

Lisburn City Swimming Club Long Course Records 2024 – 2025

Male					Female			
Male D	C	B	A	Distance	A	B	C	D
DOB (2007+) 15 yrs old and older	DOB (2008/09) 13/14 yrs old	DOB (2010/11) 11/12 yrs old	DOB (2012+) 10 yrs old and younger		DOB (2012+) 10 yrs old and younger	DOB (2010/11) 11/12 yrs old	DOB (2008/09) 13/14 yrs old	DOB (2007+) 15 yrs old and older
23.39 Dylan Registe 05 Apr 2023	25.33 Alfie Shaw 23/04/2022	27.97 Dylan Registe 26 JUL 2018	Standard 30.20	50Free	Standard 29.90	28.20 Rachel Bethel 28/04/13	27.54 Rachel Bethel 02/03/14	26.81 Bethany Carson 10/8/14
52.65 Neil McGrann 16/04/04	55.80 Alfie Shaw 22/7/22	1.03.42 Daniel Wiffen 19/07/14	1.08.15 R McIlveen 12/07/07	100Free	1.05.11 Leah Bethel 19/07/14	58.43 Rachel Bethel 24/07/13	58.02 Rachel Bethel 06/03/15	57.06 Bethany Carson 22/5/12
1:53.89 Jack Fleming 04/04/23	2:01.99 Daniel Wiffen 08/04/2016	2:16.65 Daniel Wiffen 19/07/14	2:26.22 R McIlveen 12/07/07	200Free	2:21.75 Leah Bethel 01/06/14	2:04.12 Rachel Bethel 26/07/13	2:03.38 Rachel Bethel 07/03/15	2:01.60 Rachel Bethel 10 Dec 2017
4:00.05 Daniel Wiffen 28 MAR 2019	4:14.16 Daniel Wiffen 10/04/16	4:42.82 Dylan Griffiths 31/05/2015	5:16.78 R McIlveen 12/07/07	400Free	5:00.11 Standard (Leah Bethel) 20/07/14	4:22.26 Rachel Bethel 25/07/13	4:18.94 Rachel Bethel 16/07/15	4:16.12 Rachel Bethel 09 Dec 2017
8:13.72 Daniel Wiffen 06 JUL 2019	8:49.08 Daniel Wiffen 28/04/16	10:17.16 Dara Quinn 12/02/2016		800Free	10:08.48 Leah Bethel 16/07/14	9:19.06 Rachel Bethel 17/07/13	9:00.35 Rachel Bethel 17/07/15	8:54.06 Rachel Bethel 22 JUL 2017
15:39.74 Daniel Wiffen 25 AUG 2019	16:53.20 Daniel Wiffen 28/04/16	18:29.95 Peter Sands 10/07/09	20:28.25 R McIlveen 12/07/07	1500Free		19:22.27 Jessica Robson 26 APR 2019	17:54.19 Leah Bethel 09 APR 2017	17:21.13 Rachel Bethel 09 APR 2017
27.79 Daniel Mullholland 08 May 2022	31.05 Nicky Galloway 09/07/10	34.87 Eoghan McQuillan 02/06/24	37.10 Standard	50Back	35.22 Standard	34.41 Leah Bethel 27/03/15	31.61 Isla Henry 23 Apr 2022	31.19 Katie Reid 7/09
1:01.49 Nathan Wiffen 30 MAR 2019	1:05:78 Aiden Mallett 06 May 2022	1:13.99 K McIlveen 14/07/06	1:19.05 Paul Cox 30/03/14	100Back	1:15.73 Standard	1:08.35 Caoimhe Quinn 05/08/15	1:07.53 Caoimhe Quinn 21/5/2016	1:06.69 Katie Reid 05/2/10
2:09.14 Nathan Wiffen 28 JUL 2019	2:19.16 Christopher Loan 20/07/14	2:35.59 Robert Allison 10/07/09	2:49.03 Paul Cox 28/03/14	200Back	2:38.43 Standard	2:26.50 Caoimhe Quinn 07/08/15	2:24.31 Caoimhe Quinn 30/04/16	2:23.54 Katie Reid 28/7/09
29.83 Michael Williamson 04/01	33.71 Adam Matthews 24/07/08	34.87 Standard	38.66 Standard	50Breast	42.57 Moya O'Kane 24 Feb 2017	37.57 Moya O'Kane 11 MAR 2018	36.64 Ava McNamara 26 APR 2019	33.85 Sarah McCracken 29 JUL 2023
1:03.60 Michael Williamson 16/04/04	1:08.85 Michael Williamson 22/07/97	1:19.70 Paul Cox 18/07/15	1:27.89 Paul Cox 28/03/14	100 Breast	1:29.32 Standard	1:22.38 Ava McNamara 25 JUL 2018	1:16.48 Sarah McCracken 18/07/14	1:13.39 Sharlene Brown 13/6/92
2:14.18 Michael Williamson 04/04	2:24.08 Michael Williamson 15/12/97	2:50.83 Paul Cox 15/07/15	3:04.66 Paul Cox 28/03/14	200 Breast	3:10.45 Standard	2:57.41 Ava McNamara 03 JUN 2018	2:44.56 Sarah McCracken 17/07/14	2:36.86 Sharlene Brown 06/92
24.67 Dylan Registe 10 Mar 2024	27.04 Dylan Registe 21 FEB 2020	31.85 Standard	35.05 Ben Bickerstaffe 02 JUN 2019	50Fly	35.85 Standard	30.88 Standard	30.75 Chloe Richards 14/07/10	28.26 Natasha Pollock 20/07/14
55.04 Dylan Registe 24 May 2024	59.18 Dylan Registe 22 FEB 2020	1:02.49 Ben Bickerstaffe 21 JUL 2022	1:17.13 Ben Bickerstaffe 28 APR 2019	100Fly	1:19.64 Moya O'Kane 21 APR 2017	1:07.84 Rachel Bethel 25/07/13	1:06.16 Natasha Pollock 01/06/12	1:00.53 Bethany Carson 3/3/12
2:07:43 Adam Colgan 07 May 2022	2:12.46 Keelan Logan 17/07/14	2:19.77 Ben Bickerstaffe 16 JUL 2014	2:54.14 Ben Bickerstaffe 09 MAR 2019	200Fly	2:55.50 Standard	2:29.60 Rachel Bethel 26/05/13	2:25.39 Rachel Bethel 15/07/15	2:15.06 Bethany Carson 18/1/13
2:11.17 Adam Colgan 24 Jul 2022	2:18.54 Jamie Allison 24/07/16	2:34.823 Jamie Allison 16/07/14	2:49.08 Paul Cox 30/49/14	200IM	2:49.11 Moya O'Kane 21 APR 2017	2:31.89 Caoimhe Quinn 16/07/15	2:28.06 Bethany Carson 25/03/06	2:17.80 Bethany Carson 19/1/13
4:35:23 Adam Colgan 20 Jul 2022	4:57.18 Jack Fleming 23/07/16	5:11.39 Ben Bickerstaffe 20 JUL 2022	5:56.05 Paul Cox 28/03/14	400IM	6:05.02 Standard	5:23.44 Caoimhe Quinn 30/05/15	5:09.54 Bethany Carson 14/07/06	4:56.62 Bethany Carson 27/3/09

RELAYS

1:51.93 Nathan Wiffen Daniel Wiffen Paul Cox Odhran Mallon 10 NOV 2018	1:59.73 Nathan Wiffen, Paul Cox, Jamie Allison, Daniel Wiffen 20/7/2016	2:18.41 N. Wiffen P. Cox O. Chambers E. Copeland 30/03/14	2:35.70 Standard	4x50 Medley Team Relay	2:32.36 Standard	2:19.36 L. Bethel H McMath C. Quinn A. Crookshanks 27/03/15	2:10.90 Z Dickey S. McCracken R Bethel V. Hunter 18/07/08	2:05.79 C Quinn S McCracken V Hunter R Bethel 07/11/15	
1:33.27 Matthew Hamilton Adam Colgan Alfie Shaw Dylan Registe 17/11/23	1:46.04 Jamie Allison, Daniel Wiffen, Dylan Griffiths, Jack Fleming 24/07/16	1:59.57 O. Chambers D. Wiffen P. Cox E. Copeland 29/03/14	2:14.17 Standard	4x50 Freestyle Team Relay	2:18.50 Standard	2:02.89 L. Bethel E. Smyth A. Crookshanks C. Quinn 28/03/15	1:57.04 Elise Smyth Sasha Quinn Lydia Mees Hannah McMath 23 APR2017	1:52.28 B. Carson K. Reid S.O'Callaghan R. Smyth 04/2/10	
2:33.98 Daniel Wiffen Nathan Wiffen Paul Cox Jack Fleming Odhran Mallon Caleb Maguire 10 Nov 2018				6 x 50m Freestyle Team Relay					
4:04.60 Nathan Wiffen Paul Cox Odhran Mallon Jamie Allison 22 FEB 2019	4:20.92 Standard Nathan Wiffen, Paul Cox, Jamie Allison, Daniel Wiffen 20 JUL 2016			4x100 Medley Team Relay		4:58.58 Standard Cara O'Neill Campbell Ava McNamara Toni Jamison Moya O'Kane 16 Feb 2018	4:42.01 Jessica Robson Ava McNamara Toni Jamison Moya O'Kane 27 JUL 2019	4:37.96 Jessica Robson, Ava McNamara, Toni Jamison, Aimee Dawson 26 Feb 2023	
3:35.86 Jack Fleming Adam Colgan, Daniel Mulholland Paul Cox 25/02/22	3:51.00 Standard Jamie Allison, Daniel Wiffen, Dylan Griffiths, Jack Fleming 23 JUL 2016			4x100 Freestyle Team Relay			4:15.56 Cara O'Neill Campbell Moya O'Kane Toni Jamison Ava McNamara 27 APR 2019	4:06.14 B. Carson S.Mathewson C. Beattie K. Reid 02/5/08	
7:50.68 Jack Fleming Adam Colgan Daniel Edgar James Allison 28/07/2023				4x200 Freestyle Team Relay		9:36.05 Jessica Robson Cara O'Neill Campbell Toni Jamison Ava McNamara 27 JUL 2018	8:52.84 Standard R Bethel L Bethel V Hunter C Quinn 16/07/15	8:58.69 J. Bingham K. Reid B. Carson R. Smyth 29/4/10	

MIXED RELAYS

	A	B	C	D
4 x 50 Freestyle Mixed Team Relay				1:45.69 N Jennings, J Allison, R Bethel, L Bethel 13 Nov 2016
4 x 50 Mixed Medley Team Relay		2:29.88 Sam Bowman, Jade Elliot, Eoghan McQuillan, Elizabeth Atkinson 05 May 2024		1:57.86 N Wiffen, S McCracken, N Jennings, R Bethel 12 Nov 2017
4 x 100 Mixed Medley Team Relay				4:16.88 Nathan Wiffen, Paul Cox Andrea Cox, Jodie Marshall 27 APR 2019