

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

Event 101 Boys 200 SC Meter IM

	Name	Age	Team	Seed Time	
11 & Under					
1	Kalamakis, Nikiforos	11	Co Glasgow	2:50.98	
2	Graham, Noah	11	Co Glasgow	2:58.12	
3	Dow, Harry	11	Perth City	3:13.53	
4	Thomson, Ollie	9	WFTX	3:16.71	
5	Grindlay, Lewis	10	WFTX	3:18.04	
6	Shaw, Kieran	11	WFTX	3:18.09	
7	McGuire, Kieran	10	WFTX	3:18.88	
8	McGregor, Mitchell	11	Perth City	3:19.29	
9	Reilly, Isaac	11	WFTX	3:20.03	
10	Allan, Conor	10	Menzieshill	3:23.36	
11	Reilly, Oscar	11	Perth City	3:25.95	
12	Dalglish, Finlay	11	Menzieshill	3:26.09	
13	Hatkar, Dhairya	9	Rutherglen	3:35.50	
14	MacDonald, Oliver	11	Perth City	3:38.35	Alt
15	Tawse, Callen	9	Menzieshill	3:38.37	Alt
16	Rygielski, Max	10	WFTX	3:40.00	Alt

12-13

1	Letham, Daniel	13	Cumbernauld	2:28.97	
2	Basketter, Jensen	13	Co Glasgow	2:31.17	
3	McIlwraith, Oliver	13	Cumbernauld	2:35.62	
4	Todd, Luke	13	WFTX	2:36.88	
5	Naismith, Kieran	13	Bellshill	2:39.57	
6	McLeod, Oran	13	WFTX	2:41.97	
7	Lawson, Archie	13	StirlingSwim	2:44.72	
8	Chesser, Callan	13	Co Glasgow	2:45.11	
9	Martin, Kyle	12	Co Glasgow	2:46.77	
10	Roddie, Ethan	12	Co Glasgow	2:50.44	
11	McEwan, Samuel	13	Cumbernauld	2:52.23	
12	Rawding, Kyle	13	WFTX	2:52.97	
13	Martin, Kerr	12	Co Glasgow	2:54.36	
14	Reed, Finley	12	Perth City	2:56.46	
15	Allan, Brody	12	Menzieshill	3:02.38	Alt
16	Crook, Brodie	12	WFTX	3:05.98	Alt
17	Grajciar, David	12	WFTX	3:09.75	Alt

14-15

1	Small, Lochlan	15	StirlingSwim	2:12.34	
2	Moffitt, Logan	14	StirlingSwim	2:23.08	
3	Neilson, Euan	15	Cumbernauld	2:24.37	
4	Russell, Aaron	15	Bellshill	2:25.79	
5	Thomson, Stuart	14	Perth City	2:26.04	
6	Adam, Tearlach	14	Perth City	2:26.09	
7	Merrick, Adam	15	Cumbernauld	2:26.21	
8	Innes, Lucas	15	Fauldhouse	2:27.43	
9	Leisegang, Mathew	15	Menzieshill	2:28.28	
10	Meulemans, Nikodemos	14	Co Glasgow	2:33.46	
11	Vasilyos, Alexandru	14	Cumbernauld	2:33.78	
12	Jackson, Luke	14	Perth City	2:34.30	
13	McNaught, Connor	15	WFTX	2:35.04	
14	Higney, Jack	14	Cumbernauld	2:35.57	Alt
15	Allan, Ross	14	Perth City	2:39.06	Alt
16	Morrison, Jack	14	Cumbernauld	2:39.68	Alt

16 & Over

1	Vandermeulen, Logan	17	StirlingSwim	2:07.10	
2	Vandermeulen, Grier	19	StirlingSwim	2:15.63	
3	Morris, Magnus	17	StirlingSwim	2:17.72	
4	Brown, Ciaran	16	Co Glasgow	2:23.97	
5	Byrne, Finlay	16	WFTX	2:24.55	

6	McCavish, Aidan	17	WFTX	2:26.09	
7	Finlay, Nathan	17	WFTX	2:32.39	
8	Meulemans, Isaak	16	Co Glasgow	2:42.63	

Event 102 Girls 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	
11 & Under					
1	Pyper, Myla	11	Perth City	38.00	
2	Macleod, Isla	11	WFTX	41.00	
3	Mitchell, Scarlett	9	WFTX	41.80	
4	Chesser, Lauren	11	Co Glasgow	42.61	
5	McFarland, Chloe	11	Co Glasgow	43.59	
6	Macintyre, Maisie	11	Fauldhouse	44.87	
7	MacNab, Tara	11	WFTX	44.95	
8	Taylor, Lily	10	WFTX	45.27	
9	Brunton, Rosie	11	Perth City	45.96	
10	Ferrario, Sophia	11	WFTX	47.42	
11	Cairns, Georgia	11	WFTX	48.66	
12	Martin, Evelyn	11	Co Glasgow	48.95	
13	Walker, Anna	10	WFTX	49.07	
14	McFarlane, Anna	10	Rutherglen	49.46	
15	Robertson, Susanna	10	Co Glasgow	49.63	
16	Sedik, Amira	11	WFTX	51.15	
17	Taylor, Katie	10	WFTX	51.50	
18	Montgomery, Annabelle	11	Perth City	51.79	
19	Patterson, Bethany	11	Perth City	54.15	
20	Leishman, Elsie	9	WFTX	56.40	
21	Martin, Caoimhe	11	WFTX	56.58	
22	Cunningham, Evie	10	Rutherglen	58.94	Alt
23	Taylor, Abi	11	Perth City	59.73	Alt
24	MacLeod, Abby	9	WFTX	1:04.22	Alt

12-13

1	Haining, Sophie	13	Bellshill	33.76	
2	Morrison, Kayla	12	StirlingSwim	34.47	
3	Glendinning, Penny	13	Kingston	34.90	
4	McLachlan, Phoebe	13	Cumbernauld	35.20	
5	Raymond, Sian	13	WFTX	35.37	
6	Nicolson, Ailsa	13	Scotia	35.98	
7	Cussons, Amelie	13	Co Glasgow	37.28	
8	Whyte, Gabi	12	Perth City	38.04	
9	Bennett, Paige	13	Cumbernauld	38.36	
10	Walker, Isabella	13	WFTX	40.44	
11	Steven, Sadie	12	Fauldhouse	40.66	
12	Stewart, Ava-Lily	13	WFTX	40.79	
13	McNaughton, Emily	13	Menzieshill	41.19	
14	Gibson, Zara	13	WFTX	41.28	
15	McVeigh, Penelope	12	Kingston	41.70	
16	Parker, Mila	12	Perth City	42.65	
17	Clemence, Kendi	12	Co Glasgow	43.30	
18	Fleming, Grace	12	Co Glasgow	44.70	
19	Finlay, Louisa	13	StirlingSwim	45.25	Alt
20	Maguire, Eva	12	Cumbernauld	46.14	Alt
21	Donald, Stacey	12	Menzieshill	46.95	Alt

14-15

1	Mann, Ksenia	14	Menzieshill	29.94	
2	Patrick, Mairianna	15	StirlingSwim	31.31	
3	Scott, Niamh	15	Co Glasgow	31.80	
4	Dobson, Amy	14	Kingston	31.90	
5	Shepherd, Alex	15	Cumbernauld	32.10	
6	Russell, Olivia	15	Cumbernauld	32.58	
7	McGovern, Lucy	14	Kingston	32.64	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

14-15...(#102 Girls 50 SC Meter Butterfly)

8	Renfrew, Grace	14	Perth City	32.75	
9	Pettigrew, Ava	14	Cumbernauld	33.26	
10	Melville, Sienna	15	StirlingSwim	33.40	
11	Barbary, Ellen	15	Co Glasgow	33.47	
12	McKie, Zoe	15	WFTX	33.62	
13	MacNeill, Mairi	14	Perth City	34.09	
14	Gault, Isla	14	StirlingSwim	34.42	
15	Thomson, Alicia	15	Cumbernauld	35.00	
16	Steele, Ava	14	WFTX	35.04	
17	Stevenson, Isla	14	Bellshill	35.66	
18	Scott, Katie	14	Perth City	35.70	
19	Stewart, Holly	15	Scotia	35.77	
20	Singh, Ekavira	14	Scotia	35.94	
21	Russell, Zoe	15	WFTX	36.43	
22	Dempsey, Ava	14	Co Glasgow	36.61	
23	Lindsay, Aniston	14	WFTX	37.37	Alt
24	Lafferty, Jessica	14	Bellshill	37.70	Alt
25	Gill, Amy	14	WFTX	38.03	Alt

16 & Over

1	Wilson, Allanah	16	Bellshill	30.60	
2	Carty, Maci	16	Fauldhouse	31.46	
3	McGinlay, Sophia	16	Cumbernauld	31.69	
4	Hislop, Amy	16	Fauldhouse	31.85	
5	Winton, Gabriella	19	StirlingSwim	32.03	
6	Brolly, Lauryn	16	Fauldhouse	32.14	
7	Ferris, Eireann	16	Cumbernauld	32.30	
8	Hart, Kiera	18	Scotia	33.94	
9	Watson, Katie	17	Co Glasgow	34.69	
10	Prygiel, Amelia	16	Bellshill	35.42	
11	Pringle, Chloe	16	Rutherglen	36.19	
12	Roberts, Niamh	16	Kingston	39.69	Alt

Event 103 Boys 50 SC Meter Butterfly

Name	Age	Team	Seed Time
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11 & Under

1	Allan, Conor	10	Menzieshill	39.60	
2	Goold, Tyler	11	Co Glasgow	40.50	
3	Watson, Edward	11	WFTX	41.55	
4	Dissake, Noah	11	Co Glasgow	41.91	
5	Hatkar, Dhairya	9	Rutherglen	45.94	
6	Brammer, Jack	9	Rutherglen	48.42	
7	Scott, Finlay	10	Perth City	51.73	
8	MacDonald, Oliver	11	Perth City	52.66	
9	Slizowski, Filip	10	Co Glasgow	56.45	
10	Cunnion, Zack	10	WFTX	56.98	
11	Graham, Zach	10	Co Glasgow	58.44	
12	Juhasz, Zeke	9	Co Glasgow	58.58	
13	MacLeod, Jack	11	WFTX	1:02.93	
14	Duncan, Jaxson	9	Perth City	1:04.49	
15	Schiff-Abels, Daniel	9	WFTX	1:10.70	
16	Laird, Thomas	10	WFTX	1:11.19	
17	Bridge, Matthew	8	WFTX	1:11.27	
18	Buchanan, Ben	10	Kingston	NT	Alt
19	Awan, Arhaan	11	Kingston	NT	Alt

12-13

1	McIlwraith, Oliver	13	Cumbernauld	32.26	
2	Lawson, Archie	13	StirlingSwim	33.41	
3	Naismith, Kieran	13	Bellshill	34.34	
4	Tinch, Nicky	12	StirlingSwim	35.77	
5	Allan, Brody	12	Menzieshill	36.81	
6	Reed, Finley	12	Perth City	36.88	

7	Yeaman, Alex	12	Perth City	37.37	
8	McEwan, Samuel	13	Cumbernauld	37.76	
9	Khan, Mohammad	13	Co Glasgow	37.84	
10	Johnstone, Kai	13	WFTX	40.71	
11	Sui, Samuel	12	Co Glasgow	41.50	
12	Crook, Brodie	12	WFTX	41.76	
13	Lamb, Caleb	12	Cumbernauld	44.50	
14	Robinson, Aaran	13	WFTX	45.54	
15	Soloviov, Matvii	12	Menzieshill	45.72	
16	Blaszkievicz, Daniel	13	WFTX	47.40	
17	Redpath, Gillen	12	Rutherglen	48.70	
18	Garner, Paul Cameron	12	WFTX	50.24	
19	Hind, Daniel	12	WFTX	1:00.32	
20	Cittadini, Luca	13	Kingston	1:05.45	

14-15

1	Russell, Aaron	15	Bellshill	28.68	
2	Neilson, Euan	15	Cumbernauld	28.70	
3	Struzik, Callum	15	Bellshill	29.10	
4	Steven, Eliot	15	Fauldhouse	29.14	
5	Merrick, Adam	15	Cumbernauld	29.20	
6	Ruddy, Josh	15	StirlingSwim	30.08	
7	Innes, Lucas	15	Fauldhouse	30.14	
8	Vasilyos, Alexandru	14	Cumbernauld	30.39	
9	Murray, Adam	15	Bellshill	31.29	
10	Morrison, Jack	14	Cumbernauld	32.00	
11	Jasinskis, Danila	14	WFTX	32.40	
12	Griffin, Riley	15	Cumbernauld	32.76	
13	Blaszkievicz, Andrzej	15	WFTX	32.90	
14	Jasinskis, Nikita	14	WFTX	32.99	
15	Higney, Jack	14	Cumbernauld	33.25	
16	Martin, Harry	14	Perth City	33.47	
17	Jackson, Luke	14	Perth City	33.90	
18	Lyon, Adam	14	Fauldhouse	35.26	
19	Russell, Blair	14	Bellshill	35.39	
20	Macnaughton, Harry	14	Perth City	35.96	
21	Wang, Zi Han	14	Co Glasgow	37.66	
22	Adam, Coinneach	15	Perth City	37.82	
23	Connor, Dylan	14	Cumbernauld	41.47	Alt
24	Thomson, Stuart	14	Perth City	42.13	Alt
25	Glen, Luke	15	Co Glasgow	43.04	Alt
26	Eliseev, Artem	14	WFTX	47.71	Alt
27	Waller, Zack	14	WFTX	54.31	Alt

16 & Over

1	Morris, Magnus	17	StirlingSwim	26.20	
2	Gill, Cameron	17	WFTX	27.00	
3	Tinch, Alex	16	StirlingSwim	28.10	
4	Campbell, Keir	16	WFTX	28.29	
5	Singh, Eklavya	17	Scotia	28.40	
6	McCavish, Aidan	17	WFTX	29.20	
7	Pearson, Ruben	16	Bellshill	29.38	
8	Shaw, Jack	16	Bellshill	29.51	
9	Schiff-Abels, Nathanael	16	WFTX	29.90	
10	Finlay, Nathan	17	WFTX	30.10	
11	Mocci, Christopher	16	Menzieshill	30.22	
12	Schiff-Abels, Raphael	16	WFTX	30.35	
13	Shaw, Regan	17	Cumbernauld	31.95	
14	Nixon, Aidan	18	Bellshill	32.30	Alt
15	Mowat, Luke	16	Cumbernauld	33.04	Alt

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

Event 104 Girls 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	
11 & Under...(#104 Girls 200 SC Meter Backstroke)					
1	Pyper, Myla	11	Perth City	2:57.07	
2	Redmond, Summer	11	Fauldhouse	3:04.57	
3	Macleod, Isla	11	WFTX	3:10.12	Alt
4	Smith, Imogen	10	Perth City	3:10.81	Alt

12-13

1	Ferris, Meghan	13	Cumbernauld	2:30.94	
2	Paintin, Josephine	12	Co Glasgow	2:42.85	
3	Keddie, Sandie	13	Cumbernauld	2:44.81	
4	Siebers, Imogen	13	Fauldhouse	2:47.79	
5	Brolly, Khloe	13	Fauldhouse	2:48.13	
6	Walker, Holly	12	Cumbernauld	2:49.55	
7	Gemmell, Isabella	13	WFTX	2:50.52	
8	Bennett, Paige	13	Cumbernauld	2:50.75	
9	Martin, Molly	13	Co Glasgow	2:58.47	
10	Baldwin, Elizabeth	13	Co Glasgow	2:59.60	
11	McClements, Victoria	13	Perth City	3:00.58	
12	Hughes, Erin	13	Co Glasgow	3:04.90	
13	MacDonald, Millie	13	Co Glasgow	3:09.60	
14	Birrell, Emma	12	Co Glasgow	3:15.98	
15	Craig, Aubree	12	Menzieshill	3:40.11	
16	Toms, Ellie	13	WFTX	3:45.66	Alt
17	Worley-Ross, Julie	13	StirlingSwim	NT	Alt

14-15

1	Renfrew, Grace	14	Perth City	2:31.79	
2	Dobson, Amy	14	Kingston	2:35.68	
3	Pettigrew, Ava	14	Cumbernauld	2:36.22	
4	Melville, Sienna	15	StirlingSwim	2:38.23	
5	Barbary, Ellen	15	Co Glasgow	2:39.80	
6	Draper, Isla	15	StirlingSwim	2:40.30	
7	Scott, Katie	14	Perth City	2:40.86	
8	Gault, Isla	14	StirlingSwim	2:42.50	
9	McGovern, Lucy	14	Kingston	2:43.18	
10	Steele, Ava	14	WFTX	2:43.68	
11	Steventon, Jaime	15	Cumbernauld	2:44.30	
12	Renfrew, Alice	14	Perth City	2:44.87	
13	Gadsden, Sarah	15	StirlingSwim	2:49.90	
14	Gibson, Eva	14	Cumbernauld	2:50.07	
15	Hanlon, Ellie	14	WFTX	2:50.76	
16	Turner, Amelia	15	Kingston	NT	Alt

16 & Over

1	Kellas, Lucy	16	Bellshill	2:28.78	
2	Weir, Victoria	16	WFTX	2:36.78	
3	Chambers, Emma	17	Cumbernauld	2:38.44	
4	Hart, Kiera	18	Scotia	2:42.55	

Event 105 Boys 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Slizowski, Piotr	11	Co Glasgow	2:49.31	
2	Kalamakis, Nikiforos	11	Co Glasgow	2:49.82	
3	Reilly, Oscar	11	Perth City	3:10.28	
4	Dow, Harry	11	Perth City	3:13.97	
5	Dalgleish, Finlay	11	Menzieshill	3:24.13	
6	Tawse, Callen	9	Menzieshill	3:30.44	Alt
7	Watson, Edward	11	WFTX	NT	Alt

12-13

1	Letham, Daniel	13	Cumbernauld	2:24.70	
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2	Basketter, Jensen	13	Co Glasgow	2:29.27	
3	Lawson, Archie	13	StirlingSwim	2:36.50	
4	Chesser, Callan	13	Co Glasgow	2:40.13	
5	Roddie, Ethan	12	Co Glasgow	2:46.84	
6	Khan, Mohammad	13	Co Glasgow	2:47.13	
7	Yeaman, Alex	12	Perth City	2:54.62	
8	Martin, Kerr	12	Co Glasgow	2:56.80	
9	Grajciar, David	12	WFTX	2:57.81	
10	Wilson, Jet	12	Cumbernauld	2:57.99	
11	Yeaman, James	12	Perth City	3:01.22	Alt
12	Cittadini, Luca	13	Kingston	3:03.18	Alt

14-15

1	Moffitt, Logan	14	StirlingSwim	2:17.69	
2	Steven, Eliot	15	Fauldhouse	2:22.93	
3	Jackson, Luke	14	Perth City	2:22.94	
4	Ruddy, Josh	15	StirlingSwim	2:25.37	
5	Murray, Adam	15	Bellshill	2:28.37	
6	McNaught, Connor	15	WFTX	2:32.84	
7	Jasinskis, Danila	14	WFTX	2:33.59	
8	Kuklinek, Sebastian	14	WFTX	2:33.77	
9	Watson, Leo	14	Menzieshill	2:35.38	
10	Ridler, Harry	14	Perth City	2:35.53	
11	Allan, Ross	14	Perth City	2:38.78	
12	Jasinskis, Nikita	14	WFTX	2:39.75	
13	Blaszkievicz, Andrzej	15	WFTX	2:44.13	
14	Macnaughton, Harry	14	Perth City	2:44.58	
15	Wilson, Caleb	14	StirlingSwim	3:01.23	
16	Stewart, Gabriel	14	StirlingSwim	3:08.45	Alt

16 & Over

1	Morris, Magnus	17	StirlingSwim	2:25.66	
2	Craw, Lucas	16	Rutherglen	2:25.96	
3	Stewart, James	17	Scotia	2:27.30	
4	Campbell, Keir	16	WFTX	2:28.40	
5	Byrne, Finlay	16	WFTX	2:33.27	
6	Shaw, Regan	17	Cumbernauld	2:34.26	
7	Nixon, Aidan	18	Bellshill	2:45.43	Alt

Event 106 Girls 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Lumsden, Anna	11	Scotia	1:43.05	
2	Macleod, Isla	11	WFTX	1:44.50	
3	Taylor, Abi	11	Perth City	1:45.99	
4	MacNab, Tara	11	WFTX	1:47.05	
5	Chesser, Lauren	11	Co Glasgow	1:47.47	
6	Brunton, Rosie	11	Perth City	1:47.96	
7	McFarland, Chloe	11	Co Glasgow	1:50.02	
8	Taylor, Katie	10	WFTX	1:50.45	
9	Montgomery, Annabelle	11	Perth City	1:50.46	
10	Macintyre, Maisie	11	Fauldhouse	1:52.42	
11	Robertson, Susanna	10	Co Glasgow	1:53.66	
12	Taylor, Lily	10	WFTX	1:55.00	
13	Thompson, Eva	11	WFTX	1:57.59	
14	Ferrario, Sophia	11	WFTX	1:58.90	
15	Patterson, Bethany	11	Perth City	1:59.22	
16	Cairns, Georgia	11	WFTX	1:59.52	
17	Stirling, Keira	11	WFTX	2:00.86	
18	Clemence, Kiana	9	Co Glasgow	2:01.08	
19	Roberts, Sophia	11	WFTX	2:01.09	
20	Smith, Imogen	10	Perth City	2:01.84	
21	Walker, Anna	10	WFTX	2:03.74	Alt

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

11 & Under...(#106 Girls 100 SC Meter Breaststroke)

22	Batwaula, Orlaith	9	Perth City	2:04.18	Alt
23	Steel, Ellie	11	WFTX	2:04.34	Alt

12-13

1	Shanks, Charlotte	13	Bellshill	1:23.13	
2	Ferris, Meghan	13	Cumbernauld	1:23.80	
3	Paterson, Emma	13	Co Glasgow	1:23.90	
4	Lumsden, Grace	13	Scotia	1:26.31	
5	Keddie, Sandie	13	Cumbernauld	1:27.08	
6	Walsh, Eilidh	13	Rutherglen	1:29.53	
7	Gemmell, Isabella	13	WFTX	1:29.75	
8	Raymond, Sian	13	WFTX	1:29.81	
9	Morrison, Kayla	12	StirlingSwim	1:32.61	
10	Parker, Mila	12	Perth City	1:32.98	
11	McNeill, Zara	13	Rutherglen	1:33.80	
12	Paintin, Josephine	12	Co Glasgow	1:34.06	
13	Maguire, Eva	12	Cumbernauld	1:35.21	
14	Whyte, Gabi	12	Perth City	1:35.45	
15	Martin, Molly	13	Co Glasgow	1:37.08	
16	Clemence, Kendi	12	Co Glasgow	1:40.65	
17	O'Neill, Lily-Anne	13	Menzieshill	1:40.80	
18	McClements, Victoria	13	Perth City	1:40.97	
19	Fleming, Grace	12	Co Glasgow	1:41.58	
20	Finlay, Louisa	13	StirlingSwim	1:41.65	
21	McVeigh, Penelope	12	Kingston	1:42.28	
22	Cussons, Amelie	13	Co Glasgow	1:42.60	
23	Mitchell, Sophie	12	WFTX	1:42.79	Alt
24	Cook, Stella	13	Co Glasgow	1:42.81	Alt
25	Glendinning, Penny	13	Kingston	1:43.92	Alt

14-15

1	Mann, Ksenia	14	Menzieshill	1:18.84	
2	Russell, Olivia	15	Cumbernauld	1:21.28	
3	Dobson, Amy	14	Kingston	1:22.90	
4	Blair, Grace	14	WFTX	1:23.41	
5	Reid, Eilidh	15	Co Glasgow	1:25.29	
6	McCreadie, Amy	15	Bellshill	1:25.46	
7	Cowling, Lara	14	Perth City	1:26.01	
8	Shepherd, Alex	15	Cumbernauld	1:26.35	
9	Smith, Charlotte	14	StirlingSwim	1:27.28	
10	McKie, Zoe	15	WFTX	1:28.71	
11	Taylor, Florence	14	Co Glasgow	1:29.44	
12	Pavlakos-Zinsstag, Charlotte	14	Co Glasgow	1:31.45	
13	Gill, Amy	14	WFTX	1:31.50	
14	Hanlon, Ellie	14	WFTX	1:32.34	
15	Dempsey, Ava	14	Co Glasgow	1:32.69	
16	Griffin, Zoe	14	Cumbernauld	1:33.37	
17	Lafferty, Jessica	14	Bellshill	1:34.57	
18	Singh, Ekavira	14	Scotia	1:35.40	
19	Kennedy, Caitlin	15	WFTX	1:36.08	
20	Eadie, Isla	14	Scotia	1:37.13	Alt
21	Turner, Amelia	15	Kingston	1:37.54	Alt
22	Draper, Isla	15	StirlingSwim	1:38.16	Alt

16 & Over

1	Wilson, Allanah	16	Bellshill	1:15.62	
2	Carty, Maci	16	Fauldhouse	1:18.56	
3	Crawford, Zoe	17	WFTX	1:20.96	
4	Weir, Victoria	16	WFTX	1:20.96	
5	Chambers, Emma	17	Cumbernauld	1:21.81	
6	Henderson, Iona	17	Rutherglen	1:22.37	
7	Watson, Katie	17	Co Glasgow	1:22.86	
8	Ferris, Eireann	16	Cumbernauld	1:23.91	
9	Prygiel, Amelia	16	Bellshill	1:25.04	

10	McGinlay, Sophia	16	Cumbernauld	1:27.69	
11	Hislop, Amy	16	Fauldhouse	1:28.26	
12	Fairbairn, Shona	18	Fauldhouse	1:34.20	Alt
13	Roberts, Niamh	16	Kingston	1:40.25	Alt

Event 107 Boys 100 SC Meter Breaststroke

Name		Age	Team	Seed Time	
11 & Under					
1	Graham, Noah	11	Co Glasgow	1:35.90	
2	Slizowski, Piotr	11	Co Glasgow	1:37.34	
3	McGregor, Mitchell	11	Perth City	1:41.41	
4	McMahon, Leo	11	Perth City	1:44.15	
5	Goold, Tyler	11	Co Glasgow	1:44.26	
6	McGuire, Kieran	10	WFTX	1:45.16	
7	Reilly, Oscar	11	Perth City	1:46.61	
8	Thomson, Ollie	9	WFTX	1:47.87	
9	Reilly, Isaac	11	WFTX	1:49.19	
10	MacDonald, Oliver	11	Perth City	1:50.16	
11	Dissake, Noah	11	Co Glasgow	1:50.39	
12	Hanlon, Leo	9	WFTX	1:55.89	
13	Shaw, Kieran	11	WFTX	1:56.98	
14	Cunnion, Zack	10	WFTX	1:59.81	
15	MacLeod, Jack	11	WFTX	2:10.00	
16	Rygielski, Max	10	WFTX	2:10.00	
17	Duncan, Jaxson	9	Perth City	2:14.92	
18	Ferrario, James	8	WFTX	2:20.00	
19	Stewart, Caleb	11	StirlingSwim	2:27.71	Alt
20	Buchanan, Ben	10	Kingston	NT	Alt

12-13

1	Todd, Luke	13	WFTX	1:19.90	
2	Carver, Nico	13	Menzieshill	1:22.85	
3	Rawding, Kyle	13	WFTX	1:23.33	
4	Khan, Mohammad	13	Co Glasgow	1:24.88	
5	Tinch, Nicky	12	StirlingSwim	1:26.49	
6	McColgan, Charlie	13	Co Glasgow	1:28.89	
7	Martin, Kyle	12	Co Glasgow	1:29.90	
8	McEwan, Samuel	13	Cumbernauld	1:32.93	
9	Cittadini, Luca	13	Kingston	1:35.73	
10	Grajciar, David	12	WFTX	1:39.50	
11	Allan, Brody	12	Menzieshill	1:40.44	
12	Reed, Finley	12	Perth City	1:41.20	
13	Lamb, Caleb	12	Cumbernauld	1:41.25	
14	Crook, Brodie	12	WFTX	1:42.49	
15	Sui, Samuel	12	Co Glasgow	1:44.76	
16	Johnstone, Kai	13	WFTX	1:45.51	
17	Robinson, Aaran	13	WFTX	1:46.55	
18	Turner, Marcus	13	Kingston	1:54.07	
19	Blaszkiewicz, Daniel	13	WFTX	2:05.67	Alt
20	Redpath, Gillen	12	Rutherglen	2:13.60	Alt

14-15

1	Vandermeulen, Fraser	15	StirlingSwim	1:09.49	
2	Leisegang, Mathew	15	Menzieshill	1:14.37	
3	Griffin, Riley	15	Cumbernauld	1:14.86	
4	Struzik, Callum	15	Bellshill	1:16.81	
5	Higney, Jack	14	Cumbernauld	1:17.00	
6	Thomson, Stuart	14	Perth City	1:18.35	
7	Innes, Lucas	15	Fauldhouse	1:19.10	
8	Murray, Adam	15	Bellshill	1:20.88	
9	Kuklinek, Sebastian	14	WFTX	1:22.57	
10	Wang, Zi Han	14	Co Glasgow	1:23.23	
11	Meulemans, Nikodemos	14	Co Glasgow	1:23.94	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

14-15...(#107 Boys 100 SC Meter Breaststroke)

12	Martin, Harry	14	Perth City	1:24.52	
13	Niemiec, Franek	14	WFTX	1:24.99	
14	Alexander, Ethan	14	Co Glasgow	1:25.96	
15	Lyon, Adam	14	Fauldhouse	1:27.99	
16	Waller, Zack	14	WFTX	1:31.11	
17	Macnaughton, Harry	14	Perth City	1:34.01	
18	Chen, Rick	14	Co Glasgow	1:35.92	Alt
19	Blaszkievicz, Andrzej	15	WFTX	1:39.18	Alt

16 & Over

1	Vandermeulen, Logan	17	StirlingSwim	1:05.20	
2	Brown, Ciaran	16	Co Glasgow	1:12.15	
3	Singh, Eklavya	17	Scotia	1:12.41	
4	Pearson, Ruben	16	Bellshill	1:15.68	
5	Craw, Lucas	16	Rutherglen	1:17.13	
6	Shaw, Jack	16	Bellshill	1:21.25	
7	Mowat, Luke	16	Cumbernauld	1:30.07	

Event 108 Girls 400 SC Meter IM

	Name	Age	Team	Seed Time	
12-13					
1	Paterson, Emma	13	Co Glasgow	5:44.80	
2	Shanks, Charlotte	13	Bellshill	5:48.68	
3	Haining, Sophie	13	Bellshill	6:05.93	
4	Siebers, Imogen	13	Fauldhouse	6:07.26	
5	McLachlan, Phoebe	13	Cumbernauld	6:11.40	
6	Chisholm, Lois	12	StirlingSwim	NT	

14-15

1	Semple, Chloe	15	Rutherglen	5:30.84	
2	Thomson, Alicia	15	Cumbernauld	5:55.01	
3	McKie, Zoe	15	WFTX	5:55.61	
4	Blair, Grace	14	WFTX	6:04.09	
5	Griffin, Zoe	14	Cumbernauld	6:10.97	
6	Stevenson, Isla	14	Bellshill	6:17.09	

16 & Over

1	Crawford, Zoe	17	WFTX	5:16.87	
2	Winton, Gabriella	19	StirlingSwim	5:40.16	
3	McNeill, Natasha	16	Rutherglen	6:02.49	

Event 203 Girls 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	
11 & Under					
1	Stirling, Keira	11	WFTX	6:30.00	Alt
12-13					
1	Shanks, Charlotte	13	Bellshill	5:04.20	
2	McLachlan, Phoebe	13	Cumbernauld	5:16.01	
3	Archbold, Kardelen	13	StirlingSwim	5:24.59	
4	McNeill, Zara	13	Rutherglen	5:36.50	
5	Hughes, Erin	13	Co Glasgow	5:41.43	
6	Baldwin, Elizabeth	13	Co Glasgow	5:41.96	
7	McClements, Victoria	13	Perth City	5:42.30	
8	Birrell, Emma	12	Co Glasgow	5:43.66	
9	Kidd, Kourtney	13	Cumbernauld	5:55.88	
10	MacDonald, Millie	13	Co Glasgow	5:59.46	
11	McVeigh, Penelope	12	Kingston	6:15.34	Alt
12	Worley-Ross, Julie	13	StirlingSwim	7:08.75	Alt

14-15

1	Pettigrew, Ava	14	Cumbernauld	4:54.89	
2	Dobson, Amy	14	Kingston	4:55.34	
3	MacEachen, Martha	14	Scotia	4:58.85	
4	Renfrew, Alice	14	Perth City	4:59.97	
5	Steventon, Jaime	15	Cumbernauld	5:06.81	

6	Lafferty, Jessica	14	Bellshill	5:12.03	
7	Thomson, Alicia	15	Cumbernauld	5:16.31	
8	Gault, Isla	14	StirlingSwim	5:22.45	
9	Stevenson, Isla	14	Bellshill	5:22.46	
10	Gibson, Eva	14	Cumbernauld	5:27.57	
11	Dempsey, Ava	14	Co Glasgow	5:38.69	

16 & Over

1	Ferris, Eireann	16	Cumbernauld	4:39.38	
2	Crawford, Zoe	17	WFTX	4:45.06	
3	Kellas, Lucy	16	Bellshill	5:03.61	

Event 204 Boys 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Graham, Noah	11	Co Glasgow	39.91	
2	McGuire, Kieran	10	WFTX	40.21	
3	Thomson, Ollie	9	WFTX	40.50	
4	Dalglish, Finlay	11	Menzieshill	41.70	
5	Watson, Edward	11	WFTX	42.41	
6	Reilly, Isaac	11	WFTX	42.92	
7	Goold, Tyler	11	Co Glasgow	42.98	
8	MacDonald, Jamie	11	Co Glasgow	43.47	
9	Dissake, Noah	11	Co Glasgow	43.99	
10	Hatkar, Dhairya	9	Rutherglen	44.29	
11	MacDonald, Oliver	11	Perth City	44.84	
12	MacLeod, Jack	11	WFTX	44.84	
13	Scott, Finlay	10	Perth City	45.00	
14	Shaw, Kieran	11	WFTX	45.19	
15	Brown, Aaron	11	WFTX	45.90	
16	Tawse, Callen	9	Menzieshill	46.13	
17	Slizowski, Filip	10	Co Glasgow	46.21	
18	Brammer, Jack	9	Rutherglen	46.77	
19	Stewart, Caleb	11	StirlingSwim	46.84	
20	Hanlon, Leo	9	WFTX	47.01	
21	Grindlay, Lewis	10	WFTX	47.04	
22	Cunnion, Zack	10	WFTX	48.08	
23	Graham, Zach	10	Co Glasgow	48.44	
24	Schiff-Abels, Daniel	9	WFTX	50.47	
25	Macpherson Fletcher, Sebas	9	Perth City	50.89	
26	Juhasz, Zeke	9	Co Glasgow	52.08	
27	Laird, Thomas	10	WFTX	53.96	
28	Nisbet, Joseph	9	WFTX	54.08	Alt
29	Bajanaru, David Andrei	11	WFTX	55.75	Alt
30	Bridge, Matthew	8	WFTX	57.80	Alt

12-13

1	Letham, Daniel	13	Cumbernauld	32.18	
2	Lawson, Archie	13	StirlingSwim	34.08	
3	Chesser, Callan	13	Co Glasgow	35.29	
4	McLeod, Oran	13	WFTX	35.56	
5	Tinch, Nicky	12	StirlingSwim	35.73	
6	Naismith, Kieran	13	Bellshill	36.11	
7	Cittadini, Luca	13	Kingston	36.16	
8	Grajciar, David	12	WFTX	39.02	
9	Yeaman, James	12	Perth City	39.17	
10	Yeaman, Alex	12	Perth City	39.25	
11	Crook, Brodie	12	WFTX	39.69	
12	Reed, Finley	12	Perth City	39.77	
13	Johnstone, Kai	13	WFTX	39.77	
14	Wilson, Jet	12	Cumbernauld	39.87	
15	Montgomery, Austin	12	Cumbernauld	40.85	
16	Sui, Samuel	12	Co Glasgow	41.83	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025					Psych Sheet				
12-13...(#204 Boys 50 SC Meter Backstroke)					15	Martin, Evelyn	11	Co Glasgow	47.62
17	Weightman, Daniel	13	Rutherglen	42.75	16	Taylor, Katie	10	WFTX	48.69
18	Bradley, Luke	12	WFTX	43.18	17	Walker, Anna	10	WFTX	49.73
19	Lumsden, Matthew	13	Scotia	44.12	18	Patterson, Bethany	11	Perth City	50.66
20	Crossan, Logan	12	WFTX	46.31	19	Kirkpatrick, Ella	9	WFTX	51.07
21	Blaszkievicz, Daniel	13	WFTX	46.42	20	Roberts, Sophia	11	WFTX	51.53
22	Hind, Daniel	12	WFTX	46.76	21	Campbell, Jessica	8	Co Glasgow	52.18
23	Boutin, Angus	13	Rutherglen	46.96	22	McVeigh, Olive	10	Kingston	52.36
24	Garner, Paul Cameron	12	WFTX	48.00	23	Cunningham, Evie	10	Rutherglen	52.54
14-15					24	Leishman, Elsie	9	WFTX	53.20
1	Vandermeulen, Fraser	15	StirlingSwim	29.00	25	Cairns, Georgia	11	WFTX	54.79
2	Russell, Aaron	15	Bellshill	30.33	26	MacLeod, Abby	9	WFTX	54.82
3	Merrick, Adam	15	Cumbernauld	30.33	27	Wallace, Isabelle	11	Rutherglen	54.90
4	Steven, Eliot	15	Fauldhouse	30.51	28	Steel, Ellie	11	WFTX	55.72
5	Moffitt, Logan	14	StirlingSwim	30.63	29	McDonald, Sofia	11	Kingston	56.00
6	Leisegang, Mathew	15	Menzieshill	31.29	30	Willock, Ailsa	10	WFTX	1:04.50
7	Murray, Adam	15	Bellshill	31.66	12-13				
8	Kuklinek, Sebastian	14	WFTX	31.66	1	Broadley, Cara	13	StirlingSwim	33.41
9	Jackson, Luke	14	Perth City	32.10	2	Ferris, Meghan	13	Cumbernauld	33.45
10	Jasinskis, Danila	14	WFTX	32.21	3	Siebers, Imogen	13	Fauldhouse	33.69
11	Ruddy, Josh	15	StirlingSwim	32.60	4	Glendinning, Penny	13	Kingston	35.36
12	McNaught, Connor	15	WFTX	33.58	5	Walker, Holly	12	Cumbernauld	35.70
13	Jasinskis, Nikita	14	WFTX	33.68	6	Raymond, Sian	13	WFTX	36.88
14	Watson, Leo	14	Menzieshill	33.75	7	Morrison, Kayla	12	StirlingSwim	37.66
15	Morrison, Jack	14	Cumbernauld	33.79	8	Bennett, Paige	13	Cumbernauld	37.83
16	Ridler, Harry	14	Perth City	34.72	9	Quince, Isla	13	Menzieshill	38.16
17	Glen, Luke	15	Co Glasgow	35.22	10	Robertson, Aimee	12	Cumbernauld	39.00
18	Griffin, Riley	15	Cumbernauld	35.63	11	Nicolson, Ailsa	13	Scotia	40.88
19	Russell, Blair	14	Bellshill	35.67	12	McLernon, Orla	12	Cumbernauld	41.66
20	Macnaughton, Harry	14	Perth City	36.10	13	Cook, Stella	13	Co Glasgow	42.86
21	Blaszkievicz, Andrzej	15	WFTX	36.59	14	Chisholm, Leena	13	WFTX	43.08
22	Martin, Harry	14	Perth City	37.00	15	O'Neill, Lily-Anne	13	Menzieshill	43.15
16 & Over					16	Rice, Hannah	13	WFTX	44.15
1	Morris, Magnus	17	StirlingSwim	27.95	17	Ainslie, Megan	12	Co Glasgow	44.22
2	Pearson, Ruben	16	Bellshill	28.67	18	Smith, Emma	12	WFTX	45.40
3	Hill, Adam	17	StirlingSwim	29.70	19	Clemence, Kendi	12	Co Glasgow	46.31
4	Tinch, Alex	16	StirlingSwim	30.00	20	Hall, Elise	12	WFTX	46.59
5	Mocci, Christopher	16	Menzieshill	30.21	21	Boumeghadia, Merieme	12	Co Glasgow	47.00
6	Stewart, James	17	Scotia	30.87	22	Craig, Aubree	12	Menzieshill	47.15
7	Schiff-Abels, Raphael	16	WFTX	30.94	23	Craciun, Natalia	12	Co Glasgow	47.21
8	Ferguson, Callum	16	Rutherglen	31.64	24	Smith, Eva	12	WFTX	47.44
9	Schiff-Abels, Nathanael	16	WFTX	32.44	25	Maguire, Eva	12	Cumbernauld	47.66
10	Finlay, Nathan	17	WFTX	32.89	26	Gibson, Zara	13	WFTX	47.79
11	Meulemans, Isaak	16	Co Glasgow	33.78	27	Pringle, Emma	13	Rutherglen	47.82
Event 205 Girls 50 SC Meter Backstroke					28	Finlay, Louisa	13	StirlingSwim	49.57
Name	Age	Team	Seed	Time	14-15				
11 & Under					1	Renfrew, Grace	14	Perth City	30.09
1	Pyper, Myla	11	Perth City	38.85	2	Dickson, Kaysey	15	Rutherglen	32.30
2	Redmond, Summer	11	Fauldhouse	40.63	3	Mann, Ksenia	14	Menzieshill	33.11
3	McNaughton, Zara	11	Menzieshill	42.75	4	Henderson, Abbey	14	Rutherglen	33.66
4	McFarland, Chloe	11	Co Glasgow	42.89	5	MacEachen, Martha	14	Scotia	33.76
5	Lewin, Isabella	10	Co Glasgow	42.89	6	Blair, Grace	14	WFTX	33.87
6	Macleod, Isla	11	WFTX	43.02	7	Melville, Sienna	15	StirlingSwim	34.30
7	Smith, Imogen	10	Perth City	43.25	8	Dobson, Amy	14	Kingston	34.50
8	McFarlane, Anna	10	Rutherglen	43.84	9	Shepherd, Alex	15	Cumbernauld	34.82
9	Chesser, Lauren	11	Co Glasgow	44.26	10	Barbary, Ellen	15	Co Glasgow	35.21
10	MacNab, Tara	11	WFTX	44.57	11	Russell, Olivia	15	Cumbernauld	35.35
11	Godding, Thea	11	WFTX	46.08	12	McKie, Zoe	15	WFTX	35.40
12	Brunton, Rosie	11	Perth City	46.49	13	Scott, Katie	14	Perth City	35.69
13	Robertson, Susanna	10	Co Glasgow	47.47	14	Steele, Ava	14	WFTX	35.77
14	Sedik, Amira	11	WFTX	47.51	15	McCreadie, Amy	15	Bellshill	36.63

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

14-15...(#205 Girls 50 SC Meter Backstroke)

16	Russell, Zoe	15	WFTX	36.98	
17	MacNeill, Mairi	14	Perth City	37.34	
18	Stewart, Holly	15	Scotia	37.80	
19	Steventon, Jaime	15	Cumbernauld	37.90	
20	Gadsden, Sarah	15	StirlingSwim	38.41	
21	Draper, Isla	15	StirlingSwim	38.73	
22	Singh, Ekavira	14	Scotia	39.13	
23	McDonald, Olivia	14	Kingston	39.15	
24	Lindsay, Aniston	14	WFTX	39.85	
25	Clark, Natasha	15	Rutherglen	40.44	Alt
26	Stanners Dick, Lucy	15	WFTX	40.88	Alt
27	Duncan, Gabriela	15	Kingston	42.29	Alt

16 & Over

1	Crawford, Zoe	17	WFTX	30.48	
2	Henderson, Iona	17	Rutherglen	31.60	
3	Frame, Caitlin	17	WFTX	32.50	
4	Kellas, Lucy	16	Bellshill	33.26	
5	Hart, Kiera	18	Scotia	33.64	
6	Chambers, Emma	17	Cumbernauld	34.91	
7	McGinlay, Sophia	16	Cumbernauld	35.02	
8	Hislop, Amy	16	Fauldhouse	35.07	
9	Pringle, Chloe	16	Rutherglen	35.95	Alt

Event 206 Boys 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Kalamakis, Nikiforos	11	Co Glasgow	3:14.24	
2	McGregor, Mitchell	11	Perth City	3:27.97	
3	Dow, Harry	11	Perth City	3:34.72	
4	McMahon, Leo	11	Perth City	3:38.86	
5	MacDonald, Oliver	11	Perth City	3:53.54	
6	Davidson, Findlay	10	Perth City	4:08.32	
7	Tawse, Callen	9	Menzieshill	4:23.77	

12-13

1	Rawding, Kyle	13	WFTX	2:55.70	
2	Khan, Mohammad	13	Co Glasgow	3:06.15	
3	Carver, Nico	13	Menzieshill	3:06.98	
4	Martin, Kyle	12	Co Glasgow	3:07.12	
5	Roddie, Ethan	12	Co Glasgow	3:18.01	
6	Lawson, Archie	13	StirlingSwim	3:18.09	
7	Lamb, Caleb	12	Cumbernauld	3:39.62	
8	Cittadini, Luca	13	Kingston	4:05.29	
9	Turner, Marcus	13	Kingston	4:11.80	
10	Robinson, Aaran	13	WFTX	NT	

14-15

1	Collins, Ethan	15	StirlingSwim	2:24.98	
2	Moffitt, Logan	14	StirlingSwim	2:41.77	
3	Leisegang, Mathew	15	Menzieshill	2:44.43	
4	Higney, Jack	14	Cumbernauld	2:45.65	
5	Griffin, Riley	15	Cumbernauld	2:49.78	
6	McNaught, Connor	15	WFTX	2:56.79	
7	Wilson, Caleb	14	StirlingSwim	3:01.40	
8	Wang, Zi Han	14	Co Glasgow	3:05.82	
9	Nelson, Ruairidh	15	Scotia	3:10.29	
10	Alexander, Ethan	14	Co Glasgow	3:11.76	
11	Chen, Rick	14	Co Glasgow	3:18.54	
12	Waller, Zack	14	WFTX	3:25.33	
13	Stewart, Gabriel	14	StirlingSwim	4:05.79	

16 & Over

1	Vandermeulen, Logan	17	StirlingSwim	2:30.36	
2	Brown, Ciaran	16	Co Glasgow	2:38.71	

3	Singh, Eklavya	17	Scotia	2:39.80	
4	Byrne, Finlay	16	WFTX	2:45.20	
5	Nixon, Aidan	18	Bellshill	2:48.40	

Event 207 Girls 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Macleod, Isla	11	WFTX	3:25.33	
2	Taylor, Abi	11	Perth City	3:42.41	
3	Smith, Imogen	10	Perth City	3:45.20	
4	Montgomery, Annabelle	11	Perth City	3:54.18	
5	Lumsden, Anna	11	Scotia	3:56.01	Alt
6	Ferrario, Sophia	11	WFTX	4:09.16	Alt

12-13

1	Shanks, Charlotte	13	Bellshill	2:58.99	
2	Paterson, Emma	13	Co Glasgow	3:04.29	
3	Walsh, Eilidh	13	Rutherglen	3:09.64	
4	Keddie, Sandie	13	Cumbernauld	3:10.14	
5	Haining, Sophie	13	Bellshill	3:10.96	
6	Lumsden, Grace	13	Scotia	3:11.27	
7	Gemmell, Isabella	13	WFTX	3:15.80	
8	Martin, Molly	13	Co Glasgow	3:26.41	
9	Maguire, Eva	12	Cumbernauld	3:27.81	
10	Cussons, Amelie	13	Co Glasgow	3:32.30	
11	Fleming, Grace	12	Co Glasgow	3:33.12	
12	Chisholm, Lois	12	StirlingSwim	3:37.55	
13	Parker, Mila	12	Perth City	3:38.65	
14	Donald, Kaitlin	12	Menzieshill	3:48.67	
15	Ferrario, Amelia	12	WFTX	3:50.00	Alt
16	Dickie, Sarah	13	Cumbernauld	4:29.07	Alt

14-15

1	Semple, Chloe	15	Rutherglen	2:53.15	
2	Cowling, Lara	14	Perth City	3:05.43	
3	McCreadie, Amy	15	Bellshill	3:05.63	
4	Reid, Eilidh	15	Co Glasgow	3:05.95	
5	Taylor, Florence	14	Co Glasgow	3:09.51	
6	Pavlakos-Zinsstag, Charlotte	14	Co Glasgow	3:11.03	
7	Hanlon, Ellie	14	WFTX	3:14.76	
8	Griffin, Zoe	14	Cumbernauld	3:18.47	
9	Kennedy, Caitlin	15	WFTX	3:27.94	Alt
10	Turner, Amelia	15	Kingston	3:36.56	Alt

16 & Over

1	Carty, Maci	16	Fauldhouse	2:49.30	
2	Wilson, Allanah	16	Bellshill	2:49.61	
3	Chambers, Emma	17	Cumbernauld	2:54.65	
4	Hart, Kiera	18	Scotia	2:55.30	
5	McLeod, Lucy	17	WFTX	2:56.09	
6	Watson, Katie	17	Co Glasgow	2:57.00	
7	Weir, Victoria	16	WFTX	2:57.30	
8	Henderson, Iona	17	Rutherglen	2:58.42	
9	Prygiel, Amelia	16	Bellshill	3:01.00	
10	McNeill, Natasha	16	Rutherglen	3:07.14	

Event 208 Boys 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	
11 & Under					
1	Slizowski, Piotr	11	Co Glasgow	1:13.08	
2	Graham, Noah	11	Co Glasgow	1:15.96	
3	Goold, Tyler	11	Co Glasgow	1:16.27	
4	Reilly, Oscar	11	Perth City	1:16.35	
5	MacDonald, Jamie	11	Co Glasgow	1:16.97	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

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11 & Under...(#208 Boys 100 SC Meter Freestyle)

6	Reilly, Isaac	11	WFTX	1:22.28	
7	Allan, Conor	10	Menzieshill	1:22.47	
8	Dissake, Noah	11	Co Glasgow	1:22.65	
9	Watson, Edward	11	WFTX	1:22.75	
10	Dalglish, Finlay	11	Menzieshill	1:23.41	
11	McMahon, Leo	11	Perth City	1:23.44	
12	Slizowski, Filip	10	Co Glasgow	1:24.75	
13	Grindlay, Lewis	10	WFTX	1:24.98	
14	MacDonald, Oliver	11	Perth City	1:25.12	
15	McGuire, Kieran	10	WFTX	1:25.37	
16	Davidson, Findlay	10	Perth City	1:25.80	
17	Thomson, Ollie	9	WFTX	1:27.84	Alt
18	Hatkar, Dhairya	9	Rutherglen	1:28.70	Alt
19	Hanlon, Leo	9	WFTX	1:29.85	Alt

12-13

1	McColgan, Charlie	13	Co Glasgow	1:01.61	
2	Stevenson, Ruairidh	13	WFTX	1:01.65	
3	Letham, Daniel	13	Cumbernauld	1:02.44	
4	Basketter, Jensen	13	Co Glasgow	1:03.40	
5	Lawson, Archie	13	StirlingSwim	1:03.57	
6	Todd, Luke	13	WFTX	1:03.79	
7	Hendry, Andrew	13	Scotia	1:04.54	
8	Naismith, Kieran	13	Bellshill	1:05.51	
9	Chesser, Callan	13	Co Glasgow	1:06.08	
10	McLeod, Oran	13	WFTX	1:07.20	
11	Rawding, Kyle	13	WFTX	1:07.33	
12	Carver, Nico	13	Menzieshill	1:07.44	
13	Tinch, Nicky	12	StirlingSwim	1:08.32	
14	Martin, Kyle	12	Co Glasgow	1:09.64	
15	Cittadini, Luca	13	Kingston	1:09.71	
16	Martin, Kerr	12	Co Glasgow	1:09.88	
17	McEwan, Samuel	13	Cumbernauld	1:11.31	
18	Khan, Mohammad	13	Co Glasgow	1:11.42	
19	Allan, Brody	12	Menzieshill	1:11.45	
20	Yeaman, Alex	12	Perth City	1:11.66	
21	Grajciar, David	12	WFTX	1:11.81	
22	Reed, Finley	12	Perth City	1:11.91	
23	Lumsden, Matthew	13	Scotia	1:14.11	
24	Crook, Brodie	12	WFTX	1:14.44	
25	Roddie, Ethan	12	Co Glasgow	1:14.75	Alt
26	Johnstone, Kai	13	WFTX	1:14.87	Alt
27	Montgomery, Austin	12	Cumbernauld	1:15.16	Alt

14-15

1	Neilson, Euan	15	Cumbernauld	56.60	
2	Russell, Aaron	15	Bellshill	57.10	
3	Vandermeulen, Fraser	15	StirlingSwim	57.60	
4	Struzik, Callum	15	Bellshill	57.71	
5	Steven, Eliot	15	Fauldhouse	58.04	
6	Innes, Lucas	15	Fauldhouse	59.07	
7	Thomson, Stuart	14	Perth City	59.66	
8	Ruddy, Josh	15	StirlingSwim	59.92	
9	Vasilyos, Alexandru	14	Cumbernauld	1:00.28	
10	Adam, Tearlach	14	Perth City	1:00.28	
11	Morrison, Jack	14	Cumbernauld	1:00.60	
12	Martin, Harry	14	Perth City	1:02.13	
13	Murray, Adam	15	Bellshill	1:03.14	
14	Ridler, Harry	14	Perth City	1:03.53	
15	Watson, Leo	14	Menzieshill	1:03.97	
16	Niemiec, Franek	14	WFTX	1:04.00	
17	Glen, Luke	15	Co Glasgow	1:04.10	
18	Meulemans, Nikodemos	14	Co Glasgow	1:04.40	

19	Kuklinek, Sebastian	14	WFTX	1:04.94	Alt
20	Jasinskis, Nikita	14	WFTX	1:06.21	Alt
21	Adam, Coinneach	15	Perth City	1:06.75	Alt

16 & Over

1	Morris, Magnus	17	StirlingSwim	51.40	
2	Vandermeulen, Logan	17	StirlingSwim	51.80	
3	Vandermeulen, Grier	19	StirlingSwim	52.35	
4	Pearson, Ruben	16	Bellshill	55.10	
5	Tinch, Alex	16	StirlingSwim	55.80	
6	Hill, Adam	17	StirlingSwim	56.08	
7	Ferguson, Callum	16	Rutherglen	57.64	
8	Campbell, Keir	16	WFTX	57.92	
9	Byrne, Finlay	16	WFTX	58.79	
10	Singh, Eklavya	17	Scotia	59.54	
11	Finlay, Nathan	17	WFTX	59.88	
12	Schiff-Abels, Nathanael	16	WFTX	59.95	
13	Mocci, Christopher	16	Menzieshill	1:00.30	
14	Schiff-Abels, Raphael	16	WFTX	1:00.30	
15	Shaw, Jack	16	Bellshill	1:00.51	Alt
16	Stewart, James	17	Scotia	1:01.93	Alt

Event 209 Girls 100 SC Meter Freestyle

Name	Age	Team	Seed Time
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11 & Under

1	Pyper, Myla	11	Perth City	1:20.50	
2	McFarland, Chloe	11	Co Glasgow	1:20.96	
3	McNaughton, Zara	11	Menzieshill	1:20.98	
4	Macleod, Isla	11	WFTX	1:21.43	
5	Lewin, Isabella	10	Co Glasgow	1:21.97	
6	MacNab, Tara	11	WFTX	1:22.05	
7	Redmond, Summer	11	Fauldhouse	1:24.46	
8	Chesser, Lauren	11	Co Glasgow	1:25.51	
9	Macintyre, Maisie	11	Fauldhouse	1:26.93	
10	Robertson, Susanna	10	Co Glasgow	1:27.27	
11	Godding, Thea	11	WFTX	1:28.44	
12	Stirling, Keira	11	WFTX	1:31.17	
13	Cairns, Georgia	11	WFTX	1:31.39	
14	Taylor, Abi	11	Perth City	1:31.58	
15	Patterson, Bethany	11	Perth City	1:32.22	
16	Walker, Anna	10	WFTX	1:32.33	Alt
17	McFarlane, Anna	10	Rutherglen	1:32.60	Alt
18	Brunton, Rosie	11	Perth City	1:32.60	Alt

12-13

1	Paterson, Emma	13	Co Glasgow	1:03.96	
2	Ferris, Meghan	13	Cumbernauld	1:04.88	
3	Keddie, Sandie	13	Cumbernauld	1:06.09	
4	Broadley, Cara	13	StirlingSwim	1:06.28	
5	Siebers, Imogen	13	Fauldhouse	1:06.83	
6	Gemmell, Isabella	13	WFTX	1:07.36	
7	Raymond, Sian	13	WFTX	1:09.21	
8	McLachlan, Phoebe	13	Cumbernauld	1:09.25	
9	Paintin, Josephine	12	Co Glasgow	1:09.28	
10	Glendinning, Penny	13	Kingston	1:09.31	
11	Morrison, Kayla	12	StirlingSwim	1:10.12	
12	Bennett, Paige	13	Cumbernauld	1:10.68	
13	Quince, Isla	13	Menzieshill	1:11.70	
14	McLernon, Orla	12	Cumbernauld	1:11.98	
15	Brolly, Khloe	13	Fauldhouse	1:12.09	
16	Hughes, Erin	13	Co Glasgow	1:12.65	
17	Robertson, Aimee	12	Cumbernauld	1:12.91	
18	Nicolson, Ailsa	13	Scotia	1:12.93	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

12-13...(#209 Girls 100 SC Meter Freestyle)

19	Walker, Holly	12	Cumbernauld	1:13.25	
20	Chisholm, Lois	12	StirlingSwim	1:13.75	
21	McClements, Victoria	13	Perth City	1:13.75	
22	Whyte, Gabi	12	Perth City	1:14.25	
23	Steven, Sadie	12	Fauldhouse	1:17.06	
24	Cussons, Amelie	13	Co Glasgow	1:17.51	
25	McVeigh, Penelope	12	Kingston	1:17.63	
26	Birrell, Emma	12	Co Glasgow	1:18.03	
27	Wesierska, Konstancja	12	Fauldhouse	1:19.31	
28	MacDonald, Millie	13	Co Glasgow	1:19.65	
29	Parker, Mila	12	Perth City	1:20.65	
30	Ainslie, Megan	12	Co Glasgow	1:20.90	
31	Fleming, Grace	12	Co Glasgow	1:21.61	Alt
32	Chisholm, Leena	13	WFTX	1:21.71	Alt
33	Stewart, Ava-Lily	13	WFTX	1:22.00	Alt

14-15

1	Renfrew, Grace	14	Perth City	1:02.54	
2	Melville, Sienna	15	StirlingSwim	1:02.93	
3	Dickson, Kaysey	15	Rutherglen	1:03.09	
4	Renfrew, Alice	14	Perth City	1:04.20	
5	Semple, Chloe	15	Rutherglen	1:04.37	
6	Shepherd, Alex	15	Cumbernauld	1:05.07	
7	Pettigrew, Ava	14	Cumbernauld	1:05.54	
8	Scott, Niamh	15	Co Glasgow	1:05.71	
9	Russell, Olivia	15	Cumbernauld	1:05.77	
10	Scott, Katie	14	Perth City	1:05.87	
11	Henderson, Abbey	14	Rutherglen	1:06.10	
12	Henderson, Niamh	15	Rutherglen	1:06.17	
13	Melville, Makena	14	StirlingSwim	1:06.32	
14	Steventon, Jaime	15	Cumbernauld	1:07.20	
15	MacNeill, Mairi	14	Perth City	1:07.34	
16	Crampin, Lucy	15	StirlingSwim	1:07.75	
17	McCreadie, Amy	15	Bellshill	1:08.07	
18	Steele, Ava	14	WFTX	1:08.23	
19	Gibson, Eva	14	Cumbernauld	1:08.92	
20	Stewart, Holly	15	Scotia	1:09.14	
21	McKie, Zoe	15	WFTX	1:09.40	
22	Thomson, Alicia	15	Cumbernauld	1:09.58	
23	Gadsden, Sarah	15	StirlingSwim	1:09.59	Alt
24	Blair, Grace	14	WFTX	1:09.68	Alt
25	Cowling, Lara	14	Perth City	1:10.14	Alt

16 & Over

1	Frame, Caitlin	17	WFTX	1:00.10	
2	Ferris, Eireann	16	Cumbernauld	1:00.40	
3	McCormack, Keisha	19	Scotia	1:02.64	
4	Winton, Gabriella	19	StirlingSwim	1:03.06	
5	McLeod, Lucy	17	WFTX	1:03.50	
6	McGinlay, Sophia	16	Cumbernauld	1:04.17	Alt
7	Weir, Victoria	16	WFTX	1:04.83	Alt

Event 301 Girls 200 SC Meter IM

	Name	Age	Team	Seed Time
11 & Under				
1	Suri, Amelia	10	Co Glasgow	3:09.21
2	Pyper, Myla	11	Perth City	3:12.03
3	Paterson, Amber	11	StirlingSwim	3:21.85
4	Smith, Imogen	10	Perth City	3:22.83
5	Zhao, Helen	10	Co Glasgow	3:27.23
6	Godding, Thea	11	WFTX	3:30.37
7	Brunton, Rosie	11	Perth City	3:32.18
8	Taylor, Katie	10	WFTX	3:33.05

9	Walker, Anna	10	WFTX	3:34.07	
10	Steel, Ellie	11	WFTX	3:35.87	
11	Ferrario, Sophia	11	WFTX	3:36.61	
12	Mitchell, Scarlett	9	WFTX	3:39.25	
13	Patterson, Bethany	11	Perth City	3:39.62	
14	Stirling, Keira	11	WFTX	3:41.68	Alt
15	Taylor, Abi	11	Perth City	3:42.87	Alt

12-13

1	Maling, Rebecca	13	Bellshill	2:33.20	
2	Rimmer, Amy	13	Bellshill	2:37.78	
3	Ferris, Meghan	13	Cumbernauld	2:37.90	
4	Raymond, Sian	13	WFTX	2:38.65	
5	Paterson, Emma	13	Co Glasgow	2:44.47	
6	Broadley, Cara	13	StirlingSwim	2:44.62	
7	Shanks, Charlotte	13	Bellshill	2:44.63	
8	Gemmell, Isabella	13	WFTX	2:46.72	
9	Haining, Sophie	13	Bellshill	2:47.09	
10	Keddie, Sandie	13	Cumbernauld	2:47.85	
11	Paintin, Josephine	12	Co Glasgow	2:48.11	
12	Siebers, Imogen	13	Fauldhouse	2:51.75	
13	Bennett, Paige	13	Cumbernauld	2:55.74	
14	Walsh, Eilidh	13	Rutherglen	2:56.57	
15	Walker, Holly	12	Cumbernauld	2:57.32	
16	Archbold, Kardelen	13	StirlingSwim	2:59.54	Alt
17	Glendinning, Penny	13	Kingston	3:00.49	Alt
18	Robertson, Aimee	12	Cumbernauld	3:00.51	Alt
19	Hardie, Keeva	13	WFTX	3:02.33	Alt

14-15

1	Semple, Chloe	15	Rutherglen	2:32.00	
2	Mann, Ksenia	14	Menzieshill	2:37.47	
3	Russell, Olivia	15	Cumbernauld	2:38.16	
4	Shepherd, Alex	15	Cumbernauld	2:40.53	
5	McGovern, Lucy	14	Kingston	2:41.91	
6	Pettigrew, Ava	14	Cumbernauld	2:43.18	
7	Thomson, Alicia	15	Cumbernauld	2:45.74	
8	McKie, Zoe	15	WFTX	2:47.34	
9	MacNeill, Mairi	14	Perth City	2:50.84	
10	Lafferty, Jessica	14	Bellshill	2:50.86	
11	Dempsey, Ava	14	Co Glasgow	2:52.13	
12	Draper, Isla	15	StirlingSwim	2:53.40	
13	Stevenson, Isla	14	Bellshill	2:54.71	
14	Gibson, Eva	14	Cumbernauld	2:55.52	
15	Duncan, Libby	14	Menzieshill	2:58.68	Alt
16	Griffin, Zoe	14	Cumbernauld	2:58.91	Alt
17	Collingwood, Isobel	15	Scotia	2:59.45	Alt

16 & Over

1	Carty, Maci	16	Fauldhouse	2:29.92	
2	Barton, Millie	16	Bellshill	2:32.70	
3	Wilson, Allanah	16	Bellshill	2:33.57	
4	Greig, Keira	16	Fauldhouse	2:35.04	
5	Watson, Katie	17	Co Glasgow	2:38.82	
6	McGinlay, Sophia	16	Cumbernauld	2:41.36	
7	McLeod, Lucy	17	WFTX	2:41.79	
8	Weir, Victoria	16	WFTX	2:42.21	
9	Falconer, Erin	18	Bellshill	2:43.02	
10	Fairbairn, Shona	18	Fauldhouse	2:44.37	
11	Prygiel, Amelia	16	Bellshill	2:48.92	
12	Hislop, Amy	16	Fauldhouse	2:52.94	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

Event 302 Boys 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	
11 & Under...(#302 Boys 50 SC Meter Breaststroke)					
1	McGregor, Mitchell	11	Perth City	46.29	
2	MacDonald, Jamie	11	Co Glasgow	47.21	
3	Dow, Harry	11	Perth City	47.38	
4	MacDonald, Oliver	11	Perth City	48.55	
5	McGuire, Kieran	10	WFTX	48.66	
6	Dissake, Noah	11	Co Glasgow	49.85	
7	Reilly, Isaac	11	WFTX	51.29	
8	Hatkar, Dhairya	9	Rutherglen	53.06	
9	Grindlay, Lewis	10	WFTX	53.31	
10	Brammer, Jack	9	Rutherglen	53.69	
11	Shaw, Kieran	11	WFTX	54.11	
12	Cunnion, Zack	10	WFTX	54.99	
13	Graham, Zach	10	Co Glasgow	55.05	
14	Nisbet, Joseph	9	WFTX	55.36	
15	Slizowski, Filip	10	Co Glasgow	58.07	
16	MacLeod, Jack	11	WFTX	58.47	
17	Laird, Thomas	10	WFTX	59.85	
18	Watt, Murray	11	StirlingSwim	1:00.58	
19	Bridge, Matthew	8	WFTX	1:05.92	
20	Benedetti Rankine, Hunter	10	Kingston	1:08.14	
21	Juhasz, Zeke	9	Co Glasgow	1:12.27	
22	Schiff-Abels, Daniel	9	WFTX	1:27.25	Alt

12-13

1	Tinch, Nicky	12	StirlingSwim	38.56	
2	Rawding, Kyle	13	WFTX	39.15	
3	McColgan, Charlie	13	Co Glasgow	40.31	
4	Lawson, Archie	13	StirlingSwim	40.87	
5	Crawford, Eli	12	Scotia	43.81	
6	Lumsden, Matthew	13	Scotia	43.90	
7	Grajciar, David	12	WFTX	44.29	
8	Roddie, Ethan	12	Co Glasgow	45.12	
9	Crook, Brodie	12	WFTX	46.40	
10	Paterson, Harris	13	StirlingSwim	48.29	
11	Johnstone, Kai	13	WFTX	49.65	
12	Weir, James	12	WFTX	49.82	
13	Weightman, Daniel	13	Rutherglen	52.45	
14	Turner, Marcus	13	Kingston	52.47	
15	Montgomery, Austin	12	Cumbernauld	52.67	
16	Garner, Paul Cameron	12	WFTX	54.52	
17	Redpath, Gillen	12	Rutherglen	54.90	
18	Hind, Daniel	12	WFTX	59.03	
19	McNicol, Owen	13	WFTX	59.60	Alt
20	Waller, Jake	13	WFTX	1:08.76	Alt
21	Blaszkiewicz, Daniel	13	WFTX	1:09.39	Alt

14-15

1	Small, Lochlan	15	StirlingSwim	29.70	
2	Collins, Ethan	15	StirlingSwim	31.10	
3	Vandermeulen, Fraser	15	StirlingSwim	31.70	
4	Griffin, Riley	15	Cumbernauld	33.34	
5	Leisegang, Mathew	15	Menzieshill	33.65	
6	Cardie, Caelan	15	StirlingSwim	35.07	
7	Thomson, Stuart	14	Perth City	35.34	
8	Higney, Jack	14	Cumbernauld	35.42	
9	Morrison, Jack	14	Cumbernauld	35.69	
10	Ruddy, Josh	15	StirlingSwim	36.04	
11	Struzik, Callum	15	Bellshill	36.13	
12	Steven, Eliot	15	Fauldhouse	37.12	

13	Niemiec, Franek	14	WFTX	37.45	
14	Murray, Adam	15	Bellshill	38.23	
15	Martin, Harry	14	Perth City	38.53	
16	Alexander, Ethan	14	Co Glasgow	39.43	
17	Adam, Coinneach	15	Perth City	39.54	
18	Boyce, Harry	15	Cumbernauld	39.72	
19	Lyon, Adam	14	Fauldhouse	40.00	
20	Jasinskis, Danila	14	WFTX	40.03	
21	Archibald, Oliver	14	StirlingSwim	40.34	
22	Russell, Blair	14	Bellshill	41.35	
23	Kuklinek, Sebastian	14	WFTX	41.98	Alt
24	Waller, Zack	14	WFTX	42.72	Alt
25	Glen, Luke	15	Co Glasgow	47.66	Alt
26	Chen, Rick	14	Co Glasgow	49.22	Alt
27	Connor, Dylan	14	Cumbernauld	49.29	Alt

16 & Over

1	Vandermeulen, Logan	17	StirlingSwim	30.22	
2	Byrne, Finlay	16	WFTX	31.60	
3	McCavish, Aidan	17	WFTX	31.80	
4	Brown, Ciaran	16	Co Glasgow	32.42	
5	Shaw, Jackson	17	Menzieshill	32.45	
6	Singh, Eklavya	17	Scotia	32.70	
7	Crawford, Joe	16	Scotia	33.30	
8	Nixon, Aidan	18	Bellshill	34.10	
9	Pearson, Ruben	16	Bellshill	34.16	
10	Morris, Magnus	17	StirlingSwim	34.30	
11	Mowat, Luke	16	Cumbernauld	40.34	

Event 303 Girls 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Pyper, Myla	11	Perth City	45.94	
2	Lumsden, Anna	11	Scotia	46.46	
3	Zhao, Helen	10	Co Glasgow	46.67	
4	Brunton, Rosie	11	Perth City	47.90	
5	Smith, Imogen	10	Perth City	48.25	
6	Chesser, Lauren	11	Co Glasgow	49.60	
7	Taylor, Abi	11	Perth City	49.88	
8	Montgomery, Annabelle	11	Perth City	50.06	
9	Robertson, Susanna	10	Co Glasgow	52.01	
10	Macintyre, Maisie	11	Fauldhouse	52.48	
11	Cairns, Georgia	11	WFTX	52.58	
12	MacNab, Tara	11	WFTX	52.67	
13	Martin, Evelyn	11	Co Glasgow	53.00	
14	Kirkpatrick, Ella	9	WFTX	53.13	
15	McFarlane, Anna	10	Rutherglen	53.37	
16	Lewin, Isabella	10	Co Glasgow	53.57	
17	Goddling, Thea	11	WFTX	53.72	
18	Cunningham, Evie	10	Rutherglen	54.58	
19	Stirling, Keira	11	WFTX	56.07	
20	Batwaula, Orlaith	9	Perth City	56.35	
21	Taylor, Katie	10	WFTX	56.48	Alt
22	Stevenson, Carmen	11	Kingston	57.67	Alt
23	Sedik, Amira	11	WFTX	58.41	Alt

12-13

1	Lumsden, Grace	13	Scotia	39.97	
2	Morrison, Kayla	12	StirlingSwim	42.31	
3	Parker, Mila	12	Perth City	42.45	
4	Archbold, Kardelen	13	StirlingSwim	42.64	
5	Whyte, Gabi	12	Perth City	44.72	
6	Mitchell, Sophie	12	WFTX	46.51	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

12-13...(#303 Girls 50 SC Meter Breaststroke)

7	Hardie, Keeva	13	WFTX	46.70	
8	Armour, Abigail	12	WFTX	47.73	
9	Ainslie, Megan	12	Co Glasgow	47.80	
10	Hopkins, Niamh	12	WFTX	48.14	
11	O'Neill, Lily-Anne	13	Menzieshill	48.38	
12	MacDonald, Millie	13	Co Glasgow	49.03	
13	Gibson, Zara	13	WFTX	49.12	
14	Smith, Eva	12	WFTX	50.00	
15	McClements, Victoria	13	Perth City	50.04	
16	Stewart, Ava-Lily	13	WFTX	50.29	
17	Watt, Isla	12	StirlingSwim	51.04	
18	Clemence, Kendi	12	Co Glasgow	51.42	
19	Boumeghadia, Merieme	12	Co Glasgow	51.57	
20	Barrett, Chloe	13	Co Glasgow	51.73	
21	Carson, Mairi-Louise	12	Kingston	53.35	
22	Harvey, Millie	12	Menzieshill	53.41	Alt
23	Kidd, Kourtney	13	Cumbernauld	53.50	Alt
24	Craciun, Natalia	12	Co Glasgow	54.74	Alt
25	Toms, Ellie	13	WFTX	54.83	Alt

14-15

1	Mann, Ksenia	14	Menzieshill	35.31	
2	Russell, Olivia	15	Cumbernauld	37.00	
3	Dobson, Amy	14	Kingston	37.20	
4	Blair, Grace	14	WFTX	38.51	
5	McCreadie, Amy	15	Bellshill	38.63	
6	Cowling, Lara	14	Perth City	38.74	
7	Gaffney, Katie	15	Rutherglen	39.09	
8	Ware, Iris	15	Rutherglen	39.90	
9	McKie, Zoe	15	WFTX	40.01	
10	Steele, Ava	14	WFTX	40.40	
11	Gill, Amy	14	WFTX	40.95	
12	Crampin, Lucy	15	StirlingSwim	41.17	
13	Kennedy, Caitlin	15	WFTX	41.63	
14	Davies, Louisa	14	Scotia	42.52	
15	Duncan, Libby	14	Menzieshill	43.05	
16	Turner, Amelia	15	Kingston	43.52	
17	Griffin, Zoe	14	Cumbernauld	43.75	
18	Reid, Eilidh	15	Co Glasgow	44.66	
19	Gadsden, Sarah	15	StirlingSwim	45.77	
20	Blair, Millie	14	WFTX	47.42	
21	Stanners Dick, Lucy	15	WFTX	48.27	
22	Clemence, Keisha	14	Co Glasgow	52.52	Alt
23	Draper, Isla	15	StirlingSwim	56.68	Alt

16 & Over

1	Wilson, Allanah	16	Bellshill	33.90	
2	Weir, Victoria	16	WFTX	35.80	
3	Barton, Millie	16	Bellshill	36.90	
4	Chambers, Emma	17	Cumbernauld	37.37	
5	Watson, Katie	17	Co Glasgow	38.76	
6	Prygiel, Amelia	16	Bellshill	39.40	
7	Ferris, Eireann	16	Cumbernauld	39.46	
8	Crawford, Charis	17	Scotia	39.94	
9	Roberts, Niamh	16	Kingston	44.76	
10	Cuthbertson, Robyn	17	Scotia	47.37	

Event 304 Boys 200 SC Meter Freestyle

Name	Age	Team	Seed Time
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11 & Under

1	Slizowski, Piotr	11	Co Glasgow	2:37.08
2	Graham, Noah	11	Co Glasgow	2:42.76
3	Reilly, Oscar	11	Perth City	2:47.64

4	Goold, Tyler	11	Co Glasgow	2:53.24	
5	MacDonald, Jamie	11	Co Glasgow	2:58.31	
6	Liddle, Oscar	11	Co Glasgow	2:58.32	
7	Bennett, Zander	10	Rutherglen	2:59.30	
8	Dalglish, Finlay	11	Menzieshill	3:02.11	
9	Allan, Conor	10	Menzieshill	3:04.69	
10	Grindlay, Lewis	10	WFTX	3:06.97	Alt
11	MacDonald, Oliver	11	Perth City	3:18.40	Alt
12	Thomson, Ollie	9	WFTX	3:21.65	Alt

12-13

1	Letham, Daniel	13	Cumbernauld	2:13.58	
2	Basketter, Jensen	13	Co Glasgow	2:15.70	
3	Todd, Luke	13	WFTX	2:20.49	
4	McLeod, Oran	13	WFTX	2:22.71	
5	McColgan, Charlie	13	Co Glasgow	2:23.73	
6	Combe, Daniel	13	Perth City	2:24.44	
7	Hendry, Andrew	13	Scotia	2:24.76	
8	Lawson, Archie	13	StirlingSwim	2:25.55	
9	Chesser, Callan	13	Co Glasgow	2:25.82	
10	Martin, Kyle	12	Co Glasgow	2:29.64	
11	Martin, Kerr	12	Co Glasgow	2:33.17	
12	Grajciar, David	12	WFTX	2:34.94	Alt
13	Khan, Mohammad	13	Co Glasgow	2:36.47	Alt
14	Allan, Brody	12	Menzieshill	2:37.43	Alt

14-15

1	Small, Lochlan	15	StirlingSwim	1:56.64	
2	Bennett, Finlay	15	Rutherglen	2:05.68	
3	Neilson, Euan	15	Cumbernauld	2:05.80	
4	Russell, Aaron	15	Bellshill	2:06.27	
5	Merrick, Adam	15	Cumbernauld	2:08.60	
6	Thomson, Stuart	14	Perth City	2:08.93	
7	Vasilyos, Alexandru	14	Cumbernauld	2:14.16	
8	Niemiec, Franek	14	WFTX	2:16.13	
9	Ridler, Harry	14	Perth City	2:17.56	
10	Cardie, Caelan	15	StirlingSwim	2:18.22	
11	Allan, Ross	14	Perth City	2:19.41	
12	Higney, Jack	14	Cumbernauld	2:21.12	Alt
13	McNaught, Connor	15	WFTX	2:21.82	Alt
14	Wilson, Caleb	14	StirlingSwim	2:23.85	Alt

16 & Over

1	Ferguson, Jake	16	WFTX	2:03.47	
2	Campbell, Keir	16	WFTX	2:05.55	
3	Hill, Adam	17	StirlingSwim	2:08.82	
4	Craw, Lucas	16	Rutherglen	2:10.34	
5	Schiff-Abels, Raphael	16	WFTX	2:10.89	
6	Schiff-Abels, Nathanael	16	WFTX	2:10.98	
7	McCavish, Aidan	17	WFTX	2:11.67	
8	Crawford, Joe	16	Scotia	2:14.25	
9	Finlay, Nathan	17	WFTX	2:14.99	
10	McShane, Dylan	17	Co Glasgow	2:15.68	
11	Byrne, Finlay	16	WFTX	2:16.03	
12	Meulemans, Isaak	16	Co Glasgow	2:16.26	Alt
13	Nixon, Aidan	18	Bellshill	2:18.60	Alt

Event 305 Girls 200 SC Meter Freestyle

Name	Age	Team	Seed Time
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11 & Under

1	Redmond, Summer	11	Fauldhouse	3:00.92
2	Macintyre, Maisie	11	Fauldhouse	3:08.70
3	Patterson, Bethany	11	Perth City	3:16.01
4	Zhao, Helen	10	Co Glasgow	3:19.58

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

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11 & Under...(#305 Girls 200 SC Meter Freestyle)

5	Robertson, Susanna	10	Co Glasgow	3:25.14
6	Ferrario, Sophia	11	WFTX	3:33.05
7	Roberts, Sophia	11	WFTX	3:35.87
8	Kirkpatrick, Ella	9	WFTX	3:50.00

12-13

1	Paterson, Emma	13	Co Glasgow	2:18.78
2	Raymond, Sian	13	WFTX	2:26.00
3	Gemmell, Isabella	13	WFTX	2:27.68
4	McLachlan, Phoebe	13	Cumbernauld	2:30.45
5	Siebers, Imogen	13	Fauldhouse	2:32.57
6	Bennett, Paige	13	Cumbernauld	2:36.05
7	Glendinning, Penny	13	Kingston	2:39.84
8	McLernon, Orla	12	Cumbernauld	2:40.35
9	Baldwin, Elizabeth	13	Co Glasgow	2:41.11
10	Wesierska, Konstancja	12	Fauldhouse	2:43.28
11	Birrell, Emma	12	Co Glasgow	2:43.48
12	Hardie, Keeva	13	WFTX	2:44.12
13	Whyte, Gabi	12	Perth City	2:44.65
14	Gaffney, Hannah	12	Rutherglen	2:48.50
15	Armour, Abigail	12	WFTX	2:52.75
16	Steven, Sadie	12	Fauldhouse	2:53.05 Alt
17	Kidd, Kourtney	13	Cumbernauld	2:54.14 Alt
18	Ainslie, Megan	12	Co Glasgow	2:56.58 Alt

14-15

1	Renfrew, Grace	14	Perth City	2:14.46
2	Dobson, Amy	14	Kingston	2:17.90
3	Semple, Chloe	15	Rutherglen	2:19.70
4	Renfrew, Alice	14	Perth City	2:20.40
5	Henderson, Abbey	14	Rutherglen	2:22.15
6	Blair, Grace	14	WFTX	2:25.72
7	Lafferty, Jessica	14	Bellshill	2:27.74
8	Barbary, Ellen	15	Co Glasgow	2:28.34
9	Steele, Ava	14	WFTX	2:28.34
10	Henderson, Niamh	15	Rutherglen	2:28.35
11	McCreadie, Amy	15	Bellshill	2:28.42
12	Steventon, Jaime	15	Cumbernauld	2:29.48
13	Gibson, Eva	14	Cumbernauld	2:32.71 Alt
14	Stevenson, Isla	14	Bellshill	2:32.90 Alt
15	Gadsden, Sarah	15	StirlingSwim	2:34.33 Alt

16 & Over

1	Scobbie, Perrie	17	StirlingSwim	2:11.10
2	Ferris, Eireann	16	Cumbernauld	2:12.35
3	Crawford, Zoe	17	WFTX	2:12.84
4	Kellas, Lucy	16	Bellshill	2:14.42
5	Greig, Keira	16	Fauldhouse	2:19.49
6	McLeod, Lucy	17	WFTX	2:21.40
7	McGinlay, Sophia	16	Cumbernauld	2:22.86
8	Falconer, Erin	18	Bellshill	2:22.92 Alt
9	Cuthbertson, Robyn	17	Scotia	3:21.02 Alt

Event 306 Boys 100 SC Meter Butterfly

	Name	Age	Team	Seed Time
11 & Under				
1	Graham, Noah	11	Co Glasgow	1:23.31
2	Slizowski, Piotr	11	Co Glasgow	1:31.74
3	Allan, Conor	10	Menzieshill	1:38.47
4	Dissake, Noah	11	Co Glasgow	1:39.01
5	McGregor, Mitchell	11	Perth City	1:41.30
6	Hatkar, Dhairya	9	Rutherglen	1:43.55
7	Tawse, Callen	9	Menzieshill	1:46.60
8	Reilly, Oscar	11	Perth City	1:50.34

9	Davidson, Findlay	10	Perth City	1:52.66
10	Stewart, Caleb	11	StirlingSwim	2:26.07

12-13

1	McIlwraith, Oliver	13	Cumbernauld	1:10.28
2	Letham, Daniel	13	Cumbernauld	1:12.30
3	Todd, Luke	13	WFTX	1:14.63
4	Stevenson, Ruairaidh	13	WFTX	1:16.97
5	Carver, Nico	13	Menzieshill	1:17.29
6	Lawson, Archie	13	StirlingSwim	1:17.73
7	Hendry, Andrew	13	Scotia	1:20.37
8	Reed, Finley	12	Perth City	1:21.32
9	Martin, Kerr	12	Co Glasgow	1:23.76
10	McEwan, Samuel	13	Cumbernauld	1:25.56
11	Yeaman, Alex	12	Perth City	1:27.10
12	Greig, James	12	Fauldhouse	1:28.73
13	Allan, Brody	12	Menzieshill	1:30.24
14	Grajiar, David	12	WFTX	1:33.63
15	Crook, Brodie	12	WFTX	1:38.52
16	Soloviov, Matvii	12	Menzieshill	1:41.09 Alt
17	Weightman, Daniel	13	Rutherglen	1:43.21 Alt
18	Weir, James	12	WFTX	1:46.39 Alt

14-15

1	Collins, Ethan	15	StirlingSwim	58.35
2	Bennett, Finlay	15	Rutherglen	1:04.07
3	Russell, Aaron	15	Bellshill	1:04.15
4	Struzik, Callum	15	Bellshill	1:04.38
5	Neilson, Euan	15	Cumbernauld	1:04.50
6	Merrick, Adam	15	Cumbernauld	1:05.00
7	Steven, Eliot	15	Fauldhouse	1:07.01
8	Vasilyos, Alexandru	14	Cumbernauld	1:08.80
9	Kuklinek, Sebastian	14	WFTX	1:08.82
10	Murray, Adam	15	Bellshill	1:09.10
11	Leisegang, Mathew	15	Menzieshill	1:09.20
12	Meulemans, Nikodemos	14	Co Glasgow	1:10.20
13	Adam, Tearlach	14	Perth City	1:10.68
14	Morrison, Jack	14	Cumbernauld	1:13.19
15	Griffin, Riley	15	Cumbernauld	1:13.40
16	Jasinskis, Danila	14	WFTX	1:13.63
17	Jackson, Luke	14	Perth City	1:14.40
18	Martin, Harry	14	Perth City	1:15.29
19	Cassidy, Sean	14	Bellshill	1:19.24 Alt
20	Szymczyk, Aleksander	14	Co Glasgow	1:20.87 Alt
21	Lyon, Adam	14	Fauldhouse	1:22.22 Alt
22	Wang, Zi Han	14	Co Glasgow	1:23.82 Alt
23	Boyce, Harry	15	Cumbernauld	1:24.59 Alt

16 & Over

1	Gill, Cameron	17	WFTX	1:00.60
2	Morris, Magnus	17	StirlingSwim	1:01.49
3	Campbell, Keir	16	WFTX	1:04.34
4	Shaw, Jack	16	Bellshill	1:04.43
5	Brown, Ciaran	16	Co Glasgow	1:05.56
6	Singh, Eklavya	17	Scotia	1:05.65
7	Pearson, Ruben	16	Bellshill	1:05.79
8	Ferguson, Jake	16	WFTX	1:06.26
9	Shaw, Regan	17	Cumbernauld	1:08.66
10	Finlay, Nathan	17	WFTX	1:10.84
11	Mowat, Luke	16	Cumbernauld	1:15.30

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

Event 307 Girls 100 SC Meter Butterfly			
Name	Age	Team	Seed Time
11 & Under...(#307 Girls 100 SC Meter Butterfly)			
1 Suri, Amelia	10	Co Glasgow	1:27.01
2 Pyper, Myla	11	Perth City	1:30.17
3 Paterson, Amber	11	StirlingSwim	1:34.33
4 Montgomery, Annabelle	11	Perth City	1:46.60
5 Zhao, Helen	10	Co Glasgow	1:47.14
6 Lewin, Isabella	10	Co Glasgow	1:47.30
7 Cairns, Georgia	11	WFTX	2:02.58
8 Clemence, Keeva	8	Co Glasgow	2:19.80
12-13			
1 Maling, Rebecca	13	Bellshill	1:08.98
2 Rimmer, Amy	13	Bellshill	1:12.68
3 Broadley, Cara	13	StirlingSwim	1:14.28
4 Haining, Sophie	13	Bellshill	1:15.73
5 Paintin, Josephine	12	Co Glasgow	1:18.23
6 Robertson, Aimee	12	Cumbernauld	1:18.57
7 Keddie, Sandie	13	Cumbernauld	1:19.15
8 Shanks, Charlotte	13	Bellshill	1:19.47
9 McLachlan, Phoebe	13	Cumbernauld	1:19.78
10 Ferris, Meghan	13	Cumbernauld	1:20.12
11 Brolly, Khloe	13	Fauldhouse	1:21.08
12 McNeill, Zara	13	Rutherglen	1:24.37
13 Martin, Molly	13	Co Glasgow	1:24.41
14 Gaffney, Hannah	12	Rutherglen	1:25.47
15 Hughes, Erin	13	Co Glasgow	1:25.66
16 McLernon, Orla	12	Cumbernauld	1:26.60
17 Quince, Isla	13	Menzieshill	1:27.00
18 Cussons, Amelie	13	Co Glasgow	1:27.24
19 Taylor, Lily	12	WFTX	1:27.41
20 Morrison, Kayla	12	StirlingSwim	1:29.33
21 Glendinning, Penny	13	Kingston	1:30.23
22 Steven, Sadie	12	Fauldhouse	1:32.03 Alt
23 Chisholm, Lois	12	StirlingSwim	1:32.48 Alt
24 Harvey, Millie	12	Menzieshill	1:36.57 Alt
25 Armour, Abigail	12	WFTX	1:37.39 Alt
26 McNaughton, Emily	13	Menzieshill	1:38.34 Alt
27 Clemence, Kendi	12	Co Glasgow	1:41.66 Alt
28 Wesierska, Konstancja	12	Fauldhouse	1:44.62 Alt
29 Gibson, Zara	13	WFTX	1:54.86 Alt
30 Finlay, Louisa	13	StirlingSwim	NT Alt
14-15			
1 Mann, Ksenia	14	Menzieshill	1:08.12
2 McGovern, Lucy	14	Kingston	1:10.60
3 Renfrew, Grace	14	Perth City	1:11.74
4 Russell, Olivia	15	Cumbernauld	1:12.85
5 Shepherd, Alex	15	Cumbernauld	1:13.05
6 Pettigrew, Ava	14	Cumbernauld	1:13.70
7 Gaffney, Katie	15	Rutherglen	1:13.83
8 Scott, Niamh	15	Co Glasgow	1:14.32
9 Barbary, Ellen	15	Co Glasgow	1:15.39
10 Thomson, Alicia	15	Cumbernauld	1:15.98
11 McKie, Zoe	15	WFTX	1:16.70
12 Dempsey, Ava	14	Co Glasgow	1:20.19
13 Ware, Iris	15	Rutherglen	1:20.51
14 Stewart, Holly	15	Scotia	1:21.54
15 Singh, Ekavira	14	Scotia	1:23.99
16 Gill, Amy	14	WFTX	1:30.37
17 Russell, Zoe	15	WFTX	1:30.45

18 Davies, Louisa	14	Scotia	1:30.89
16 & Over			
1 Scobbie, Perrie	17	StirlingSwim	1:05.90
2 Crawford, Zoe	17	WFTX	1:06.10
3 Carty, Maci	16	Fauldhouse	1:09.06
4 Winton, Gabriella	19	StirlingSwim	1:12.27
5 Chambers, Emma	17	Cumbernauld	1:16.98
6 Hislop, Amy	16	Fauldhouse	1:18.84
7 Fairbairn, Shona	18	Fauldhouse	1:19.60
Event 308 Boys 400 SC Meter IM			
Name	Age	Team	Seed Time
11 & Under			
1 Kalamakis, Nikiforos	11	Co Glasgow	5:57.43
2 Tawse, Callen	9	Menzieshill	6:54.11 Alt
3 Dow, Harry	11	Perth City	6:59.09 Alt
12-13			
1 McIlwraith, Oliver	13	Cumbernauld	5:20.43
2 Basketter, Jensen	13	Co Glasgow	5:20.51
3 McLeod, Oran	13	WFTX	5:41.25
4 Martin, Kyle	12	Co Glasgow	6:00.17
5 Chesser, Callan	13	Co Glasgow	6:01.14
6 Roddie, Ethan	12	Co Glasgow	6:02.94
7 Khan, Mohammad	13	Co Glasgow	6:14.95
8 Crook, Brodie	12	WFTX	7:30.00 Alt
14-15			
1 Ruddy, Josh	15	StirlingSwim	5:17.49
2 Stewart, Gabriel	14	StirlingSwim	5:54.05
3 Glen, Luke	15	Co Glasgow	5:55.10
4 Wilson, Caleb	14	StirlingSwim	6:30.75
5 Wang, Zi Han	14	Co Glasgow	6:35.88
16 & Over			
1 Vandermeulen, Logan	17	StirlingSwim	4:37.00
2 Vandermeulen, Grier	19	StirlingSwim	5:05.50
3 Morris, Magnus	17	StirlingSwim	5:08.93
4 Shaw, Jack	16	Bellshill	5:14.82
5 McShane, Dylan	17	Co Glasgow	5:20.45
Event 403 Boys 400 SC Meter Freestyle			
Name	Age	Team	Seed Time
11 & Under			
1 Kalamakis, Nikiforos	11	Co Glasgow	5:15.19
2 Slizowski, Piotr	11	Co Glasgow	5:30.12
3 Graham, Noah	11	Co Glasgow	5:52.16 Alt
4 Goold, Tyler	11	Co Glasgow	6:13.22 Alt
12-13			
1 Stevenson, Ruairaidh	13	WFTX	4:46.47
2 Todd, Luke	13	WFTX	4:50.58
3 Basketter, Jensen	13	Co Glasgow	4:55.04
4 McLeod, Oran	13	WFTX	4:59.70
5 Lawson, Archie	13	StirlingSwim	5:16.25
6 Martin, Kyle	12	Co Glasgow	5:24.51
7 McEwan, Samuel	13	Cumbernauld	5:30.00
8 Martin, Kerr	12	Co Glasgow	5:32.34
9 Roddie, Ethan	12	Co Glasgow	5:36.25
10 Grajciar, David	12	WFTX	5:39.53
11 Allan, Brody	12	Menzieshill	5:39.62
12 Crook, Brodie	12	WFTX	6:02.41 Alt
14-15			
1 Russell, Aaron	15	Bellshill	4:28.47
2 Merrick, Adam	15	Cumbernauld	4:34.76

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

14-15...(#403 Boys 400 SC Meter Freestyle)

3	Innes, Lucas	15	Fauldhouse	4:36.74	
4	Kuklinek, Sebastian	14	WFTX	4:39.74	
5	Vasilyos, Alexandru	14	Cumbernauld	4:41.78	
6	McNaught, Connor	15	WFTX	4:48.35	
7	Allan, Ross	14	Perth City	4:50.19	
8	Ridler, Harry	14	Perth City	4:50.97	
9	Higney, Jack	14	Cumbernauld	4:58.92	
10	Wilson, Caleb	14	StirlingSwim	5:00.50	
11	Stewart, Gabriel	14	StirlingSwim	5:08.11	
12	Alexander, Ethan	14	Co Glasgow	5:10.30	
13	Boyce, Harry	15	Cumbernauld	5:18.35	
14	Adam, Coinneach	15	Perth City	5:43.61	
15	Archibald, Oliver	14	StirlingSwim	5:46.40	Alt

16 & Over

1	Ferguson, Jake	16	WFTX	4:24.95	
2	McShane, Dylan	17	Co Glasgow	4:44.40	
3	Crawford, Joe	16	Scotia	4:44.78	

Event 404 Girls 50 SC Meter Freestyle

Name	Age	Team	Seed Time	
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11 & Under

1	McNaughton, Zara	11	Menzieshill	34.21	
2	Pyper, Myla	11	Perth City	34.44	
3	Suri, Amelia	10	Co Glasgow	35.60	
4	Redmond, Summer	11	Fauldhouse	36.50	
5	Zhao, Helen	10	Co Glasgow	37.04	
6	Macintyre, Maisie	11	Fauldhouse	37.70	
7	Paterson, Amber	11	StirlingSwim	37.82	
8	Chesser, Lauren	11	Co Glasgow	38.04	
9	Cairns, Georgia	11	WFTX	38.46	
10	Cunningham, Evie	10	Rutherglen	38.95	
11	Mitchell, Scarlett	9	WFTX	39.17	
12	MacNab, Tara	11	WFTX	39.21	
13	McFarlane, Anna	10	Rutherglen	39.23	
14	Taylor, Abi	11	Perth City	39.59	
15	Robertson, Susanna	10	Co Glasgow	39.70	
16	Patterson, Bethany	11	Perth City	40.25	
17	Montgomery, Annabelle	11	Perth City	40.47	
18	Brunton, Rosie	11	Perth City	40.54	
19	Smith, Imogen	10	Perth City	40.57	
20	Stewart, Isla	10	WFTX	40.57	
21	Sedik, Amira	11	WFTX	41.09	
22	Steel, Ellie	11	WFTX	41.29	
23	Stirling, Keira	11	WFTX	41.32	
24	Godding, Thea	11	WFTX	41.63	
25	Walker, Anna	10	WFTX	41.88	
26	Taylor, Katie	10	WFTX	42.75	
27	Martin, Evelyn	11	Co Glasgow	43.06	
28	Hughes, Cara	11	Kingston	44.15	Alt
29	Carson, Jessica	10	Kingston	44.57	Alt
30	Clemence, Kiana	9	Co Glasgow	45.19	Alt

12-13

1	Maling, Rebecca	13	Bellshill	29.44	
2	Paterson, Emma	13	Co Glasgow	29.65	
3	Glendinning, Penny	13	Kingston	29.89	
4	Rimmer, Amy	13	Bellshill	30.23	
5	Siebers, Imogen	13	Fauldhouse	30.36	
6	Raymond, Sian	13	WFTX	30.58	
7	Broadley, Cara	13	StirlingSwim	30.93	
8	Gemmell, Isabella	13	WFTX	31.36	
9	Morrison, Kayla	12	StirlingSwim	31.51	

10	Robertson, Aimee	12	Cumbernauld	31.76	
11	Quince, Isla	13	Menzieshill	32.72	
12	Bennett, Paige	13	Cumbernauld	32.76	
13	McLernon, Orla	12	Cumbernauld	32.83	
14	Hardie, Keeva	13	WFTX	32.95	
15	Walsh, Eilidh	13	Rutherglen	33.19	
16	Whyte, Gabi	12	Perth City	33.21	
17	Lumsden, Grace	13	Scotia	33.31	
18	McClements, Victoria	13	Perth City	33.31	
19	Archbold, Kardelen	13	StirlingSwim	33.46	
20	Armour, Abigail	12	WFTX	33.67	
21	Taylor, Lily	12	WFTX	33.88	
22	Hughes, Erin	13	Co Glasgow	34.54	
23	Steven, Sadie	12	Fauldhouse	34.81	
24	MacDonald, Millie	13	Co Glasgow	34.98	
25	Mitchell, Sophie	12	WFTX	35.49	
26	Smith, Eva	12	WFTX	35.54	
27	Boumeghadia, Merieme	12	Co Glasgow	35.69	
28	Cussons, Amelie	13	Co Glasgow	35.92	
29	Birrell, Emma	12	Co Glasgow	36.24	Alt
30	Chisholm, Leena	13	WFTX	36.46	Alt
31	Parker, Mila	12	Perth City	36.87	Alt

14-15

1	Melville, Sienna	15	StirlingSwim	28.50	
2	Dickson, Kaysey	15	Rutherglen	28.70	
3	Dobson, Amy	14	Kingston	28.90	
4	Scott, Niamh	15	Co Glasgow	29.20	
5	Renfrew, Grace	14	Perth City	29.40	
6	Semple, Chloe	15	Rutherglen	29.54	
7	Patrick, Mairianna	15	StirlingSwim	29.93	
8	Ware, Iris	15	Rutherglen	29.96	
9	Shepherd, Alex	15	Cumbernauld	30.03	
10	Henderson, Niamh	15	Rutherglen	30.20	
11	Renfrew, Alice	14	Perth City	30.30	
12	Pettigrew, Ava	14	Cumbernauld	30.38	
13	Henderson, Abbey	14	Rutherglen	30.60	
14	MacNeill, Mairi	14	Perth City	30.60	
15	McCreadie, Amy	15	Bellshill	30.65	
16	Steele, Ava	14	WFTX	31.01	
17	Stewart, Holly	15	Scotia	31.05	
18	Steventon, Jaime	15	Cumbernauld	31.59	
19	Melville, Makena	14	StirlingSwim	31.60	
20	Smith, Charlotte	14	StirlingSwim	31.70	
21	Blair, Grace	14	WFTX	31.90	
22	Clark, Natasha	15	Rutherglen	32.26	
23	Collingwood, Isobel	15	Scotia	32.30	
24	Taylor, Florence	14	Co Glasgow	32.41	
25	Stevenson, Isla	14	Bellshill	32.51	
26	Gadsden, Sarah	15	StirlingSwim	32.53	
27	Singh, Ekavira	14	Scotia	32.64	
28	Russell, Zoe	15	WFTX	32.81	Alt
29	Dempsey, Ava	14	Co Glasgow	33.72	Alt
30	Davies, Louisa	14	Scotia	34.41	Alt

16 & Over

1	Frame, Caitlin	17	WFTX	26.10	
2	McCormack, Keisha	19	Scotia	28.20	
3	Ferris, Eireann	16	Cumbernauld	28.29	
4	Crawford, Zoe	17	WFTX	28.40	
5	Hislop, Amy	16	Fauldhouse	28.60	
6	Kellas, Lucy	16	Bellshill	28.71	
7	Greig, Keira	16	Fauldhouse	29.11	

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

16 & Over...(#404 Girls 50 SC Meter Freestyle)

8	McGinlay, Sophia	16	Cumbernauld	29.25
9	Wilson, Allanah	16	Bellshill	29.40
10	McLeod, Lucy	17	WFTX	29.51
11	Barton, Millie	16	Bellshill	29.80
12	Watson, Katie	17	Co Glasgow	31.25
13	Falconer, Erin	18	Bellshill	31.50
14	Crawford, Charis	17	Scotia	31.50
15	Roberts, Niamh	16	Kingston	33.82
16	Cuthbertson, Robyn	17	Scotia	35.87

Event 405 Boys 50 SC Meter Freestyle

Name	Age	Team	Seed Time
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11 & Under

1	Liddle, Oscar	11	Co Glasgow	33.65
2	Kalamakis, Nikiforos	11	Co Glasgow	33.65
3	Goold, Tyler	11	Co Glasgow	34.91
4	MacDonald, Jamie	11	Co Glasgow	35.53
5	Thomson, Ollie	9	WFTX	35.82
6	Bennett, Zander	10	Rutherglen	36.15
7	Allan, Conor	10	Menzieshill	36.38
8	Reilly, Isaac	11	WFTX	36.66
9	Dalgleish, Finlay	11	Menzieshill	37.11
10	Grindlay, Lewis	10	WFTX	37.17
11	MacDonald, Oliver	11	Perth City	37.43
12	Dissake, Noah	11	Co Glasgow	37.56
13	McGuire, Kieran	10	WFTX	37.81
14	Watt, Murray	11	StirlingSwim	39.18
15	MacLeod, Jack	11	WFTX	39.34
16	Hatkar, Dhairya	9	Rutherglen	39.45
17	Slizowski, Filip	10	Co Glasgow	39.88
18	Brown, Aaron	11	WFTX	39.94
19	Brammer, Jack	9	Rutherglen	40.58
20	Shaw, Kieran	11	WFTX	40.75
21	Graham, Zach	10	Co Glasgow	43.39
22	Stewart, Caleb	11	StirlingSwim	43.64
23	Schiff-Abels, Daniel	9	WFTX	44.93
24	Cunnion, Zack	10	WFTX	45.39
25	Juhasz, Zeke	9	Co Glasgow	47.53
26	Macpherson Fletcher, Sebas	9	Perth City	47.91
27	Benedetti Rankine, Hunter	10	Kingston	49.90
28	Bajanaru, David Andrei	11	WFTX	50.27
29	Bridge, Matthew	8	WFTX	50.50
30	Laird, Thomas	10	WFTX	51.83
31	Nisbet, Joseph	9	WFTX	53.20

12-13

1	McColgan, Charlie	13	Co Glasgow	29.32
2	Combe, Daniel	13	Perth City	29.32
3	Letham, Daniel	13	Cumbernauld	29.50
4	Hendry, Andrew	13	Scotia	29.67
5	Chesser, Callan	13	Co Glasgow	29.75
6	Lawson, Archie	13	StirlingSwim	29.75
7	Tinch, Nicky	12	StirlingSwim	29.88
8	Johnstone, Kai	13	WFTX	30.94
9	Todd, Luke	13	WFTX	31.19
10	Rawding, Kyle	13	WFTX	31.61
11	Allan, Brody	12	Menzieshill	32.83
12	Yeaman, Alex	12	Perth City	32.94
13	Grajciar, David	12	WFTX	33.23
14	Lumsden, Matthew	13	Scotia	33.32
15	Crook, Brodie	12	WFTX	33.45
16	Khan, Mohammad	13	Co Glasgow	33.91

17	Greig, James	12	Fauldhouse	33.92
18	Montgomery, Austin	12	Cumbernauld	34.06
19	Yeaman, James	12	Perth City	34.23
20	Crawford, Eli	12	Scotia	34.59
21	Wilson, Jet	12	Cumbernauld	34.84
22	Weightman, Daniel	13	Rutherglen	36.22
23	Sui, Samuel	12	Co Glasgow	37.57
24	Garner, Paul Cameron	12	WFTX	39.70
25	Boutin, Angus	13	Rutherglen	39.99
26	Blaszkieicz, Daniel	13	WFTX	40.05
27	Paterson, Harris	13	StirlingSwim	40.89
28	Turner, Marcus	13	Kingston	41.85
29	Hind, Daniel	12	WFTX	47.36
30	McNicol, Owen	13	WFTX	54.49
31	Waller, Jake	13	WFTX	1:06.50

14-15

1	Small, Lochlan	15	StirlingSwim	24.10
2	Vandermeulen, Fraser	15	StirlingSwim	25.66
3	Steven, Eliot	15	Fauldhouse	26.20
4	Russell, Aaron	15	Bellshill	26.31
5	Neilson, Euan	15	Cumbernauld	26.56
6	Struzik, Callum	15	Bellshill	26.60
7	Thomson, Stuart	14	Perth City	26.90
8	Jackson, Luke	14	Perth City	26.90
9	Morrison, Jack	14	Cumbernauld	27.30
10	Cardie, Caelan	15	StirlingSwim	27.51
11	Ruddy, Josh	15	StirlingSwim	27.58
12	Niemiec, Franek	14	WFTX	28.02
13	Griffin, Riley	15	Cumbernauld	28.16
14	Meulemans, Nikodemos	14	Co Glasgow	28.30
15	Higney, Jack	14	Cumbernauld	28.53
16	Ridler, Harry	14	Perth City	28.75
17	Martin, Harry	14	Perth City	28.97
18	Jasinskis, Nikita	14	WFTX	29.04
19	Jasinskis, Danila	14	WFTX	29.35
20	Murray, Adam	15	Bellshill	29.58
21	Adam, Coinneach	15	Perth City	30.40
22	Boyce, Harry	15	Cumbernauld	30.74
23	Kuklinek, Sebastian	14	WFTX	30.80
24	Russell, Blair	14	Bellshill	31.53
25	Glen, Luke	15	Co Glasgow	31.59
26	Cassidy, Sean	14	Bellshill	31.63
27	Lyon, Adam	14	Fauldhouse	31.98
28	Connor, Dylan	14	Cumbernauld	34.07
29	Waller, Zack	14	WFTX	34.15
30	Chen, Rick	14	Co Glasgow	34.60
31	Taft, Lewis	14	Co Glasgow	40.53
32	Eliseev, Artem	14	WFTX	49.57

16 & Over

1	Morris, Magnus	17	StirlingSwim	22.90
2	Vandermeulen, Logan	17	StirlingSwim	23.20
3	Vandermeulen, Grier	19	StirlingSwim	23.70
4	Tinch, Alex	16	StirlingSwim	25.10
5	Pearson, Ruben	16	Bellshill	25.15
6	Meulemans, Isaak	16	Co Glasgow	25.65
7	Byrne, Finlay	16	WFTX	26.04
8	Ferguson, Callum	16	Rutherglen	26.23
9	Schiff-Abels, Raphael	16	WFTX	26.78
10	Schiff-Abels, Nathanael	16	WFTX	26.78
11	Mocci, Christopher	16	Menzieshill	26.88
12	McCavish, Aidan	17	WFTX	27.01

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

16 & Over...(#405 Boys 50 SC Meter Freestyle)

13	Shaw, Jack	16	Bellshill	27.28
14	Finlay, Nathan	17	WFTX	27.65
15	Stewart, James	17	Scotia	27.90
16	Mowat, Luke	16	Cumbernauld	30.26

Event 406 Girls 200 SC Meter Butterfly

	Name	Age	Team	Seed Time
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12-13

1	Haining, Sophie	13	Bellshill	2:53.07
2	McLachlan, Phoebe	13	Cumbernauld	3:00.74
3	Shanks, Charlotte	13	Bellshill	3:02.22
4	Siebers, Imogen	13	Fauldhouse	3:09.98
5	McNeill, Zara	13	Rutherglen	3:10.90

14-15

1	Thomson, Alicia	15	Cumbernauld	2:48.05
2	Barbary, Ellen	15	Co Glasgow	2:53.25
3	Patrick, Mairianna	15	StirlingSwim	2:56.96
4	Lafferty, Jessica	14	Bellshill	3:02.80
5	Stevenson, Isla	14	Bellshill	3:05.82

16 & Over

1	Carty, Maci	16	Fauldhouse	2:33.16
2	Brolly, Lauryn	16	Fauldhouse	2:37.54
3	Greig, Keira	16	Fauldhouse	2:37.94

Event 407 Boys 200 SC Meter Butterfly

	Name	Age	Team	Seed Time
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11 & Under

1	Davidson, Findlay	10	Perth City	3:34.93
2	Allan, Conor	10	Menzieshill	3:56.65
3	Tawse, Callen	9	Menzieshill	4:19.55

12-13

1	Chesser, Callan	13	Co Glasgow	2:45.30
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14-15

1	Collins, Ethan	15	StirlingSwim	2:13.35
2	Bennett, Finlay	15	Rutherglen	2:17.82
3	Innes, Lucas	15	Fauldhouse	2:20.09
4	Vasilyos, Alexandru	14	Cumbernauld	2:42.20
5	Adam, Tearlach	14	Perth City	2:43.24
6	Stewart, Gabriel	14	StirlingSwim	2:57.38
7	Cassidy, Sean	14	Bellshill	2:57.50
8	Szymczyk, Aleksander	14	Co Glasgow	3:02.65

16 & Over

1	Vandermeulen, Logan	17	StirlingSwim	2:09.71
2	Morris, Magnus	17	StirlingSwim	2:20.92
3	Shaw, Jack	16	Bellshill	2:25.29
4	Campbell, Keir	16	WFTX	2:30.22
5	Brown, Ciaran	16	Co Glasgow	2:31.25
6	Shaw, Regan	17	Cumbernauld	2:34.57
7	McShane, Dylan	17	Co Glasgow	2:38.12
8	Singh, Eklavya	17	Scotia	2:45.29

Event 408 Girls 100 SC Meter Backstroke

	Name	Age	Team	Seed Time
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11 & Under

1	Pyper, Myla	11	Perth City	1:24.32
2	Suri, Amelia	10	Co Glasgow	1:26.73
3	Paterson, Amber	11	StirlingSwim	1:27.81
4	Redmond, Summer	11	Fauldhouse	1:28.45
5	Smith, Imogen	10	Perth City	1:30.86
6	McNaughton, Zara	11	Menzieshill	1:32.43
7	MacNab, Tara	11	WFTX	1:33.09

8	Zhao, Helen	10	Co Glasgow	1:33.73
9	Mitchell, Scarlett	9	WFTX	1:35.25
10	Stirling, Keira	11	WFTX	1:35.26
11	Godding, Thea	11	WFTX	1:39.80
12	Brunton, Rosie	11	Perth City	1:40.43
13	Chesser, Lauren	11	Co Glasgow	1:40.62
14	Taylor, Abi	11	Perth City	1:41.97
15	Robertson, Susanna	10	Co Glasgow	1:42.08
16	Stewart, Isla	10	WFTX	1:42.39
17	McFarlane, Anna	10	Rutherglen	1:42.66
18	Walker, Anna	10	WFTX	1:42.74
19	Taylor, Katie	10	WFTX	1:42.85
20	Cairns, Georgia	11	WFTX	1:45.00
21	Batwaula, Orlaith	9	Perth City	1:45.85
22	Roberts, Sophia	11	WFTX	1:45.98
23	Steel, Ellie	11	WFTX	1:49.08
24	Macintyre, Maisie	11	Fauldhouse	1:49.26
25	Cunningham, Evie	10	Rutherglen	1:57.50
26	Clemence, Keeva	8	Co Glasgow	2:03.73
27	Stewart, Emma	11	WFTX	2:09.74

12-13

1	Maling, Rebecca	13	Bellshill	1:09.31
2	Ferris, Meghan	13	Cumbernauld	1:10.10
3	Broadley, Cara	13	StirlingSwim	1:11.91
4	Rimmer, Amy	13	Bellshill	1:12.18
5	Walker, Holly	12	Cumbernauld	1:17.88
6	Brolly, Khloe	13	Fauldhouse	1:18.09
7	Paterson, Emma	13	Co Glasgow	1:18.25
8	Paintin, Josephine	12	Co Glasgow	1:18.64
9	Archbold, Kardelen	13	StirlingSwim	1:19.04
10	Keddie, Sandie	13	Cumbernauld	1:19.82
11	Bennett, Paige	13	Cumbernauld	1:21.67
12	Morrison, Kayla	12	StirlingSwim	1:21.76
13	Baldwin, Elizabeth	13	Co Glasgow	1:22.28
14	Glendinning, Penny	13	Kingston	1:22.78
15	Cussons, Amelie	13	Co Glasgow	1:23.57
16	Hardie, Keeva	13	WFTX	1:24.46
17	Raymond, Sian	13	WFTX	1:24.60
18	Taylor, Lily	12	WFTX	1:24.95
19	Robertson, Aimee	12	Cumbernauld	1:25.10
20	Quince, Isla	13	Menzieshill	1:25.19
21	McClements, Victoria	13	Perth City	1:25.99
22	Hughes, Erin	13	Co Glasgow	1:26.18
23	McLernon, Orla	12	Cumbernauld	1:26.27
24	Chisholm, Lois	12	StirlingSwim	1:26.37
25	Martin, Molly	13	Co Glasgow	1:28.33
26	Cook, Stella	13	Co Glasgow	1:29.03
27	Steven, Sadie	12	Fauldhouse	1:29.49
28	Finlay, Louisa	13	StirlingSwim	1:29.66
29	Armour, Abigail	12	WFTX	1:31.12
30	Watt, Isla	12	StirlingSwim	1:32.16

14-15

1	Dickson, Kaysey	15	Rutherglen	1:08.74
2	Semple, Chloe	15	Rutherglen	1:09.89
3	Pettigrew, Ava	14	Cumbernauld	1:11.56
4	Renfrew, Grace	14	Perth City	1:12.28
5	Melville, Sienna	15	StirlingSwim	1:12.88
6	Blair, Grace	14	WFTX	1:13.20
7	Dobson, Amy	14	Kingston	1:13.26
8	Shepherd, Alex	15	Cumbernauld	1:13.32
9	Russell, Olivia	15	Cumbernauld	1:13.87

Forth Valley Tridents Open Meet 2025 - 25/01/2025 to 26/01/2025

Psych Sheet

14-15...(#408 Girls 100 SC Meter Backstroke)

10	Barbary, Ellen	15	Co Glasgow	1:14.52	
11	Smith, Charlotte	14	StirlingSwim	1:15.19	
12	Steele, Ava	14	WFTX	1:16.14	
13	Renfrew, Alice	14	Perth City	1:16.21	
14	Draper, Isla	15	StirlingSwim	1:17.66	
15	Steventon, Jaime	15	Cumbernauld	1:18.09	
16	McCreadie, Amy	15	Bellshill	1:18.25	
17	Melville, Makena	14	StirlingSwim	1:18.71	
18	Russell, Zoe	15	WFTX	1:20.42	
19	Gibson, Eva	14	Cumbernauld	1:20.92	
20	Gadsden, Sarah	15	StirlingSwim	1:22.69	
21	Collingwood, Isobel	15	Scotia	1:23.41	
22	Hitchens, Millie	14	Rutherglen	1:23.71	
23	Singh, Ekavira	14	Scotia	1:25.40	
24	Clark, Natasha	15	Rutherglen	1:25.62	
25	Davies, Louisa	14	Scotia	1:26.15	Alt
26	Dempsey, Ava	14	Co Glasgow	1:26.53	Alt
27	Reid, Eilidh	15	Co Glasgow	1:27.96	Alt

16 & Over

1	Ferris, Eireann	16	Cumbernauld	1:05.71	
2	Kellas, Lucy	16	Bellshill	1:09.53	
3	Chambers, Emma	17	Cumbernauld	1:13.09	
4	Winton, Gabriella	19	StirlingSwim	1:13.19	
5	Weir, Victoria	16	WFTX	1:13.91	
6	McGinlay, Sophia	16	Cumbernauld	1:15.00	
7	Hislop, Amy	16	Fauldhouse	1:15.90	
8	Fairbairn, Shona	18	Fauldhouse	1:18.32	
9	Prygiel, Amelia	16	Bellshill	1:19.76	

Event 409 Boys 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	
11 & Under					
1	Kalamakis, Nikiforos	11	Co Glasgow	1:20.49	
2	Graham, Noah	11	Co Glasgow	1:22.94	
3	Slizowski, Piotr	11	Co Glasgow	1:24.96	
4	McGuire, Kieran	10	WFTX	1:28.39	
5	Liddle, Oscar	11	Co Glasgow	1:28.56	
6	Reilly, Isaac	11	WFTX	1:33.58	
7	MacDonald, Jamie	11	Co Glasgow	1:33.59	
8	Thomson, Ollie	9	WFTX	1:35.05	
9	Brammer, Jack	9	Rutherglen	1:35.34	
10	Dissake, Noah	11	Co Glasgow	1:35.66	
11	Bennett, Zander	10	Rutherglen	1:36.80	
12	Shaw, Kieran	11	WFTX	1:36.86	
13	Davidson, Findlay	10	Perth City	1:37.48	
14	Hatkar, Dhairya	9	Rutherglen	1:39.43	
15	Tawse, Callen	9	Menzieshill	1:40.30	
16	Slizowski, Filip	10	Co Glasgow	1:40.77	
17	Grindlay, Lewis	10	WFTX	1:41.87	
18	Stewart, Caleb	11	StirlingSwim	1:42.71	
19	Watt, Murray	11	StirlingSwim	1:42.86	
20	MacLeod, Jack	11	WFTX	1:45.00	
21	Macpherson Fletcher, Sebas	9	Perth City	1:47.00	
22	Graham, Zach	10	Co Glasgow	1:48.13	

12-13

1	Letham, Daniel	13	Cumbernauld	1:08.24	
2	Lawson, Archie	13	StirlingSwim	1:09.49	
3	McLeod, Oran	13	WFTX	1:09.95	
4	Basketter, Jensen	13	Co Glasgow	1:12.59	
5	McColgan, Charlie	13	Co Glasgow	1:13.34	
6	Combe, Daniel	13	Perth City	1:13.89	

7	Stevenson, Ruairaidh	13	WFTX	1:16.30	
8	Tinch, Nicky	12	StirlingSwim	1:18.18	
9	Martin, Kyle	12	Co Glasgow	1:19.48	
10	Roddie, Ethan	12	Co Glasgow	1:19.97	
11	McEwan, Samuel	13	Cumbernauld	1:20.37	
12	Khan, Mohammad	13	Co Glasgow	1:20.79	
13	Rawding, Kyle	13	WFTX	1:21.21	
14	Yeaman, Alex	12	Perth City	1:22.68	
15	Wilson, Jet	12	Cumbernauld	1:22.97	
16	Yeaman, James	12	Perth City	1:23.86	
17	Martin, Kerr	12	Co Glasgow	1:24.10	
18	Grajciar, David	12	WFTX	1:24.14	
19	Crook, Brodie	12	WFTX	1:25.11	
20	Crawford, Eli	12	Scotia	1:26.19	
21	Johnstone, Kai	13	WFTX	1:26.56	
22	Weightman, Daniel	13	Rutherglen	1:28.35	
23	Sui, Samuel	12	Co Glasgow	1:30.13	
24	Montgomery, Austin	12	Cumbernauld	1:30.28	
25	Boutin, Angus	13	Rutherglen	1:39.49	
26	Greig, James	12	Fauldhouse	1:40.59	
27	Blaszkiwicz, Daniel	13	WFTX	1:40.98	
28	Paterson, Harris	13	StirlingSwim	1:45.57	
29	Garner, Paul Cameron	12	WFTX	1:47.32	
30	Turner, Marcus	13	Kingston	2:01.91	

14-15

1	Vandermeulen, Fraser	15	StirlingSwim	1:03.38	
2	Bennett, Finlay	15	Rutherglen	1:05.10	
3	Merrick, Adam	15	Cumbernauld	1:05.55	
4	Steven, Eliot	15	Fauldhouse	1:06.17	
5	Jackson, Luke	14	Perth City	1:06.60	
6	Neilson, Euan	15	Cumbernauld	1:07.42	
7	Thomson, Stuart	14	Perth City	1:07.65	
8	Ruddy, Josh	15	StirlingSwim	1:08.26	
9	Murray, Adam	15	Bellshill	1:09.85	
10	Morrison, Jack	14	Cumbernauld	1:11.37	
11	Jasinskis, Danila	14	WFTX	1:11.42	
12	Niemiec, Franek	14	WFTX	1:12.06	
13	Ridler, Harry	14	Perth City	1:12.40	
14	McNaught, Connor	15	WFTX	1:13.71	
15	Griffin, Riley	15	Cumbernauld	1:13.83	
16	Russell, Blair	14	Bellshill	1:14.73	
17	Jasinskis, Nikita	14	WFTX	1:14.75	
18	Meulemans, Nikodemos	14	Co Glasgow	1:17.06	
19	Archibald, Oliver	14	StirlingSwim	1:17.32	
20	Alexander, Ethan	14	Co Glasgow	1:18.56	
21	Szymczyk, Aleksander	14	Co Glasgow	1:20.26	
22	Chen, Rick	14	Co Glasgow	1:34.85	

16 & Over

1	Pearson, Ruben	16	Bellshill	1:02.37	
2	Ferguson, Jake	16	WFTX	1:03.32	
3	Stewart, James	17	Scotia	1:06.69	
4	Ferguson, Callum	16	Rutherglen	1:06.88	
5	Mocci, Christopher	16	Menzieshill	1:07.56	
6	Singh, Eklavya	17	Scotia	1:07.59	
7	Campbell, Keir	16	WFTX	1:08.47	
8	Finlay, Nathan	17	WFTX	1:10.67	
9	Meulemans, Isaak	16	Co Glasgow	1:12.67	
10	Mowat, Luke	16	Cumbernauld	1:17.75	