

COPS Individual and Team Records achieved at Regional, National and International Standards

REGIONAL, NATIONAL AND INTERNATIONAL RECORDS				
Year	Athlete	Representative Club/Nationality	Record	Meet
2007	Charlie Walker	COPS	East Region Junior Record - 50m BK	East Region Championships
2008	Callum Lawson	COPS	ER, GB and European Record - SB9 100m BR	British-Para Swimming Short Course Champs
2008	Sophie Sweet	COPS	East Region Junior Record 100m Bk	East Region Championships
2008	Sophie Sweet	COPS	East Region Junior Record 200m BK	East Region Championships
2008	Charlie Walker	COPS	East Region Championship Record 100m FR	East Region Championships
2009	Liam Knight	COPS	East Region Championship Records 200m IM	East Region Championships
2009	Liam Knight	COPS	East Region Championship Records 100m FLY	East Region Championships
2009	Liam Knight	COPS	East Region Championship Records 200m BK	East Region Championships
2009	Sophie Sweet	COPS	East Region Championship Records - 100m BK	East Region Championships
2009	Sophie Sweet	COPS	East Region Championship Records - 200m BK	East Region Championships
2009	Callum Lawson	COPS	British & European Record - SB9 100m BR	East Region Championships
2009	Charlie Walker	Philippines	Philippines National Records - 50m FR	World Short Course Champs
2009	Charlie Walker	Philippines	Philippines National Records - 100m FR	World Short Course Champs
2009	Charlie Walker	Philippines	Philippines National Records - 100m BK	World Short Course Champs
2010	Liam Knight	COPS	East Region Junior Records - 100m BK	British Summer Nationals
2010	Liam Knight	COPS	East Region Junior Records - 200m BK	British Summer Nationals
2010	Charlie Walker	Philippines	Philippines National Records in 100m FR	South-East Asian Games
2010	Charlie Walker	Philippines	Philippines National Records in 100m BK	South-East Asian Games
2011	Harriet Lee	COPS	East Region Championship Records - SB9 100m BR	East Region Championships
2011	Harriet Lee	COPS	East Region Championship Records - SM9 200m IM	East Region Championships
2011	Zara Bailey	COPS	East Region Championship Records - 200m IM	East Region Championships
2011	Liam Knight	COPS	East Region Championship Records - 50m BK	East Region Championships



2011	Liam Knight	COPS	East Region Championship Records - 50m FLY	East Region Championships
2011	Liam Knight	COPS	East Region Championship Records - 200m BK	East Region Championships
2011	Charlie Walker	Philippines	Philippines National Records - 50m FR	SEA Games, Indonesia
2011	Harriet Lee	COPS	World Short Course Records SB9 50m BR	East Region Championships
2011	Harriet Lee	Great Britain	World Short Course Records SB9 100m BR	East Region Championships
2011	Zara Bailey	Jamaica	Jamaican National Age-group Records - 100m BR	British Summer Nationals
2011	Zara Bailey	Jamaica	Jamaican National Age-group Records - 200m BR	British Summer Nationals
2011	Zara Bailey	Jamaica	Jamaican National Age-group Records - 100m FLY	British Summer Nationals
2011	Zara Bailey	Jamaica	Jamaican National Age-group Records - 200m IM	PAN-AM Games, Mexico
2011	Zara Bailey	Jamaica	Jamaican National Age-group Records - 400m IM	PAN-AM Games, Mexico
2012	Harriet Lee	COPS	World Record SB9 50m BR - Harriet Lee	Rouen, France
2012	Harriet Lee	Great Britain	ER, British & European Record - SB9 100m BR	London Paralympic Games
2012	Harriet Lee	COPS	East Region Records - SM9 200m IM	East Region Championships
2012	Liam Knight	COPS	East Region Senior Record - 50m FLY	British Summer Nationals
2012	Zara Bailey	COPS	Jamaican National age-group Records - 200m IM	British Championships
2012	Zara Bailey	COPS	Jamaican National Age-group Records - 400m IM	British Championships
2012	Zara Bailey	Jamaica	Jamaican National Records - 200m IM	CARIFTA Games, Jamaica
2012	Zara Bailey	Jamaica	Jamaican National Records - 400m IM	CARIFTA Games, Jamaica
2013	Chloe Hannam	COPS	East Region Senior Record - 200m BK	British Championships
2013	Liam Knight	COPS	East Region Senior Record - 50m FLY	British Summer Nationals
2013	Liam Knight	COPS	East Region Senior Record - 50m BK	British Summer Nationals
2013	Jaxon Simmons	COPS	East Region Junior Record - SB13 50m FR	COPS Meet 2013
2013	Jaxon Simmons	COPS	East Region Junior Record - SB13 100m FR	COPS Meet 2013
2013	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m FR	East Region DSE Championships
2013	Jaxon Simmons	COPS	East Region Junior Record - SB13 400m FR	COPS Meet 2013
2013	Harriet Lee	COPS	East Region Records - SM9 200m IM	East Region Championships
2013	Harriet Lee	COPS	British Short Course Record - SB9 200m BR	East Region Championships



2013	Harriet Lee	COPS	British Long Couse Record - SB9 100m BR	East Region Championships
2013	Mollie Allen	COPS	East Region Junior Championship Record - 50m Bk	East Region Championships
2013	Jamie Scholes	COPS	East Region Junior Record - 200m BK	British Summer Nationals
2014	Leah Roughan	COPS	East Region Junior Record - 100m BR	British Championships
2014	Leah Roughan	COPS	East Region Senior Record - 100m BR	East Region Championships
2014	Leah Roughan	COPS	East Region Junior Record - 200m BR	British Championships
2014	Chloe Hannam	COPS	East Region Senior Record - 200m BK	British Summer Nationals
2014	Mollie Allen	COPS	East Region Championship record - 50m FR	East Region Championships
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 50m FR	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 100m FR	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m FR	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 400m FR	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 50m BK	COPS Meet 2014
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 100m BK	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m BK	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 50m FLY	City of Leicester Meet
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 100m FLY	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m FLY	Cambs ASA County Champs
2014	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m IM	City of Leicester Meet
2014	Katie Brown	COPS	East Region Senior Record - 200m FLY	ASA National Short Course Champs
2015	Jaxon Simmons	COPS	East Region Junior Record - SB13 50m FR	Cambs ASA County Champs
2015	Jaxon Simmons	COPS	East Region Junior Record - SB13 100m FR	City of Leicester Meet
2015	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m FR	City of Leicester Meet
2015	Jaxon Simmons	COPS	East Region Junior Record - SB13 400m FR	Cambs ASA County Champs
2015	Jaxon Simmons	COPS	ER and British Record - SB13 1500m FR	COPS Meet 2015
2015	Jaxon Simmons	COPS	East Region Junior Record - SB13 200m BK	Cambs ASA County Champs



2015Jaxon SimmonsCOPSEast Region Junior Record - SB13 200m FLY2015Jaxon SimmonsCOPSEast Region Junior Record - SB13 200m IM2015Beth Saunders, Katie Brown, Mollie Allen, Rachel WellingsCOPSEast Region Womens 14-16yrs 4x100m Fr Relay2015Beth Saunders, Leah Roughan, Katie Brown, Mollie AllenCOPSEast Region Womens 14-16yrs 4x100m Medley2015Beth Saunders, Katie Brown, Mollie Allen, Rachel WellingsCOPSEast Region Womens 14-16yrs 4x200m Fr Relay2015Jamie Scholes, Tom Wiggins, Harry Whiteman, Daniel LeighCOPSEast Region Mens 14-16yrs 4x100m Medley Relay2015Leah RoughanCOPSEast Region Senior 200m Breaststroke2016Chloe HannamCOPSEast Region Senior Record - 200m BK2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 1500m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 100m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 200m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 200m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 200m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 400m FR	Cambs ASA County Champs Cambs ASA County Champs
2015 Beth Saunders, Katie Brown, Mollie Allen, Rachel Wellings COPS Beth Saunders, Leah Roughan, Katie Brown, Mollie Allen COPS Beth Saunders, Leah Roughan, Katie Brown, Mollie Allen COPS Beth Saunders, Katie Brown, Mollie Allen, Rachel Wellings COPS East Region Womens 14-16yrs 4x100m Medley Relay COPS East Region Womens 14-16yrs 4x200m Fr Relay COPS East Region Mens 14-16yrs 4x200m Fr Relay COPS East Region Mens 14-16yrs 4x200m Fr Relay COPS East Region Senior 200m Breaststroke COPS East Region Senior 200m Breaststroke COPS East Region Senior Record - 200m BK COPS East Region Senior Record - 5B13 1500m FR COPS East Region Junior/Senior Record - SB13 100m FR COPS East Region Junior/Senior Record - SB13 100m FR COPS East Region Junior/Senior Record - SB13 100m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR	Cambs ASA County Champs
2015 Beth Saunders, Leah Roughan, Katie Brown, Mollie Allen 2015 Beth Saunders, Katie Brown, Mollie Allen, Rachel Wellings 2015 Jamie Scholes, Tom Wiggins, Harry Whiteman, Daniel Leigh 2015 Leah Roughan COPS East Region Womens 14-16yrs 4x200m Fr Relay COPS East Region Mens 14-16yrs 4x100m Medley Relay COPS East Region Senior 200m Breaststroke COPS East Region Senior Record - 200m BK COPS East Region Senior Record - 200m BK COPS East Region Junior/Senior Record - SB13 50m FR COPS East Region Junior/Senior Record - SB13 100m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR COPS East Region Junior/Senior Record - SB13 200m FR	
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2015 Jamie Scholes, Tom Wiggins, Harry Whiteman, Daniel Leigh COPS East Region Mens 14-16yrs 4x100m Medley Relay 2015 Leah Roughan COPS East Region Senior 200m Breaststroke 2016 Chloe Hannam COPS East Region Senior Record - 200m BK 2016 Jaxon Simmons COPS ER and British Record - SB13 1500m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 50m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 100m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 100m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 200m FR	East Region Championships
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2016 Chloe Hannam COPS East Region Senior Record - 200m BK 2016 Jaxon Simmons COPS ER and British Record - SB13 1500m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 50m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 100m FR 2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 200m FR	East Region Championships
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2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 50m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 100m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 200m FR	British Championships
2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 100m FR2016Jaxon SimmonsCOPSEast Region Junior/Senior Record - SB13 200m FR	COPS Meet 2016
2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 200m FR	British-Para Summer Nationals
	British-Para Summer Nationals
2016 Jaxon Simmons COPS East Region Junior/Senior Record - SB13 400m FR	COPS Meet 2016
	British-Para Summer Nationals
2016 Jaxon Simmons Great Britain East Region Junior/Senior Record - SB13 200m IM	Berlin International Para-Meet
2016 Mollie Allen COPS East Region Senior Record - 50m BK	ASA National Short Course Champs
2016 Mollie Allen COPS East Region Senior Record - 100m BK	ASA National Short Course Champs
2016 Mollie Allen COPS East Region Senior Record - 50m FLY	East Region Championships
2016 Rebecca Burton COPS East Region Junior Record - 50m BR	East Region Championships
2016 Rachel Wellings, Poppy Richardson, Bethany Saunders Mollie Allen COPS ER Senior 4x100m FR Relay	ASA National Short Course Champs
2016 Rachel Wellings, Rebecca Burton, Poppy Richardson, Mollie Allen COPS ER Senior 4x100m Medley Relay	ASA National Short Course Champs
2017 Rachel Wellings, Rebecca Burton, Chloe Hannam, Mollie Allen COPS ER Senior 4x100m Medley Relay	British Summer Nationals
2017 Mollie Allen COPS East Region Senior Record - 50m BK	



2017	Mollie Allen	COPS	East Region Senior Record - 100m BK	British Championships
2017	Jaxon Simmons	COPS	East Region Senior Record - SB13 50m FR	British-Para Swimming Champs
2017	Jaxon Simmons	COPS	East Region Senior Record - SB13 100m FR	British-Para Swimming Champs
2017	Jaxon Simmons	COPS	East Region Senior Record - SB13 200m FR	East Region Championships
2017	Jaxon Simmons	COPS	East Region Senior Record - SB13 400m FR	British-Para Swimming Champs
2017	Jaxon Simmons	COPS	East Region Senior Record - SB13 200m IM	British-Para Swimming Champs
2018	Amelia Monaghan	COPS	East Region Junior Record - 200m BR	Guildford Open Meet
2018	Myles Robinson-Young, Henry Pearce, Herbie Kinder, Matthew Rothwell	COPS	ER Mens 14-16yrs 4x200m Freestyle Relay Record	British Summer Nationals
2018	Eve Wright, Amelia Monaghan, Mia Leech, Kenzie Whyatt	COPS	ER Womens14-16yrs 4x100m Medley Relay Record	British Summer Nationals
2018	Jaxon Simmons	COPS	East Region Senior Record - SB13 200m FR	British-Para Swimming Champs
2018	Jaxon Simmons	COPS	East Region Senior Record - SB13 400m FR	British-Para Swimming Champs
2018	Jaxon Simmons	COPS	East Region Senior Record - SB13 200m IM	East Region Championships
2019	Eve Wright	COPS	East Region Short Course - 50m BK	East Region Championships
2019	Eve Wright, Beth Dennis, Rebecca Burton, Amelia Monaghan,	COPS	ER 4x50m Medley Relay	East Region Championships

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