

Coach's Code of Conduct for Masters Swimmers

Coaches perform a vital role in the development of swimmers and make a real difference to their swimmers experience. Coaches occupy a position of trust and need to understand and act on their responsibilities. Masters coaching sessions are suitable for swimmers aged 18+ only.

1.1. Respect and Professionalism

- 2.- Treat all swimmers with respect, regardless of their skill level, background, or personal beliefs.
- 3.- Keep an appropriate professional relationship with all swimmers
- 4.- Be respectful to other coaches/officials from both within and outside of Croydon Amphibians
 - Maintain a professional demeanor at all times, both on and off the pool deck.
- 5.- Practise adult safeguarding guided by the Wavepower terms set by Swim England
- 6.- Promote the good reputation of the sport of swimming and Croydon Amphibians

2. Safety First

- Prioritize the safety and well-being of all swimmers.
- Ensure that all training sessions are conducted in a safe environment and that swimmers are aware of safety protocols.
- 7.- Be aware of specific safety features, requirements and staffing of pools hired for sessions

3. Positive Environment

- Foster a positive and inclusive atmosphere where all swimmers feel welcome and supported.
- Encourage teamwork, camaraderie, and mutual respect among swimmers.
- 8.- Follow Swim England's Equality & Diversity policy, treating all swimmers equally irrespective of age, gender, gender reassignment, sexual orientation, marital or civil partnership status, pregnancy/maternal leave status, disability, race including colour, nationality, ethnic or national origin, social background, language and religion/beliefs.

4. Effective Communication

- Communicate clearly and effectively with swimmers, providing constructive feedback and encouragement.
- Be approachable and open to questions or concerns from swimmers.
- 9.- Only post appropriate content on social media in accordance with this code of conduct

5. Continuous Improvement

- Stay updated with the latest coaching techniques, swimming science, and safety guidelines.
- Encourage swimmers to set personal goals and support them in their pursuit of continuous improvement.
- 10.- Ensure activities undertaken in the sessions are appropriate for maturity, experience and ability of each individual swimmer

6. Integrity and Fairness

- Act with integrity and fairness in all coaching decisions.
- Avoid any form of favoritism or discrimination.
- 11.- Allocate the amount of your coaching time to fulfill all swimmers needs
- 12.- Encourage your swimmers to compete fairly and to follow all anti doping regulations

7. Confidentiality

- Respect the privacy and confidentiality of all swimmers.
- Do not disclose personal information about swimmers without their consent.

8. Role Model

- Lead by example, demonstrating good sportsmanship, dedication, and a positive attitude.
- Inspire swimmers to adopt healthy lifestyles and positive behaviors, avoiding alcohol and swearing

9. Feedback and Development

- Provide regular, constructive feedback to help swimmers improve their skills and performance.
- Encourage swimmers to participate in their own development by setting personal goals and tracking their progress.

10. Enjoyment and Passion

- Promote the enjoyment of swimming and the benefits it brings to physical and mental health.
- Share your passion for the sport to motivate and inspire swimmers.

By adhering to this code of conduct, we can create a supportive, respectful, and enjoyable environment for Croydon Amphibians swimmers and any other swimmers participating in the sessions. Let's work together to achieve our goals and make every swim session a positive experience!