#### Masters Report 2023/24

The Masters' section of Croydon Amphibians has had a successful 2023/24, which started in September when we took a small team to the South East Regionals (SC) at Crawley. We came away with 3 golds, 7 silvers and 4 bronzes, with a further 13 4-8<sup>th</sup> places achieved. In addition, our Men's 120 + Yrs team won gold in both the 4 x 50m free and 4 x 50m medley.

In October, the short course nationals took place in Sheffield. Will Bowler took part and gained 8<sup>th</sup> place in the 100m breaststroke (18-24 years) in 1:05.87. He then gained 5<sup>th</sup> place in the 50m breaststroke in another pb of 29.64.

The year finished off with two of our swimmers completing the 1500m at Barnet Copthall.

The first meet of 2024, the South East Regionals (LC) at K2, saw a handful of swimmers taking part and coming away with two bronze medals. These swimmers returned to K2 in March to complete the 1500m and followed up with a couple of mixed relays, winning two silvers in the process.

In April three of our squad flew to Guernsey to take part on their open meet. This is always a friendly competition finishing off with a celebration lunch on the last day. In terms of swimming the three swimmers won 4 golds, 5 silvers and 1 bronze between them. Two of the swimmers then went on to compete at the British Nationals in Swansea.

May saw two of our swimmers take part in the Erith Masters meet winning 5 golds and 2 silvers between them. Then in June we had a number of swimmers take part in the London Regionals, held at the London Aquatic Centre. This was the first opportunity for masters to compete in this pool post Covid. This small group came away with a total of 16 medals (7 gold, 6 silver and 3 bronze).

#### **Surrey Masters Championships 2024**

This year, a team of 36 swimmers took part in the annual Surrey Masters Swimming Championships at Surrey Sports Park. This year 12 female swimmers took part which was fantastic and enabled us to field 26 relay teams in total including the mixed events. After seven hours of gruelling swimming, personal best times and countless medals we were crowned Surrey Champions for 2024. The club won the Men's title, the relay title and overall top club standings. The women lost the title by 5 points! Amazing!



# **Overall Top Club Standings**

Position	Club	Points
1 <sup>st</sup>	Croydon Amphibians	1574
2 <sup>nd</sup>	Woking	1260.50
3 <sup>rd</sup>	Spencer	740

# **Overall Medal Count**

Gold	Silver	Bronze
48	72	59

A total of 179 medals were won which was an improvement of 69 from 2023. Every member of our 36 strong team scored points for the club.

# **Overall Mens Standings**

Position	Club	Points
1 <sup>st</sup>	Croydon Amphibians	900
2 <sup>nd</sup>	Woking	604.50
3 <sup>rd</sup>	Godalming	278

# **Overall Relay Standings**

Position	Club	Points	
1 <sup>st</sup>	Croydon Amphibians	140	
2 <sup>nd</sup>	Woking	117	
3 <sup>rd</sup>	Spencer	88	

#### **Overall Ladies Standings**

Position	Club	Points	
1 <sup>st</sup>	Woking	539	
2 <sup>nd</sup>	Croydon Amphibians	534	
3 <sup>rd</sup>	Spencer	397	

#### Victor Ludorum Winners (Top Point scorer in a duel age band)

Amy Brown (18-24) Tom Woolley (18-24) Richard Hazzard (35-44) Ryan Fife (45-54)

Such a wonderful event and I am so proud of all of our members of the Masters here at Croydon Amphibians. It has been my mission since joining as Masters Coach in 2019 to win this overall title and we have DONE it! Well done to everybody. Here is to retaining it in 2025!