

MIXED

Licence Numbers : 2ER240099, 2ER240100, 2ER240101, 2ER240102



SATURDAY 13th JANUARY 2024

SESSION 1 : Warm up 18:00 Start 18:50 TIMED F | INALS

800m Freestyle

S	ATURDAY 20th JANUAI	RY 2024
SE	SSION 2 : Warm up 14:00 S	tart 14:50
Female	100m Butterfly	HEATS
Male / Open	100m Ind. Medley	HEATS
Female	200m Backstroke	HEATS
Male / Open	100m Backstroke	HEATS
Female	100m Butterfly	FINALS
Male / Open	100m Backstroke	FINALS
Female	200m Backstroke	Championship FINAL
Male / Open	100m Ind. Medley	FINALS
	BREAK	
SE	SSION 3 : Warm up t.b.c. S	tart t.b.c.
Female	100m Freestyle	HEATS
Male / Open	100m Breaststroke	HEATS
Female	200m Breaststroke	HEATS
Male / Open	200m Butterfly	HEATS
Female	100m Freestyle	FINALS
Male / Open	100m Breaststroke	FINALS
Female	200m Breaststroke	Championship FINAL
Male / Open	200m Butterfly	Championship FINAL
	SUNDAY 21st JANUAR	/ 2024
	SSION 4 : Warm up 08:30 S	
Male / Open	100m Butterfly	HEATS
Female	100m Backstroke	HEATS
Male / Open	200m Backstroke	HEATS
Female	100m Ind. Medley	HEATS
Male / Open	100m Butterfly	FINALS
Female	100m Backstroke	FINALS
Male / Open	200m Backstroke	Championship FINAL

Female

100m Ind. Medley BREAK

FINALS

SESSION 5 : Warm up t.b.a. Start t.b.a. 200m Buttorfh

Female	200m Butterfly	HEATS
Male / Open	100m Freestyle	HEATS
Female	100m Breaststroke	HEATS
Male / Open	200m Breaststroke	HEATS
Male / Open	100m Freestyle	FINALS
Female	100m Breaststroke	FINALS
Male / Open	200m Breaststroke	Championship FINAL
Female	200m Butterfly	Championship FINAL

SATURDAY 27th JANUARY 2024							
SESSION 6 : Warm up 14:00 Start 14:50							
AL.							
nip FINAL							
BREAK							
SESSION 7 : Warm up t.b.c. Start t.b.c.							
LS							
nip FINAL							
SUNDAY 28th JANUARY 2023							
SESSION 8 : Warm up 8:30 Start 9:20							
nip F							

52551614 0 . Wallin up 0.50 Start 5.20				
50m Freestyle	HEATS			
50m Breaststroke	HEATS			
200m Ind. Medley	HEATS			
400m Ind. Medley	TIMED FINALS			
50m Freestyle	FINALS			
50m Breaststroke	FINALS			
200m Ind. Medley	Championship FINAL			

BREAK

SESSION 9 : Warm up t.b.a. Start t.b.a

Male / Open

Male / Open

Male / Open

Female

Female

Female

	50m Butterfly	HEATS
Open	50m Backstroke	HEATS
	200m Freestyle	HEATS
Open	400m Freestyle	TIMED FINALS
	50m Butterfly	FINALS
Open	50m Backstroke	FINALS
	200m Freestyle	Championship FINAL
Dpen Dpen	200m Freestyle 400m Freestyle 50m Butterfly 50m Backstroke	HEATS TIMED FINALS FINALS FINALS

SATURDAY 3rd February 2024

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SESSION 10 : Warm up 18:00 Start 18:50 1500m Freestyle TIMED F|INALS