2024 Irish Winter National Championships (25m)
13th – 15th December 2024
Dublin, Ireland

Short Course Consideration Standards
(Short Course OR Hy-Tek converted Long Course times achieved from the 1st December 2023 to the 24th November 2024)

OPEN			EVENT	FEMALE		
Born 2008 - 2011	Born 2006 & 2007	Born 2005 & Earlier		Born 2005 & Earlier	Born 2006 & 2007	Born 2008 - 2011
25.39	24.57	24.27	50m Freestyle	27.69	27.89	28.21
55.31	54.10	53.38	100m Freestyle	59.80	59.84	1:01.03
2:03.81	1:58.62	1:57.63	200m Freestyle	2:11.80	2:12.91	2:13.02
4:25.03	4:14.12	4:10.69	400m Freestyle	4:38.75	4:41.88	4:44.78
9:09.52	9:05.77	8:55.77	800m Freestyle	9:38.76	9:42.91	9:45.39
17:36.28	17:28.96	16:48.56	1500m Freestyle	18:17.82	18:55.95	19:03.29
29.57	28.45	28.17	50m Backstroke	31.67	32.09	32.12
1:03.44	1:01.77	1:00.64	100m Backstroke	1:07.26	1:09.16	1:09.17
2:19.28	2:16.94	2:16.93	200m Backstroke	2:26.87	2:27.95	2:29.70
33.59	31.89	31.41	50m Breaststroke	36.22	36.23	36.50
1:12.93	1:09.80	1:08.87	100m Breaststroke	1:17.69	1:18.08	1:19.01
2:40.44	2:33.80	2:33.79	200m Breaststroke	2:51.10	2:52.73	2:52.74
27.82	26.63	26.30	50m Butterfly	30.01	30.07	30.47
1:02.39	1:00.60	0:59.73	100m Butterfly	1:07.59	1:07.60	1:09.14
2:23.34	2:20.73	2:19.56	200m Butterfly	2:43.25	2:44.05	2:44.06
1:05.94	1:02.75	1:02.31	100m IM	1:09.69	1:10.22	1:10.47
2:21.04	2:18.04	2:16.69	200m IM	2:30.18	2:30.19	2:32.16
5:03.94	4:57.44	4:55.38	400m IM	5:25.54	5:26.62	5:30.69

Heats may be limited in order to manage session timelines

Please note that the meet hy-tek entry file will be set to automatically convert Long Course times.
Clubs should NOT attempt to do any conversions themselves