

GREENWICH ROYALS SWIMMING CLUB CLUB CHAMPIONSHIP RECORDS

as at 2-DEC-2019

| Ladies | | | | | Mens | | | | | | |
|--------------|-------------|-------------------------------------|-------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|------------------------------------|-----------------------------------|--|-------------------------------------|---|
| 9&U Years | 10/11 Years | 12/13 Years | Junior | Open | 9&U Years | 10/11 Years | 12/13 Years | Junior | Open | | |
| FREESTYLE | 50m | Isla TURNER 38.26 2019 | Martyna KARABACZ 31.51 2019 | Annabella COTTRELL 29.39 2019 | Ellen STEPAN 28.19 2017 | Ellen STEPAN 28.19 2017 | Ben NEGUS 38.06 2019 | Tom HAWKINS 31.49 2019 | Theo TREADWELL 28.37 2019 | Nathan CHAPMAN 26.91 2017 | Thomas HELLEWELL 26.33 2017 |
| | 100m | Martyna KARABACZ 1:22.71 2017 | Martyna KARABACZ 1:06.97 2019 | Annabella COTTRELL 1:03.01 2019 | Ellen STEPAN 1:00.54 2017 | Ellen STEPAN 1:00.54 2017 | Ben NEGUS 1:26.81 2019 | Tom HAWKINS 1:05.53 2019 | Theo TREADWELL 1:00.64 2019 | Bradley KHIZZAH 88.66 2017 | Victor DEL RIO FOCES 55.98 2017 |
| | 200m | Isla TURNER 3:08.67 2019 | Martyna KARABACZ 2:20.44 2019 | Erica MCGLINCHY 2:17.61 2019 | Ellen STEPAN 2:13.05 2017 | Ellen STEPAN 2:13.05 2017 | Caspar NALEPA 3:31.23 2018 | Tom HAWKINS 2:19.50 2018 | Theo TREADWELL 2:11.45 2019 | Nathan CHAPMAN 2:06.98 2019 | Victor DEL RIO FOCES 2:03.19 2017 |
| | 400m | Martyna KARABACZ 6:37.55 2017 | Martyna KARABACZ 4:50.00 2019 | Erica MCGLINCHY 4:51.31 2019 | Hannah RAYNER 4:48.05 2019 | Beth HAWKINS 4:42.48 2018 | Phoenix CHE-LAI 9:05.66 2017 | Tom HAWKINS 4:50.88 2018 | Theo TREADWELL 4:46.11 2019 | Nathan CHAPMAN 4:21.82 2019 | Nathan CHAPMAN 4:21.82 2019 |
| | 800m | | | | | | | | | | |
| | 1500m | | | | | | | | | | |
| BUTTERFLY | 50m | Isla TURNER 44.22 2019 | Martyna KARABACZ 33.70 2019 | Annabella COTTRELL 30.31 2019 | Annabella COTTRELL 30.31 2019 | Annabella COTTRELL 30.31 2019 | Ben NEGUS 48.26 2019 | Tom HAWKINS 34.34 2018 | Illa ZYP 30.43 2019 | Nathan CHAPMAN 28.99 2019 | Nathan CHAPMAN 28.99 2019 |
| | 100m | Isla TURNER 1:43.07 2019 | Martyna KARABACZ 1:17.09 2019 | Annabella COTTRELL 1:10.45 2019 | Annabella COTTRELL 1:10.45 2019 | Annabella COTTRELL 1:10.45 2019 | Caspar NALEPA 1:56.92 2019 | Tom HAWKINS 1:14.37 2019 | Illa ZYP 1:07.68 2019 | Nathan CHAPMAN 1:02.93 2019 | Nathan CHAPMAN 1:02.93 2019 |
| | 200m | | Martyna KARABACZ 2:50.68 2019 | Melissa KHIZZAH 2:40.16 2017 | Melissa KHIZZAH 2:40.16 2017 | Melissa KHIZZAH 2:40.16 2017 | | Matthew MARSH 3:20.34 2017 | Nathan CHAPMAN 2:36.59 2017 | Nathan CHAPMAN 2:22.24 2018 | Nathan CHAPMAN 2:22.24 2018 |
| BACKSTROKE | 50m | Martyna KARABACZ 42.57 2017 | Martyna KARABACZ 34.30 2019 | Annabella COTTRELL 32.71 2019 | Ellen STEPAN 32.13 2017 | Ellen STEPAN 32.13 2017 | Ben NEGUS 44.25 2019 | Tom HAWKINS 37.31 2018 | Theo TREADWELL 31.03 2019 | Nathan CHAPMAN 30.96 2019 | Thomas HELLEWELL 30.15 2017 |
| | 100m | Martyna KARABACZ 1:30.17 2017 | Martyna KARABACZ 1:12.26 2019 | Annabella COTTRELL 1:10.89 2019 | Ellen STEPAN 1:09.27 2019 | Ellen STEPAN 1:09.27 2019 | Ben NEGUS 1:41.72 2019 | Tom HAWKINS 1:16.99 2018 | Francis MONTANARI BROWN 1:12.15 2019 | Nathan CHAPMAN 1:10.00 2018 | Victor DEL RIO FOCES 1:02.70 2017 |
| | 200m | Martyna KARABACZ 03:17.4 2017 | Martyna KARABACZ 2:36.57 2019 | Annabella COTTRELL 2:35.97 2019 | Ellen STEPAN 2:31.69 2017 | Ellen STEPAN 2:31.69 2017 | Phoenix CHE-LAI 4:42.02 2017 | Tom HAWKINS 2:36.80 2018 | Theo TREADWELL 2:25.23 2019 | Nathan CHAPMAN 2:20.70 2019 | Nathan CHAPMAN 2:20.70 2019 |
| BREASTSTROKE | 50m | Isla TURNER 53.90 2019 | Martyna KARABACZ 41.94 2019 | Zoe EVERETT 36.67 2019 | Ellen STEPAN 36.67 2017 | Beth HAWKINS 35.64 2018 | Ben NEGUS 51.58 2019 | Tom HAWKINS 41.88 2018 | Illa ZYP 37.98 2017 | Bradley KHIZZAH 34.25 2017 | Jared GOLDEN 33.16 2019 |
| | 100m | Isla TURNER 1:55.21 2019 | Annie SANDERS 1:27.62 2019 | Zoe EVERETT 1:19.13 2019 | Ellen STEPAN 1:16.60 2017 | Ellen STEPAN 1:16.60 2017 | Ben NEGUS 1:49.50 2019 | Tom HAWKINS 1:27.41 2018 | Illa ZYP 1:21.03 2019 | Bradley KHIZZAH 1:14.92 2017 | Jared GOLDEN 1:13.68 2019 |
| | 200m | Isla TURNER 4:01.00 2019 | Annie SANDERS 3:08.49 2018 | Zoe EVERETT 2:52.44 2019 | Ellen STEPAN 2:49.97 2017 | Ellen STEPAN 2:49.97 2017 | | Tom HAWKINS 3:14.15 2018 | Illa ZYP 2:56.67 2017 | Harvey MALUNDERS 2:42.97 2019 | Harvey MALUNDERS 2:42.97 2019 |
| IM | 100m | Isla TURNER 1:36.96 2019 | Martyna KARABACZ 1:16.21 2019 | Annabella COTTRELL 1:12.33 2019 | Ellen STEPAN 1:10.90 2017 | Ellen STEPAN 1:10.90 2017 | Ben NEGUS 1:38.43 2019 | Tom HAWKINS 1:14.47 2018 | Theo TREADWELL 1:10.19 2019 | Nathan CHAPMAN 1:07.05 2019 | Thomas HELLEWELL 1:06.74 2017 |
| | 200m | Isla TURNER 3:27.67 2019 | Martyna KARABACZ 2:38.31 2019 | Annabella COTTRELL 2:36.88 2019 | Ellen STEPAN 2:32.79 2017 | Ellen STEPAN 2:32.79 2017 | Ben NEGUS 3:31.15 2019 | Tom HAWKINS 2:40.64 2019 | Theo TREADWELL 2:33.17 2019 | Nathan CHAPMAN 2:25.17 2019 | Victor DEL RIO FOCES 2:20.68 2017 |
| | 400m | | Martyna KARABACZ 5:41.86 2019 | Melissa KHIZZAH 5:35.75 2017 | Ellen STEPAN 5:22.26 2017 | Ellen STEPAN 5:22.26 2017 | | Theo TREADWELL 6:23.83 2017 | Nathan CHAPMAN 5:24.37 2017 | Nathan CHAPMAN 4:53.03 2018 | Nathan CHAPMAN 4:53.03 2018 |

TOP 10 ALL TIME DECATHLON SCORERS

| Ladies | | | | | Mens | | | | | |
|-----------|------------------|------------------------|--------------------|--------------------|--------------------|--------------------------|-------------------------|-------------------------|-------------------------|------------------|
| 9&U Years | 10/11 Years | 12/13 Years | Junior | Open | 9&U Years | 10/11 Years | 12/13 Years | Junior | Open | |
| 1 | Martyna KARABACZ | Martyna KARABACZ | Annabella COTTRELL | Ellen STEPAN | Ellen STEPAN | Ben NEGUS | Tom HAWKINS | Theo TREADWELL | Nathan CHAPMAN | Nathan CHAPMAN |
| | 1,859 | 4,419 | 4,773 | 5,341 | 5,341 | 817 | 2,799 | 3,746 | 4,534 | 4,534 |
| | 2017 | 2019 | 2019 | 2017 | 2017 | 2019 | 2018 | 2019 | 2019 | 2019 |
| 2 | Isla TURNER | Annie SANDERS | Zoe EVERETT | Annabella COTTRELL | Beth HAWKINS | Caspar NALEPA | Theo TREADWELL | Illa ZYP | Harvey MALUNDERS | Harvey MALUNDERS |
| | 1,733 | 3,436 | 4,616 | 4,773 | 4,878 | 607 | 2,318 | 3,455 | 3,967 | 3,967 |
| | 2019 | 2018 | 2019 | 2019 | 2018 | 2018 | 2017 | 2019 | 2019 | 2019 |
| 3 | Violet TURNER | Jessica Everitt | Erica MCGLINCHY | Zoe EVERETT | Annabella COTTRELL | Sebastian WADE | James BARNES | Kevin CAO | Theo TREADWELL | Matthew HARDING |
| | 1,625 | 3,210 | 4,487 | 4,616 | 4,773 | 488 | 1,958 | 3,349 | 3,746 | 3,902 |
| | 2019 | 2019 | 2019 | 2019 | 2019 | 2018 | 2017 | 2019 | 2019 | 2018 |
| 4 | Ella GREER | Annabella COTTRELL | Melissa KHIZZAH | Emilija VERBAITYTE | Zoe EVERETT | Valentino BONO | Igor BUBEN | Nathan CHAPMAN | Bradley KHIZZAH | Theo TREADWELL |
| | 1,334 | 2,855 | 4,345 | 4,562 | 4,616 | 465 | 1,955 | 3,188 | 3,683 | 3,746 |
| | 2018 | 2017 | 2017 | 2019 | 2019 | 2019 | 2018 | 2017 | 2017 | 2019 |
| 5 | Veronique CROZET | Danae LAKATOS | Annie SANDERS | Erica MCGLINCHY | Emilija VERBAITYTE | Phoenix CHE-LAI | Joshua SCANLAN | Francis MONTANARI-BROWN | Matthew HARDING | Bradley KHIZZAH |
| | 1,099 | 2,790 | 4,296 | 4,487 | 4,562 | 449 | 1,804 | 3,056 | 3,582 | 3,683 |
| | 2018 | 2017 | 2019 | 2019 | 2019 | 2017 | 2019 | 2019 | 2017 | 2017 |
| 6 | Mailey REEVES | Erica MCGLINCHY | Hannah RAYNER | Melissa KHIZZAH | Erica MCGLINCHY | Caleb ADEMOSU | Leo WALKER | Balazs SZUHODOVSZKY | Jacob WALKER | Jacob WALKER |
| | 755 | 2,637 | 3,991 | 4,439 | 4,487 | 425 | 1,776 | 2,904 | 3,544 | 3,544 |
| | 2018 | 2017 | 2018 | 2018 | 2019 | 2018 | 2018 | 2017 | 2019 | 2019 |
| 7 | Sofia DOYLE | Alex HOPE | Ella-LOUISE DOYLE | Chloe JENKINS | Melissa KHIZZAH | Joshua SCANLAN | Caspar NALEPA | Jacob WALKER | Illa ZYP | Illa ZYP |
| | 735 | 2,349 | 3,718 | 4,435 | 4,439 | 399 | 1,645 | 2,798 | 3,455 | 3,455 |
| | 2019 | 2017 | 2019 | 2018 | 2018 | 2018 | 2018 | 2018 | 2017 | 2017 |
| 8 | Wilma WILLIAMSON | Kaja RADOVANOVIC | Chloe JENKINS | Martyna KARABACZ | Chloe JENKINS | George GALLAGHER-FRANCIS | Lukas MALASAYEU | Theodoros KYRIAKAKIS | Kevin CAO | Thomas HELLEWELL |
| | 703 | 2,163 | 3,631 | 4,419 | 4,435 | 327 | 1,628 | 2,357 | 3,349 | 3,443 |
| | 2017 | 2017 | 2017 | 2019 | 2018 | 2018 | 2017 | 2019 | 2019 | 2017 |
| 9 | Alice WALKER | Elisabeth HUILLE | Emilija VERBAITYTE | Almie HAWKINS | Martyna KARABACZ | Ran HASSAN-HARON FOKES | Harry GALLAGHER-FRANCIS | James BARNES | Louis WOODS | Kevin CAO |
| | 665 | 2,112 | 3,591 | 4,387 | 4,419 | 234 | 1,615 | 2,300 | 3,135 | 3,349 |
| | 2019 | 2018 | 2017 | 2018 | 2019 | 2019 | 2017 | 2018 | 2018 | 2019 |
| 10 | Myrtam OLSEN | Isabella CARDONA ZAGAT | Danae LAKATOS | Hannah RAYNER | Almie HAWKINS | Benjamin DALY | Matthew MARSH | Kristupas RASIUKVICIUS | Francis MONTANARI-BROWN | Louis WOODS |
| | 664 | 1,854 | 3,585 | 4,159 | 4,387 | 189 | 1,608 | 2,263 | 3,056 | 3,135 |
| | 2017 | 2017 | 2018 | 2019 | 2018 | 2017 | 2017 | 2019 | 2019 | 2018 |