

Masters Training

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A.M.	X	Greenwich Centre 06:00-07:00 1 Hour Gary	Greenwich Centre 06:00-07:00 1 Hour Katerina	X	Greenwich Centre 06:00-07:00 1 Hour Gary	X	Greenwich Centre 08:00-09:00 1 Hour Luke
P.M.	X	X	Greenwich Centre 20:30-21:30 1 Hours Kenz	Eltham 19:30 to 20:30 1. Hours Gary	X	X	X