



The license number for this event is: L2/ND/061/OCT24

About our Meet

Inverness ASC invites you to their Spooky Halloween Mini Meet at Inverness Aquadome, Bought Lane, Inverness, IV3 5SS on Saturday 26th October 2024. This is a level 3 licensed event and will be held in a 25m, 8 lane pool with electronic timing and anti-turbulence lane ropes.

This meet is intended to be a friendly, fun and welcoming opportunity for younger swimmers to experience and learn about competing. It is our first Mini Meet and to add to the fun and excitement of the day we will also have surprise hot heats where swimmers can compete to win a Halloween goody bag.

SESSIONS

Session 1	Warm up: 9.00am	Start: 10:00am
Session 2	Warm up: 1.30pm	Start: 2:30pm

AGE GROUPS

8, 9, 10, 11, 12 & 13yrs
Age on day – 26th October 2024

EVENTS

8 Years – 25m individual stroke swims
9-13 Years - 50m individual stroke swims
10-13 years – 100m individual stroke
Male/female relays

Please see attached sheet for order of events. All events are heat declared winners.

For relays, all members of the relay team(s) must have taken part in at least one individual event in that session. A maximum of two relay teams per event per club. Swimmers must swim in their respective age groups

Canon relay – is swum young to old with one swimmer from each age group. Discretion can be applied if a club does not have an 8yr to a team line that has 2 x 9yr swimmers.

Team lines will be required one hour before the start of the session in which the relay takes place.

Inverness ASC reserves the right to fill lanes with their own swimmers. There will be a maximum of 5 heats per event.

There will be medals to the first three swimmers in each event and can be picked up from the front desk.

ENTRY TIMES

There are no consideration times, and no time entries will not be accepted. Times are not required to be accredited but must be real times.





ENTRIES

All entries to be submitted on HY-TEK files and emailed to lesleygatton@gmail.com with Summary sheets. Entry file can be obtained from the SASA North District website or email Meet Secretary (as above).
CLOSING DATE 27th September 2024. Late entries will not be accepted.

ENTRY FEE

£7.00 per swim for 25m events
£8.00 per swim for 50 & 100m events
£10.00 per relay

Payment to be made by BACS quoting your club's name as the reference.
E.g.. NISX/Halloween

Bank account details:

Sort Code: 80-91-26 Account : 10466360
Name: Inverness Amateur Swimming Club.

Alternatively, you can pay by cheques made payable to Inverness Swimming Club.

The entry sheet (and entry fee by cheque where applicable) should be sent to Lesley Gatton and received by **27th September 2024**:

Lesley Gatton
152 Shillinghill
Aness
IV17 0TD
Email to lesleygatton@gmail.com

LUNCH

Technical officials will be offered a light lunch. Coaches and Team managers can request lunch at a cost of £10 per head and the request should be submitted with the summary sheet and payment included with the entry fee. Please advise IASC STO of any dietary requirements on the summary sheet.

OFFICIALS

Please offer the services of your technical officials to ensure that this meet runs smoothly. Where possible attending clubs should provide at least one judge per session in addition to timekeepers. Please complete the enclosed form and return to iascsto@gmail.com by no later than **11th October 2024**. Requests for mentoring should also be made directly to IASC STO and will be accommodated if the meet referee considers it practical.

WITHDRAWALS

Withdrawals from swimmers prior to the competition should be emailed to lesleygatton@gmail.com to arrive no later than 3pm on Thursday 24th October 2024. Withdrawals after this time should be submitted to the records desk prior to the start of each warmup on the withdrawal forms made available.

Refunds for swimmers withdrawing through illness or injury will be granted only if the swimmer has been withdrawn in time according to the meet information and when the swimmer can provide medical evidence confirming that they are unfit to swim to the Meet Convener within 7 days following the meet. The letter should be dated no earlier than the closing date for the meet and not more than 2 days after the meet.





VIDEO

Please note anyone wishing to use photographic equipment, including video cameras, must register with the Front Desk and receive a wrist band to meet with the venue requirements. Mobile phones may not be used in any circumstances in the shower area, toilets or changing rooms. They must be switched to silent in the pool hall and can only be used for photography if they have been registered as above.

MEET SECRETARY

Lesley Gatton lesleygatton@gmail.com

1.

NOTES

1. All swimmers entered must have paid their SASA membership fee for the current year with registration numbers shown on entry files.
2. Poolside access will be limited to 1 members of club staff per 10 swimmers and one further coach per additional 10 swimmers. All staff must have PVG and CWPS training.
3. No glassware to be taken into the changing rooms or onto the poolside.
4. Participating clubs will receive on copy of start sheets for each session. Results will be posted by the front desk during the event and after the event will be sent via email and published on the North District website.
5. Spectating is available at this meet and there are vending machines around the facility. There is also a café across from the pool at Inverness Botanic Gardens.
6. Participant information will be issued to all clubs with more details about the meet up to 7 days before the event.
7. This event is run in accordance with Scottish Swimming Competition Management Guidance, codes of conduct; requirements for the meet may need to be changed in accordance with any change in regulations/legislation. A risk assessment has been carried out and takes into consideration the information contained within this document. As of the 1st January 2024 the Scottish Swimming Transgender and Non-Binary Competition Policy was implemented nationally across all aquatic sports. The policy and FAQs can be found here [Link](#) . Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. Clubs must confirm that swimmers entering into the female category were born female.





8. Scottish Swimming swimsuit rules will apply to all swimmers at this meet. For more information see [HERE](#)
9. During this meet IASC and press may take static photographs and video footage. These images are intended solely for the purposes of promotion of the event and images may be uploaded to our website and social network sites. Should any competitor wish not to be photographed or filmed please email the Meet Convenor.

CONVENOR

If you have any question, please contact the Meet Convenor:
Trish Sheldon – iascmeetconveor@gmail.com





PROGRAMME OF EVENTS

Session 1 – Warm Up 9.00am

Start 10.00am

Event	Category	Age	Distance	Stroke
101	Male / Open	10-13	100m	Individual Medley
102	Female	10-13	100m	Individual Medley
103	Male/Open	8	25m	Backstroke
104	Male/Open	9-13	50m	Backstroke
105	Female	8	25m	Backstroke
106	Female	9-13	50m	Backstroke
107	Male/Open	10-13	100m	Freestyle
108	Female	10-13	100m	Freestyle
109	Female	8	25m	Breaststroke
110	Female	9-13	50m	Breaststroke
111	Male/Open	8	25m	Breaststroke
112	Male/Open	9-13	50m	Breaststroke
113	Female	10-13	100m	Butterfly
114	Male/Open	10-13	100m	Butterfly
115	Mixed	8-13	8 x 50m	Freestyle Canon Relay

Session 2 – Warm Up 1.30pm

Start 2.30pm

Event	Category	Age	Distance	Stroke
201	Female	10-13	100m	Backstroke
202	Male/Open	10-13	100m	Backstroke
203	Male/Open	8	25m	Butterfly
204	Male/Open	9-13	50m	Butterfly
205	Female	8	25m	Butterfly
206	Female	9-13	50m	Butterfly
207	Male/Open	10-13	100m	Breaststroke
208	Female	10-13	100m	Breaststroke
209	Female	8	25m	Freestyle
210	Female	9-13	50m	Freestyle
211	Male/Open	8	25m	Freestyle
212	Male/Open	9-13	50m	Freestyle
213	Female	8-10	4 x 50m	Freestyle Relay
214	Male	8-10	4 x 50m	Freestyle Relay
215	Female	11-13	4 x 50m	IM Relay
216	Male	11-13	4 x 50m	IM Relay





ENTRY SUMMARY SHEET

Please complete and return with entry fees by **Friday 27th September 2024**

Contact Details

Club

Meet Secretary

Address

Tel. No. **Email address**

Entry Summary

Swimmers Aged 8@£7.00 per swim = £.....

Swimmers Aged 9-13 @£8.00 per swim = £.....

Relay team@£10 per swim = £.....

Coach meal ticket@£10 per person = £.....

Total £.....

Closing date: 29th September 2024

DECLARATION

I confirm that all swimmers in this competition have paid their current SASA fee.

I confirm all staff poolside will have PVG and CWPS training.

I confirm all swimmers entered into the female category were born female.

Signed..... **Position in club**

Date

Club bank details for any refunds:

Sort Code:

Account:





OFFICIALS SHEET

Please complete and return by **11th October 2024** and send to **iascsto@gmail.com**

Club: _____

STO Name: _____

Email address for STO: _____

NAME	DUTY	SESSION 1	SESSION 2	SIGNATURE REQUIRED?

STO CONTACT – (Paul Morley, iascsto@gmail.com)

