

Dear Club Secretary,

Enclosed please find entry details for the Leinster Aspiring Champions Meet 1. (Level Three). There are consideration times in respect of this meet.

Venue	<i>National Aquatic Centre, Abbottstown, Dublin</i>
Format	<i>SHORT COURSE</i>
Time	<p><i>Saturday 18th October 2025</i></p> <p><u>Session 1:</u> warm up 7.45am start 9.00am</p> <p><u>Session 2:</u> warm up 2.00pm start 3.00pm</p> <p><i>Sunday 19th October 2025</i></p> <p><u>Session 3:</u> warm up 7.45am start 9.00am</p> <p><u>Session 4:</u> warm up 2.00pm start 3.00pm</p>
Fee	<i>€10 per Individual Event; €20 per Relay Team</i>
Payment	<p>Payment by Bank Transfer Name of Account: "Swim Ireland Leinster Region" IBAN: IE59AIBK93251559772204 BIC: AIBKIE2D</p> <p><i>When remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer to confirm transfer at leinstertreasurer@swimireland.ie.</i></p> <p><i>As it may not be possible to accept all entries, fees due will be advised to clubs on final acceptance of entries.</i></p>
Eligibility	Only swimmers registered with Leinster clubs, aged 13 and above are eligible to enter this gala. Ages are as of December 31st 2025
Entries	<i>Gala Sec, Leinster Swimming. Entries, on Hy-Tek only. Entries should be emailed to leinstergalasecretary@swimireland.ie</i>
Entries by:	Monday 6th October 2025
Officials	<i>Clubs must provide officials in a ratio of one official to every four swimmers for each Session (this includes the senior gala officials).</i>
Scratches	<i>Scratches for this gala will close at 5pm on the evening before the gala; that is 5pm on Friday October 17th. Scratches to be sent via email to leinstergalasecretary@swimireland.ie</i>

Consideration Times	<i>Consideration times are provided below. These will be activated in the event of the meet being oversubscribed.</i>
Finals	<i>There will be no Finals in this Meet. All events will be Heat Declared Winner (HDW)</i>
Relays	<i>Relay teams will be accommodated in two age-groups, as follows:</i> <ol style="list-style-type: none"> 1. 13yrs – 16yrs 2. 17yrs +
Session Start Times	<i>The Start Times of sessions as indicated in the Order of Events may be changed in the light of entries received and the logistics of running the Meet within Swim Ireland regulations relating to Session duration etc.</i>
Entry Limits	<i>Swimmers may enter a maximum of Six individual events at this Meet, with a maximum of Three individual entries permitted in each session.</i>
Swim Ireland Reg. Number	<i>A Swim Ireland registration number must be included with every entry. This number is the unique identifier of every swimmer in the national database.</i>
Entry Name Protocols	<i>The results from this Championship Meet will be added to the Swim Ireland and Leinster databases. To ensure that results get attributed correctly to swimmers, please ensure the format of names within your Team Manager (or similar) database, and provided with entries, is as follows:</i> <i>All those with a Mac/Mc surname need to have a space after the Mac/Mc (e.g. Mac Dougal, Mc Donnell);</i> <i>All those with an O need to be written as e.g. O'Donnell (no space before or after the apostrophe). This is irrespective of whether or not that is how the swimmer normally writes their name.</i>
Code of Conduct	<i>It is a pre-condition to a swimmer being entered for a Leinster Region gala that all parents / guardians who attend and/or assume officiating duties (timekeeping etc) have consented to be subject to the SI Code of Conduct.</i>
Data Protection	<i>Leinster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Leinster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results, Meet Mobile, etc).</i>

ORDER OF EVENTS**SATURDAY OCTOBER 18TH 2025****Session 1 – warm up 7.45am, start 9.00am****Event #**

1	Open	13 & Over	400m	Freestyle
2	Girls	13 & Over	200m	Individual Medley
3	Open	13 & Over	200m	Individual Medley
4	Girls	13 & Over	100m	Freestyle
5	Open	13 & Over	100m	Freestyle
6	Girls	13 & Over	200m	Butterfly
7	Open	13 & Over	200m	Butterfly
8	Girls	13 & Over	50m	Breaststroke
9	Open	13 & Over	50m	Breaststroke
10	Girls	13 & Over	4 x 50m	Medley Relay
11	Open	13 & Over	4 x 50m	Freestyle Relay

Session 2 – warm up 2.00pm, start 3.00pm**Event #**

12	Girls	13 & Over	400m	Individual Medley
13	Open	13 & Over	200m	Freestyle
14	Girls	13 & Over	200m	Freestyle
15	Open	13 & Over	100m	Breaststroke
16	Girls	13 & Over	100m	Breaststroke
17	Open	13 & Over	50m	Backstroke
18	Girls	13 & Over	50m	Backstroke
19	Mixed	13 & Over	4 x 50m	Freestyle Relay
20	Mixed	13 & Over	800m	Freestyle

ORDER OF EVENTS**SUNDAY OCTOBER 19TH 2025****Session 3 – warm up 7.45am, start 9.00am****Event #**

21	Girls	13 & Over	400m	Freestyle
22	Open	13 & Over	200m	Breaststroke
23	Girls	13 & Over	200m	Breaststroke
24	Open	13 & Over	100m	Backstroke
25	Girls	13 & Over	100m	Backstroke
26	Open	13 & Over	50m	Butterfly
27	Girls	13 & Over	50m	Butterfly
28	Open	13 & Over	100m	Individual Medley
29	Girls	13 & Over	100m	Individual Medley
30	Open	13 & Over	4 x 50m	Medley Relay
31	Girls	13 & Over	4 x 50m	Freestyle Relay

Session 4 – warm up 2.00pm, start 3.00pm**Event #**

32	Open	13 & Over	400m	Individual Medley
33	Girls	13 & Over	200m	Backstroke
34	Open	13 & Over	200m	Backstroke
35	Girls	13 & Over	100m	Butterfly
36	Open	13 & Over	100m	Butterfly
37	Girls	13 & Over	50m	Freestyle
38	Open	13 & Over	50m	Freestyle
39	Mixed	13 & Over	4 x 50m	Medley Relay
40	Mixed	13 & Over	1500m	Freestyle

Consideration Times

Male/Open	13/14	15/16	17+
	2011/2012	2009/2010	2008
50FC	00:38.4	00:36.0	00:32.4
100FC	01:21.6	01:14.4	01:12.0
200FC	03:00.0	02:49.2	02:40.8
400FC	06:20.0	06:00.0	05:45.0
800FC	12:30.0	11:57.0	11:57.0
1500FC	22:00.0	21:15.0	19:55.0
50BC	00:50.4	00:44.4	00:43.6
100BC	01:38.4	01:30.0	01:26.0
200BC	03:26.4	03:15.6	03:06.0
50BS	00:54.0	00:49.0	00:47.0
100BS	01:50.4	01:44.4	01:37.2
200BS	04:00.0	03:45.6	03:33.6
50BF	00:48.0	00:44.4	00:43.2
100BF	01:37.2	01:27.6	01:22.8
200BF	03:53.3	03:13.2	02:55.2
200IM	03:27.6	03:15.6	03:07.2
400IM	06:46.8	06:42.0	06:42.0
Female	13/14	15/16	17+
50FC	00:39.0	00:37.8	00:37.2
100FC	01:24.0	01:22.8	01:20.5
200FC	03:03.0	02:58.0	02:56.0
400FC	06:15.0	06:00.0	05:45.0
800FC	12:30.0	11:57.0	11:57.0
1500FC	22:05.0	21:15.0	20:30.0
50BC	00:55.2	00:48.0	00:46.8
100BC	01:38.4	01:36.0	01:32.4
200BC	03:33.6	03:24.0	03:20.4
50BS	01:00.0	00:54.0	00:52.8
100BS	01:55.2	01:50.4	01:45.6
200BS	04:10.8	03:56.4	03:49.2
50BF	00:51.6	00:46.8	00:45.6
100BF	01:39.6	01:33.6	01:30.0
200BF	03:45.2	03:33.6	03:26.4
200IM	03:45.6	03:34.8	03:25.4
400IM	06:44.0	06:34.0	06:24.0