



18th December 2024

Dear Club Secretary,

We are delighted to extend an invitation to your Club for our Level 3 LC Gala which will take place in the National Aquatic Centre on Sunday 09th February 2025.

The paperwork and Hytek files for electronic entries are attached.

Please note;

- This is a Level 3 long course gala and aimed at experienced swimmers.
- **All entries must include a time. N/T may be rejected.**
- Max of four entries per swimmer and two events per session.
- If there is availability in events after the closing date and all entries are received, further entries may be accepted.
- Closing date for entries is **midnight Sunday 17th January.**

Should you have any questions please contact me at homegalasecretary@nacswimclub.com

If you **do not** intend sending a team to this event it would be appreciated if you could let me know ahead of the closing date so that an invitation may be extended to other clubs.

Looking forward to seeing you on the day!

Yours in swimming,

Mags Connelly
Home Gala Secretary NAC Swim Club
homegalasecretary@nacswimclub.com



Invitational LC Gala 09th February 2025

Meet License #TBC

Meet Information

VENUE:	National Aquatic Centre, Abbotstown, Blanchardstown, Dublin 15
FACILITIES:	10 lane 50m Competition Pool 2 cool down lanes available in diving pool 2000 spectator accommodation
DATE:	Sunday 09 th February 2025
SESSIONS:	Session 1 - Warm Up 7:15am Start 8:40am Session 2 - Warm up 1:10pm Start 2:30pm
AGE GROUP:	Warm up times may be subject to change based on entry levels. All clubs will be notified in advance. 10yrs & under, 11-12yrs, 13-14yrs, 15-16yrs, and 17yrs+ Age as 31/12/2025 determines age group for this meet.
EVENTS:	50m, 100m, 200m Freestyle, Breaststroke, Backstroke and Butterfly 200m IM and 400m Freestyle
TRANSGENDER and NON-BINARY POLICY:	In accordance with the Swim Ireland Transgender and Non-Binary Competition Policy, the categories for competitive swimming are now defined as follows: 1. Female - athletes with a birth sex of female. 2. Open - athletes with a birth sex of male, trans or non-binary competitors, and any competitor not eligible for the Female category. The documentation for this competition has been prepared to reflect this policy.



- CLOSING DATE:** **Latest date for receipt of entries is midnight Sunday 17th January.**
Entries open to members of affiliated Swim Ireland Clubs, a current SI registration number must be included with all entries.
- ENTRY TIMES:** All swimmers must submit a time per event. Events will be seeded based on times submitted.
- MEDALS:** All events will be heat declared winners.

Medals will be awarded to 1st, 2nd and 3rd in each of the stated age groups.
- ENTRY FEES:** €9.00 for each individual event entered.

Payment By Bank Transfer to:
NAC Swim Club, AIB
AIBKIE2D IE20AIBK93251595935088
- The Organisers of the Event reserve the right to limit entries.**
- SCRATCHES:** Scratches received before midnight on 06th February 2025 will not be charged, however payment will be due for any scratches received after that date.
- ENTRY ADDRESS:** Entries by Hy-tec only to homegalasecretary@nacswimclub.com by **midnight Sunday 17th January.**
- QUERIES:** By email to homegalasecretary@nacswimclub.com
- DATA PROTECTION:** NAC Swim Club uses a computer to manage entries and results. By submitting and accepting entries to the Meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, age, club, entered/achieved times may be made public prior to, during or after the meet (e.g., programs, results, Meet Mobile, etc).
- Any points not covered by the above will be at the discretion of the Gala Organisers.
- The decision of the Gala Organisers will be final.



Warm up times may be subject to change based on entry levels. All clubs will be notified in advance.

Session 1: Warm Up 7:15am

Start 08:40am

Event 1	400m	Freestyle	Female	4 Heats Only
Event 2	200m	IM	Open	8 Heats Only
Event 3	200m	Breaststroke	Female	
Event 4	200m	Breaststroke	Open	
Event 5	100m	Freestyle	Female	Dave Malone Perpetual Cup (Final in PM)
Event 6	100m	Freestyle	Open	Dave Malone Perpetual Cup (Final in PM)
Event 7	50m	Butterfly	Female	
Event 8	50m	Butterfly	Open	
Event 9	200m	Backstroke	Female	
Event 10	200m	Backstroke	Open	
Event 11	50m	Breaststroke	Female	
Event 12	50m	Breaststroke	Open	
Event 13	100m	Butterfly	Female	
Event 14	100m	Butterfly	Open	

Session 2: Warm up 1:10pm

Start 2:30pm

Event 15	400m	Freestyle	Open	4 Heats Only
Event 16	200m	IM	Female	8 Heats Only
Event 17	50m	Backstroke	Open	
Event 18	50m	Backstroke	Female	
Event 19	100m	Breaststroke	Open	
Event 20	100m	Breaststroke	Female	
Event 21	200m	Freestyle	Open	
Event 22	200m	Freestyle	Female	
Event 23	100m	Backstroke	Open	
Event 24	100m	Backstroke	Female	
Event 25	200m	Butterfly	Open	
Event 26	200m	Butterfly	Female	
Event 27	50m	Freestyle	Open	
Event 28	50m	Freestyle	Female	
Event 29	100m	Freestyle	Open	Dave Malone Perpetual Cup Final - NO ENTRIES
Event 30	100m	Freestyle	Female	Dave Malone Perpetual Cup Final - NO ENTRIES