

BARNET COPTHALL SWIMMING CLUB

AFFILIATED TO SWIM ENGLAND LONDON REGION

MASTERS SPRINTS MEET +

(Under Swim England Regulations and Technical Rules of Masters Swimming)

SUNDAY 15th SEPTEMBER 2024

Dear Colleague,

Please find attached Information and Entry Forms for this Meet, to be held at our 8 Lanes, 25m Competition Pool, at **Barnet Copthall Centre, Champions Way, Hendon, London, NW4 1PX**. This year's Meet consists of 50m & 100m each stroke and 100m Individual Medley PLUS 400m and 200m Freestyle and 200m Individual Medley to welcome those preferring slightly longer swims. We have re-introduced relays too.

There will be two sessions:-

<u>Session Times</u>	1) WARM-UP : 10.30am	START : 11.30pm
	2) WARM-UP : 2.30pm*	START : 3.30pm* (*to be confirmed)

Entry Fees £6.50 per Individual Event £12 per relay team

Closing Date Deadline for entries and payment is **MONDAY 2nd SEPTEMBER 2024**.

Age Groups As set down on the Entry Form. N.B. AGES AS AT 31.12.24 except 18 – 24years swimmers who should have achieved their 18th Birthday on or before the day of competition.

Eligibility Competition is open to all swimmers registered Swim England Compete (Cat.2) or similar with their respective National Swimming Association or Federation. *Temporary Category 2 members are also accepted. Ask for further details if necessary.* The competition is also open to swimmers in the listed Age Groups with disabilities/visual impairment who have been allocated an IPC/paraGB classification. This meet is required to comply with the new Swim England Transgender and Non-Binary Competition Policy, and accordingly will be held with Female and Open/Male categories. Further details on the policy and the definitions can be found at <https://www.swimming.org/swimengland/transgender-competition-policy-update/>

Events All events will be swum on the HEAT DECLARED WINNER System, Results will be decided on the recorded heat times in each Age Group.

Check-In **All events will be pre-heated** and will be printed in the programme. **No need to check in.** Relays will be grouped together by age group. NOTE: It might be necessary to combine different age groups in the same heat to provide a competitive race. Please ensure that you arrive at the starting end of the pool in plenty of time for your race, or you will miss the opportunity to swim.

Awards Awards will be made to the fastest three females and males in each Age Group in each event. Winners will have a choice of either a medal or a charity voucher in each case. Awards for IPC/paraGB Registered swimmers will be considered by Age Group only and not by individual classification. **Relay teams will be awarded charity vouchers only**

Results Results will be submitted to Swim England for National Qualifying, Rankings, Decathlon points and Record claims where applicable

COLORADO ELECTRONIC TIMING AND HY-TEK MEET MANAGEMENT SYSTEMS

will be operating at the Meet and providing the Results Service.

THESE ARE APPROVED FOR NATIONAL QUALIFYING, RECORD CLAIMS AND "DECATHLON" PURPOSES.

Should you require further information, or have any queries, please contact me at
IAN WOOLLARD, 51 Oakroyd Avenue, Potters Bar, Herts. EN6 2EN

PHONE 01707 653164 Mob: 07791 215764 e-mail ian@barnetcopt hall.com or ian.woollard01@gmail.com

Best Wishes Ian Woollard - Masters Meet Manager

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SUNDAY 15th SEPTEMBER 2024

ORDER OF EVENTS

SESSION ONE

Warm Up - 10.30am: Start - 11.30pm

Event 1	Mixed	400m	Freestyle
2	Mixed	100m	Breaststroke
3	Mixed	50m	Butterfly
4	Mixed	100m	Backstroke
5	Mixed	50m	Freestyle
6	Mixed	200m	Individual Medley
7	Women	4x50m	Freestyle Relay
8	Open/Men	4x50m	Freestyle Relay
9	Mixed	4x50m	Medley Relay

SESSION TWO

Warm Up - 2.30pm* : Start - 3.30pm* (*to be confirmed)

Event 10	Women	4x50m	Medley Relay
11	Open/Men	4x50m	Medley Relay
12	Mixed	4x50m	Freestyle Relay
13	Mixed	200m	Freestyle
14	Mixed	100m	Individual Medley
15	Mixed	50m	Breaststroke
16	Mixed	100m	Butterfly
17	Mixed	50m	Backstroke
18	Mixed	100m	Freestyle

Please send paper entry forms and cheques (payable to Barnet Copthall SC) to:-

IAN WOOLLARD, 51 Oakroyd Avenue, Potters Bar, Herts. EN6 2EN

PHONE 01707 653164 Mob: 07791 215764 e-mail ian@barnetcopthall.com or ian.woollard01@gmail.com

Scanned or emailed entries including electronic payment confirmation to

e-mail ian@barnetcopthall.com or ian.woollard01@gmail.com

Payment for entries sent by email must received no later than **MONDAY 2nd SEPTEMBER 2024**

For payments via electronic transfer, please make your electronic payment to

Sort Code 20 91 79

Account Number: 30162558

Account Name: Barnet Copthall Swimming Club

Identify your payment for example: "*your name – masters sprint*"

BARNET COPTHALL SWIMMING CLUB

AFFILIATED TO SWIM ENGLAND LONDON REGION

MASTERS SPRINTS MEET

(Under Swim England Regulations and Technical Rules of Masters Swimming)

SUNDAY 15th SEPTEMBER 2024

INDIVIDUAL ENTRY FORM

PLEASE USE BLOCK CAPITALS

FORENAME & SURNAME..... DATE OF BIRTH

ADDRESS

POST CODE.....e-mail (Write clearly please).....

Open Male / Female ASA REG.....TEL No (Mobile).....

CLUB IPC/paraGB Classification

PLEASE TICK APPROPRIATE AGE GROUP BOX (Age as at 31.12.24)

AGE GROUP	X	A	B	C	D	E	F	G	H	J	K	L	M	N+
AGE	18*-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85+
✓														

NOTES: "MASTERS" Group 'A' must be at least 25 years of age IN THE YEAR OF COMPETITION that is, at least 25 by 31.12.24. *Group "X" swimmers must have achieved their 18th Birthday on or before the day of the competition. Swimmers with disabilities/visual impairment must insert their IPC/DSE Classification. All competitors must be registered "Club Compete" (Cat.2) members of an Affiliated Club.

PLEASE SUBMIT AN ENTRY TIME FOR EACH EVENT REQUIRED
EVEN IF ONLY AN ESTIMATE.

"NO TIME" entries will be programmed at the discretion of the organiser.

Freestyle	<u>400m time:</u>	<u>200m time:</u>	<u>100m time:</u>	<u>50m time:</u>
Butterfly		<u>100m time:</u>	<u>50m time:</u>	
Backstroke		<u>100m time:</u>	<u>50m time:</u>	
Breaststroke		<u>100m time:</u>	<u>50m time:</u>	
Ind. Medley	<u>200m time:</u>	<u>100m time:</u>		

SWIMMER'S DECLARATION

I declare that all the details given above are correct and I agree to abide by the Organiser's Conditions.

I also declare that I am fit, well and able to compete in the events.

I enclose a cheque/order payable to BARNET COPTHALL S.C/ I have made electronic transfer.

£ forIndividual Entries @ £6.50 each.

SWIMMER'S SIGNATURE

CLOSING DATE FOR ENTRIES - Monday 2nd September 2024

Please send paper entry forms and cheques (payable to Barnet Copthall SC) to:-

IAN WOOLLARD, 51 Oakroyd Avenue, Potters Bar, Herts. EN6 2EN

PHONE 01707 653164 Mob: 07791 215764 e-mail ian@barnetcopthall.com or ian.woollard01@gmail.com

Payment for entries sent by email must received no later than **Monday 2nd September 2024**

*Should you wish to pay via electronic transfer, please see below for further details.

BARNET COPTHALL SWIMMING CLUB

AFFILIATED TO ASA LONDON REGION.

MASTERS SPRINTS MEET

UNDER A.S.A. LAWS AND FINA TECHNICAL RULES OF MASTERS SWIMMING

SUNDAY 15th SEPTEMBER 2024

TEAM ENTRY FORM

PLEASE USE BLOCK CAPITALS

APPLICANT'S NAME.....TEL. No.....

ADDRESS

POST CODE.....CLUB NAME.....

Entry times are not required for team entries – Please indicate the number of teams to be entered in each event in the appropriate boxes below. **Please Note** we will try to group teams in the respective ages to make heats competitive. On some occasions different age groups may be racing in the same heat so try to avoid swimmers racing in more than one age group per event. **Should you require other World Aquatics recognised age groups e.g. 320 – 359 or older, please clearly amend the form accordingly.**

Only teams within the WORLD AQUATICS age limits may claim records.

ENTRY FEE = £12.00 PER TEAM, PER EVENT -

Relay Entries “on the day” will accepted at £15.00 per team per event

MEDLEY RELAYS			
Age group	Event 10 Women	Event 11 Open/Men	Event 9 Mixed
72+ years*			
100 – 119 years			
120 – 159 years			
160 – 199 years			
200 – 239 years			
240 – 279 years			
280 – 319 years			
FREESTYLE RELAYS			
Age group	Event 7 Women	Event 8 Open/Men	Event 12 Mixed
72+ years*			
100 – 119 years			
120 – 159 years			
160 – 199 years			
200 – 239 years			
240 – 279 years			
280 – 319 years			

* “MASTERS” must be at least 25 years of age *IN THE YEAR OF COMPETITION* that is, at least 25 by 31.12.12 and may compete in the 72+ teams if desired. **ONLY “MASTERS”** may compete in other relay age groups in the competition. All competitors must be fully Registered Members of an Affiliated Club (e.g Cat 2)

I DECLARE that the details given above are correct and I agree to abide by the organiser's conditions. I also declare that the swimmers in the team(s) are fit, well and able to compete in the chosen events. **I have enclosed a cheque payable to Barnet Copthall SC/ Made electronic payment** in the sum of £.....
for these team entries @ £12.00/team, per event.

Signed.....

CLOSING DATE FOR ENTRIES - MONDAY 2nd SEPTEMBER 2024

Please send paper entry forms and cheques (payable to Barnet Copthall SC) to:-

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PHONE 01707 653164 Mob: 07791 215764 e-mail ian@barnetcopthall.com or ian.woollard01@gmail.com

Payment for entries sent by email must be received no later than **Monday 2nd September 2024**

*Should you wish to pay via electronic transfer, please see below for further details.

Payments via Electronic Transfer

Details for making payment via electronic transfer direct to the Barnet Copthall SC bank account:

When making your payment, please ensure you clearly identify yourself on your individual payment by using your name and the event. For example:

“A. N. Other – Masters Sprint”

If you are paying for a combined Club entry then something like the following:

“Beavers SC – Masters Sprint”

I appreciate banks vary with the number of characters allowed but please try to make your details clear for ease of identification. Please email a copy of your transfer statement to me as soon as possible for my records (*I don't have ready access to the account*)

Please make your payment to

Sort Code **20 91 79**

Account Number: **30162558**

Account Name: **Barnet Copthall Swimming Club**

Internet banking payments will normally take 3 working days and be free of charge.

Overseas competitors wishing to pay from abroad will need the following information as well:

IBAN : GB68 BARC 2091 7930 1625 58

SWIFTBIC : BarcGB22

If you encounter any difficulty, please contact me as soon as possible.

Thanks. Ian Woollard – Barnet Copthall Masters Meet Manager

ian@barnetcopthall.com

or

ian.woollard01@gmail.com

Telephone 01707 653164

or

Mobile 07791 215 764

