

Kilkenny Swimming Club  
2023/2024 Season**CLUB2024 STANDARDS Squad Times Updated Short Course Meters****Female 9 & Under**

	<b>A</b>	<b>B</b>
100 Free		1:40.00
100 Back		1:49.00
100 Breast		2:05.00
100 Fly		2:15.00

**Female 10-10**

	<b>A</b>	<b>B</b>
100 Free		1:39.58
200 Free		
100 Back		1:49.92
100 Breast		2:03.42
100 Fly		1:47.24
200 IM		

**Female 11-11**

	<b>A</b>	<b>B</b>
100 Free	1:15.43	1:38.20
200 Free	2:43.08	3:34.00
100 Back	1:27.59	1:48.40
100 Breast	1:42.04	2:01.70
100 Fly	1:28.99	1:46.30
200 IM	3:07.63	3:59.60

**Female 12-12**

	<b>A</b>	<b>B</b>
100 Free	1:15.43	1:35.70
200 Free	2:43.08	3:28.50
100 Back	1:27.59	1:45.60
100 Breast	1:42.04	1:58.42
100 Fly	1:28.99	1:43.60
200 IM	3:07.63	3:53.10

**Female 13-13**

	<b>A</b>	<b>B</b>
100 Free	1:12.28	1:33.00
200 Free	2:39.08	3:22.70
100 Back	1:24.13	1:42.70
100 Breast	1:37.68	1:55.30
100 Fly	1:27.36	1:40.70
200 IM	3:02.81	3:46.90

**Female 14-14**

	<b>A</b>	<b>B</b>
100 Free	1:08.13	
200 Free	2:32.10	
100 Back	1:21.18	
100 Breast	1:31.01	
100 Fly	1:23.68	

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200 IM 2:56.27

**Female 15-15**

	A	B
100 Free	1:06.83	
200 Free	2:28.87	
100 Back	1:19.69	
100 Breast	1:29.63	
100 Fly	1:21.55	
200 IM	2:52.27	

**Female 16 & Over**

	A	B
100 Free	1:06.11	
200 Free	2:26.57	
100 Back	1:17.89	
100 Breast	1:27.23	
100 Fly	1:19.69	
200 IM	2:46.52	

**Male 9 & Under**

	A	B
100 Free		1:40.83
100 Back		1:50.20
100 Breast		2:05.42
100 Fly		1:48.91

**Male 10-10**

	A	B
100 Free		1:39.58
200 Free		
100 Back		1:49.92
100 Breast		2:03.42
100 Fly		1:47.24
200 IM		

**Male 11-11**

	A	B
100 Free	1:13.02	1:37.08
200 Free	2:40.03	3:31.48
100 Back	1:26.81	1:47.16
100 Breast	1:39.44	2:00.32
100 Fly	1:27.59	1:45.08
200 IM	3:02.24	3:56.82

**Male 12-12**

	A	B
100 Free	1:13.02	1:34.12
200 Free	2:40.03	3:25.02
100 Back	1:26.81	1:43.89
100 Breast	1:39.44	1:56.65

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**CLUB2024 STANDARDS Squad Times Updated Short Course Meters**

100 Fly	1:27.59	1:41.87
200 IM	3:02.24	3:49.59

**Male 13-13**

	<b>A</b>	<b>B</b>
100 Free	1:08.77	1:31.50
200 Free	2:36.47	3:19.30
100 Back	1:21.70	1:41.00
100 Breast	1:33.27	1:53.40
100 Fly	1:24.76	1:39.00
200 IM	2:56.01	3:43.00

**Male 14-14**

	<b>A</b>	<b>B</b>
100 Free	1:03.99	
200 Free	2:24.17	
100 Back	1:16.27	
100 Breast	1:28.24	
100 Fly	1:14.99	
200 IM	2:44.34	

**Male 15-15**

	<b>A</b>	<b>B</b>
100 Free	59.58	
200 Free	2:13.22	
100 Back	1:12.85	
100 Breast	1:23.25	
100 Fly	1:09.52	
200 IM	2:36.04	

**Male 16 & Over**

	<b>A</b>	<b>B</b>
100 Free	59.25	
200 Free	2:12.99	
100 Back	1:09.69	
100 Breast	1:18.57	
100 Fly	1:07.88	
200 IM	2:30.83	