

# Barnet Copthall Swimming Club

(AFFILIATED TO SWIM ENGLAND LONDON REGION)

## 36<sup>th</sup> Masters Distance Meet

(Under Swim England Regulations and Technical Rules of Masters Swimming)

### **SATURDAY 4<sup>th</sup> & SUNDAY 5<sup>th</sup> JULY 2026**

Dear Colleague,

Please find attached Information and Entry Forms for this Meet, to be held at our 8 Lanes, 25 metres Competition Pool, at the Barnet Copthall Pools, Champions Way, Hendon, London, NW4 1PX.

Please feel free to photo-copy them if more copies are required to share with team mates.

|                             |             |                      |                 |               |
|-----------------------------|-------------|----------------------|-----------------|---------------|
| <b><u>SESSION TIMES</u></b> | 1) SATURDAY | 4 <sup>th</sup> JULY | Warm-up 2.00pm  | Start 3.00pm  |
|                             | 2) SUNDAY   | 5 <sup>th</sup> JULY | Warm-up 9.30am  | Start 10.30am |
|                             | 3) SUNDAY   | 5 <sup>th</sup> JULY | Warm-up 1.00pm* | Start 2.00pm* |
|                             | 4) SUNDAY   | 5 <sup>th</sup> JULY | Warm-up 4.00pm* | Start 5.00pm* |

\* Sessions times to be confirmed after entries close

**ENTRY FEES**      **£8.00 per Individual event.    £20.00 per Relay team event**

**CLOSING DATE**      FOR ENTRIES **MONDAY 22<sup>nd</sup> JUNE 2026.**

**AGE GROUPS**      As set down on the Entry Form. N.B. AGES AS AT 31.12.26 except Group "X" who should have achieved their 18<sup>th</sup> Birthday on or before the first day of competition.

The competition is also open to swimmers in the stated Age Groups with disabilities/visual impairment who have been allocated an IPC/paraGB classification.

**ELIGIBILITY**      Competition is open to all registered Swim England "Club Compete" (Cat.2) swimmers or overseas competitors registered with their respective National Swimming Association or Federation. *Temporary Compete members are also accepted. Ask for further details if necessary.*

This meet is required to comply with the new Swim England Transgender and Non-Binary Competition Policy, and accordingly will be held with Female and Open/Male categories.

Further details on the policy and the definitions can be found at

<https://www.swimming.org/swimengland/transgender-competition-policy-update/>

**EVENTS**      All events will be swum on the HEAT DECLARED WINNER System, so all results will be decided on the recorded heat times in each Age Group.

**AWARDS**      Awards will be made to the fastest three in each Age Group in each Event.

Awards for IPC/paraGB Registered swimmers will be awarded by Age Group only and not individual classification. Individual event winners will have a choice of a medal or a charity voucher.

**RESULTS**      Results will be submitted to Swim England for National qualifying, Rankings and Decathlon Points

**SPECTATORS**      Spectators and supporters are very welcome. Entry free of charge.

### **COLORADO ELECTRONIC TIMING & HY-TEK MEET MANAGER SYSTEMS**

will be operating at the Meet, providing results with full 50m splits for all races.

#### **SWIMMERS ARE ADVISED**

to study the Programme carefully when deciding upon their Entries.

800 FREESTYLE SWIMMERS SHOULD NOTE THAT THE EVENT WILL BE SWUM AS A MIXED EVENT. Results will be separated into Female and Open/Male at it's conclusion.

Warm-up / Swim-down facilities will be available throughout the competition.

***You will be required to check in at the  
Entrance Foyer no later than 30 minutes before the Session Starting Time.***

**REGARDLESS OF YOUR EVENT,  
PLEASE ALLOW PLENTY OF TIME TO ARRIVE AT THE POOL.**

#### **ACCOMMODATION**

There is local hotel accommodation available at reasonable rates. If you need further information or assistance, please **phone: 01707 653164. mob: 07791 215764**  
e-mail:- [ian@barnetcopthall.com](mailto:ian@barnetcopthall.com) or [ian.woollard01@gmail.com](mailto:ian.woollard01@gmail.com)

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### Programme of Events

#### **1<sup>st</sup> SESSION - SATURDAY 4<sup>th</sup> JULY 2026 - 3.00 pm**

WARM-UP - 2.00 pm

Ev 1 MIXED 800m FREESTYLE

#### **2<sup>nd</sup> SESSION - SUNDAY 5<sup>th</sup> JULY 2026 - 10.30 am**

WARM-UP - 9.30 am

|       |                                |       |                                   |
|-------|--------------------------------|-------|-----------------------------------|
| Ev 2  | Women 400m FREESTYLE           | Ev 3  | Open/Men 400m FREESTYLE           |
| Ev 4  | Women 200m BACKSTROKE          | Ev 5  | Open/Men 200m BACKSTROKE          |
| Ev 6  | Women 100m BREASTSTROKE        | Ev 7  | Open/Men 100m BREASTSTROKE        |
| Ev 8  | Women 200m BUTTERFLY           | Ev 9  | Open/Men 200m BUTTERFLY           |
| Ev 10 | Women 4 x 200m FREESTYLE relay | Ev 11 | Open/Men 4 x 200m FREESTYLE Relay |
| Ev 12 | 4 x 100m MIXED MEDLEY Relay    |       |                                   |

#### **3<sup>rd</sup> SESSION - SUNDAY 5<sup>th</sup> JULY 2026 - 2.00 pm to be confirmed**

WARM-UP - 1.00 pm (to be confirmed)

|       |                                |       |                                   |
|-------|--------------------------------|-------|-----------------------------------|
| Ev 13 | Women 4 x 100m FREESTYLE Relay | Ev 14 | Open/Men 4 x 100m FREESTYLE Relay |
| Ev 15 | Women 400m INDIVIDUAL MEDLEY   | Ev 16 | Open/Men 400m INDIVIDUAL MEDLEY   |
| Ev 17 | Women 100m BACKSTROKE          | Ev 18 | Open/Men 100m BACKSTROKE          |
| Ev 19 | Women 200m FREESTYLE           | Ev 20 | Open/Men 200m FREESTYLE           |
| Ev 21 | Women 100m BUTTERFLY           | Ev 22 | Open/Men 100m BUTTERFLY           |
| Ev 23 | 4 x 100 MIXED FREESTYLE Relay  |       |                                   |

#### **4<sup>th</sup> SESSION - SUNDAY 5<sup>th</sup> JULY 2026 - 5.00 pm to be confirmed**

WARM-UP - 4.00 pm (to be confirmed)

|       |                               |       |                                 |
|-------|-------------------------------|-------|---------------------------------|
| Ev 24 | 4 x 200 MIXED FREESTYLE Relay |       |                                 |
| Ev 25 | Women 200m INDIVIDUAL MEDLEY  | Ev 26 | Open/Men 200m INDIVIDUAL MEDLEY |
| Ev 27 | Women 200m BREASTSTROKE       | Ev 28 | Open/Men 200m BREASTSTROKE      |
| Ev 29 | Women 100m FREESTYLE          | Ev 30 | Open/Men 100m FREESTYLE         |
| Ev 31 | Women 4 x 100m MEDLEY Relay   | Ev 32 | Open/Men 4 x 100m MEDLEY Relay  |

|  |
|--|
| <b>CLOSING DATE FOR ENTRIES MONDAY 22<sup>nd</sup> JUNE 2026</b> |
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**SATURDAY 4<sup>th</sup> & SUNDAY 5<sup>th</sup> JULY 2026**

### INDIVIDUAL ENTRY FORM

PLEASE USE BLOCK CAPITALS

FORENAME & SURNAME..... DATE OF BIRTH .....

ADDRESS .....

POST CODE.....e-mail (Write clearly please).....

Open Male / Female ..... SE REG.....TEL No/mobile.....

CLUB ..... IPC/paraGB Classification.....

PLEASE TICK APPROPRIATE AGE GROUP BOX (Age as at 31.12.26)

| AGE GROUP | X      | A     | B     | C     | D     | E     | F     | G     | H     | J     | K     |  | L     | M     | N     | P   |
|-----------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|-------|-------|-------|-----|
| AGE       | 18*-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 |  | 75-79 | 80-84 | 85-89 | 90+ |
| ✓         |        |       |       |       |       |       |       |       |       |       |       |  |       |       |       |     |

NOTE: "MASTERS" Group 'A' must be at least 25 years of age IN THE YEAR OF COMPETITION – i.e. 31.12.26. \*Group "X" swimmers must have achieved their 18<sup>th</sup> Birthday on or before the first day of competition. Swimmers with disabilities/visual impairment must insert their IPC/DSE Classification. All competitors must be Registered with their respective National Swimming Association. Temporary Compete members are also accepted. Ask for further details if necessary

PLEASE SUBMIT AN ENTRY TIME FOR EACH EVENT REQUIRED IN THE APPROPRIATE BOX TO THE RIGHT, EVEN IF IT IS ONLY AN ESTIMATE.

"NO TIME" ENTRIES WILL BE PROGRAMMED AT THE DISCRETION OF THE ORGANISER.

#### SWIMMER'S DECLARATION

I declare that the details given above are correct and I agree to abide by the Organiser's conditions. I also declare that I am fit, well and able to compete in my chosen events

I enclose a cheque payable to **BARNET COPTHALL S.C** or **proof of electronic payment**

IN THE SUM OF £ .....

SWIMMER'S SIGNATURE.....

**ENTRY FEE = £8.00 PER EVENT**

(SEE RELAY FORM FOR TEAM EVENTS)

**Closing Date For Entries**  
**Monday 22<sup>nd</sup> JUNE 2026**

| Ev.No.                 | EVENT     | TIME |
|------------------------|-----------|------|
| SATURDAY : 3.00 pm     |           |      |
| 1(mixed)               | 800 FREE  |      |
| SUNDAY : 10.30 am      |           |      |
| 2/3                    | 400 FREE  |      |
| 4/5                    | 200 BACK  |      |
| 6/7                    | 100 BRST  |      |
| 8/9                    | 200 'FLY. |      |
| SUNDAY : 2.00 pm (TBC) |           |      |
| 15/16                  | 400 I.M.  |      |
| 17/18                  | 100 BACK  |      |
| 19/20                  | 200 FREE  |      |
| 21/22                  | 100 'FLY  |      |
| SUNDAY : 5.00 pm (TBC) |           |      |
| 25/26                  | 200 I.M.  |      |
| 27/28                  | 200 BRST  |      |
| 29/30                  | 100 FREE  |      |

Send your entry form and your cheque\* to IAN WOOLLARD, 51 OAKROYD AVENUE, POTTERS BAR, EN6 2EN,

PHONE 01707 653164. Mob 07791 215764 EMAIL [ian@barnetcopthall.com](mailto:ian@barnetcopthall.com) or [ian.woollard01@gmail.com](mailto:ian.woollard01@gmail.com)

Emailed entries and electronic payment must be received no later than **Monday 22<sup>nd</sup> June 2026**

\* please see below for electronic transfer information.

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**SATURDAY 4<sup>th</sup> & SUNDAY 5<sup>th</sup> JULY 2026**

### RELAY TEAM ENTRY FORM

PLEASE USE BLOCK CAPITALS

Team Representative's NAME..... CLUB NAME.....

ADDRESS .....

POST CODE..... TEL. No.....

Please indicate the number of teams **AND THE AGE GROUP** to be entered in each event in the appropriate boxes below. On some occasions different age groups may be racing in the same heat so try to avoid swimmers racing in more than one age group per event. **FINA age groups 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359 etc** Only teams within the age limits may claim records.

72+ age group applies for GB records only. If in doubt please contact Ian Woollard by telephone or email

**ENTRY FEE = £20.00 PER TEAM, PER EVENT -**

*Relay Entries "on the day" will be accepted at £25.00 per team per event*

| 4 x 200 metres FREESTYLE RELAYS |                   |                |
|---------------------------------|-------------------|----------------|
| Event 10 Women                  | Event 11 Open/Men | Event 24 MIXED |
| Age group                       | Age group         | Age group      |
| Age group                       | Age group         | Age group      |
| Age group                       | Age group         | Age group      |

| 4 x 100 metres FREESTYLE RELAYS |                   |                |
|---------------------------------|-------------------|----------------|
| Event 13 Women                  | Event 14 Open/Men | Event 23 MIXED |
| Age group                       | Age group         | Age group      |
| Age group                       | Age group         | Age group      |
| Age group                       | Age group         | Age group      |

| 4 x 100 metres MEDLEY RELAYS |                   |                |
|------------------------------|-------------------|----------------|
| Event 31 Women               | Event 32 Open/Men | Event 12 MIXED |
| Age group                    | Age group         | Age group      |
| Age group                    | Age group         | Age group      |
| Age group                    | Age group         | Age group      |

\* "MASTERS" must be at least 25 years of age *IN THE YEAR OF COMPETITION* that is, at least 25 by 31.12.26 and may compete in the 72+ teams if desired. **ONLY "MASTERS"** may compete in other age groups in the competition. All competitors must be fully Registered Members of an Affiliated Club (e.g Club Compete – Cat.2)

**I DECLARE** that the details given above are correct and I agree to abide by the organiser's conditions. I also declare that the swimmers in the team(s) are fit, well and able to compete in the chosen events. **I have enclosed a cheque\* payable to Barnet Copthall SC** / made an electronic transfer which includes the sum of £..... for these team entries @ £20.00/team, per event.

Signed.....

**CLOSING DATE FOR ENTRIES - MONDAY 22<sup>nd</sup> JUNE 2026**

Send your entry form and your cheque\* to IAN WOOLLARD, 51 OAKROYD AVENUE, POTTERS BAR, EN6 2EN,

PHONE 01707 653164. Mob 07791 215764 EMAIL [ian@barnetcopthall.com](mailto:ian@barnetcopthall.com) or [ian.woollard01@gmail.com](mailto:ian.woollard01@gmail.com)

Emailed entries and electronic payment must be received no later than **Monday 22<sup>nd</sup> June 2026**

\* please see below for electronic transfer information

## **Payments via Electronic Transfer**

Details for making payment via electronic transfer direct to the Barnet Copthall SC bank account. Please ensure you make payment at the point of your entry

When making your payment, please ensure you clearly identify yourself on your individual payment by using your name and the event. For example:

***“A. N. Other – BCSC Dist 2026”***

If you are paying for a combined Club entry then something like the following:

***“Beavers SC – BCSC Dist 2026”***

I appreciate banks vary with the number of characters allowed but please try to make your details clear for ease of identification. Please email evidence (screenshot will suffice) of your transfer statement to me with your entry form (*I don't have ready access to view the account directly*)

Please make your payment to

**Sort Code                    20 91 79**

**Account Number:        30162558**

**Account Name:            Barnet Copthall Swimming Club**

Internet banking payments will normally take 3 working days and be free of charge.

Overseas competitors wishing to pay from abroad will need the following information as well:

**IBAN : GB68 BARC 2091 7930 1625 58**

**SWIFTBIC : BarcGB22**

If you encounter any difficulty, please contact me as soon as possible.  
Thanks. Ian Woollard – Barnet Copthall masters Meet Manager

[ian@barnetcopthall.com](mailto:ian@barnetcopthall.com)            or            [ian.woollard01@gmail.com](mailto:ian.woollard01@gmail.com)

Telephone 01707 653164            or            Mobile 07791 215 764

