



HODDESDON SC SUMMER SPRINT 2025

21st June 2025

Level 3 Licence: 3ER250769

SCHEDULE OF EVENTS

Warm up 3:30pm, Start 4.00pm, Estimated finish 7.00pm	
1	Female 100m IM
2	Open/Male 100m IM
3	Female 50m Freestyle
4	Open/Male 50m Freestyle
5	Female 50m Breaststroke
6	Open/Male 50m Breaststroke
Skins	Female 50m Medley / Open/Male 50m Medley
7	Female 50m Backstroke
8	Open/Male 50m Backstroke
9	Female 50m Butterfly
10	Open/Male 50m Butterfly

Swimmer age as at 21st June 2025

[CLOSING DATE: Saturday 7th June 2025, or when the Meet is full](#)



HODDESDON SC SUMMER SPRINT 2025

21st June 2025

Level 3 Licence: 3ER250769

RULES & CONDITIONS OF ENTRY

Competitors must comply with the Meet conditions as set out below.

1. Promoting Club: Hoddesdon Swimming Club. Open Meet Managers: Gemma Stacey / Jayne Odie.
2. The competition will be held on Saturday 21st June 2025 at Leisurezone, Harlow, CM20 3DT, as a Level 3 open meet licensed with Swim England East Region under Swim England Law and Technical Rules of Racing.
3. The pool length is 25 metres with 8 lanes and AOE timing. A secondary strobe for the starting system is available.
4. Competitors must be **Club Compete** members of an affiliated club, eligible to compete and registered in accordance with Swim England Regulations and Technical Rules and may enter in the name of one club only.
5. Competitors in possession of a Swim England Certificate of Swimming Disability or whose Swim England Membership record details a disability sport class (S1-S15) are welcome to enter the competition. Personal care attendants are permitted for swimmers who require them without the need to pay for an additional Poolside Pass.
6. Entries may be made using Female and Open/Male categories as the new competition categories recognised by Swim England's Transgender and Non-Binary Competition Policy on 1 September 2023.
7. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
8. Age groups for female and open/male will be: 9/10, 11, 12, 13, 14, 15, and 16+ years of age, as at 21st June 2025.
9. Entry fee for individual events is £7.50 per event.
10. Individual participants should submit their entries on the Individual Entry Form, adding a £2.00 administration charge (per swimmer) to their entry total. Completed forms should be sent via email to Gemma Stacey/Jayne Odie at hoddesdonscgals@gmail.com
11. Valid entries (which must include payment) will be accepted in order of receipt by the closing date: **7th June 2025**. Hoddesdon Swimming Club reserves the right to close entries before the closing date and/or reject later entries if events are oversubscribed.
12. Clubs entering 5 swimmers or more need to do so by Sportsystems Entry Manager; please email Gemma Stacey/Jayne Odie at hoddesdonscgals@gmail.com for an entry file. The file should be sent to Gemma Stacey/Jayne Odie by return together with a completed Summary Sheet and confirmation of payment.
13. Late entries *may* be accepted for individual events at £8.50 per event, depending on availability. Please email Gemma Stacey/Jayne Odie at hoddesdonscgals@gmail.com with your request.
14. Day of meet entries and day of meet alterations will **NOT** be accepted, unless due to administrative error.



15. Coaches and Team Managers shall be responsible for ensuring swimmers sign in before the start of the session. Late arrivals will only be accepted at the discretion of the promoter.
16. The promoter reserves the right to refuse admission to any person.
17. Competitors will be listed on the programme in graduated time order with slowest first, and heats will be seeded on submitted times. Swimmers who do not enter a time will be entered as the slowest.
18. Results are decided on a timed finals basis. Results will be posted poolside and in the spectator gallery with full meet results posted after the meet at www.hoddesdonsc.co.uk and supplied to Aquatics GB for entry into the national rankings database.
19. Medals will be awarded to the top three in each age group. Awards are to be collected from the medals table. **Swimmers should not approach the medals table until they have checked the posted results and see confirmation that they are due to receive a medal.** Swimmers should also be wearing their club t-shirt/top when collecting their medal.
20. Spot prizes will be awarded for the winner of selected random 50m heats. A bell/sound/announcement will be rung before the start of the heat.
21. A Skins event will be held for the top 8 fastest swimmers from the Female and Open/Male 100IM heats in the following two age groups – up to and including age 14 and age 15+. Age as at 21st June 2025. The skins event will be run after Event 6.
22. Deck passes cost £5.00 (which includes poolside pass, programme, and if requested, an electronic results sheet sent by email). There will be no entry to the poolside without a pass and passes must be worn at all times. Passes should be collected at the Hoddesdon SC Spectator desk upstairs and the Coaches packs will be emailed beforehand.
23. Withdrawal sheets will be in the coaches' pack which each club should print out before the event. The Coaches are responsible for withdrawing swimmers from events no later than 10 minutes after the start of the warm-up.
24. Once entries are confirmed as accepted, no refunds will be given.
25. Swimmers of each event must report to the marshalling area as requested by the Announcer. It is the responsibility of the coach and swimmer to make sure that they are at the marshalling area when requested.
26. Over the top starts will be used whenever possible at the referee's discretion.
27. Upper time limit (no faster than) qualifying times and entries with unlicensed times will be accepted. The promoter reserves the right to reject swimmers should the event become oversubscribed.
28. The Swim England Team Manager, Coach and Chaperone Policy must be adhered to at all times.
29. Only swimmers, officials, Hoddesdon SC 'helpers' and Team Managers / Coaches accredited with coach passes will be allowed poolside.
30. Hot liquids and glass containers of any kind are **NOT** permitted poolside or in the changing village.
31. All litter to be disposed of in the receptacles provided or taken home. **Coaches and Managers are responsible for ensuring their Team Area remains clean and obstacle-free.**
32. Swimmers must wear suitable clothing and footwear poolside. Swimmers **MUST** have dry clothing and footwear to be allowed in any areas beyond poolside and changing room i.e., main lobby, spectator area, etc.
33. The promoter reserves the right to refuse admission to any person.
34. In accordance with the Swim England Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic, or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children



in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter. **Note that use of any mobile device in the changing rooms is absolutely forbidden.**

Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Safeguarding Policy and Procedures, Wavepower provides guidance on the use of social networking and guidance on photography. <https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.

35. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the Meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. **Consent to process such personal data is deemed to have been given by the submission of the entry.** Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure the consent has been obtained. The data obtained to run this meet will be held electronically by the club for 12 months and in paper copy for 3 months following the completion of the meet.
36. All participants must observe the safety precautions in operation at Harlow Leisurezone. **Use of the teaching pool is prohibited.** Only small bags will be allowed poolside. Lockers are available operating on a non-refundable 20 pence coin. Neither the Promoter nor Hoddesdon Swimming Club will be responsible for any loss or damage occurring during the meet.
37. The organisers and pool management reserve the right to remove any spectator or swimmer from the event whose behaviour is against the rules of the centre or obstructs the efficient running of the meet. If asked to leave you will not be entitled to a refund.
38. Any matter not covered by these meet conditions will be determined by the Promoter and Referee, subject to Swim England Laws and Regulations, the Swim England Technical Rules of Swimming, and to the Swim England Open Meet Licensing Criteria.



HODDESDON SC SUMMER SPRINT 2025

21st June 2025

Level 3 Licence: 3ER250769

UPPER LIMIT TIMES ('no faster than' times listed below)
No Lower Time Limits

FEMALE

EVENT	9/10 years	11 years	12 years	13 years	14 years	15 years	16/Over
50m Freestyle	00:32.7	00:29.8	00:28.8	00:27.2	00:26.6	00:25.4	00:24.2
50m Breaststroke	00:40.5	00:38.0	00:37.0	00:35.6	00:35.1	00:33.8	00:32.3
50m Butterfly	00:35.0	00:33.1	00:31.1	00:29.7	00:28.4	00:27.5	00:27.0
50m Backstroke	00:36.3	00:34.8	00:33.1	00:32.1	00:31.0	00:30.4	00:29.7
100IM	1.19.00	1.17.40	1.11.25	1.08.50	1.07.37	1.06.05	1.04.23

OPEN/MALE

EVENT	9/10 years	11 years	12 years	13 years	14 years	15 years	16/over
50m Freestyle	00:31.0	00:29.2	00:27.8	00:26.0	00:25.1	00:23.8	00:22.6
50m Breaststroke	00:40.2	00:37.7	00:35.1	00:33.4	00:31.2	00:30.6	00:28.0
50m Butterfly	00:33.1	00:31.0	00:29.1	00:27.1	00:25.7	00:25.0	00:24.6
50m Backstroke	00:35.6	00:34.1	00:32.0	00:30.0	00:29.1	00:27.0	00:26.1
100IM	1.20.00	1.18.24	1.12.70	1.08.43	1.04.53	00:58.97	00:58.10