



Guidelines for Volunteer Swimmers

Role Objective

The role of the Volunteer Swimmer is to assist with club sessions under the supervision of a qualified Teacher or Coach. This is often as part of a qualification such as the Duke of Edinburgh Award Scheme but can be as part of individual development following a potential interest to become a Coach. If you are 16 years old or over, you will be required to be DBS checked before starting to help at training sessions. Please ask your parent to contact our Welfare Officer to arrange this (cpo@hitchinswimmingclub.co.uk)

Duties and Responsibilities

- Be present at agreed training sessions wearing suitable attire including a Club T-Shirt
- Assist with the set-up of the pool for training sessions
- Complete the register and return to the Coach
- Be aware of safety at all times throughout the session, keeping the poolside tidy and ensuring any health and safety risks are reported to the Coach
- Ensure that swimmers have the correct equipment needed for the session e.g. pull buoys, floats, water bottle etc.
- Assist the Coach to deliver the session if requested by the Coach. This may involve relaying instructions from the Coach to the swimmers in a lane while the Coach concentrates on an individual or individual lane
- Highlight any issues to the Coach and do not try to sort it out yourself
- Supervise swimmers at the side of the pool if they are asked to have 'time out'
- Contact parents to ask them to collect their child early in the event of a swimmer feeling unwell during a session or suffering an injury. If they suffer an injury, this should be dealt with by a lifeguard as any injury should be recorded by the centre **and** the club so that the club is covered.
- Record any accident/incident in Coaches Accident Book and return to the Coach
- At the end of the session ensure all equipment is correctly stored away
- It will be assumed that you will have a mobile phone with you at the session in case of emergencies and the need to contact parents

Remember

- At no point must you be on your own with a swimmer
- Any discipline issues must be highlighted to the Coach
- The Lifeguards are there to save lives, this is not your job if a child gets into difficulty
- The children must not enter the pool until a qualified Coach has arrived

If you are unable to attend the agreed session

- Ask you parent to inform the Coach via the Club email:-
coach@hitchinswimmingclub.co.uk