

Forth Valley Tridents Open Meet 2026 - 17/01/2026 to 18/01/2026**Forth Valley Tridents Open Meet 2026****Team Entries - All Events****Cumbernauld-SS****1 Alexander, Jacob - Male - Age: 16 - Ind/Rel: 2 / 0**

#107 Boys 100 Breast	1:21.12	7/3	#206 Boys 200 Breast	2:53.76	6/5
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2 Attwood, Jack - Male - Age: 11 - Ind/Rel: 9 / 0

#101 Boys 200 IM	3:20.82	2/6	#103 Boys 50 Fly	40.98	4/2
#107 Boys 100 Breast	1:43.21	2/2	#206 Boys 200 Breast	3:50.62	1/4
#208 Boys 100 Free	1:17.20	3/4	#302 Boys 50 Breast	47.69	5/6
#304 Boys 200 Free	2:51.77	2/6	#403 Boys 400 Free	5:56.28	1/5
#405 Boys 50 Free	35.28	3/5			

3 Boyce, Isla - Female - Age: 11 - Ind/Rel: 4 / 0

#102 Girls 50 Fly	42.92	1/1	#106 Girls 100 Breast	1:47.82	1/1
#203 Girls 400 Free	6:26.47	1/1	#209 Girls 100 Free	1:23.87	1/3

4 Connor, Dylan - Male - Age: 15 - Ind/Rel: 4 / 0

#101 Boys 200 IM	3:01.81	SCR	#103 Boys 50 Fly	36.05	ALT
#302 Boys 50 Breast	45.67	6/6	#405 Boys 50 Free	34.07	SCR

5 Ferris, Eireann - Female - Age: 17 - Ind/Rel: 8 / 0

#102 Girls 50 Fly	31.02	11/2	#104 Girls 200 Back	2:18.74	7/3
#205 Girls 50 Back	30.41	13/4	#209 Girls 100 Free	1:00.54	13/4
#305 Girls 200 Free	2:11.53	8/4	#307 Girls 100 Fly	1:10.33	9/2
#404 Girls 50 Free	27.75	15/3	#408 Girls 100 Back	1:04.46	15/3

6 Ferris, Meghan - Female - Age: 14 - Ind/Rel: 8 / 0

#102 Girls 50 Fly	32.07	10/5	#106 Girls 100 Breast	1:19.66	11/5
#207 Girls 200 Breast	2:51.64	8/1	#209 Girls 100 Free	1:02.02	13/1
#305 Girls 200 Free	2:15.67	7/3	#307 Girls 100 Fly	1:12.46	8/4
#404 Girls 50 Free	29.40	14/4	#408 Girls 100 Back	1:08.05	15/2

7 Gibson, Eva - Female - Age: 15 - Ind/Rel: 5 / 0

#104 Girls 200 Back	2:50.07	4/1	#209 Girls 100 Free	1:07.19	8/3
#305 Girls 200 Free	2:30.32	ALT	#404 Girls 50 Free	30.75	11/3
#408 Girls 100 Back	1:17.44	11/6			

8 Griffin, Zoe - Female - Age: 15 - Ind/Rel: 5 / 0

#108 Girls 400 IM	6:10.97	ALT	#205 Girls 50 Back	40.01	SCR
#209 Girls 100 Free	1:15.68	SCR	#301 Girls 200 IM	2:57.68	SCR
#307 Girls 100 Fly	1:20.62	6/6			

9 Keddie, Esme - Female - Age: 10 - Ind/Rel: 4 / 0

#301 Girls 200 IM	3:42.09	SCR	#305 Girls 200 Free	3:21.35	SCR
#404 Girls 50 Free	37.35	2/5	#408 Girls 100 Back	1:32.17	2/3

10 Keddie, Sandie - Female - Age: 14 - Ind/Rel: 7 / 0

#102 Girls 50 Fly	32.07	10/1	#108 Girls 400 IM	5:32.87	3/5
#207 Girls 200 Breast	3:04.04	7/5	#209 Girls 100 Free	1:05.55	10/2
#301 Girls 200 IM	2:37.96	9/2	#307 Girls 100 Fly	1:13.17	8/1
#408 Girls 100 Back	1:15.16	13/2			

11 Keddie, Woody - Male - Age: 12 - Ind/Rel: 3 / 0

#304 Boys 200 Free	2:32.12	3/4	#308 Boys 400 IM	7:10.69	ALT
#409 Boys 100 Back	1:18.29	7/1			

12 McEwan, Samuel - Male - Age: 14 - Ind/Rel: 4 / 0

#101 Boys 200 IM	2:38.89	6/2	#107 Boys 100 Breast	1:22.38	7/5
#206 Boys 200 Breast	2:56.27	5/4	#308 Boys 400 IM	6:35.45	ALT

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Cumbernauld-SS

13 McGinlay, Sophia - Female - Age: 17 - Ind/Rel: 8 / 0

#102 Girls 50 Fly	30.66	11/3	#106 Girls 100 Breast	1:23.81	10/2
#203 Girls 400 Free	5:03.58	3/2	#209 Girls 100 Free	1:02.91	12/2
#301 Girls 200 IM	2:38.43	9/1	#307 Girls 100 Fly	1:10.89	9/6
#404 Girls 50 Free	28.83	15/2	#406 Girls 200 Fly	2:49.02	3/3

14 McKenna, Lucie - Female - Age: 14 - Ind/Rel: 3 / 0

#301 Girls 200 IM	2:52.04	SCR	#303 Girls 50 Breast	40.18	10/4
#408 Girls 100 Back	1:16.88	11/4			

15 McLachlan, Phoebe - Female - Age: 14 - Ind/Rel: 7 / 0

#102 Girls 50 Fly	32.88	9/2	#104 Girls 200 Back	2:43.84	5/4
#205 Girls 50 Back	36.30	10/6	#209 Girls 100 Free	1:04.23	11/4
#301 Girls 200 IM	2:46.59	6/1	#307 Girls 100 Fly	1:13.13	8/5
#408 Girls 100 Back	1:17.30	11/5			

16 McLernon, Orla - Female - Age: 13 - Ind/Rel: 5 / 0

#102 Girls 50 Fly	34.61	7/5	#209 Girls 100 Free	1:08.23	7/2
#305 Girls 200 Free	2:28.34	5/5	#404 Girls 50 Free	32.12	8/5
#408 Girls 100 Back	1:22.32	7/2			

17 McRitchie, Nathan - Male - Age: 12 - Ind/Rel: 7 / 0

#101 Boys 200 IM	3:10.55	SCR	#105 Boys 200 Back	2:45.49	3/4
#208 Boys 100 Free	1:09.44	5/5	#304 Boys 200 Free	2:35.15	3/6
#306 Boys 100 Fly	1:26.82	3/1	#403 Boys 400 Free	5:29.81	ALT
#409 Boys 100 Back	1:19.77	6/6			

18 Merrick, Adam - Male - Age: 16 - Ind/Rel: 6 / 0

#101 Boys 200 IM	2:22.81	9/1	#105 Boys 200 Back	2:20.06	7/4
#204 Boys 50 Back	29.97	13/2	#306 Boys 100 Fly	1:03.09	9/2
#407 Boys 200 Fly	2:22.26	3/4	#409 Boys 100 Back	1:03.50	13/5

19 Montgomery, Austin - Male - Age: 13 - Ind/Rel: 3 / 0

#302 Boys 50 Breast	44.87	7/5	#304 Boys 200 Free	2:40.78	ALT
#405 Boys 50 Free	31.11	8/1			

20 O'Reilly, Holly - Female - Age: 12 - Ind/Rel: 4 / 0

#102 Girls 50 Fly	38.41	4/5	#106 Girls 100 Breast	1:33.19	5/3
#207 Girls 200 Breast	3:25.88	4/1	#301 Girls 200 IM	2:57.31	3/3

21 Pettigrew, Ava Grace - Female - Age: 15 - Ind/Rel: 8 / 0

#102 Girls 50 Fly	32.55	9/4	#104 Girls 200 Back	2:31.84	7/5
#205 Girls 50 Back	33.83	12/2	#209 Girls 100 Free	1:05.54	10/4
#301 Girls 200 IM	2:40.64	8/1	#307 Girls 100 Fly	1:12.82	8/2
#404 Girls 50 Free	30.22	13/1	#408 Girls 100 Back	1:10.32	15/6

22 Robertson, Aimee - Female - Age: 13 - Ind/Rel: 3 / 0

#209 Girls 100 Free	1:07.72	8/1	#404 Girls 50 Free	31.76	9/2
#408 Girls 100 Back	1:19.97	9/2			

23 Russell, Olivia - Female - Age: 16 - Ind/Rel: 3 / 0

#301 Girls 200 IM	2:38.16	9/5	#303 Girls 50 Breast	37.46	11/3
#406 Girls 200 Fly	2:39.89	4/5			

24 Shaw, Regan - Male - Age: 17 - Ind/Rel: 4 / 0

#103 Boys 50 Fly	30.65	9/1	#208 Boys 100 Free	1:02.14	9/4
#306 Boys 100 Fly	1:07.70	7/3	#407 Boys 200 Fly	2:31.30	3/5

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Cumbernauld-SS**25 Shepherd, Alex - Female - Age: 16 - Ind/Rel: 8 / 0**

#102 Girls 50 Fly	31.28	11/1	#106 Girls 100 Breast	1:26.35	9/2
#203 Girls 400 Free	5:08.19	SCR	#209 Girls 100 Free	1:03.57	12/1
#301 Girls 200 IM	2:40.53	8/2	#307 Girls 100 Fly	1:10.67	9/1
#404 Girls 50 Free	29.17	15/6	#408 Girls 100 Back	1:12.66	14/4

26 Stevenson, Chloe - Female - Age: 13 - Ind/Rel: 6 / 0

#102 Girls 50 Fly	40.98	SCR	#106 Girls 100 Breast	1:47.13	SCR
#205 Girls 50 Back	41.93	ALT	#301 Girls 200 IM	3:20.82	SCR
#307 Girls 100 Fly	1:38.14	ALT	#406 Girls 200 Fly	3:30.57	1/5

27 Steventon, Holly - Female - Age: 13 - Ind/Rel: 6 / 0

#205 Girls 50 Back	41.28	4/4	#209 Girls 100 Free	1:17.68	SCR
#301 Girls 200 IM	3:09.77	SCR	#305 Girls 200 Free	2:48.87	SCR
#404 Girls 50 Free	34.52	5/3	#408 Girls 100 Back	1:29.35	ALT

28 Steventon, Jaime - Female - Age: 16 - Ind/Rel: 7 / 0

#102 Girls 50 Fly	37.24	SCR	#104 Girls 200 Back	2:41.39	ALT
#203 Girls 400 Free	5:01.75	3/4	#209 Girls 100 Free	1:05.36	10/3
#305 Girls 200 Free	2:18.04	7/4	#404 Girls 50 Free	31.59	10/1
#408 Girls 100 Back	1:16.02	13/6			

29 Thomson, Alicia - Female - Age: 16 - Ind/Rel: 7 / 0

#102 Girls 50 Fly	33.56	9/6	#108 Girls 400 IM	5:54.35	1/2
#205 Girls 50 Back	37.10	SCR	#209 Girls 100 Free	1:08.77	SCR
#301 Girls 200 IM	2:45.74	SCR	#307 Girls 100 Fly	1:15.98	7/5
#406 Girls 200 Fly	2:48.05	4/6			

30 Walker, Holly - Female - Age: 13 - Ind/Rel: 4 / 0

#104 Girls 200 Back	2:46.00	5/6	#205 Girls 50 Back	34.68	11/5
#209 Girls 100 Free	1:08.02	8/6	#408 Girls 100 Back	1:15.96	13/1

31 Wilson, Jet - Male - Age: 13 - Ind/Rel: 6 / 0

#105 Boys 200 Back	2:41.86	4/2	#204 Boys 50 Back	37.34	6/2
#208 Boys 100 Free	1:08.43	6/1	#304 Boys 200 Free	2:26.89	4/3
#403 Boys 400 Free	5:09.84	2/2	#409 Boys 100 Back	1:17.22	8/6

Cumbernauld-SS Total Individual Entries: 168 - Total Relays: 0