

GRSC Training timetable

Starting: July 2024 until further notice

NB From 17th Dec 2024 there will be a reduced training schedule over the Christmas period

Pre-Academy 1,2,3 - All sites -

1 Sessions
1 Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A.M.	X	X	X	X	X	Colfes 07:30-08:30 1 Hour Chanel +	Greenwich Centre 08:00-09:00 1 Hour Chanel +
P.M.	X	X	X	Shooters Hill VI Form College 19:00-20:00 Chanel +	X	Colfes 17:30-18:30 18:30-19:30 1 Hour Chanel +	Greenwich Centre 14:00-15:00 15:00-16:00 Shooters Hill 19:00-20:00 Chanel +

Learn to Swim (Stages 1-4) - All sites -