Vazquez Tunez	3:43.82	19/12/15	Christmas at Dagenham	Becontree Heath
Shameiah Nanton	43.92	18/11/18	ESS County Qualifier	Southbury Road	50m Backstroke	Gael Vazquez Tunez	42.41	31/10/15	ESS County Qualifier	Southbury Road
Lucy Corry	1:35.09	27/11/10	Club Winter Championship	Park Road	100m Backstroke	Gael Vazquez Tunez	1:32.21	25/10/15	Barnet Copthall Winter Sprints	Barnet Copthall
Linnoa Hurcombe	3:21.09	3/10/21	MCASA County Qualifier	Southbury Road	200m Backstroke	Gael Vazquez Tunez	3:07.90	20/12/15	Christmas at Dagenham	Becontree Heath
Fanni Somogyi	50.70	20/2/10	Middlesex County Championship	Southbury Road	50m Breaststroke	Luca Ridard	47.32	4/3/17	ESS Regional Qualifier	Southbury Road
Ipek Ilhan	1:50.88	27/11/22	ESS County Qualifier	Southbury Road	100m Breaststroke	Luca Ridard	1:47.10	26/3/17	CoStA Spring Open Meet	Westminster Lodge, St Albans
Ipek Ilhan	3:49.63	18/3/23	ESS Regional Qualifier	Southbury Road	200m Breaststroke	Gael Vazquez Tunez	3:43.53	20/12/15	Christmas at Dagenham	Becontree Heath
Kezia Colton	36.03	3/12/17	BHSC Christmas Cracker	Barnet Copthall	50m Freestyle	Luca Ridard	35.61*	9/7/17	BWFSC Summer Meet	London Aquatics Centre
Kezia Colton	1:20.56	21/1/18	MCASA Age Group County Championships	Southbury Road	100m Freestyle	Luca Ridard	1:17.24	2/7/17	Summer Invitational Meet	Barnet Copthall
Kezia Colton	2:57.66	18/11/17	ESS County Qualifier	Southbury Road	200m Freestyle	Luca Ridard	2:55.68	22/4/17	MCASA Spring Development Meet	Southbury Road
					400m Freestyle	Gael Vazquez Tunez	6:02.46	29/11/15	BHSC Xmas Cracker	Barnet Copthall
					800m Freestyle					
					1500m Freestyle					
Lucy Corry	1:34.47	27/11/10	Club Winter Championship	Park Road	100m I.M	Gael Vazquez Tunez	1:36.38	27/11/15	Winter Club Championships	Park Road
Tosan Egodo	3:28.92	25/10/08	Middlesex Autumn Dev Meet	Barnet Copthall	200m I.M	Gael Vazquez Tunez	3:17.82	31/10/15	ESS County Qualifier	Southbury Road
Tosan Egodo	8:48.70	1/12/08			400m I.M					

*Long Course

Haringey Aquatics Club Records – 31-12-2025

10 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Kezia Colton	39.34	3/2/19	Middlesex County Championships	Southbury Road	50m Butterfly	Travis Kupczyk Akomeah	35.28	18/11/16	Winter Club Championships	Park Road
Linnoa Hurcombe	1:33.23	22/5/22	Middlesex May Open Meet	Southbury Road	100m Butterfly	Gareth Davies	1:28.84	14/6/15	Kate Lack Trophy Meet	Barnet Copthall
Linnoa Hurcombe	3:37.34	2/10/22	Middlesex County Development Open	Southbury Road	200m Butterfly	Gareth Davies	3:19.12	13/6/15	Kate Lack Trophy Meet	Barnet Copthall
Linnoa Hurcombe	37.37	29/1/22	Middlesex County Championships	Southbury Road	50m Backstroke	Alex C Vonckx	38.06*	4/7/13	London Youth Games	Crystal Palace
Linnoa Hurcombe	1:21.90	12/6/22	Kate Lack Trophy Meet	Barnet Copthall	100m Backstroke	M Scott	1:18.80	1974		
Linnoa Hurcombe	2:49.32*	13/3/22	London Region Summer Championships	K2, Crawley	200m Backstroke	Alex C Vonckx	2:57.52	9/3/13	Middlesex County Championship	Southbury Road
Lauren Redman	43.43	9/12/01	Middlesex County Short Course	Barnet Copthall	50m Breaststroke	Luca Ridard	42.09*	26/5/18	London Region May Open Meet	London Aquatics Centre
Selena Charalambous	1:35.27*	16/2/20	Middlesex County Championships	London Aquatics Centre	100m Breaststroke	Luca Ridard	1:35.01	10/6/18	Kate Lack Trophy Meet	Barnet Copthall
Evie Wootton	3:32.53	2/10/16	LBESA 200/400 Championships	Southbury Road	200m Breaststroke	Luca Ridard	3:20.21	10/6/18	Kate Lack Trophy Meet	Barnet Copthall
Linnoa Hurcombe	32.59	11/6/22	Summer Club Championship	Park Road	50m Freestyle	Travis Kupczyk Akomeah	32.35	20/11/16	ESS County Qualifier	Southbury Road
Linnoa Hurcombe	1:09.86	13/2/22	Middlesex County Championships	Southbury Road	100m Freestyle	Luca Ridard	1:12.62	10/6/18	Kate Lack Trophy Meet	Barnet Copthall
Linnoa Hurcombe	2:30.40	21/5/22	Middlesex May Open Meet	Southbury Road	200m Freestyle	Luca Ridard	2:36.92	10/6/18	Kate Lack Trophy Meet	Barnet Copthall
Linnoa Hurcombe	5:23.53	2/10/22	Middlesex County Development Open	Southbury Road	400m Freestyle	Luca Ridard	5:41.89*	18/3/18	RR L1 Spring National Qualifier	Aldershot Garrison
					800m Freestyle	Luca Ridard	11:56.80*	24/3/18	RR L1 Spring Distances National Qualifier	Aldershot Garrison
Elif Altindag	27:42.30	6/2/08			1500m Freestyle					
Linnoa Hurcombe	1:25.40	18/6/22	Harrow Summer Meet	Barnet Copthall	100m I.M	Travis Kupczyk Akomeah	1:24.18	25/11/16	Winter Club Championships	Park Road
Kelton Ryland	3:09.80	19/7/13	Club Time Trials	Park Road	200m I.M	Gareth Davies	3:07.62	28/2/15	ESS Regional Qualifier Meet	Southbury Road
					400m I.M					

*Long Course

Haringey Aquatics Club Records – 31-12-2025

11 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Francesca Rattigan	36.43	9/6/19	Kate Lack Trophy Meet	Barnet Copthall	50m Butterfly	Travis Kupczyk Akomeah	32.62	16/6/17	Summer Club Championships	Park Road
Megan Boardman	1:31.82	8/1/12	Redbridge Winter Meet	Fullwell Cross	100m Butterfly	Gareth Davies	1:15.48*	8/5/16	London Region Championships	Crystal Palace
Bianca Gomez Velasco	3:36.52	10/6/18	Kate Lack Trophy Meet	Barnet Copthall	200m Butterfly	Gareth Davies	2:48.52*	7/5/16	London Region Championships	Crystal Palace
Josie Hesketh	36.58	9/11/19	London National Arena League	Inspire, Luton	50m Backstroke	Alex C Vonckx	34.41	29/6/14	National Junior Swimming League (M11)	Hertfordshire Sports Village, Hatfield
Linnoa Hurcombe	1:18.64	4/12/22	BHSC Christmas Cracker	Barnet Copthall	100m Backstroke	Alex C Vonckx	1:17.87*	15/6/14	London Region Age Group Championships	London Aquatics Centre
Kelton Ryland	2:48.68	19/7/14	Barking & Dagenham Summer Gala	Becontree Heath	200m Backstroke	Gareth Davies	2:43.07	12/6/16	Kate Lack Trophy Meet	Barnet Copthall
Evie Wootton	40.88	7/10/17	ESS Regional Qualifier	Southbury Road	50m Breaststroke	Max Green	38.11	12/12/15	London National Arena League	Becontree Heath
Kelton Ryland	1:28.02	5/10/14	Barnet 100m Meet	Barnet Copthall	100m Breaststroke	Max Green	1:26.16	4/12/15	Winter Club Championships	Park Road
Evie Wootton	3:11.74	7/10/17	ESS Regional Qualifier	Southbury Road	200m Breaststroke	Max Green	3:09.03	29/11/15	BHSC Xmas Cracker	Barnet Copthall
Linnoa Hurcombe	32.33	26/11/22	ESS County Qualifier	Southbury Road	50m Freestyle	Travis Kupczyk Akomeah	29.73	14/10/17	London National Arena League R1	Glass Mill, Lewisham
Linnoa Hurcombe	1:09.04	26/11/22	ESS County Qualifier	Southbury Road	100m Freestyle	Max Green	1:07.25	29/11/15	BHSC Xmas Cracker	Barnet Copthall
Linnoa Hurcombe	2:28.64	4/12/22	BHSC Christmas Cracker	Barnet Copthall	200m Freestyle	Max Green	2:25.46	19/12/15	Christmas at Dagenham	Becontree Heath
Kelton Ryland	5:22.75	15/3/14	Middlesex County Championship	Southbury Road	400m Freestyle	Luca Ridard	5:06.77	20/01/19	Middlesex County Championships	Southbury Road
Ipek Ilhan	11:45.60	19/10/24	Middlesex County Long Distance Dev Meet	Southbury Road	800m Freestyle	Zente Buzsik	10:37.05	20/11/22	BC County Qualifier & Development Meet 2	Barnet Copthall
					1500m Freestyle	Zente Buzsik	20:23.97	20/11/22	BC County Qualifier & Development Meet 2	Barnet Copthall
Kelton Ryland	1:20.58	20/7/14	Barking & Dagenham Summer Gala	Becontree Heath	100m I.M	Max Green	1:16.94	29/11/15	BHSC Xmas Cracker	Barnet Copthall
Kelton Ryland	2:54.77	19/7/14	Barking & Dagenham Summer Gala	Becontree Heath	200m I.M	Max Green	2:44.66	28/11/15	BHSC Xmas Cracker	Barnet Copthall
Aaliyah Gordon	6:49.71	15/3/25	ESS Spring Open Meet	Southbury Road	400m I.M	Gareth Davies	5:58.11	17/4/16	MCASA Spring Dev Meet	Southbury Road

*Long Course

Haringey Aquatics Club Records – 31-12-2025

12 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Megan Boardman/ Khai Fairbairn	34.00	21/6/13 10/6/22	Summer Club Championship	Park Road	50m Butterfly	Gareth Davies	31.06*	21/5/17	London Region Age Group Championships	London Aquatics Centre
Lilly Smith	1:16.91	23/11/24	ESS County Qualifier	Southbury Road	100m Butterfly	Gareth Davies	1:07.45*	16/4/17	Team Luton April LC Meet	Inspire, Luton
Megan Boardman	2:51.76	13/3/13	Middlesex County Championship	Southbury Road	200m Butterfly	Gareth Davies	2:32.73*	13/5/17	London Region Age Group Championships	London Aquatics Centre
Kelton Ryland	34.99	28/2/15	ESS Regional Qualifier Meet	Southbury Road	50m Backstroke	Arun Hamilton McMahon	32.69	14/7/18	BHSC Summer Open Meet	Barnet Copthall
Kelton Ryland	1:15.17	18/1/15	Middlesex County Championships	Barnet Copthall	100m Backstroke	Max Green	1:10.72	10/12/16	London National Arena League	Becontree Heath
Kelton Ryland	2:39.92	18/1/15	Middlesex County Championships	Barnet Copthall	200m Backstroke	Max Green	2:28.06	18/12/16	Christmas at Dagenham	Becontree Heath
Amy Hanson	36.42	5/11/22	London Region Winter Championships	London Aquatics Centre	50m Breaststroke	Max Green	35.45	18/12/16	Christmas at Dagenham	Becontree Heath
Amy Hanson	1:22.57	20/10/22	Winter Club Championship	Park Road	100m Breaststroke	Max Green	1:19.03	25/11/16	Winter Club Championships	Park Road
Kelton Ryland	3:00.88	11/10/15	Barnet Copthall 200m Meet	Barnet Copthall	200m Breaststroke	Max Green	2:49.89	2/10/16	LBESA 200/400 Championships	Southbury Road
Ipek Ilhan	29.93	21/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon	50m Freestyle	Max Green	28.04*	8/1/17	BWFSC New Year Meet	London Aquatics Centre
Kelton Ryland	1:06.19	29/3/15	Redbridge Regional Qualifier Meet	Fullwell Cross	100m Freestyle	Max Green	59.71	27/11/16	CoStA Open Meet	Westminster Lodge, St Albans
Kelton Ryland	2:21.26	19/4/15	Ealing Open Meet	Northolt	200m Freestyle	Max Green	2:10.29	17/12/16	Christmas at Dagenham	Becontree Heath
Kelton Ryland	4:59.23	28/3/15	Redbridge Regional Qualifier Meet	Fullwell Cross	400m Freestyle	Max Green	4:44.05	18/12/16	Christmas at Dagenham	Becontree Heath
Kelton Ryland	10:06.08	27/6/15	Harrow SC End of Season Open Meet	Barnet Copthall	800m Freestyle	Frederick Omell	9:53.20*	12/4/25	London Legacy Swimming Meet	London Aquatics Centre
Ipek Ilhan	20:53.76	16/11/25	BC County Qualifier & Development Meet 2	Barnet Copthall	1500m Freestyle	Frederick Omell	18:38.89*	26/4/25	SE London Summer Championships	London Aquatics Centre
Kelton Ryland	1:15.89	18/4/15	Ealing Open Meet	Northolt	100m I.M	Max Green	1:09.73	17/12/16	Christmas at Dagenham	Becontree Heath
Ipek Ilhan	2:42.84	21/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon	200m I.M	Max Green	2:28.37	27/11/16	CoStA Open Meet	Westminster Lodge, St Albans
Nicola Lawrence	6:24.86	24/10/10	Middlesex Autumn Dev Meet	Southbury Road	400m I.M	Frederick Omell	5:36.94	16/3/25	ESS Spring Open Meet	Southbury Road

*Long Course

Haringey Aquatics Club Records – 31-12-2025

13 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Amy Hanson	32.12	11/6/23	Kate Lack Trophy Meet	Barnet Copthall	50m Butterfly	Gareth Davies	28.19*	20/5/18	London Region Summer Championships	London Aquatics Centre
Zoe Panayi	1:13.17	10/12/22	London National Arena League	Aqua Vale, Aylesbury	100m Butterfly	Gareth Davies	1:01.67*	27/5/18	London Region May Open Meet	London Aquatics Centre
Zoe Panayi	2:39.29	19/11/22	Putteridge Winter Open	Inspire, Luton	200m Butterfly	Gareth Davies	2:20.83*	12/5/18	London Region Summer Championships	London Aquatics Centre
Josie Hesketh	33.28	29/1/22	Middlesex County Championships	Southbury Road	50m Backstroke	Arun Hamilton McMahon	30.25*	12/5/19	London Region Summer Championships	London Aquatics Centre
Kelton Ryland	1:12.78	24/1/16	Middlesex County Championships	Barnet Copthall	100m Backstroke	Jude Liddiard	1:05.70	8/11/15	London Region Winter Championships	London Aquatics Centre
Kelton Ryland	2:36.15	31/10/15	ESS County Qualifier	Southbury Road	200m Backstroke	Alex C Vonckx	2:24.21	6/3/16	Borough of Harrow Regional Qualifier	Barnet Copthall
Amy Hanson	34.75	17/6/23	Summer Club Championships	Mallinson, Highgate	50m Breaststroke	Max Green	32.66	17/12/17	Christmas at Dagenham	Becontree Heath
Amy Hanson	1:19.21	8/10/23	SE National County Team Championships	Ponds Forge, Sheffield	100m Breaststroke	Max Green	1:10.67	11/11/17	London National Arena League R2	Becontree Heath
Lilly Smith	2:51.09	20/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon	200m Breaststroke	Max Green	2:41.29	3/12/17	BHSC Christmas Cracker	Barnet Copthall
Maria Cristina Palcu	30.02	21/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon	50m Freestyle	Max Green	26.19*	4/8/17	Swim Wales Summer Nationals	Wales National Pool, Swansea
Lilly Smith	1:03.68	27/9/25	ESS Season Opener 2025	Southbury Road	100m Freestyle	Max Green	56.35	16/12/17	Christmas at Dagenham	Becontree Heath
Lilly Smith	2:13.25	1/11/25	SE London Winter Championships	London Aquatics Centre	200m Freestyle	Max Green	2:03.75	16/12/17	Christmas at Dagenham	Becontree Heath
Lilly Smith	4:37.49	16/11/25	BC County Qualifier & Development Meet 2	Barnet Copthall	400m Freestyle	Jude Liddiard	4:28.17	7/11/15	London Region Winter Championships	London Aquatics Centre
Lilly Smith	9:38.25	9/11/25	BC County Qualifier & Development Meet 1	Barnet Copthall	800m Freestyle	Zente Buzsik	10:03.95	20/10/24	Middlesex County Long Distance Dev Meet	Southbury Road
Evie Wootton	20:23.87	30/3/19	Middlesex Spring Development Meet	Southbury Road	1500m Freestyle	Jude Liddiard	17:45.16	7/11/15	London Region Winter Championships	London Aquatics Centre
Lilly Smith	1:13.94	22/11/25	ESS County Qualifier	Southbury Road	100m I.M	Max Green	1:05.13	17/12/17	Christmas at Dagenham	Becontree Heath
Lilly Smith	2:33.16	21/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon	200m I.M	Max Green	2:23.05	2/12/17	BHSC Christmas Cracker	Barnet Copthall
Kelton Ryland	5:42.03	2/10/16	LBESA 200/400 Championships	Southbury Road	400m I.M	Gareth Davies	5:11.24	16/12/17	Christmas at Dagenham	Becontree Heath

*Long Course

Haringey Aquatics Club Records – 31-12-2025

14 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Amy Hanson	31.28	3/11/24	SE London Winter Championships	London Aquatics Centre	50m Butterfly	Shakil Giordani	27.15*	29/4/17	London Region Youth Championships	London Aquatics Centre
Sushila Ghose-Coveney	1:11.32	10/3/13	Middlesex County Championship	Southbury Road	100m Butterfly	Gareth Davies	59.46*	5/5/19	London Region Summer Championships	London Aquatics Centre
Zoe Panayi	2:42.28	11/6/23	Kate Lack Trophy Meet	Barnet Copthall	200m Butterfly	Gareth Davies	2:15.10*	6/5/19	London Region Summer Championships	London Aquatics Centre
Josie Hesketh	32.08	5/11/22	London Region Winter Championships	London Aquatics Centre	50m Backstroke	Shakil Giordani	28.94*	30/4/17	London Region Youth Championships	London Aquatics Centre
Sushila Ghose-Coveney	1:09.32	10/3/13	Middlesex County Championship	Southbury Road	100m Backstroke	Shakil Giordani	1:03.20	18/12/16	Christmas at Dagenham	Becontree Heath
Kelton Ryland	2:33.82	4/3/17	ESS Regional Qualifier	Southbury Road	200m Backstroke	Alex C Vonckx	2:18.01	25/6/17	Bexley SC Open Meet	Crook Log, Bexleyheath
Amy Hanson	34.36	2/11/24	SE London Winter Championships	London Aquatics Centre	50m Breaststroke	Max Green	32.11*	3/8/18	Swim England National Summer Meet	Ponds Forge, Sheffield
Amy Hanson	1:17.34	14/12/24	London National Arena League	Aqua Vale, Aylesbury	100m Breaststroke	Max Hanson	1:10.87	9/12/17	London National Arena League	Hertfordshire Sports Village, Hatfield
Evie Woottton	2:52.34*	15/2/20	Middlesex County Championships	London Aquatics Centre	200m Breaststroke	Aleksander Beletski	2:38.29	20/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon
Amy Hanson	28.60	3/11/24	SE London Winter Championships	London Aquatics Centre	50m Freestyle	Max Green	25.31	4/11/18	London Region Winter Championships	London Aquatics Centre
Kelton Ryland	1:03.29	17/12/16	Christmas at Dagenham	Becontree Heath	100m Freestyle	Max Green	55.49	3/11/18	London Region Winter Championships	London Aquatics Centre
Kelton Ryland	2:15.70	11/6/17	Kate Lack Trophy Meet	Barnet Copthall	200m Freestyle	Shakil Giordani	2:00.84	24/6/17	Bexley SC Open Meet	Crook Log, Bexleyheath
Kelton Ryland	4:51.50	19/2/17	Rushmoor Royals Regional Qualifier	Guildford Spectrum	400m Freestyle	Shakil Giordani	4:25.83	24/6/17	Bexley SC Open Meet	Crook Log, Bexleyheath
Kelton Ryland	9:53.42	6/11/16	London Region Winter Championships	London Aquatics Centre	800m Freestyle	Zente Buzsik	9:35.36	9/11/25	BC County Qualifier & Development Meet 1	Barnet Copthall
Maja Grzybek	20:23.57	22/5/22	Middlesex May Open Meet	Southbury Road	1500m Freestyle	Shakil Giordani	17:39.36	16/12/16	Christmas at Dagenham	Becontree Heath
Kelton Ryland	1:11.95	18/12/16	Christmas at Dagenham	Becontree Heath	100m I.M	Max Green	1:03.73	3/11/18	London Region Winter Championships	London Aquatics Centre
Kelton Ryland	2:34.13	10/12/16	London National Arena League	Becontree Heath	200m I.M	Alex C Vonckx	2:20.63*	28/5/17	Cardiff International Open Meet	Cardiff International Pool
Kelton Ryland	5:30.45	18/12/16	Christmas at Dagenham	Becontree Heath	400m I.M	Aleksander Beletski	5:04.27	21/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon

*Long Course

Haringey Aquatics Club Records – 31-12-2025

15 Years Old

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Sushila Ghose-Coveney	30.29	23/3/14	Middlesex County Championship	Southbury Road	50m Butterfly	Shakil Giordani	26.24*	5/5/18	London Region Summer Championships	London Aquatics Centre
Sushila Ghose-Coveney	1:09.33	1/3/14	Middlesex County Championship	Southbury Road	100m Butterfly	Gareth Davies	57.98	14/12/19	London National Arena League	Westminster Lodge, St Albans
Rose Pepperday	2:47.59	18/12/16	Christmas at Dagenham	Becontree Heath	200m Butterfly	Gareth Davies	2:09.77	7/12/19	Christmas at the Blue Light Pool	Becontree Heath
Sushila Ghose-Coveney	31.88	1/3/14	Middlesex County Championship	Southbury Road	50m Backstroke	Shakil Giordani	27.56*	6/5/18	London Region Summer Championships	London Aquatics Centre
Sushila Ghose-Coveney	1:07.70	23/3/14	Middlesex County Championship	Southbury Road	100m Backstroke	Shakil Giordani	1:01.47*	5/5/18	London Region Summer Championships	London Aquatics Centre
Sushila Ghose-Coveney	2:35.39*	5/5/13	London Region Youth Championship	Crystal Palace	200m Backstroke	Shakil Giordani	2:17.67	7/10/17	ESS Regional Qualifier	Southbury Road
Bianca Gomez Velasco	35.41	3/7/22	Putteridge End of Season Open Meet	Inspire, Luton	50m Breaststroke	Max Hanson	30.52	14/12/18	Swim England Winter Nationals	Ponds Forge, Sheffield
Bianca Gomez Velasco	1:17.78	10/12/22	London National Arena League	Aqua Vale, Aylesbury	100m Breaststroke	Max Hanson	1:06.87	15/12/18	Swim England Winter Nationals	Ponds Forge, Sheffield
Bianca Gomez Velasco	2:49.47	2/7/22	Putteridge End of Season Open Meet	Inspire Luton	200m Breaststroke	Max Hanson	2:32.29	3/3/18	ESS Regional Qualifier	Southbury Road
Bianca Gomez Velasco	28.61	2/7/22	Putteridge End of Season Open Meet	Inspire, Luton	50m Freestyle	Shakil Giordani	24.67*	6/5/18	London Region Summer Championships	London Aquatics Centre
Kelton Ryland	1:02.50	30/9/18	Luton September SC Meet	Inspire, Luton	100m Freestyle	Shakil Giordani	54.85*	7/5/18	London Region Summer Championships	London Aquatics Centre
Bianca Gomez Velasco	2:15.54	16/7/22	ESS Summer Open	Southbury Road	200m Freestyle	Shakil Giordani	1:58.79	24/9/17	Luton Autumn SC Meet	Inspire, Luton
Kelton Ryland	4:45.22	17/12/17	Christmas at Dagenham	Becontree Heath	400m Freestyle	Shakil Giordani	4:17.42	24/9/17	Luton Autumn SC Meet	Inspire, Luton
Rose Pepperday	10:07.61	16/12/16	Christmas at Dagenham	Becontree Heath	800m Freestyle	Joshua Philpott	9:05.99	20/2/10	Middlesex County Champs	Southbury Road
Maja Grzybek	20:01.48	13/5/23	Middlesex County Development Open 1	Southbury Road	1500m Freestyle	Shakil Giordani	17:18.56	23/9/17	Luton Autumn SC Meet	Inspire, Luton
Kelton Ryland	1:11.14	14/7/18	BHSC Summer Open Meet	Barnet Copthall	100m I.M	Max Hanson	1:03.26	17/11/18	Guildford City L2 Winter Open	Surrey Sports Park, Guildford
Bianca Gomez Velasco	2:36.84	16/7/22	ESS Summer Open Meet	Southbury Road	200m I.M	Gareth Davies	2:13.79	14/12/19	London National Arena League	Westminster Lodge, St Albans
Kelton Ryland	5:33.37	17/12/17	Christmas at Dagenham	Becontree Heath	400m I.M	Gareth Davies	4:57.55*	31/7/19	Swim Wales Summer Open Meet	Wales National Pool, Swansea

*Long Course

Haringey Aquatics Club Records – 31-12-2025

Open

Name	Time	Date	Event	Venue	Event	Name	Time	Date	Event	Venue
Sushila Ghose-Coveney	30.29*	10/4/16	London Region Youth Championships	London Aquatics Centre	50m Butterfly	Shakil Giordani	23.53	16/11/24	BUCS Short Course	Ponds Forge, Sheffield
Helena Teague	1:04.65	8/11/14	London National Arena League	Inspire, Luton	100m Butterfly	Shakil Giordani	56.26	5/12/19	SE National Winter Championships	Ponds Forge, Sheffield
Helena Teague	2:22.30	16/11/14	BUCS Short Course	Ponds Forge, Sheffield	200m Butterfly	Gareth Davies	2:09.77	7/12/19	Christmas at the Blue Light Pool	Becontree Heath
Sushila Ghose-Coveney	31.37	13/12/14	London National Arena League	Southbury Road	50m Backstroke	Shakil Giordani	24.47	17/11/24	BUCS Short Course	Ponds Forge, Sheffield
Jessica Bishop	1:06.11	14/12/19	London National Arena League	Westminster Lodge, St Albans	100m Backstroke	Shakil Giordani	53.63	14/11/25	BUCS Short Course	Ponds Forge, Sheffield
Sushila Ghose-Coveney	2:25.85	24/1/16	Middlesex County Championships	Barnet Copthall	200m Backstroke	Joshua Philpott	2:04.93	1/2/14	Bishop Stortford Almost There Open Meet	Braintree
Amy Hanson	34.36	2/11/24	SE London Winter Championships	London Aquatics Centre	50m Breaststroke	Max Hanson	30.09	2/11/19	London Region Winter Championships	London Aquatics Centre
Bianca Gomez Velasco	1:15.07*	11/4/25	London Legacy Swimming Meet	London Aquatics Centre	100m Breaststroke	Max Hanson	1:06.81	3/11/19	London Region Winter Championships	London Aquatics Centre
Bianca Gomez Velasco	2:45.97*	10/4/25	London Legacy Swimming Meet	London Aquatics Centre	200m Breaststroke	Max Hanson	2:30.91	2/11/19	London Region Winter Championships	London Aquatics Centre
Helena Teague	28.12	8/11/14	London National Arena League	Inspire, Luton	50m Freestyle	Shakil Giordani	22.56	18/11/23	BUCS Short Course	Ponds Forge, Sheffield
Helena Teague	1:00.49	8/11/14	London National Arena League	Inspire, Luton	100m Freestyle	Shakil Giordani	50.05	21/12/25	Hillingdon SC Fast & Festive Winter Meet 2025	Hillingdon
Bianca Gomez Velasco	2:12.64	30/6/24	Kate Lack Trophy Meet	Barnet Copthall	200m Freestyle	Alex Mackay	1:55.44	16/12/18	Christmas at the Blue Light Pool	Becontree Heath
Lilly Smith	4:37.49	16/11/25	BC County Qualifier & Development Meet 2	Barnet Copthall	400m Freestyle	Shakil Giordani	4:11.64	29/9/19	Luton September SC Open Meet	Inspire, Luton
Lilly Smith	9:38.25	9/11/25	BC County Qualifier & Development Meet 1	Barnet Copthall	800m Freestyle	Shakil Giordani	8:51.49	29/9/19	Luton September SC Open Meet	Inspire, Luton
Rose Pepperday	19:12.59	14/7/18	BHSC Summer Open Meet	Barnet Copthall	1500m Freestyle	Shakil Giordani	17:15.17	28/9/19	Luton September SC Open Meet	Inspire, Luton
Kelton Ryland	1:11.14	14/7/18	BHSC Summer Open Meet	Barnet Copthall	100m I.M	Shakil Giordani	59.81	2/11/19	London Region Winter Championships	London Aquatics Centre
Helena Teague	2:26.70	16/11/14	BUCS Short Course	Ponds Forge, Sheffield	200m I.M	Alex Mackay	2:10.05	15/9/12	Eric Eady Trophy	Southbury Road
Rose Pepperday	5:27.80	13/10/19	Middlesex Autumn County Qualifier	Southbury Road	400m I.M	Joshua Philpott	4:42.61	17/3/12	Middlesex County Championships	Southbury Road

*Long Course