

## Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

## Team Entries - All Events

## Cumbernauld-SS

## 1 Bennett, Paige - Female - Age: 13 - Ind/Rel: 8 / 0

|                    |         |                     |         |
|--------------------|---------|---------------------|---------|
| #102 Girls 50 Fly  | 38.36   | #104 Girls 200 Back | 2:50.75 |
| #205 Girls 50 Back | 37.83   | #209 Girls 100 Free | 1:10.68 |
| #301 Girls 200 IM  | 2:55.74 | #305 Girls 200 Free | 2:36.05 |
| #404 Girls 50 Free | 32.76   | #408 Girls 100 Back | 1:21.67 |

## 2 Boyce, Harry - Male - Age: 15 - Ind/Rel: 4 / 0

|                     |         |                   |         |     |
|---------------------|---------|-------------------|---------|-----|
| #302 Boys 50 Breast | 39.72   | #306 Boys 100 Fly | 1:24.59 | ALT |
| #403 Boys 400 Free  | 5:18.35 | #405 Boys 50 Free | 30.74   |     |

## 3 Chambers, Emma - Female - Age: 17 - Ind/Rel: 7 / 0

|                      |         |                       |         |
|----------------------|---------|-----------------------|---------|
| #104 Girls 200 Back  | 2:38.44 | #106 Girls 100 Breast | 1:21.81 |
| #205 Girls 50 Back   | 34.91   | #207 Girls 200 Breast | 2:54.65 |
| #303 Girls 50 Breast | 37.37   | #307 Girls 100 Fly    | 1:16.98 |
| #408 Girls 100 Back  | 1:13.09 |                       |         |

## 4 Connor, Dylan - Male - Age: 14 - Ind/Rel: 4 / 0

|                     |       |     |                    |         |     |
|---------------------|-------|-----|--------------------|---------|-----|
| #103 Boys 50 Fly    | 41.47 | ALT | #208 Boys 100 Free | 1:21.77 | SCR |
| #302 Boys 50 Breast | 49.29 | ALT | #405 Boys 50 Free  | 34.07   |     |

## 5 Dickie, Sarah - Female - Age: 13 - Ind/Rel: 4 / 0

|                       |         |     |                     |         |     |
|-----------------------|---------|-----|---------------------|---------|-----|
| #207 Girls 200 Breast | 4:29.07 | ALT | #209 Girls 100 Free | 1:27.30 | SCR |
| #301 Girls 200 IM     | 3:30.20 | SCR | #305 Girls 200 Free | 3:08.14 | SCR |

## 6 Ferris, Eireann - Female - Age: 16 - Ind/Rel: 8 / 0

|                      |         |                       |         |
|----------------------|---------|-----------------------|---------|
| #102 Girls 50 Fly    | 32.30   | #106 Girls 100 Breast | 1:23.91 |
| #203 Girls 400 Free  | 4:39.38 | #209 Girls 100 Free   | 1:00.40 |
| #303 Girls 50 Breast | 39.46   | #305 Girls 200 Free   | 2:12.35 |
| #404 Girls 50 Free   | 28.29   | #408 Girls 100 Back   | 1:05.71 |

## 7 Ferris, Meghan - Female - Age: 13 - Ind/Rel: 7 / 0

|                     |         |                       |         |
|---------------------|---------|-----------------------|---------|
| #104 Girls 200 Back | 2:30.94 | #106 Girls 100 Breast | 1:23.80 |
| #205 Girls 50 Back  | 33.45   | #209 Girls 100 Free   | 1:04.88 |
| #301 Girls 200 IM   | 2:37.90 | #307 Girls 100 Fly    | 1:20.12 |
| #408 Girls 100 Back | 1:10.10 |                       |         |

## 8 Gibson, Eva - Female - Age: 14 - Ind/Rel: 6 / 0

|                     |         |                     |                     |         |
|---------------------|---------|---------------------|---------------------|---------|
| #104 Girls 200 Back | 2:50.07 | #203 Girls 400 Free | 5:27.57             |         |
| #209 Girls 100 Free | 1:08.92 | #301 Girls 200 IM   | 2:55.52             |         |
| #305 Girls 200 Free | 2:32.71 | ALT                 | #408 Girls 100 Back | 1:20.92 |

## 9 Griffin, Riley - Male - Age: 15 - Ind/Rel: 8 / 0

|                     |       |                      |         |
|---------------------|-------|----------------------|---------|
| #103 Boys 50 Fly    | 32.76 | #107 Boys 100 Breast | 1:14.86 |
| #204 Boys 50 Back   | 35.63 | #206 Boys 200 Breast | 2:49.78 |
| #302 Boys 50 Breast | 33.34 | #306 Boys 100 Fly    | 1:13.40 |
| #405 Boys 50 Free   | 28.16 | #409 Boys 100 Back   | 1:13.83 |

## 10 Griffin, Zoe - Female - Age: 14 - Ind/Rel: 5 / 0

|                       |         |                   |         |     |
|-----------------------|---------|-------------------|---------|-----|
| #106 Girls 100 Breast | 1:33.37 | #108 Girls 400 IM | 6:10.97 |     |
| #207 Girls 200 Breast | 3:18.47 | #301 Girls 200 IM | 2:58.91 | ALT |
| #303 Girls 50 Breast  | 43.75   |                   |         |     |

## 11 Higney, Jack - Male - Age: 14 - Ind/Rel: 8 / 0

|                      |         |     |                      |         |     |
|----------------------|---------|-----|----------------------|---------|-----|
| #101 Boys 200 IM     | 2:35.57 | ALT | #103 Boys 50 Fly     | 33.25   |     |
| #107 Boys 100 Breast | 1:17.00 |     | #206 Boys 200 Breast | 2:45.65 |     |
| #302 Boys 50 Breast  | 35.42   |     | #304 Boys 200 Free   | 2:21.12 | ALT |
| #403 Boys 400 Free   | 4:58.92 |     | #405 Boys 50 Free    | 28.53   |     |

## Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

## Team Entries - All Events

## Cumbernauld-SS

## 12 Keddie, Sandie - Female - Age: 13 - Ind/Rel: 7 / 0

|                       |         |                       |         |
|-----------------------|---------|-----------------------|---------|
| #104 Girls 200 Back   | 2:44.81 | #106 Girls 100 Breast | 1:27.08 |
| #207 Girls 200 Breast | 3:10.14 | #209 Girls 100 Free   | 1:06.09 |
| #301 Girls 200 IM     | 2:47.85 | #307 Girls 100 Fly    | 1:19.15 |
| #408 Girls 100 Back   | 1:19.82 |                       |         |

## 13 Kidd, Kourtney - Female - Age: 13 - Ind/Rel: 6 / 0

|                      |         |     |                       |         |     |
|----------------------|---------|-----|-----------------------|---------|-----|
| #102 Girls 50 Fly    | 48.01   | SCR | #106 Girls 100 Breast | 1:52.96 | SCR |
| #203 Girls 400 Free  | 5:55.88 |     | #209 Girls 100 Free   | 1:22.86 | SCR |
| #303 Girls 50 Breast | 53.50   | ALT | #305 Girls 200 Free   | 2:54.14 | ALT |

## 14 Lamb, Caleb - Male - Age: 12 - Ind/Rel: 5 / 0

|                      |         |     |                      |         |
|----------------------|---------|-----|----------------------|---------|
| #101 Boys 200 IM     | 3:19.00 | SCR | #103 Boys 50 Fly     | 44.50   |
| #107 Boys 100 Breast | 1:41.25 |     | #206 Boys 200 Breast | 3:39.62 |
| #208 Boys 100 Free   | 1:23.43 | SCR |                      |         |

## 15 Letham, Daniel - Male - Age: 13 - Ind/Rel: 8 / 0

|                    |         |                    |         |
|--------------------|---------|--------------------|---------|
| #101 Boys 200 IM   | 2:28.97 | #105 Boys 200 Back | 2:24.70 |
| #204 Boys 50 Back  | 32.18   | #208 Boys 100 Free | 1:02.44 |
| #304 Boys 200 Free | 2:13.58 | #306 Boys 100 Fly  | 1:12.30 |
| #405 Boys 50 Free  | 29.50   | #409 Boys 100 Back | 1:08.24 |

## 16 Maguire, Eva - Female - Age: 12 - Ind/Rel: 5 / 0

|                     |         |     |                       |         |
|---------------------|---------|-----|-----------------------|---------|
| #102 Girls 50 Fly   | 46.14   | ALT | #106 Girls 100 Breast | 1:35.21 |
| #205 Girls 50 Back  | 47.66   |     | #207 Girls 200 Breast | 3:27.81 |
| #209 Girls 100 Free | 1:22.60 | SCR |                       |         |

## 17 McEwan, Samuel - Male - Age: 13 - Ind/Rel: 8 / 0

|                      |         |     |                    |         |
|----------------------|---------|-----|--------------------|---------|
| #101 Boys 200 IM     | 2:52.23 |     | #103 Boys 50 Fly   | 37.76   |
| #107 Boys 100 Breast | 1:32.93 |     | #208 Boys 100 Free | 1:11.31 |
| #304 Boys 200 Free   | 2:37.87 | SCR | #306 Boys 100 Fly  | 1:25.56 |
| #403 Boys 400 Free   | 5:30.00 |     | #409 Boys 100 Back | 1:20.37 |

## 18 McGinlay, Sophia - Female - Age: 16 - Ind/Rel: 8 / 0

|                    |         |                       |         |     |
|--------------------|---------|-----------------------|---------|-----|
| #102 Girls 50 Fly  | 31.69   | #106 Girls 100 Breast | 1:27.69 | ALT |
| #205 Girls 50 Back | 35.02   | #209 Girls 100 Free   | 1:04.17 |     |
| #301 Girls 200 IM  | 2:41.36 | #305 Girls 200 Free   | 2:22.86 |     |
| #404 Girls 50 Free | 29.25   | #408 Girls 100 Back   | 1:15.00 |     |

## 19 McIlwraith, Oliver - Male - Age: 13 - Ind/Rel: 4 / 0

|                   |         |                  |         |
|-------------------|---------|------------------|---------|
| #101 Boys 200 IM  | 2:35.62 | #103 Boys 50 Fly | 32.26   |
| #306 Boys 100 Fly | 1:10.28 | #308 Boys 400 IM | 5:20.43 |

## 20 McLachlan, Phoebe - Female - Age: 13 - Ind/Rel: 7 / 0

|                     |         |                     |         |
|---------------------|---------|---------------------|---------|
| #102 Girls 50 Fly   | 35.20   | #108 Girls 400 IM   | 6:11.40 |
| #203 Girls 400 Free | 5:16.01 | #209 Girls 100 Free | 1:09.25 |
| #305 Girls 200 Free | 2:30.45 | #307 Girls 100 Fly  | 1:19.78 |
| #406 Girls 200 Fly  | 3:00.74 |                     |         |

## 21 McLernon, Orla - Female - Age: 12 - Ind/Rel: 6 / 0

|                     |         |                     |         |
|---------------------|---------|---------------------|---------|
| #205 Girls 50 Back  | 41.66   | #209 Girls 100 Free | 1:11.98 |
| #305 Girls 200 Free | 2:40.35 | #307 Girls 100 Fly  | 1:26.60 |
| #404 Girls 50 Free  | 32.83   | #408 Girls 100 Back | 1:26.27 |

## 22 Merrick, Adam - Male - Age: 15 - Ind/Rel: 7 / 0

|                    |         |                    |         |
|--------------------|---------|--------------------|---------|
| #101 Boys 200 IM   | 2:26.21 | #103 Boys 50 Fly   | 29.20   |
| #204 Boys 50 Back  | 30.33   | #304 Boys 200 Free | 2:08.60 |
| #306 Boys 100 Fly  | 1:05.00 | #403 Boys 400 Free | 4:34.76 |
| #409 Boys 100 Back | 1:05.55 |                    |         |

## Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

## Team Entries - All Events

## Cumbernauld-SS

## 23 Montgomery, Austin - Male - Age: 12 - Ind/Rel: 6 / 0

|                     |       |                    |         |     |
|---------------------|-------|--------------------|---------|-----|
| #204 Boys 50 Back   | 40.85 | #208 Boys 100 Free | 1:15.16 | ALT |
| #302 Boys 50 Breast | 52.67 | #304 Boys 200 Free | 2:48.37 | SCR |
| #405 Boys 50 Free   | 34.06 | #409 Boys 100 Back | 1:30.28 |     |

## 24 Morrison, Jack - Male - Age: 14 - Ind/Rel: 8 / 0

|                     |         |     |                    |         |
|---------------------|---------|-----|--------------------|---------|
| #101 Boys 200 IM    | 2:39.68 | ALT | #103 Boys 50 Fly   | 32.00   |
| #204 Boys 50 Back   | 33.79   |     | #208 Boys 100 Free | 1:00.60 |
| #302 Boys 50 Breast | 35.69   |     | #306 Boys 100 Fly  | 1:13.19 |
| #405 Boys 50 Free   | 27.30   |     | #409 Boys 100 Back | 1:11.37 |

## 25 Mowat, Luke - Male - Age: 16 - Ind/Rel: 7 / 0

|                    |         |     |                      |         |
|--------------------|---------|-----|----------------------|---------|
| #103 Boys 50 Fly   | 33.04   | ALT | #107 Boys 100 Breast | 1:30.07 |
| #204 Boys 50 Back  | 35.13   | SCR | #302 Boys 50 Breast  | 40.34   |
| #306 Boys 100 Fly  | 1:15.30 |     | #405 Boys 50 Free    | 30.26   |
| #409 Boys 100 Back | 1:17.75 |     |                      |         |

## 26 Neilson, Euan - Male - Age: 15 - Ind/Rel: 7 / 0

|                    |         |  |                    |         |
|--------------------|---------|--|--------------------|---------|
| #101 Boys 200 IM   | 2:24.37 |  | #103 Boys 50 Fly   | 28.70   |
| #208 Boys 100 Free | 56.60   |  | #304 Boys 200 Free | 2:05.80 |
| #306 Boys 100 Fly  | 1:04.50 |  | #405 Boys 50 Free  | 26.56   |
| #409 Boys 100 Back | 1:07.42 |  |                    |         |

## 27 Pettigrew, Ava - Female - Age: 14 - Ind/Rel: 8 / 0

|                     |         |  |                     |         |
|---------------------|---------|--|---------------------|---------|
| #102 Girls 50 Fly   | 33.26   |  | #104 Girls 200 Back | 2:36.22 |
| #203 Girls 400 Free | 4:54.89 |  | #209 Girls 100 Free | 1:05.54 |
| #301 Girls 200 IM   | 2:43.18 |  | #307 Girls 100 Fly  | 1:13.70 |
| #404 Girls 50 Free  | 30.38   |  | #408 Girls 100 Back | 1:11.56 |

## 28 Robertson, Aimee - Female - Age: 12 - Ind/Rel: 6 / 0

|                    |         |     |                     |         |
|--------------------|---------|-----|---------------------|---------|
| #205 Girls 50 Back | 39.00   |     | #209 Girls 100 Free | 1:12.91 |
| #301 Girls 200 IM  | 3:00.51 | ALT | #307 Girls 100 Fly  | 1:18.57 |
| #404 Girls 50 Free | 31.76   |     | #408 Girls 100 Back | 1:25.10 |

## 29 Russell, Olivia - Female - Age: 15 - Ind/Rel: 8 / 0

|                    |         |  |                       |         |
|--------------------|---------|--|-----------------------|---------|
| #102 Girls 50 Fly  | 32.58   |  | #106 Girls 100 Breast | 1:21.28 |
| #205 Girls 50 Back | 35.35   |  | #209 Girls 100 Free   | 1:05.77 |
| #301 Girls 200 IM  | 2:38.16 |  | #303 Girls 50 Breast  | 37.00   |
| #307 Girls 100 Fly | 1:12.85 |  | #408 Girls 100 Back   | 1:13.87 |

## 30 Shaw, Regan - Male - Age: 17 - Ind/Rel: 5 / 0

|                    |         |     |                    |         |
|--------------------|---------|-----|--------------------|---------|
| #103 Boys 50 Fly   | 31.95   |     | #105 Boys 200 Back | 2:34.26 |
| #208 Boys 100 Free | 1:02.88 | SCR | #306 Boys 100 Fly  | 1:08.66 |
| #407 Boys 200 Fly  | 2:34.57 |     |                    |         |

## 31 Shepherd, Alex - Female - Age: 15 - Ind/Rel: 8 / 0

|                    |         |  |                       |         |
|--------------------|---------|--|-----------------------|---------|
| #102 Girls 50 Fly  | 32.10   |  | #106 Girls 100 Breast | 1:26.35 |
| #205 Girls 50 Back | 34.82   |  | #209 Girls 100 Free   | 1:05.07 |
| #301 Girls 200 IM  | 2:40.53 |  | #307 Girls 100 Fly    | 1:13.05 |
| #404 Girls 50 Free | 30.03   |  | #408 Girls 100 Back   | 1:13.32 |

## 32 Steventon, Jaime - Female - Age: 15 - Ind/Rel: 7 / 0

|                     |         |  |                     |         |
|---------------------|---------|--|---------------------|---------|
| #104 Girls 200 Back | 2:44.30 |  | #203 Girls 400 Free | 5:06.81 |
| #205 Girls 50 Back  | 37.90   |  | #209 Girls 100 Free | 1:07.20 |
| #305 Girls 200 Free | 2:29.48 |  | #404 Girls 50 Free  | 31.59   |
| #408 Girls 100 Back | 1:18.09 |  |                     |         |

## Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

## Team Entries - All Events

---

Cumbernauld-SS

## 33 Thomson, Alicia - Female - Age: 15 - Ind/Rel: 7 / 0

|                     |         |                     |         |
|---------------------|---------|---------------------|---------|
| #102 Girls 50 Fly   | 35.00   | #108 Girls 400 IM   | 5:55.01 |
| #203 Girls 400 Free | 5:16.31 | #209 Girls 100 Free | 1:09.58 |
| #301 Girls 200 IM   | 2:45.74 | #307 Girls 100 Fly  | 1:15.98 |
| #406 Girls 200 Fly  | 2:48.05 |                     |         |

## 34 Vasilyos, Alexandru - Male - Age: 14 - Ind/Rel: 7 / 0

|                    |         |                    |         |
|--------------------|---------|--------------------|---------|
| #101 Boys 200 IM   | 2:33.78 | #103 Boys 50 Fly   | 30.39   |
| #208 Boys 100 Free | 1:00.28 | #304 Boys 200 Free | 2:14.16 |
| #306 Boys 100 Fly  | 1:08.80 | #403 Boys 400 Free | 4:41.78 |
| #407 Boys 200 Fly  | 2:42.20 |                    |         |

## 35 Walker, Holly - Female - Age: 12 - Ind/Rel: 5 / 0

|                     |         |                    |         |
|---------------------|---------|--------------------|---------|
| #104 Girls 200 Back | 2:49.55 | #205 Girls 50 Back | 35.70   |
| #209 Girls 100 Free | 1:13.25 | #301 Girls 200 IM  | 2:57.32 |
| #408 Girls 100 Back | 1:17.88 |                    |         |

## 36 Wilson, Jet - Male - Age: 12 - Ind/Rel: 7 / 0

|                    |         |     |                    |         |     |
|--------------------|---------|-----|--------------------|---------|-----|
| #101 Boys 200 IM   | 3:20.88 | SCR | #105 Boys 200 Back | 2:57.99 |     |
| #204 Boys 50 Back  | 39.87   |     | #208 Boys 100 Free | 1:19.74 | SCR |
| #304 Boys 200 Free | 2:39.00 | SCR | #405 Boys 50 Free  | 34.84   |     |
| #409 Boys 100 Back | 1:22.97 |     |                    |         |     |

Cumbernauld-SS Total Individual Entries: 236 - Total Relays: 0