

Male					Female			
Male D	C	B	A	Distance	A	B	C	D
DOB (2009-) 15 yrs old and older	DOB (2010/11) 13/14 yrs old	DOB (2012/13) 11/12 yrs old	DOB (2014+) 10 yrs old and younger		DOB (2014+) 10 yrs old and younger	DOB (2012/13) 11/12 yrs old	DOB (2010/11) 13/14 yrs old	DOB (2009-) 15 yrs old and older
23.39 Dylan Registe 05 Apr 2023	25.33 Alfie Shaw 23/04/2022	27.97 Dylan Registe 26 JUL 2018	Standard 30.20	50Free	Standard 29.90	28.20 Rachel Bethel 28/04/13	27.54 Rachel Bethel 02/03/14	26.81 Bethany Carson 10/8/14
52.65 Neil McGrann 16/04/04	55.80 Alfie Shaw 22/7/22	1.00.67 Eoghan McQuillan 01/06/25	1.08.15 R McIlveen 12/07/07	100Free	1.05.11 Leah Bethel 19/07/14	58.43 Rachel Bethel 24/07/13	58.02 Rachel Bethel 06/03/15	57.06 Bethany Carson 22/5/12
1:53.89 Jack Fleming 04/04/23	2.01.99 Daniel Wiffen 08/04/2016	2.10.40 Eoghan McQuillan 02/05/25	2.26.22 R McIlveen 12/07/07	200Free	2.21.75 Leah Bethel 01/06/14	2.04.12 Rachel Bethel 26/07/13	2.03.38 Rachel Bethel 07/03/15	2.01.60 Rachel Bethel 10 Dec 2017
4:00.05 Daniel Wiffen 28 MAR 2019	4.14.16 Daniel Wiffen 10/04/16	4.42.50 Eoghan McQuillan 07/02/25	5.16.78 R McIlveen 12/07/07	400Free	5.00.11 Standard (Leah Bethel) 20/07/14	4.22.26 Rachel Bethel 25/07/13	4.18.94 Rachel Bethel 16/07/15	4.16.12 Rachel Bethel 09 Dec 2017
8:13.72 Daniel Wiffen 06 JUL 2019	8.49.08 Daniel Wiffen 28/04/16	9.46.69 Eoghan McQuillan 03/05/25		800Free	10.08.48 Leah Bethel 16/07/14	9.19.06 Rachel Bethel 17/07/13	9.00.35 Rachel Bethel 17/07/15	8:54.06 Rachel Bethel 22 JUL 2017
15:39.74 Daniel Wiffen 25 AUG 2019	16.53.20 Daniel Wiffen 28/04/16	18.29.95 Peter Sands 10/07/09	20.28.25 R McIlveen 12/07/07	1500Free		19:22.27 Jessica Robson 26 APR 2019	17:54.19 Leah Bethel 09 APR 2017	17:21.13 Rachel Bethel 09 APR 2017
27.79 Daniel Mullholland 08 May 2022	31.05 Nicky Galloway 09/07/10	33.17 Eoghan McQuillan 01/06/25	37.10 Standard	50Back	35.22 Standard	34.41 Leah Bethel 27/03/15	31.61 Isla Henry 23 Apr 2022	31.19 Katie Reid 7/09
1.01.49 Nathan Wiffen 30 MAR 2019	1:05:78 Aiden Mallett 06 May 2022	1.08.67 Eoghan McQuillan 02/02/25	1.19.05 Paul Cox 30/03/14	100Back	1:15.73 Standard	1.08.35 Caoimhe Quinn 05/08/15	1.07.53 Caoimhe Quinn 21/5/2016	1.06.69 Katie Reid 05/2/10
2:09.14 Nathan Wiffen 28 JUL 2019	2.19.16 Christopher Loan 20/07/14	2.29.32 Eoghan McQuillan 23/02/25	2.49.03 Paul Cox 28/03/14	200Back	2:38.43 Standard	2.26.50 Caoimhe Quinn 07/08/15	2.24.31 Caoimhe Quinn 30/04/16	2.23.54 Katie Reid 28/7/09
29.83 Michael Williamson 04/01	32.66 Ross Gray 04/05/25	34.87 Standard	38.66 Standard	50Breast	42.57 Moya O'Kane 24 Feb 2017	37.57 Moya O'Kane 11 MAR 2018	36.64 Ava McNamara 26 APR 2019	33.85 Sarah McCracken 29 JUL 2023
1.03.60 Michael Williamson 16/04/04	1.08.85 Michael Williamson 22/07/97	1.19.70 Paul Cox 18/07/15	1.27.89 Paul Cox 28/03/14	100 Breast	1:29.32 Standard	1.22.38 Ava McNamara 25 JUL 2018	1.16.48 Sarah McCracken 18/07/14	1.13.39 Sharlene Brown 13/6/92
2.14.18 Michael Williamson 04/04	2.24.08 Michael Williamson 15/12/97	2.50.83 Paul Cox 15/07/15	3.04.66 Paul Cox 28/03/14	200 Breast	3:10.45 Standard	2.57.41 Ava McNamara 03 JUN 2018	2.44.56 Sarah McCracken 17/07/14	2.36.86 Sharlene Brown 06/92
24.46 Dylan Registe 16/04/2025	27.04 Dylan Registe 21 FEB 2020	31.80 Eoghan McQuillan 04/05/25	35.05 Ben Bickerstaffe 02 JUN 2019	50Fly	35.85 Standard	30.88 Standard	30.75 Chloe Richards 14/07/10	28.26 Natasha Pollock 20/07/14
54.81 Dylan Registe 13/04/2025	59.18 Dylan Registe 22 FEB 2020	1.08.43 Eoghan McQuillan 04/05/25	1:17.13 Ben Bickerstaffe 28 APR 2019	100Fly	1:19.64 Moya O'Kane 21 APR 2017	1.07.84 Rachel Bethel 25/07/13	1.06.16 Natasha Pollock 01/06/12	1.00.53 Bethany Carson 3/3/12
2:07:43 Adam Colgan 07 May 2022	2:12.46 Keelan Logan 17/07/14	2.32.18 Jamie Allison 16 JUL 2014	2:19.77 Ben Bickerstaffe 16/07/2019	200Fly	2:55.50 Standard	2.29.60 Rachel Bethel 26/05/13	2.25.39 Rachel Bethel 15/07/15	2.15.06 Bethany Carson 18/1/13
2:11.17 Adam Colgan 24 Jul 2022	2.18.54 Jamie Allison 24/07/16	2.30.83 Eoghan McQuillan 07/02/25	2.49.08 Paul Cox 30/49/14	200IM	2:49.11 Moya O'Kane 21 APR 2017	2.31.89 Caoimhe Quinn 16/07/15	2.28.06 Bethany Carson 25/03/06	2.17.80 Bethany Carson 19/1/13



Lisburn City Swimming Club 4:35.23 Adam Colgan 20 Jul 2022	4.57.18 Jack Fleming 23/07/16	5.14.98 Eoghan McQuillan 03/05/25	5.56.05 Paul Cox 28/03/14	400IM	6:05.02 Standard	5.23.44 Caoimhe Quinn 30/05/15	5.09.54 Bethany Carson 14/07/06	Lisburn City Swimming Club 4:56.62 Bethany Carson 27/3/09
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Lisburn City Swimming Club Long Course Records 2024 – 2025

RELAYS

1:51.93 Nathan Wiffen Daniel Wiffen Paul Cox Odhran Mallon 10 NOV 2018	1:59.73 Nathan Wiffen, Paul Cox, Jamie Allison, Daniel Wiffen 20/7/2016	2:18.41 N. Wiffen P. Cox O. Chambers E. Copeland 30/03/14	2:35.70 Standard	4x50 Medley Team Relay	2:32.36 Standard	2:19.36 L. Bethel H McMath C. Quinn A. Crookshanks 27/03/15	2:10.90 Z Dickey S. McCracken R Bethel V. Hunter 18/07/08	2:05.79 C Quinn S McCracken V Hunter R Bethel 07/11/15
1:33.27 Matthew Hamilton Adam Colgan Alfie Shaw Dylan Registe 17/11/23	1:46.04 Jamie Allison, Daniel Wiffen, Dylan Griffiths, Jack Fleming 24/07/16	1:59.57 O. Chambers D. Wiffen P. Cox E. Copeland 29/03/14	2:14.17 Standard	4x50 Freestyle Team Relay	2:18.50 Standard	2:02.89 L. Bethel E. Smyth A. Crookshanks C. Quinn 28/03/15	1:57.04 Elise Smyth Sasha Quinn Lydia Mees Hannah McMath 23 APR2017	1:52.28 B. Carson K. Reid S.O'Callaghan R. Smyth 04/2/10
2:33.98 Daniel Wiffen Nathan Wiffen Paul Cox Jack Fleming Odhran Mallon Caleb Maguire 10 Nov 2018				6 x 50m Freestyle Team Relay				
4:04.60 Nathan Wiffen Paul Cox Odhran Mallon Jamie Allison 22 FEB 2019	4:20.92 Standard Nathan Wiffen, Paul Cox, Jamie Allison, Daniel Wiffen 20 JUL 2016			4x100 Medley Team Relay		4:58.58 Standard Cara O'Neill Campbell Ava McNamara Toni Jamison Moya O'Kane 16 Feb 2018	4:42.01 Jessika Robson Ava McNamara Toni Jamison Moya O'Kane 27 JUL 2019	4:37.96 Jessika Robson, Ava McNamara, Toni Jamison, Aimee Dawson 26 Feb 2023
3:35.86 Jack Fleming Adam Colgan, Daniel Mulholland Paul Cox 25/02/22	3:51.00 Standard Jamie Allison, Daniel Wiffen, Dylan Griffiths, Jack Fleming 23 JUL 2016			4x100 Freestyle Team Relay			4:15.56 Cara O'Neill Campbell Moya O'Kane Toni Jamison Ava McNamara 27 APR 2019	4:06.14 B. Carson S.Mathewson C. Beattie K. Reid 02/5/08
7:50.68 Jack Fleming Adam Colgan Daniel Edgar James Allison 28/07/2023				4x200 Freestyle Team Relay		9:36.05 Jessika Robson Cara O'Neill Campbell Toni Jamison Ava McNamara 27 JUL 2018	8:52.84 Standard R Bethel L Bethel V Hunter C Quinn 16/07/15	8:58.69 J. Bingham K. Reid B. Carson R. Smyth 29/4/10

MIXED RELAYS

	A	B	C	D
4 x 50 Freestyle Mixed Team Relay		2:10.78 Sam Bowman, Jade Elliot, Eoghan McQuillan, Elizabeth Swift 14/07/2024		1:45.69 N Jennings, J Allison, R Bethel, L Bethel 13 Nov 2016
4 x 50 Mixed Medley Team Relay		2:25.60 Sam Bowman, Jade Elliot, Eoghan McQuillan, Elizabeth Swift 11/07/2024		1:57.86 N Wiffen, S McCracken, N Jennings, R Bethel 12 Nov 2017
4 x 100 Mixed Medley Team Relay				4:16.88 Nathan Wiffen, Paul Cox Andrea Cox, Jodie Marshall 27 APR 2019