

EVENT 501 Open/Male 200m Breaststroke

13 Yrs/Under Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Francesco Monaco	(12)	South Lincs	2:56.69	358	40.33	1:26.74	2:11.91
2.	Finley Burford	(12)	Basildon Ph	3:02.01	327	-	1:26.37	-
3.	Ruslan Shiraz	(12)	Epping For't	3:02.42	325	40.86	1:27.09	2:14.82
4.	Guy Spearman-Baines	(12)	Bishop Stort	3:02.82	323	42.10	1:29.78	2:17.38
5.	Oscar Langston	(12)	Epping For't	3:03.66	318	42.53	1:29.36	2:17.46
6.	Sebastian Mudge	(12)	Co Peterboro	3:04.22	316	-	1:28.98	-
7.	Ching Yau	(12)	Hatfield	3:08.86	293	-	1:32.15	-
8.	Aristos Demetriou	(13)	Barnet Copt	3:09.09	292	-	1:32.45	-
9.	Oliver Dorey	(12)	Kingston Roy	3:09.27	291	-	1:29.47	-
10.	Izaak Wilsher	(13)	Hertford	3:09.94	288	41.95	1:30.85	2:21.77
11.	Riley ALLEN	(12)	Thurrock	3:10.71	284	43.78	1:32.54	2:21.12
12.	Maximus Tsang	(13)	Barnet Copt	3:12.77	275	43.51	1:33.33	2:24.03
13.	Hyuga Iketani	(13)	Barnet Copt	3:13.09	274	-	1:33.26	-
14.	Alexander Fields-Bicar	(12)	Enfield Sq	3:14.06	270	-	1:31.95	-
15.	Oscar Wilson	(12)	Potters Bar	3:16.19	261	43.75	1:34.78	2:27.22
16.	Luca Capozzi	(13)	Hemel Hemp	3:16.52	260	45.86	1:35.42	2:27.51
17.	Augustus Murray	(12)	Co Cambridge	3:16.59	260	-	1:36.81	-
18.	Kenny Millsom	(13)	Bishop Stort	3:17.16	257	46.50	1:38.49	2:30.38
19.	Callum Doran	(12)	DunmowAtlant	3:17.73	255	44.58	1:35.17	2:28.06
20.	Harrison Dodwell	(13)	Bishop Stort	3:17.94	254	-	1:37.14	-
21.	Jude Baldock	(14)	BorRedbridge	3:18.17	253	46.92	1:37.86	2:28.90
22.	Jack Lees	(13)	Epping For't	3:27.48	221	-	1:41.46	-
23.	Casper Whittaker	(12)	Biggleswade	3:29.74	214	49.49	1:43.43	2:37.32
24.	Clark Meanti	(13)	Putteridge	3:30.91	210	-	1:44.36	-
25.	Andrew Tsz Long To	(12)	Co Oxford	3:35.67	196	48.65	1:43.50	2:39.47
	Kevinas Simukauskas	(12)	Basildon Ph	DQ				

14 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Kameron Baker	(11)	Co Peterboro	2:43.46	452	-	1:18.59	-
2.	Luke Toland	(11)	Flitwick	2:45.05	439	37.95	1:21.02	2:04.04
3.	Jayden Carter	(11)	Basildon Ph	2:46.31	429	-	1:17.63	-
4.	Zak WALKER	(11)	Thurrock	2:47.30	421	36.24	1:18.75	2:03.24
5.	Hero Duan	(11)	Enfield Sq	2:47.42	421	37.48	1:20.80	2:03.83
6.	Zachary Piscopo	(11)	Co Peterboro	2:47.50	420	38.30	1:21.64	2:04.77
7.	James Peters	(11)	Basildon Ph	2:51.06	394	37.68	1:21.00	2:06.37
8.	Lewis Borgognoni	(11)	Co Peterboro	3:00.20	337	-	1:27.52	-
9.	Chayton Ho	(11)	Barnet Copt	3:02.21	326	-	1:27.53	-
10.	Albert Warwick	(11)	Co Cambridge	3:04.46	314	42.03	1:28.72	2:16.98
11.	Thomas Fenwick	(11)	Hatfield	3:04.64	313	41.67	1:30.29	2:18.87
12.	Adam Hele	(11)	Verulam	3:07.55	299	40.41	1:28.42	2:18.69
13.	James Murphy	(11)	New Hall	3:14.18	269	-	1:33.66	-
	Noah Varsani	(11)	Potters Bar	DQ				
	Andy Hasanaj	(11)	Enfield Sq	DQ				

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Tyler Stone	(10)	Co Norwich	2:24.70	652	-	1:09.84	-
2.	Kai PATEL	(10)	Thurrock	2:43.70	450	36.09	1:17.53	2:00.78
3.	Luke Owens	(10)	Putteridge	2:45.76	433	38.19	1:20.71	2:03.24
4.	Noah Bielby	(10)	Co Peterboro	2:46.67	426	37.95	1:20.92	2:04.21
5.	Joshua Meyer	(10)	DunmowAtlant	2:53.51	378	38.53	1:22.37	2:07.75
6.	Oliver Shayle	(10)	Co Cambridge	2:54.48	371	39.09	1:25.63	2:10.65
7.	Finlay Morgan	(10)	Co Oxford	2:55.21	367	37.94	1:22.32	2:08.61
8.	Jesse Howard	(10)	Hoddesdon	2:55.89	363	-	1:24.35	-
9.	Kian Ptolomey	(10)	Putteridge	2:57.69	352	39.17	1:23.26	2:11.03
10.	Zachary Fraser	(10)	Co Peterboro	2:58.14	349	-	1:25.75	-
11.	Jake Warmington	(10)	Didcot & Bar	3:04.97	312	42.49	1:30.73	2:18.00
12.	Gene Steele	(10)	Kingston Roy	3:05.57	309	40.06	1:29.10	2:18.01

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Jeremiah Carnegie	(09)	Whitgift SC	2:31.78	565	34.63	1:11.72	1:51.98
2.	James MCGETTIGAN	(09)	Thurrock	2:32.93	552	32.23	1:10.40	1:50.98
3.	Frank Lamb	(09)	Co Peterboro	2:33.97	541	34.82	1:14.22	1:54.17
4.	Matteo Monaco	(09)	South Lincs	2:43.00	456	36.88	1:18.32	2:01.09
5.	Daniel De Filippo	(09)	Flitwick	2:43.40	452	35.76	1:17.68	2:01.03
6.	Jack Peters	(09)	Basildon Ph	2:47.31	421	-	1:20.29	-
7.	Berkley Barnicoat	(09)	Co Peterboro	2:49.81	403	35.87	1:19.63	2:04.41
8.	Finlay German	(09)	Co Cambridge	2:50.94	395	-	1:20.28	-
9.	Dmitrijs Gracovs	(09)	Harlow Pen	2:51.70	390	36.80	1:19.77	2:05.44
10.	Jeremy GODWIN	(09)	Thurrock	2:53.23	380	-	1:20.36	-
11.	Noah Pool	(09)	Kingston Roy	2:57.96	350	-	1:25.87	-

17 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Reece BURNS	(08)	Chelmsford	2:30.40	580	33.78	1:12.68	1:51.91
2.	Max Higgins	(08)	Reed's SC	2:34.16	539	33.63	1:12.43	1:52.32
3.	Joshua Sackree	(08)	Co Peterboro	2:35.16	528	33.53	1:12.39	1:53.40
4.	Thomas Roberts	(08)	Hackney	2:40.50	477	37.60	1:17.87	2:00.53

18 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Charlie Rogers	(07)	Basildon Ph	2:23.61	667	-	1:08.91	-
2.	Lewis Dawson	(06)	Enfield Sq	2:32.31	559	33.58	1:13.14	1:52.20
3.	Lewis Jarrett	(06)	Thurrock	2:33.69	544	-	1:13.37	-
4.	Cub Maddison	(06)	Putteridge	2:34.64	534	-	1:14.45	-
5.	Samuel Jeffrey	(07)	Hatfield	2:38.14	499	-	1:13.83	-

Open Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Charlie Rogers	(07)	Basildon Ph	2:23.61	667	-	1:08.91	-
2.	Tyler Stone	(10)	Co Norwich	2:24.70	652	-	1:09.84	-
3.	Reece BURNS	(08)	Chelmsford	2:30.40	580	33.78	1:12.68	1:51.91
4.	Jeremiah Carnegie	(09)	Whitgift SC	2:31.78	565	34.63	1:11.72	1:51.98
5.	Lewis Dawson	(06)	Enfield Sq	2:32.31	559	33.58	1:13.14	1:52.20
6.	James MCGETTIGAN	(09)	Thurrock	2:32.93	552	32.23	1:10.40	1:50.98
7.	Lewis Jarrett	(06)	Thurrock	2:33.69	544	-	1:13.37	-
8.	Frank Lamb	(09)	Co Peterboro	2:33.97	541	34.82	1:14.22	1:54.17
9.	Max Higgins	(08)	Reed's SC	2:34.16	539	33.63	1:12.43	1:52.32
10.	Cub Maddison	(06)	Putteridge	2:34.64	534	-	1:14.45	-
11.	Joshua Sackree	(08)	Co Peterboro	2:35.16	528	33.53	1:12.39	1:53.40
12.	Samuel Jeffrey	(07)	Hatfield	2:38.14	499	-	1:13.83	-
13.	Thomas Roberts	(08)	Hackney	2:40.50	477	37.60	1:17.87	2:00.53
14.	Matteo Monaco	(09)	South Lincs	2:43.00	456	36.88	1:18.32	2:01.09
15.	Daniel De Filippo	(09)	Flitwick	2:43.40	452	35.76	1:17.68	2:01.03
16.	Kameron Baker	(11)	Co Peterboro	2:43.46	452	-	1:18.59	-
17.	Kai PATEL	(10)	Thurrock	2:43.70	450	36.09	1:17.53	2:00.78
18.	Luke Toland	(11)	Flitwick	2:45.05	439	37.95	1:21.02	2:04.04
19.	Luke Owens	(10)	Putteridge	2:45.76	433	38.19	1:20.71	2:03.24
20.	Jayden Carter	(11)	Basildon Ph	2:46.31	429	-	1:17.63	-
21.	Noah Bielby	(10)	Co Peterboro	2:46.67	426	37.95	1:20.92	2:04.21
22.	Zak WALKER	(11)	Thurrock	2:47.30	421	36.24	1:18.75	2:03.24
23.	Jack Peters	(09)	Basildon Ph	2:47.31	421	-	1:20.29	-
24.	Hero Duan	(11)	Enfield Sq	2:47.42	421	37.48	1:20.80	2:03.83
25.	Zachary Piscopo	(11)	Co Peterboro	2:47.50	420	38.30	1:21.64	2:04.77
26.	Berkley Barnicoat	(09)	Co Peterboro	2:49.81	403	35.87	1:19.63	2:04.41
27.	Finlay German	(09)	Co Cambridge	2:50.94	395	-	1:20.28	-
28.	James Peters	(11)	Basildon Ph	2:51.06	394	37.68	1:21.00	2:06.37
29.	Dmitrijs Gracovs	(09)	Harlow Pen	2:51.70	390	36.80	1:19.77	2:05.44
30.	Jeremy GODWIN	(09)	Thurrock	2:53.23	380	-	1:20.36	-
31.	Joshua Meyer	(10)	DunmowAtlant	2:53.51	378	38.53	1:22.37	2:07.75
32.	Oliver Shayle	(10)	Co Cambridge	2:54.48	371	39.09	1:25.63	2:10.65
33.	Finlay Morgan	(10)	Co Oxford	2:55.21	367	37.94	1:22.32	2:08.61
34.	Jesse Howard	(10)	Hoddesdon	2:55.89	363	-	1:24.35	-
35.	Francesco Monaco	(12)	South Lincs	2:56.69	358	40.33	1:26.74	2:11.91
36.	Kian Ptolomey	(10)	Putteridge	2:57.69	352	39.17	1:23.26	2:11.03
37.	Noah Pool	(09)	Kingston Roy	2:57.96	350	-	1:25.87	-
38.	Zachary Fraser	(10)	Co Peterboro	2:58.14	349	-	1:25.75	-
39.	Lewis Borgognoni	(11)	Co Peterboro	3:00.20	337	-	1:27.52	-
40.	Finley Burford	(12)	Basildon Ph	3:02.01	327	-	1:26.37	-
41.	Chayton Ho	(11)	Barnet Copt	3:02.21	326	-	1:27.53	-
42.	Ruslan Shiraz	(12)	Epping For't	3:02.42	325	40.86	1:27.09	2:14.82
43.	Guy Spearman-Baines	(12)	Bishop Stort	3:02.82	323	42.10	1:29.78	2:17.38
44.	Oscar Langston	(12)	Epping For't	3:03.66	318	42.53	1:29.36	2:17.46
45.	Sebastian Mudge	(12)	Co Peterboro	3:04.22	316	-	1:28.98	-
46.	Albert Warwick	(11)	Co Cambridge	3:04.46	314	42.03	1:28.72	2:16.98
47.	Thomas Fenwick	(11)	Hatfield	3:04.64	313	41.67	1:30.29	2:18.87
48.	Jake Warmington	(10)	Didcot & Bar	3:04.97	312	42.49	1:30.73	2:18.00
49.	Gene Steele	(10)	Kingston Roy	3:05.57	309	40.06	1:29.10	2:18.01
50.	Adam Hele	(11)	Verulam	3:07.55	299	40.41	1:28.42	2:18.69
51.	Ching Yau	(12)	Hatfield	3:08.86	293	-	1:32.15	-
52.	Aristos Demetriou	(13)	Barnet Copt	3:09.09	292	-	1:32.45	-
53.	Oliver Dorey	(12)	Kingston Roy	3:09.27	291	-	1:29.47	-
54.	Izaak Wilsher	(13)	Hertford	3:09.94	288	41.95	1:30.85	2:21.77
55.	Riley ALLEN	(12)	Thurrock	3:10.71	284	43.78	1:32.54	2:21.12
56.	Maximus Tsang	(13)	Barnet Copt	3:12.77	275	43.51	1:33.33	2:24.03
57.	Hyuga Iketani	(13)	Barnet Copt	3:13.09	274	-	1:33.26	-
58.	Alexander Fields-Bicar	(12)	Enfield Sq	3:14.06	270	-	1:31.95	-
59.	James Murphy	(11)	New Hall	3:14.18	269	-	1:33.66	-
60.	Oscar Wilson	(12)	Potters Bar	3:16.19	261	43.75	1:34.78	2:27.22
61.	Luca Capozzi	(13)	Hemel Hemp	3:16.52	260	45.86	1:35.42	2:27.51
62.	Augustus Murray	(12)	Co Cambridge	3:16.59	260	-	1:36.81	-
63.	Kenny Millsom	(13)	Bishop Stort	3:17.16	257	46.50	1:38.49	2:30.38
64.	Callum Doran	(12)	DunmowAtlant	3:17.73	255	44.58	1:35.17	2:28.06
65.	Harrison Dodwell	(13)	Bishop Stort	3:17.94	254	-	1:37.14	-
66.	Jude Baldock	(14)	BorRedbridge	3:18.17	253	46.92	1:37.86	2:28.90
67.	Jack Lees	(13)	Epping For't	3:27.48	221	-	1:41.46	-
68.	Casper Whittaker	(12)	Biggleswade	3:29.74	214	49.49	1:43.43	2:37.32
69.	Clark Meanti	(13)	Putteridge	3:30.91	210	-	1:44.36	-
70.	Andrew Tsz Long To	(12)	Co Oxford	3:35.67	196	48.65	1:43.50	2:39.47
	Noah Varsani	(11)	Potters Bar	DQ				
	Andy Hasanaj	(11)	Enfield Sq	DQ				
	Kevinas Simukauskas	(12)	Basildon Ph	DQ				

EVENT 502 Female 200m Butterfly

12 Yrs/Under Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Isabelle Hedger	(13)	Barnet Copt	2:47.80	382	-	1:20.72	-
2.	Olive Bailey	(13)	Colchester	2:52.58	351	-	1:21.03	-
3.	Cherice Ho	(15)	Barnet Copt	3:03.44	292	42.13	1:28.74	-
4.	Emmeline Eales	(13)	Kingston Roy	3:05.18	284	38.36	1:22.60	2:13.56
5.	Isla Tate	(13)	Co Peterboro	3:07.57	273	40.32	1:28.58	-
6.	Martha Mellors	(13)	Verulam	3:12.03	255	39.00	1:28.31	2:19.61

13 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Summer Miller	(12)	Bishop Stort	2:39.51	445	-	1:15.34	-
2.	Isabella Osele	(12)	Barnet Copt	2:40.00	441	-	1:16.55	-
3.	Tiana Cohen	(12)	Barnet Copt	2:44.15	408	36.65	1:19.46	2:01.64
4.	Sara Onobraucha	(12)	Barnet Copt	2:48.11	380	36.28	1:19.67	2:04.77
5.	Anna Mason	(12)	Co Peterboro	2:50.94	361	-	1:15.42	-
6.	Isla Rennie	(12)	Co Oxford	2:51.22	360	36.91	1:19.36	2:04.89
7.	Hannah Junor	(12)	Hitchin	2:57.57	322	37.01	1:22.30	2:11.12
8.	Eva Jackson	(12)	Flitwick	2:58.82	316	-	1:24.09	-
9.	Sophia Aziz	(12)	Co Peterboro	3:00.54	307	38.16	1:25.97	2:14.00
10.	L Pacheco-Walsh	(12)	Kingston Roy	3:03.57	292	38.08	1:25.45	2:15.12
11.	Emily Joyce	(12)	Biggleswade	3:05.96	281	-	1:25.42	-
12.	Eljia Mickaite	(12)	Co Peterboro	3:11.19	258	-	1:28.85	-
	Summer Lewis	(12)	Colchester	DQ				

14 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Jui Hayakawa	(11)	Barnet Copt	2:35.47	480	-	1:12.32	-
2.	Megan Barnicoat	(11)	Co Peterboro	2:36.54	471	32.97	1:12.66	1:55.22
3.	Kitty Lamb	(11)	Co Peterboro	2:40.57	436	34.19	1:14.95	1:57.12
4.	Layla Jennings	(11)	Halstead	2:42.45	421	35.35	1:16.78	-
5.	Chloe Cranny	(11)	Epping For't	2:44.94	402	35.44	1:17.67	2:01.43
6.	Margarita Forsyth	(11)	Enfield Sq	2:48.72	376	36.14	1:18.27	2:04.79
7.	Alexa Ramirez	(11)	Basildon Ph	2:49.80	369	38.38	1:21.24	2:06.82
8.	Poppy Morris	(11)	Co Milton K	2:55.02	337	-	1:21.76	-
9.	Matilda Stokes	(11)	Co Peterboro	2:55.89	332	36.44	1:19.73	2:06.13
10.	Jeslene Sandhu	(11)	Epping For't	2:56.73	327	-	1:21.25	-
11.	Isobel McKay	(11)	Epping For't	2:57.66	322	37.81	1:23.31	2:10.97
12.	Heidi King	(11)	Hemel Hemp	2:57.92	320	36.40	1:21.87	-
13.	Lily-Marie HOOD	(11)	Chelmsford	2:59.41	312	38.41	1:23.12	2:10.79
14.	Eden Meanti	(11)	Putteridge	3:01.70	301	-	1:21.76	-
	Ayla Zolfaghari	(11)	Epping For't	DQ				

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Mei Hayakawa	(10)	Barnet Copt	2:25.15	591	31.97	1:08.18	1:45.65
2.	Lucy CLARKE	(10)	Chelmsford	2:35.41	481	33.79	1:14.70	1:54.35
3.	Eleanor BARTH-WEHRENAL	(10)	Chelmsford	2:38.47	454	-	1:12.57	-
4.	Charlotte Jenkinson	(10)	Co Peterboro	2:50.07	367	35.70	1:18.08	2:05.34
5.	Niamh Bunker	(10)	Flitwick	2:59.09	314	-	1:18.76	-

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Chloe Barnard	(09)	Basildon Ph	2:22.16	629	31.62	1:07.53	1:44.90
2.	Henrietta Chick	(09)	Crewe Flyers	2:26.90	570	-	1:09.80	-
3.	Ever Ives	(09)	Hatfield	2:28.16	555	-	1:11.59	-
4.	Abigail Rogers	(09)	Basildon Ph	2:30.87	526	33.12	1:10.49	1:49.83
5.	Antonia Elias	(09)	Hatfield	2:35.10	484	-	1:13.43	-
6.	Melike Dagdelen	(09)	Putteridge	2:41.78	426	35.65	1:18.72	2:00.74

17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Sadie Hunter	(08)	Co Peterboro	2:23.18	615	-	1:08.79	-
2.	Annie McLeod	(08)	Putteridge	2:28.30	554	32.91	1:10.15	1:49.08
3.	Poppy Magill	(08)	Putteridge	2:29.09	545	-	1:09.51	-
4.	Hollie Hawkins	(07)	Basildon Ph	2:29.94	536	32.23	1:09.24	1:48.47
5.	Louise WEBSTER	(07)	Thurrock	2:32.73	507	33.50	1:11.62	1:52.07
6.	Rebecca Coogan	(08)	Romford Town	2:33.66	498	32.17	1:09.29	1:49.43
7.	Tierney Rooney	(06)	Thurrock	2:35.20	483	33.53	1:11.90	1:52.40
8.	Isabella Porzio	(04)	Putteridge	2:36.97	467	-	1:14.78	-
9.	Alexa Mann	(06)	DunmowAtlant	2:38.28	455	-	1:12.55	-
10.	Amelia Porzio	(08)	Putteridge	2:41.62	428	34.40	1:15.22	1:57.50
11.	Chloe Alton	(08)	Potters Bar	2:45.96	395	36.72	1:18.38	2:02.36
12.	Eleanor McLeod	(08)	Putteridge	2:51.35	359	35.51	1:19.45	-
13.	Sophia Pavlides	(08)	Co Oxford	2:56.49	328	36.75	1:19.54	2:07.01

Open Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	50	100	150
1.	Chloe Barnard	(09)	Basildon Ph	2:22.16	629	31.62	1:07.53	1:44.90
2.	Sadie Hunter	(08)	Co Peterboro	2:23.18	615	-	1:08.79	-
3.	Mei Hayakawa	(10)	Barnet Copt	2:25.15	591	31.97	1:08.18	1:45.65
4.	Hennietta Chick	(09)	Crewe Flyers	2:26.90	570	-	1:09.80	-
5.	Ever Ives	(09)	Hatfield	2:28.16	555	-	1:11.59	-
6.	Annie McLeod	(08)	Putteridge	2:28.30	554	32.91	1:10.15	1:49.08
7.	Poppy Magill	(08)	Putteridge	2:29.09	545	-	1:09.51	-
8.	Hollie Hawkins	(07)	Basildon Ph	2:29.94	536	32.23	1:09.24	1:48.47
9.	Abigail Rogers	(09)	Basildon Ph	2:30.87	526	33.12	1:10.49	1:49.83
10.	Louise WEBSTER	(07)	Thurrock	2:32.73	507	33.50	1:11.62	1:52.07
11.	Rebecca Coogan	(08)	Romford Town	2:33.66	498	32.17	1:09.29	1:49.43
12.	Antonia Elias	(09)	Hatfield	2:35.10	484	-	1:13.43	-
13.	Tierney Rooney	(06)	Thurrock	2:35.20	483	33.53	1:11.90	1:52.40
14.	Lucy CLARKE	(10)	Chelmsford	2:35.41	481	33.79	1:14.70	1:54.35
15.	Jui Hayakawa	(11)	Barnet Copt	2:35.47	480	-	1:12.32	-
16.	Megan Barnicoat	(11)	Co Peterboro	2:36.54	471	32.97	1:12.66	1:55.22
17.	Isabella Porzio	(04)	Putteridge	2:36.97	467	-	1:14.78	-
18.	Alexa Mann	(06)	DunmowAtlant	2:38.28	455	-	1:12.55	-
19.	Eleanor BARTH-WEHRENAL	(10)	Chelmsford	2:38.47	454	-	1:12.57	-
20.	Summer Miller	(12)	Bishop Stort	2:39.51	445	-	1:15.34	-
21.	Isabella Osele	(12)	Barnet Copt	2:40.00	441	-	1:16.55	-
22.	Kitty Lamb	(11)	Co Peterboro	2:40.57	436	34.19	1:14.95	1:57.12
23.	Amelia Porzio	(08)	Putteridge	2:41.62	428	34.40	1:15.22	1:57.50
24.	Melike Dagdelen	(09)	Putteridge	2:41.78	426	35.65	1:18.72	2:00.74
25.	Layla Jennings	(11)	Halstead	2:42.45	421	35.35	1:16.78	-
26.	Tiana Cohen	(12)	Barnet Copt	2:44.15	408	36.65	1:19.46	2:01.64
27.	Chloe Cranny	(11)	Epping For't	2:44.94	402	35.44	1:17.67	2:01.43
28.	Chloe Alton	(08)	Potters Bar	2:45.96	395	36.72	1:18.38	2:02.36
29.	Isabelle Hedger	(13)	Barnet Copt	2:47.80	382	-	1:20.72	-
30.	Sara Onobrauche	(12)	Barnet Copt	2:48.11	380	36.28	1:19.67	2:04.77
31.	Margarita Forsyth	(11)	Enfield Sq	2:48.72	376	36.14	1:18.27	2:04.79
32.	Alexa Ramirez	(11)	Basildon Ph	2:49.80	369	38.38	1:21.24	2:06.82
33.	Charlotte Jenkinson	(10)	Co Peterboro	2:50.07	367	35.70	1:18.08	2:05.34
34.	Anna Mason	(12)	Co Peterboro	2:50.94	361	-	1:15.42	-
35.	Isla Rennie	(12)	Co Oxford	2:51.22	360	36.91	1:19.36	2:04.89
36.	Eleanor McLeod	(08)	Putteridge	2:51.35	359	35.51	1:19.45	-
37.	Olive Bailey	(13)	Colchester	2:52.58	351	-	1:21.03	-
38.	Poppy Morris	(11)	Co Milton K	2:55.02	337	-	1:21.76	-
39.	Matilda Stokes	(11)	Co Peterboro	2:55.89	332	36.44	1:19.73	2:06.13
40.	Sophia Pavlides	(08)	Co Oxford	2:56.49	328	36.75	1:19.54	2:07.01
41.	Jeslene Sandhu	(11)	Epping For't	2:56.73	327	-	1:21.25	-
42.	Hannah Junor	(12)	Hitchin	2:57.57	322	37.01	1:22.30	2:11.12
43.	Isobel McKay	(11)	Epping For't	2:57.66	322	37.81	1:23.31	2:10.97
44.	Heidi King	(11)	Hemel Hemp	2:57.92	320	36.40	1:21.87	-
45.	Eva Jackson	(12)	Flitwick	2:58.82	316	-	1:24.09	-
46.	Niamh Bunker	(10)	Flitwick	2:59.09	314	-	1:18.76	-
47.	Lily-Marie HOOD	(11)	Chelmsford	2:59.41	312	38.41	1:23.12	2:10.79
48.	Sophia Aziz	(12)	Co Peterboro	3:00.54	307	38.16	1:25.97	2:14.00
49.	Eden Meanti	(11)	Putteridge	3:01.70	301	-	1:21.76	-
50.	Cherice Ho	(15)	Barnet Copt	3:03.44	292	42.13	1:28.74	-
51.	L Pacheco-Walsh	(12)	Kingston Roy	3:03.57	292	38.08	1:25.45	2:15.12
52.	Emmeline Eales	(13)	Kingston Roy	3:05.18	284	38.36	1:22.60	2:13.56
53.	Emily Joyce	(12)	Biggleswade	3:05.96	281	-	1:25.42	-
54.	Isla Tate	(13)	Co Peterboro	3:07.57	273	40.32	1:28.58	-
55.	Elija Mickaite	(12)	Co Peterboro	3:11.19	258	-	1:28.85	-
56.	Martha Mellors	(13)	Verulam	3:12.03	255	39.00	1:28.31	2:19.61
	Ayla Zolfaghari	(11)	Epping For't	DQ				
	Summer Lewis	(12)	Colchester	DQ				

EVENT 503 Open/Male 100m Freestyle

13 Yrs/Under Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Alexander Fields-Bicar	(12)	Enfield Sq		1:04.22	377	-
2.	Haiyang Shi	(13)	Basildon Ph		1:04.76	367	-
3.	Huxley Phillips	(13)	Co Cambridge		1:05.71	352	30.51
4.	Ruslan Shiraz	(12)	Epping For't		1:06.03	347	-
5.	Kevinas Simukauskas	(12)	Basildon Ph		1:06.31	342	32.04
6.	Oliver Dorey	(12)	Kingston Roy		1:06.52	339	31.74
7.	Guy Spearman-Baines	(12)	Bishop Stort		1:06.68	336	-
8.	David-Joseph Assaker	(12)	Barnet Copt		1:06.87	334	31.60
9.	George Letts	(12)	Deben		1:06.97	332	-
10.	Thomas Riley	(12)	Colchester		1:07.25	328	31.09
11.	Todd Leung	(12)	Hatfield		1:07.40	326	-
12.	Danraj DHILLON	(12)	Thurrock		1:07.96	318	-
13.	Riley ALLEN	(12)	Thurrock		1:08.40	312	33.10
14.	Miles Copping	(12)	Co Cambridge		1:08.43	311	-
15.	Adam ZARHLOUL	(12)	Thurrock		1:08.89	305	33.51
16.	Benjamin Piscopo	(13)	Co Peterboro		1:08.96	304	32.96
17.	George Sims	(13)	Hatfield		1:09.43	298	-
18.	Luke Trull	(12)	Dunstable		1:09.79	293	-
19.	Mantas Adomaitis	(12)	Kingston Roy		1:10.07	290	-
20.	Harrison Dodwell	(13)	Bishop Stort		1:10.10	290	33.50
21.	Luke Florides	(12)	Enfield Sq		1:11.05	278	-
22.	Oscar Langston	(12)	Epping For't		1:11.90	268	-
23.	Leo Sims	(13)	Hatfield		1:16.48	223	36.35

14 Yrs Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Jayden Carter	(11)	Basildon Ph		58.11	509	-
2.	Jacob Suliga	(11)	Co Oxford		58.97	487	-
3.	Joshua Hutchinson	(11)	Woking		59.10	483	28.84
4.	Xavier Zerban	(11)	Biggleswade		59.26	480	28.47
5.	Ivan IJOMONI	(11)	Thurrock		59.34	478	28.37
5.	Benjamin Palmer	(11)	Bishop Stort		59.34	478	-
7.	Isaac Mendham	(11)	DunmowAtlant		1:00.38	453	28.77
8.	Brandon Crees	(11)	New Hall		1:00.52	450	28.70
9.	Thomas Fenwick	(11)	Hatfield		1:00.65	447	-
10.	Zak WALKER	(11)	Thurrock		1:00.93	441	-
11.	Edward Page	(11)	Co Cambridge		1:01.00	440	-
12.	Nathan Han	(11)	Kingston Roy		1:01.67	425	-
13.	Jacob Sugden	(11)	New Hall		1:01.71	425	-
14.	Perrin Ma	(11)	Hatfield		1:02.22	414	-
15.	Nikolai Marine	(11)	Kingston Roy		1:02.32	412	-
16.	Christian Ludwig	(11)	Basildon Ph		1:03.22	395	-
17.	Bertie Titheridge	(11)	St Ives		1:03.52	389	-
18.	Blair Hope	(11)	Reed's SC		1:03.54	389	30.06
19.	Zachary Piscopo	(11)	Co Peterboro		1:04.43	373	29.78
20.	Thomas Ashby	(11)	Basildon Ph		1:04.93	364	-
21.	Edward Beard	(11)	Verulam		1:05.09	362	31.21
22.	Byron Miller	(11)	Colchester		1:06.82	334	31.17
23.	Jamie WONG	(11)	Broomfield		1:07.09	330	-
24.	Euan Roberts	(11)	Hoddesdon		1:08.19	315	32.62
25.	Lewis Borgognoni	(11)	Co Peterboro		1:09.42	298	33.03

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Rafael Corliano	(10)	Co Cambridge		57.10	536	27.46
1.	Harry Robinson	(10)	Reed's SC		57.10	536	27.45
3.	Joshua Black	(10)	Co Cambridge		57.80	517	-
4.	Elliot Hall	(10)	Bishop Stort		57.86	515	27.86
5.	Oliver Robbins	(10)	Co Oxford		58.13	508	27.88
6.	George Heather	(10)	Co Peterboro		58.50	498	-
7.	Corben Gibson	(10)	Basildon Ph		59.03	485	-
8.	Elijah Smith	(10)	Co Oxford		59.58	472	27.90
9.	Michael Gannon	(10)	Co Oxford		1:00.07	460	28.56
10.	Mikhail Zharinov	(10)	Hitchin		1:00.29	455	28.80
11.	Daniel Bear	(10)	Basildon Ph		1:00.31	455	-
12.	Joseph Tsz Wai To	(10)	Co Oxford		1:00.60	448	-
13.	Oliver Meier	(10)	Biggleswade		1:00.87	442	28.36
14.	Kieran Lucy	(10)	South Lincs		1:01.19	436	-
15.	Aaron Sadler	(10)	Co Peterboro		1:01.38	431	29.30
16.	Santiago Fletcher	(10)	Co Cambridge		1:01.85	422	29.26
17.	Jai Jhita	(10)	Didcot & Bar		1:02.06	417	29.31
18.	Corey Jones	(10)	Reed's SC		1:02.10	417	-
19.	Noah Bielby	(10)	Co Peterboro		1:02.29	413	30.07
20.	Tevaughn Smith	(10)	Enfield Sq		1:02.34	412	-
21.	Jack Avis	(10)	Hitchin		1:02.43	410	29.32
22.	Oliver Shayle	(10)	Co Cambridge		1:02.47	409	-
23.	Thomas Hale	(10)	DunmowAtlant		1:02.59	407	29.45
24.	Oliver Howard	(10)	Bishop Stort		1:03.09	397	-
25.	Oliver Butt	(10)	Deben		1:03.67	387	30.48
26.	Zachary Fraser	(10)	Co Peterboro		1:06.52	339	-

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Joshua PARKER	(09)	Braintree		53.15	665	-
2.	Luke Bumard	(09)	Co St Albans		55.02	599	-
3.	Dylan Davenport	(09)	Bishop Stort		55.50	584	-
4.	Conor Mint	(09)	Basildon Ph		55.96	570	27.17
5.	Maxwell Hozier	(09)	Hoddesdon		56.14	564	26.89
6.	Danylo Kravchenko	(09)	New Hall		56.53	552	-
7.	Frank Jacob	(09)	Co Cambridge		56.78	545	27.24
8.	Frank Lamb	(09)	Co Peterboro		57.18	534	-
9.	Ethan Thorpe	(09)	Basildon Ph		57.72	519	-
10.	Finlay German	(09)	Co Cambridge		57.79	517	27.49
11.	Ernest Hill	(09)	Reed's SC		57.93	513	-
12.	Ashton Blake	(09)	Basildon Ph		58.14	508	-
13.	Oliver Fenwick	(09)	Hatfield		58.83	490	-
14.	Oscar McKern	(09)	Verulam		59.26	480	28.40
15.	Alfie Page	(09)	Co Cambridge		59.31	478	-
15.	Anthony GANCHEV	(09)	Chelmsford		59.31	478	-
17.	George Jones	(09)	Basildon Ph		59.34	478	-
18.	Daniel Humphreys	(09)	Putteridge		59.61	471	-
19.	Callum MERRILL	(09)	Chelmsford		59.69	469	27.81
20.	Joseph Elliott	(09)	Flitwick		59.96	463	-
21.	Harry Bird	(09)	Putteridge		1:00.34	454	28.90
22.	Roland Kreiter	(09)	Co Cambridge		1:00.85	443	-
23.	William Ward	(09)	Hoddesdon		1:01.14	437	-
24.	Thomas Jaimon	(09)	Basildon Ph		1:01.52	429	-

17 Yrs Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Evan McQuade	(08)	DunmowAtlant		54.26	625	26.06
2.	Ronnie Edwards	(08)	Rochford		54.90	603	25.97
3.	Daniel Williams	(08)	Hatfield		55.15	595	26.39
4.	Monty Salmon	(08)	Co Oxford		56.25	561	27.32
5.	Kian Lee	(08)	Co Peterboro		56.55	552	-
6.	Joshua Sackree	(08)	Co Peterboro		56.60	550	-
7.	Sean Connolly	(08)	Epping For't		56.95	540	-
8.	Ethan Baxter	(08)	Enfield Sq		57.32	530	27.44
9.	Robert Fenner	(08)	Basildon Ph		57.34	529	-
10.	Billy Cyl	(08)	Ware		57.94	513	-
11.	Wolfgang Tosch	(08)	Reed's SC		58.14	508	-
12.	Lee-Koppany Boka	(08)	Basildon Ph		58.17	507	-
13.	Reece BURNS	(08)	Chelmsford		58.36	502	28.20
14.	Harry Arnold-Pepper	(08)	Co Cambridge	9	1:10.21	288	34.02

18 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Lucas Hartley	(07)	Hatfield		53.75	643	-
2.	Damon Elliott	(04)	DunmowAtlant		54.17	628	25.70
3.	Jacob Ray	(07)	Basildon Ph		54.52	616	26.10
4.	Freddie GARDNER	(06)	Thurrock		54.57	614	-
5.	Ben Davison	(05)	Hatfield		55.21	593	-
6.	Harrison Shaw	(07)	Flitwick		55.62	580	-
7.	Jack Osborne	(07)	Deben		55.66	579	26.80
8.	Lewis Jarrett	(06)	Thurrock		55.80	574	-
9.	Tom Collins	(07)	Reed's SC		56.57	551	27.27
10.	Henry DEAN	(06)	Thurrock		56.80	545	26.53
11.	Corey Hare	(06)	teamipswich	14	1:00.52	450	-
12.	Callum Wimble	(03)	Reed's SC		1:06.75	335	24.57

Open Age Group - Full Results

Place	Name	YoB	Club	Class	Time	WA Pts	50
1.	Joshua PARKER	(09)	Braintree		53.15	665	-
2.	Lucas Hartley	(07)	Hatfield		53.75	643	-
3.	Damon Elliott	(04)	DunmowAtlant		54.17	628	25.70
4.	Evan McQuade	(08)	DunmowAtlant		54.26	625	26.06
5.	Jacob Ray	(07)	Basildon Ph		54.52	616	26.10
6.	Freddie GARDNER	(06)	Thurrock		54.57	614	-
7.	Ronnie Edwards	(08)	Rochford		54.90	603	25.97
8.	Luke Burnard	(09)	Co St Albans		55.02	599	-
9.	Daniel Williams	(08)	Hatfield		55.15	595	26.39
10.	Ben Davison	(05)	Hatfield		55.21	593	-
11.	Dylan Davenport	(09)	Bishop Stort		55.50	584	-
12.	Harrison Shaw	(07)	Flitwick		55.62	580	-
13.	Jack Osborne	(07)	Deben		55.66	579	26.80
14.	Lewis Jarrett	(06)	Thurrock		55.80	574	-
15.	Conor Mint	(09)	Basildon Ph		55.96	570	27.17
16.	Maxwell Hozier	(09)	Hoddesdon		56.14	564	26.89
17.	Monty Salmon	(08)	Co Oxford		56.25	561	27.32
18.	Danylo Kravchenko	(09)	New Hall		56.53	552	-
19.	Kian Lee	(08)	Co Peterboro		56.55	552	-
20.	Tom Collins	(07)	Reed's SC		56.57	551	27.27
21.	Joshua Sackree	(08)	Co Peterboro		56.60	550	-
22.	Frank Jacob	(09)	Co Cambridge		56.78	545	27.24
23.	Henry DEAN	(06)	Thurrock		56.80	545	26.53
24.	Sean Connolly	(08)	Epping For't		56.95	540	-
25.	Rafael Corliano	(10)	Co Cambridge		57.10	536	27.46
25.	Harry Robinson	(10)	Reed's SC		57.10	536	27.45
27.	Frank Lamb	(09)	Co Peterboro		57.18	534	-
28.	Ethan Baxter	(08)	Enfield Sq		57.32	530	27.44
29.	Robert Fenner	(08)	Basildon Ph		57.34	529	-
30.	Ethan Thorpe	(09)	Basildon Ph		57.72	519	-
31.	Finlay German	(09)	Co Cambridge		57.79	517	27.49
32.	Joshua Black	(10)	Co Cambridge		57.80	517	-
33.	Elliot Hall	(10)	Bishop Stort		57.86	515	27.86
34.	Ernest Hill	(09)	Reed's SC		57.93	513	-
35.	Billy Cyl	(08)	Ware		57.94	513	-
36.	Jayden Carter	(11)	Basildon Ph		58.11	509	-
37.	Oliver Robbins	(10)	Co Oxford		58.13	508	27.88
38.	Ashton Blake	(09)	Basildon Ph		58.14	508	-
38.	Wolfgang Tosch	(08)	Reed's SC		58.14	508	-
40.	Lee-Koppany Boka	(08)	Basildon Ph		58.17	507	-
41.	Reece BURNS	(08)	Chelmsford		58.36	502	28.20
42.	George Heather	(10)	Co Peterboro		58.50	498	-
43.	Oliver Fenwick	(09)	Hatfield		58.83	490	-
44.	Jacob Suliga	(11)	Co Oxford		58.97	487	-
45.	Corben Gibson	(10)	Basildon Ph		59.03	485	-
46.	Joshua Hutchinson	(11)	Woking		59.10	483	28.84
47.	Xavier Zerban	(11)	Biggleswade		59.26	480	28.47
47.	Oscar McKern	(09)	Verulam		59.26	480	28.40
49.	Alfie Page	(09)	Co Cambridge		59.31	478	-
49.	Anthony GANCHEV	(09)	Chelmsford		59.31	478	-
51.	Ivan IJOMONI	(11)	Thurrock		59.34	478	28.37
51.	Benjamin Palmer	(11)	Bishop Stort		59.34	478	-
51.	George Jones	(09)	Basildon Ph		59.34	478	-
54.	Elijah Smith	(10)	Co Oxford		59.58	472	27.90
55.	Daniel Humphreys	(09)	Putteridge		59.61	471	-
56.	Callum MERRILL	(09)	Chelmsford		59.69	469	27.81
57.	Joseph Elliott	(09)	Flitwick		59.96	463	-
58.	Michael Gannon	(10)	Co Oxford		1:00.07	460	28.56
59.	Mikhail Zharinov	(10)	Hitchin		1:00.29	455	28.80
60.	Daniel Bear	(10)	Basildon Ph		1:00.31	455	-

Results – Session 5

61.	Harry Bird	(09)	Putteridge	1:00.34	454	28.90
62.	Isaac Mendham	(11)	DunmowAtlant	1:00.38	453	28.77
63.	Brandon Crees	(11)	New Hall	1:00.52	450	28.70
63.	Corey Hare	(06)	teamipswich	14 1:00.52	450	-
65.	Joseph Tsz Wai To	(10)	Co Oxford	1:00.60	448	-
66.	Thomas Fenwick	(11)	Hatfield	1:00.65	447	-
67.	Roland Kreiter	(09)	Co Cambridge	1:00.85	443	-
68.	Oliver Meier	(10)	Biggleswade	1:00.87	442	28.36
69.	Zak WALKER	(11)	Thurrock	1:00.93	441	-
70.	Edward Page	(11)	Co Cambridge	1:01.00	440	-
71.	William Ward	(09)	Hoddesdon	1:01.14	437	-
72.	Kieran Lucy	(10)	South Lincs	1:01.19	436	-
73.	Aaron Sadler	(10)	Co Peterboro	1:01.38	431	29.30
74.	Thomas Jaimon	(09)	Basildon Ph	1:01.52	429	-
75.	Nathan Han	(11)	Kingston Roy	1:01.67	425	-
76.	Jacob Sugden	(11)	New Hall	1:01.71	425	-
77.	Santiago Fletcher	(10)	Co Cambridge	1:01.85	422	29.26
78.	Jai Jhita	(10)	Didcot & Bar	1:02.06	417	29.31
79.	Corey Jones	(10)	Reed's SC	1:02.10	417	-
80.	Perrin Ma	(11)	Hatfield	1:02.22	414	-
81.	Noah Bielby	(10)	Co Peterboro	1:02.29	413	30.07
82.	Nikolai Marine	(11)	Kingston Roy	1:02.32	412	-
83.	Tevaughn Smith	(10)	Enfield Sq	1:02.34	412	-
84.	Jack Avis	(10)	Hitchin	1:02.43	410	29.32
85.	Oliver Shayle	(10)	Co Cambridge	1:02.47	409	-
86.	Thomas Hale	(10)	DunmowAtlant	1:02.59	407	29.45
87.	Oliver Howard	(10)	Bishop Stort	1:03.09	397	-
88.	Christian Ludwig	(11)	Basildon Ph	1:03.22	395	-
89.	Bertie Titheridge	(11)	St Ives	1:03.52	389	-
90.	Blair Hope	(11)	Reed's SC	1:03.54	389	30.06
91.	Oliver Butt	(10)	Deben	1:03.67	387	30.48
92.	Alexander Fields-Bicar	(12)	Enfield Sq	1:04.22	377	-
93.	Zachary Piscopo	(11)	Co Peterboro	1:04.43	373	29.78
94.	Haiyang Shi	(13)	Basildon Ph	1:04.76	367	-
95.	Thomas Ashby	(11)	Basildon Ph	1:04.93	364	-
96.	Edward Beard	(11)	Verulam	1:05.09	362	31.21
97.	Huxley Phillips	(13)	Co Cambridge	1:05.71	352	30.51
98.	Ruslan Shiraz	(12)	Epping For't	1:06.03	347	-
99.	Kevin Simukauskas	(12)	Basildon Ph	1:06.31	342	32.04
100.	Oliver Dorey	(12)	Kingston Roy	1:06.52	339	31.74
100.	Zachary Fraser	(10)	Co Peterboro	1:06.52	339	-
102.	Guy Spearman-Baines	(12)	Bishop Stort	1:06.68	336	-
103.	Callum Wimble	(03)	Reed's SC	1:06.75	335	24.57
104.	Byron Miller	(11)	Colchester	1:06.82	334	31.17
105.	David-Joseph Assaker	(12)	Barnet Copt	1:06.87	334	31.60
106.	George Letts	(12)	Deben	1:06.97	332	-
107.	Jamie WONG	(11)	Broomfield	1:07.09	330	-
108.	Thomas Riley	(12)	Colchester	1:07.25	328	31.09
109.	Todd Leung	(12)	Hatfield	1:07.40	326	-
110.	Danraj DHILLON	(12)	Thurrock	1:07.96	318	-
111.	Euan Roberts	(11)	Hoddesdon	1:08.19	315	32.62
112.	Riley ALLEN	(12)	Thurrock	1:08.40	312	33.10
113.	Miles Copping	(12)	Co Cambridge	1:08.43	311	-
114.	Adam ZARHLOUL	(12)	Thurrock	1:08.89	305	33.51
115.	Benjamin Piscopo	(13)	Co Peterboro	1:08.96	304	32.96
116.	Lewis Borgognoni	(11)	Co Peterboro	1:09.42	298	33.03
117.	George Sims	(13)	Hatfield	1:09.43	298	-
118.	Luke Trull	(12)	Dunstable	1:09.79	293	-
119.	Mantas Adomaitis	(12)	Kingston Roy	1:10.07	290	-
120.	Harrison Dodwell	(13)	Bishop Stort	1:10.10	290	33.50
121.	Harry Arnold-Pepper	(08)	Co Cambridge	9 1:10.21	288	34.02
122.	Luke Florides	(12)	Enfield Sq	1:11.05	278	-
123.	Oscar Langston	(12)	Epping For't	1:11.90	268	-
124.	Leo Sims	(13)	Hatfield	1:16.48	223	36.35

Combined Result - Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BDPoints	50
1.	Corey Hare	(06)	teamipswich	14	1:00.52	608	-
2.	Harry Arnold-Pepper	(08)	Co Cambridge	9	1:10.21	411	34.02

EVENT 504 Mixed 1500m Freestyle

OPEN/MALE 13 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Frankie Zietal	(12)	Barnet Copt	17:36.98	558
	50m -	100m 1:06.30	150m 1:41.85	200m 2:16.79	250m -
	450m -	500m 5:48.55	550m -	600m 6:59.73	300m 3:27.30
	850m 9:58.38	900m 10:34.08	950m -	1000m 11:45.46	350m -
	1250m 14:44.31	1300m 15:19.69	1350m -	1400m 16:29.08	400m 4:37.91
				1450m -	450m 5:50.73
					500m 7:00.67
					550m 8:11.64
					600m 9:22.86
					650m 10:34.08
					700m 11:45.46
					750m 12:56.77
					800m 14:08.55
					850m 15:19.69
					900m 16:29.08
					950m 17:36.98
					1000m 18:22.05
					1050m 19:07.32
					1100m 19:52.59
					1150m 20:37.86
					1200m 21:23.13
					1250m 22:08.40
					1300m 22:53.67
					1350m 23:38.94
					1400m 24:24.21
					1450m 25:09.48

OPEN/MALE 13 Yrs/Under Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Frankie Zietal	(12)	Barnet Copt	17:36.98	558
	50m -	100m 1:06.30	150m 1:41.85	200m 2:16.79	250m -
	450m -	500m 5:48.55	550m -	600m 6:59.73	300m 3:27.30
	850m 9:58.38	900m 10:34.08	950m -	1000m 11:45.46	350m -
	1250m 14:44.31	1300m 15:19.69	1350m -	1400m 16:29.08	400m 4:37.91
				1450m -	450m 5:50.73
					500m 7:00.67
					550m 8:11.64
					600m 9:22.86
					650m 10:34.08
					700m 11:45.46
					750m 12:56.77
					800m 14:08.55
					850m 15:19.69
					900m 16:29.08
					950m 17:36.98
					1000m 18:22.05
					1050m 19:07.32
					1100m 19:52.59
					1150m 20:37.86
					1200m 21:23.13
					1250m 22:08.40
					1300m 22:53.67
					1350m 23:38.94
					1400m 24:24.21
					1450m 25:09.48

OPEN/MALE 14 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Joshua Hutchinson	(11)	Woking	17:56.34	529
	50m -	100m 1:06.36	150m -	200m 2:17.16	250m -
	450m -	500m 5:54.12	550m -	600m 7:06.49	300m 3:27.78
	850m -	900m 10:45.35	950m -	1000m 11:57.36	350m -
	1250m -	1300m 15:33.04	1350m -	1400m 16:46.97	400m 4:40.42
					450m 5:54.12
					500m 7:06.49
					550m 8:19.96
					600m 9:32.43
					650m 10:45.35
					700m 11:57.36
					750m 13:09.05
					800m 14:21.58
					850m 15:33.04
					900m 16:46.97
					950m 17:56.34
					1000m 18:51.61
					1050m 19:46.90
					1100m 20:42.19
					1150m 21:37.48
					1200m 22:32.77
					1250m 23:28.06
					1300m 24:23.35
					1350m 25:18.64
					1400m 26:13.93
					1450m 27:09.22

OPEN/MALE 15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Henry Shepherd	(10)	Bromley	16:45.67	648
	50m -	100m 1:00.04	150m -	200m 2:06.86	250m -
	450m -	500m 5:27.71	550m 6:01.35	600m 6:35.65	300m 3:13.10
	850m 9:25.15	900m 9:58.75	950m 10:33.17	1000m 11:07.61	350m 3:59.58
	1250m -	1300m 14:33.00	1350m -	1400m 15:41.89	400m 4:37.11
				1450m -	450m 5:27.71
					500m 6:01.35
					550m 6:35.65
					600m 7:09.99
					650m 7:44.33
					700m 8:18.67
					750m 8:53.01
					800m 9:27.35
					850m 10:01.69
					900m 10:36.03
					950m 11:10.37
					1000m 11:44.71
					1050m 12:19.05
					1100m 12:53.39
					1150m 13:27.73
					1200m 14:02.07
					1250m 14:36.41
					1300m 15:10.75
					1350m 15:45.09
					1400m 16:19.43
					1450m 16:53.77
					1500m 17:28.11
					1550m 18:02.45
					1600m 18:36.79
					1650m 19:11.13
					1700m 19:45.47
					1750m 20:19.81
					1800m 20:54.15
					1850m 21:28.49
					1900m 22:02.83
					1950m 22:37.17
					2000m 23:11.51
					2050m 23:45.85
					2100m 24:20.19
					2150m 24:54.53
					2200m 25:28.87
					2250m 26:03.21
					2300m 26:37.55
					2350m 27:11.89
					2400m 27:46.23
					2450m 28:20.57
					2500m 28:54.91
					2550m 29:29.25
					2600m 30:03.59
					2650m 30:37.93
					2700m 31:12.27
					2750m 31:46.61
					2800m 32:20.95
					2850m 32:55.29
					2900m 33:29.63
					2950m 34:03.97
					3000m 34:38.31
					3050m 35:12.65
					3100m 35:46.99
					3150m 36:21.33
					3200m 36:55.67
					3250m 37:30.01
					3300m 38:04.35
					3350m 38:38.69
					3400m 39:13.03
					3450m 39:47.37
					3500m 40:21.71
					3550m 40:56.05
					3600m 41:30.39
					3650m 42:04.73
					3700m 42:39.07
					3750m 43:13.41
					3800m 43:47.75
					3850m 44:22.09
					3900m 44:56.43
					3950m 45:30.77
					4000m 46:05.11
					4050m 46:39.45
					4100m 47:13.79
					4150m 47:48.13
					4200m 48:22.47
					4250m 48:56.81
					4300m 49:31.15
					4350m 50:05.49
					4400m 50:39.83
					4450m 51:14.17
					4500m 51:48.51
					4550m 52:22.85
					4600m 52:57.19
					4650m 53:31.53
					4700m 54:05.87
					4750m 54:40.21
					4800m 55:14.55
					4850m 55:48.89
					4900m 56:23.23
					4950m 56:57.57
					5000m 57:31.91
					5050m 58:06.25
					5100m 58:40.59
					5150m 59:14.93
					5200m 59:49.27
					5250m 60:23.61
					5300m 60:57.95
					5350m 61:32.29
					5400m 62:06.63
					5450m 62:40.97
					5500m 63:15.31
					5550m 63:49.65
					5600m 64:23.99
					5650m 64:58.33
					5700m 65:32.67
					5750m 66:07.01
					5800m 66:41.35
					5850m 67:15.69
					5900m 67:50.03
					5950m 68:24.37
					6000m 68:58.71
					6050m 69:33.05
					6100m 70:07.39
					6150m 70:41.73
					6200m 71:16.07
					6250m 71:50.41
					6300m 72:24.75
					6350m 72:59.09
					6400m 73:33.43
					6450m 74:07.77
					6500m 74:42.11
					6550m 75:16.45
					6600m 75:50.79
					6650m 76:25.13
					6700m 76:59.47
					6750m 77:33.81



March Long Course Summer National Qualifier – 2025

Results – Session 5

OPEN/MALE 17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Kenechukwu Harris-Eze	(07)	Barnet Copt	17:01.06	620
	50m -	100m 1:01.70	150m -	200m 2:09.08	250m -
	450m -	500m 5:34.45	550m -	600m 6:42.61	650m -
	850m -	900m 10:08.69	950m -	1000m 11:17.29	1050m -
	1250m -	1300m 14:45.31	1350m -	1400m 15:54.11	1450m -
2.	George Carter	(08)	Co Cambridge	17:47.06	543
	50m -	100m 1:04.86	150m -	200m 2:16.20	250m -
	450m -	500m 5:51.87	550m -	600m 7:03.65	650m -
	850m -	900m 10:41.41	950m -	1000m 11:53.95	1050m -
	1250m -	1300m 15:28.59	1350m -	1400m 16:38.73	1450m -
3.	Brandon MacDonald-Will	(08)	Bishop Stort	17:48.78	540
	50m 31.03	100m 1:05.06	150m 1:40.70	200m 2:16.38	250m 2:52.05
	450m 5:15.37	500m 5:51.70	550m 6:27.32	600m 7:03.60	650m 7:39.76
	850m 10:05.15	900m 10:41.56	950m 11:17.65	1000m 11:54.08	1050m 12:29.20
	1250m 14:54.01	1300m 15:30.18	1350m 16:05.55	1400m 16:40.98	1450m 17:16.38
4.	Daniel THOMPSON	(07)	Thurrock	17:49.13	540
	50m -	100m 31.27	150m -	200m 1:02.21	250m -
	450m -	500m 4:28.96	550m -	600m 5:40.34	650m -
	850m -	900m 9:16.28	950m -	1000m 10:29.27	1050m -
	1250m -	1300m 14:08.60	1350m -	1400m 16:36.55	1450m -
5.	William Barr	(08)	Royston	19:02.52	442
	50m 31.93	100m 1:09.42	150m 1:47.65	200m 2:25.59	250m 3:03.39
	450m 5:37.35	500m 6:15.71	550m 6:54.56	600m 7:33.07	650m 8:12.09
	850m 10:46.28	900m 11:25.69	950m 12:04.93	1000m 12:43.59	1050m 13:22.48
	1250m 15:55.76	1300m 16:33.82	1350m 17:11.53	1400m 17:49.38	1450m 18:27.15
6.	Luke Pemberton	(08)	Bo Waltham F	19:54.40	387
	50m -	100m 1:11.45	150m -	200m 2:28.64	250m -
	450m -	500m 6:26.60	550m -	600m 7:46.74	650m -
	850m -	900m 11:47.71	950m -	1000m 13:08.08	1050m -
	1250m -	1300m 17:13.35	1350m -	1400m 18:35.09	1450m -

OPEN/MALE 18 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Kenechukwu Harris-Eze	(07)	Barnet Copt	17:01.06	620
	50m -	100m 1:01.70	150m -	200m 2:09.08	250m -
	450m -	500m 5:34.45	550m -	600m 6:42.61	650m -
	850m -	900m 10:08.69	950m -	1000m 11:17.29	1050m -
	1250m -	1300m 14:45.31	1350m -	1400m 15:54.11	1450m -
2.	Daniel THOMPSON	(07)	Thurrock	17:49.13	540
	50m -	100m 31.27	150m -	200m 1:02.21	250m -
	450m -	500m 4:28.96	550m -	600m 5:40.34	650m -
	850m -	900m 9:16.28	950m -	1000m 10:29.27	1050m -
	1250m -	1300m 14:08.60	1350m -	1400m 16:36.55	1450m -

OPEN/MALE Open Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Henry Shepherd	(10)	Bromley	16:45.67	648
	50m -	100m 1:00.04	150m -	200m 2:06.86	250m -
	450m -	500m 5:27.71	550m 6:01.35	600m 6:35.65	650m -
	850m 9:25.15	900m 9:58.75	950m 10:33.17	1000m 11:07.61	1050m -
	1250m -	1300m 14:33.00	1350m -	1400m 15:41.89	1450m -
2.	Kenechukwu Harris-Eze	(07)	Barnet Copt	17:01.06	620
	50m -	100m 1:01.70	150m -	200m 2:09.08	250m -
	450m -	500m 5:34.45	550m -	600m 6:42.61	650m -
	850m -	900m 10:08.69	950m -	1000m 11:17.29	1050m -
	1250m -	1300m 14:45.31	1350m -	1400m 15:54.11	1450m -
3.	Jacob Bacon	(10)	Co Peterboro	17:28.60	572
	50m 29.88	100m 1:03.98	150m 1:39.10	200m 2:13.76	250m 2:48.96
	450m 5:09.53	500m 5:44.74	550m 6:19.73	600m 6:55.12	650m 7:30.31
	850m 9:50.59	900m 10:25.74	950m 11:01.20	1000m 11:36.34	1050m 12:11.94
	1250m 14:33.69	1300m 15:09.06	1350m 15:44.65	1400m 16:20.33	1450m 16:54.76
4.	Csanad Rehus	(09)	Co Peterboro	17:33.74	564
	50m -	100m 1:05.46	150m -	200m 2:14.45	250m -
	450m -	500m 5:45.38	550m -	600m 6:55.65	650m -
	850m -	900m 10:26.49	950m -	1000m 11:38.08	1050m -
	1250m -	1300m 15:12.18	1350m -	1400m 16:24.23	1450m -
5.	Frankie Zietal	(12)	Barnet Copt	17:36.98	558
	50m -	100m 1:06.30	150m 1:41.85	200m 2:16.79	250m -
	450m -	500m 5:48.55	550m -	600m 6:59.73	650m -
	850m 9:58.38	900m 10:34.08	950m -	1000m 11:45.46	1050m -
	1250m 14:44.31	1300m 15:19.69	1350m -	1400m 16:29.08	1450m -
6.	Thomas Croke	(09)	Barnet Copt	17:39.21	555
	50m 31.44	100m 1:04.76	150m 1:39.35	200m 2:13.64	250m 2:48.48
	450m 5:09.49	500m 5:44.77	550m 6:20.30	600m 6:55.48	650m 7:30.72
	850m 9:52.74	900m 10:28.49	950m 11:04.59	1000m 11:40.74	1050m 12:16.71
	1250m 14:41.30	1300m 15:18.02	1350m 15:54.17	1400m 16:29.96	1450m 17:05.27
7.	Seth Weerasinghe	(10)	Barnet Copt	17:41.63	551
	50m 31.47	100m 1:05.89	150m 1:40.70	200m 2:15.81	250m 2:50.78
	450m 5:12.42	500m 5:48.11	550m 6:23.57	600m 6:59.29	650m 7:34.82
	850m 9:57.61	900m 10:33.34	950m 11:08.87	1000m 11:45.03	1050m 12:21.02
	1250m 14:43.89	1300m 15:19.80	1350m 15:54.30	1400m 16:27.70	1450m 17:06.03
8.	George Carter	(08)	Co Cambridge	17:47.06	543
	50m -	100m 1:04.86	150m -	200m 2:16.20	250m -
	450m -	500m 5:51.87	550m -	600m 7:03.65	650m -
	850m -	900m 10:41.41	950m -	1000m 11:53.95	1050m -
	1250m -	1300m 15:28.59	1350m -	1400m 16:38.73	1450m -
9.	Brandon MacDonald-Will	(08)	Bishop Stort	17:48.78	540
	50m 31.03	100m 1:05.06	150m 1:40.70	200m 2:16.38	250m 2:52.05
	450m 5:15.37	500m 5:51.70	550m 6:27.32	600m 7:03.60	650m 7:39.76
	850m 10:05.15	900m 10:41.56	950m 11:17.65	1000m 11:54.08	1050m 12:29.20
	1250m 14:54.01	1300m 15:30.18	1350m 16:05.55	1400m 16:40.98	1450m 17:16.38
10.	Daniel THOMPSON	(07)	Thurrock	17:49.13	540
	50m -	100m 31.27	150m -	200m 1:02.21	250m -
	450m -	500m 4:28.96	550m -	600m 5:40.34	650m -
	850m -	900m 9:16.28	950m -	1000m 10:29.27	1050m -
	1250m -	1300m 14:08.60	1350m -	1400m 16:36.55	1450m -



March Long Course Summer National Qualifier – 2025

Results – Session 5

11. Joshua Hutchinson	(11) Woking	17:56.34	529				
50m -	100m 1:06.36	150m -	200m 2:17.16	250m -	300m 3:27.78	350m -	400m 4:40.42
450m -	500m 5:54.12	550m -	600m 7:06.49	650m -	700m 8:19.96	750m -	800m 9:32.43
850m -	900m 10:45.35	950m -	1000m 11:57.36	1050m -	1100m 13:09.05	1150m -	1200m 14:21.58
1250m -	1300m 15:33.04	1350m -	1400m 16:46.97	1450m -	1500m 17:56.34		
12. Lochlan Shaw	(10) Flitwick	18:01.31	522				
50m -	100m 1:07.06	150m -	200m 2:20.31	250m -	300m 3:32.91	350m -	400m 4:46.09
450m -	500m 5:58.69	550m -	600m 7:11.33	650m -	700m 8:23.38	750m -	800m 9:35.44
850m -	900m 10:47.38	950m -	1000m 11:59.42	1050m -	1100m 13:12.06	1150m -	1200m 14:24.85
1250m -	1300m 15:37.31	1350m -	1400m 16:50.32	1450m -	1500m 18:01.31		
13. Tal Shmuel	(12) Barnet Copt	18:22.05	493				
50m 33.74	100m 1:09.89	150m 1:46.41	200m 2:22.96	250m -	300m 3:36.58	350m -	400m 4:50.73
450m -	500m 6:04.97	550m -	600m 7:18.90	650m -	700m 8:33.07	750m -	800m 9:47.31
850m 10:24.39	900m 11:01.50	950m -	1000m 12:15.63	1050m -	1100m 13:29.67	1150m -	1200m 14:43.50
1250m -	1300m 15:57.56	1350m 16:34.11	1400m 17:10.92	1450m -	1500m 18:22.05		
14. George Scanlan	(09) Colchester	18:48.91	458				
50m 32.81	100m 1:09.78	150m 1:46.95	200m 2:24.42	250m 3:01.88	300m 3:39.67	350m 4:17.13	400m 4:54.97
450m 5:32.71	500m 6:10.67	550m 6:48.39	600m 7:26.73	650m 8:04.60	700m 8:42.82	750m 9:20.78	800m 9:58.76
850m 10:36.80	900m 11:15.28	950m 11:53.17	1000m 12:31.44	1050m 13:09.38	1100m 13:47.14	1150m 14:25.67	1200m 15:04.02
1250m 15:42.14	1300m 16:20.21	1350m 16:58.13	1400m 17:36.34	1450m 18:13.30	1500m 18:48.91		
15. William Barr	(08) Royston	19:02.52	442				
50m 31.93	100m 1:09.42	150m 1:47.65	200m 2:25.59	250m 3:03.39	300m 3:41.54	350m 4:20.01	400m 4:58.91
450m 5:37.35	500m 6:15.71	550m 6:54.56	600m 7:33.07	650m 8:12.09	700m 8:50.33	750m 9:29.25	800m 10:07.90
850m 10:46.28	900m 11:25.69	950m 12:04.93	1000m 12:43.59	1050m 13:22.48	1100m 14:01.64	1150m 14:39.34	1200m 15:17.30
1250m 15:55.76	1300m 16:33.82	1350m 17:11.53	1400m 17:49.38	1450m 18:27.15	1500m 19:02.52		
16. Luke Pemberton	(08) Bo Waltham F	19:54.40	387				
50m -	100m 1:11.45	150m -	200m 2:28.64	250m -	300m 3:47.13	350m -	400m 5:06.63
450m -	500m 6:26.60	550m -	600m 7:46.74	650m -	700m 9:06.39	750m -	800m 10:26.98
850m -	900m 11:47.71	950m -	1000m 13:08.08	1050m -	1100m 14:30.02	1150m -	1200m 15:51.90
1250m -	1300m 17:13.35	1350m -	1400m 18:35.09	1450m -	1500m 19:54.40		

FEMALE 13 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts		
1.	Rin Mayo	(12)	Barnet Copt	18:37.66	558		
	50m -	100m 1:10.67	150m -	200m 2:25.57	250m -	300m 3:39.60	350m -
	450m -	500m 6:07.75	550m -	600m 7:22.61	650m -	700m 8:37.13	750m -
	850m -	900m 11:06.60	950m -	1000m 12:21.33	1050m -	1100m 13:36.41	1150m -
	1250m -	1300m 16:08.82	1350m -	1400m 17:24.79	1450m -	1500m 18:37.66	1200m 14:52.11
2.	Isabella Osele	(12)	Barnet Copt	19:11.26	511		
	50m -	100m 1:12.93	150m -	200m 2:29.39	250m -	300m 3:46.47	350m -
	450m -	500m 6:21.61	550m -	600m 7:38.75	650m -	700m 8:55.99	750m -
	850m -	900m 11:29.10	950m -	1000m 12:46.14	1050m -	1100m 14:03.43	1150m -
	1250m -	1300m 16:38.33	1350m -	1400m 17:55.64	1450m -	1500m 19:11.26	1200m 15:20.97
3.	Abby Whittaker	(12)	Woking	19:22.66	496		
	50m -	100m 1:10.14	150m 1:48.59	200m 2:27.74	250m -	300m 3:45.25	350m -
	450m -	500m 6:22.68	550m -	600m 7:40.86	650m -	700m 8:58.70	750m -
	850m -	900m 11:34.77	950m -	1000m 12:53.63	1050m -	1100m 14:13.04	1150m -
	1250m -	1300m 16:50.65	1350m -	1400m 18:08.86	1450m -	1500m 19:22.66	1200m 15:31.47

FEMALE 13 Yrs/Under Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts		
1.	Rin Mayo	(12)	Barnet Copt	18:37.66	558		
	50m -	100m 1:10.67	150m -	200m 2:25.57	250m -	300m 3:39.60	350m -
	450m -	500m 6:07.75	550m -	600m 7:22.61	650m -	700m 8:37.13	750m -
	850m -	900m 11:06.60	950m -	1000m 12:21.33	1050m -	1100m 13:36.41	1150m -
	1250m -	1300m 16:08.82	1350m -	1400m 17:24.79	1450m -	1500m 18:37.66	1200m 14:52.11
2.	Isabella Osele	(12)	Barnet Copt	19:11.26	511		
	50m -	100m 1:12.93	150m -	200m 2:29.39	250m -	300m 3:46.47	350m -
	450m -	500m 6:21.61	550m -	600m 7:38.75	650m -	700m 8:55.99	750m -
	850m -	900m 11:29.10	950m -	1000m 12:46.14	1050m -	1100m 14:03.43	1150m -
	1250m -	1300m 16:38.33	1350m -	1400m 17:55.64	1450m -	1500m 19:11.26	1200m 15:20.97
3.	Abby Whittaker	(12)	Woking	19:22.66	496		
	50m -	100m 1:10.14	150m 1:48.59	200m 2:27.74	250m -	300m 3:45.25	350m -
	450m -	500m 6:22.68	550m -	600m 7:40.86	650m -	700m 8:58.70	750m -
	850m -	900m 11:34.77	950m -	1000m 12:53.63	1050m -	1100m 14:13.04	1150m -
	1250m -	1300m 16:50.65	1350m -	1400m 18:08.86	1450m -	1500m 19:22.66	1200m 15:31.47

FEMALE 14 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts		
1.	Summer Smith	(11)	Basildon Ph	18:05.85	609		
	50m 32.15	100m 1:07.55	150m 1:42.97	200m 2:18.97	250m 2:55.23	300m 3:31.32	350m 4:07.63
	450m 5:20.31	500m 5:56.85	550m 6:32.73	600m 7:09.17	650m 7:45.52	700m 8:22.02	750m 8:58.54
	850m 10:11.82	900m 10:48.48	950m 11:25.15	1000m 12:01.97	1050m 12:38.08	1100m 13:14.87	1150m 13:51.56
	1250m 15:05.15	1300m 15:41.80	1350m 16:18.44	1400m 16:54.69	1450m 17:31.00	1500m 18:05.85	1200m 14:28.30
2.	Chloe Cranny	(11)	Epping Fort	18:40.70	554		
	50m -	100m 1:09.93	150m -	200m 2:23.35	250m -	300m 3:37.22	350m -
	450m -	500m 6:05.84	550m -	600m 7:20.22	650m -	700m 8:35.41	750m -
	850m -	900m 11:07.03	950m -	1000m 12:22.47	1050m -	1100m 13:38.80	1150m -
	1250m -	1300m 16:10.83	1350m -	1400m 17:26.70	1450m -	1500m 18:40.70	1200m 14:54.81
3.	Sofia Demetriou	(11)	Barnet Copt	18:59.70	526		
	50m 34.65	100m 1:12.53	150m 1:51.17	200m 2:28.88	250m 3:07.21	300m 3:45.69	350m 4:23.71
	450m 5:39.85	500m 6:18.75	550m 6:56.65	600m 7:35.30	650m 8:12.94	700m 8:51.85	750m 9:29.86
	850m 10:46.29	900m 11:24.30	950m 12:02.48	1000m 12:40.32	1050m 13:17.53	1100m 13:56.40	1150m 14:34.91
	1250m 15:50.92	1300m 16:29.04	1350m 17:07.04	1400m 17:45.75	1450m 18:23.09	1500m 18:59.70	1200m 15:12.92

FEMALE 15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts		
1.	Nadia Olszewska	(10)	Barnet Copt	17:45.40	644		
	50m -	100m 1:07.15	150m -	200m 2:18.50	250m -	300m 3:29.89	350m -
	450m -	500m 5:52.60	550m -	600m 7:04.17	650m -	700m 8:15.60	750m -
	850m -	900m 10:38.94	950m -	1000m 11:50.37	1050m -	1100m 13:01.95	1150m -
	1250m -	1300m 15:24.52	1350m -	1400m 16:36.16	1450m -	1500m 17:45.40	1200m 14:13.16
2.	Darcey Arnold	(10)	Woking	18:35.01	562		
	50m 32.21	100m 1:07.57	150m 1:43.28	200m 2:19.92	250m 2:56.42	300m 3:32.82	350m 4:09.61
	450m 5:23.06	500m 5:59.86	550m 6:36.80	600m 7:13.85	650m 7:51.10	700m 8:28.67	750m 9:06.11
	850m 10:21.50	900m 10:59.31	950m 11:37.26	1000m 12:15.09	1050m 12:53.06	1100m 13:30.89	1150m 14:09.31
	1250m 15:25.77	1300m 16:03.44	1350m 16:41.60	1400m 17:19.70	1450m 17:58.35	1500m 18:35.01	1200m 14:47.36



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3. Lucy Wheeler	(10) Woking	19:36.86	478
50m - 100m 1:11.85	150m - 200m 2:29.39	250m - 300m 3:46.32	350m - 400m 5:04.82
450m - 500m 6:22.91	550m - 600m 7:40.86	650m - 700m 8:59.43	750m - 800m 10:18.37
850m - 900m 11:37.46	950m - 1000m 12:57.79	1050m - 1100m 14:18.12	1150m - 1200m 15:36.76
1250m - 1300m 16:57.13	1350m - 1400m 18:18.93	1450m - 1500m 19:36.86	

FEMALE 16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Anabelle Kett	(09)	Co Peterboro	18:55.31	532
	50m 33.58	100m 1:10.64	150m 1:48.31	200m 2:25.64	250m 3:03.15
	450m 5:31.98	500m 6:09.43	550m 6:47.09	600m 7:24.49	650m 8:02.36
	850m 10:33.64	900m 11:11.80	950m 11:49.85	1000m 12:28.37	1050m 13:06.93
	1250m 15:41.94	1300m 16:20.64	1350m 16:59.57	1400m 17:38.56	1450m 18:17.27
					1500m 18:55.31
					300m 3:40.35
					350m 4:17.25
					400m 4:54.57
					700m 8:39.98
					750m 9:17.95
					800m 9:55.83
					1100m 13:45.19
					1150m 14:24.00
					1200m 15:03.22

FEMALE 17 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Isabelle Carlos	(08)	Barnet Copt	19:01.05	524
	50m 34.64	100m 1:11.49	150m 1:48.81	200m 2:26.12	250m 3:03.40
	450m 5:34.71	500m 6:12.71	550m 6:51.33	600m 7:29.35	650m 8:07.64
	850m 10:41.51	900m 11:19.59	950m 11:58.22	1000m 12:36.64	1050m 13:15.24
	1250m 15:49.44	1300m 16:28.00	1350m 17:06.74	1400m 17:44.94	1450m -
					1500m 19:01.05
					300m 3:41.09
					350m 4:18.94
					400m 4:56.64
					700m 8:45.90
					750m 9:24.54
					800m 10:02.72
					1100m 13:53.41
					1150m 14:32.08
					1200m 15:10.44
2.	Lily Hayward	(08)	Epping Fort	19:04.89	519
	50m - 100m 1:09.26	150m - 200m 2:23.87	250m - 300m 3:39.56	350m - 400m 4:55.89	
	450m - 500m 6:12.42	550m - 600m 7:29.91	650m - 700m 8:47.15	750m - 800m 10:03.54	
	850m - 900m 11:19.57	950m - 1000m 12:37.53	1050m - 1100m 13:56.15	1150m - 1200m 15:14.08	
	1250m - 1300m 16:31.97	1350m - 1400m 17:49.67	1450m - 1500m 19:04.89		
3.	Mia Leveson	(08)	Co Oxford	19:40.13	474
	50m 34.26	100m 1:11.44	150m 1:49.28	200m 2:27.46	250m 3:06.20
	450m 5:43.66	500m 6:22.92	550m 7:01.97	600m 7:41.94	650m 8:21.54
	850m 11:00.30	900m 11:40.57	950m 12:20.43	1000m 13:00.43	1050m 13:40.18
	1250m 16:21.17	1300m 17:01.67	1350m 17:42.10	1400m 18:22.71	1450m 19:02.30
					1500m 19:40.13
					300m 3:45.42
					350m 4:24.59
					400m 5:04.20
					700m 9:01.06
					750m 9:40.70
					800m 10:20.65
					1100m 14:21.11
					1150m 15:00.72
					1200m 15:41.07

FEMALE 17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Nicole Ryan	(98)	Maidenhead	17:49.90	636
	50m 31.43	100m 1:06.04	150m - 200m 2:16.24	250m 2:51.53	300m 3:26.94
	450m - 500m 5:49.14	550m - 600m 7:00.34	650m - 700m 8:12.56	750m - 800m 9:24.33	850m 10:00.54
	900m 10:36.58	950m 11:12.82	1000m 11:48.99	1050m 12:25.46	1100m 13:01.68
	1250m - 1300m 15:27.50	1350m 16:04.27	1400m 16:40.40	1450m 17:16.05	1500m 17:49.90
2.	Millie Richardson	(06)	Hatfield	18:25.95	576
	50m - 100m 1:08.19	150m - 200m 2:22.55	250m - 300m 3:37.37	350m - 400m 4:51.88	
	450m - 500m 6:06.69	550m - 600m 7:20.82	650m - 700m 8:35.42	750m - 800m 9:49.59	
	850m - 900m 11:03.79	950m - 1000m 12:18.74	1050m - 1100m 13:32.86	1150m - 1200m 14:47.22	
	1250m - 1300m 16:00.97	1350m - 1400m 17:14.67	1450m - 1500m 18:25.95		
3.	Isabelle Carlos	(08)	Barnet Copt	19:01.05	524
	50m 34.64	100m 1:11.49	150m 1:48.81	200m 2:26.12	250m 3:03.40
	450m 5:34.71	500m 6:12.71	550m 6:51.33	600m 7:29.35	650m 8:07.64
	850m 10:41.51	900m 11:19.59	950m 11:58.22	1000m 12:36.64	1050m 13:15.24
	1250m 15:49.44	1300m 16:28.00	1350m 17:06.74	1400m 17:44.94	1450m -
					1500m 19:01.05
					300m 3:41.09
					350m 4:18.94
					400m 4:56.64
					700m 8:45.90
					750m 9:24.54
					800m 10:02.72
					1100m 13:53.41
					1150m 14:32.08
					1200m 15:10.44
4.	Lily Hayward	(08)	Epping Fort	19:04.89	519
	50m - 100m 1:09.26	150m - 200m 2:23.87	250m - 300m 3:39.56	350m - 400m 4:55.89	
	450m - 500m 6:12.42	550m - 600m 7:29.91	650m - 700m 8:47.15	750m - 800m 10:03.54	
	850m - 900m 11:19.57	950m - 1000m 12:37.53	1050m - 1100m 13:56.15	1150m - 1200m 15:14.08	
	1250m - 1300m 16:31.97	1350m - 1400m 17:49.67	1450m - 1500m 19:04.89		
5.	Esmie Kidman	(06)	West Norfolk	19:25.70	492
	50m - 100m 1:12.06	150m 1:50.30	200m 2:28.17	250m 3:07.29	300m 3:45.93
	450m - 500m 6:22.61	550m - 600m 7:40.86	650m - 700m 8:58.37	750m - 800m 10:16.49	
	850m - 900m 11:34.59	950m - 1000m 12:54.65	1050m - 1100m 14:13.41	1150m - 1200m 15:32.76	
	1250m - 1300m 16:51.97	1350m - 1400m 18:09.83	1450m 18:48.27	1500m 19:25.70	
6.	Mia Leveson	(08)	Co Oxford	19:40.13	474
	50m 34.26	100m 1:11.44	150m 1:49.28	200m 2:27.46	250m 3:06.20
	450m 5:43.66	500m 6:22.92	550m 7:01.97	600m 7:41.94	650m 8:21.54
	850m 11:00.30	900m 11:40.57	950m 12:20.43	1000m 13:00.43	1050m 13:40.18
	1250m 16:21.17	1300m 17:01.67	1350m 17:42.10	1400m 18:22.71	1450m 19:02.30
					1500m 19:40.13
					300m 3:45.42
					350m 4:24.59
					400m 5:04.20
					700m 9:01.06
					750m 9:40.70
					800m 10:20.65
					1100m 14:21.11
					1150m 15:00.72
					1200m 15:41.07

FEMALE 18 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Nicole Ryan	(98)	Maidenhead	17:49.90	636
	50m 31.43	100m 1:06.04	150m - 200m 2:16.24	250m 2:51.53	300m 3:26.94
	450m - 500m 5:49.14	550m - 600m 7:00.34	650m - 700m 8:12.56	750m - 800m 9:24.33	850m 10:00.54
	900m 10:36.58	950m 11:12.82	1000m 11:48.99	1050m 12:25.46	1100m 13:01.68
	1250m - 1300m 15:27.50	1350m 16:04.27	1400m 16:40.40	1450m 17:16.05	1500m 17:49.90
2.	Millie Richardson	(06)	Hatfield	18:25.95	576
	50m - 100m 1:08.19	150m - 200m 2:22.55	250m - 300m 3:37.37	350m - 400m 4:51.88	
	450m - 500m 6:06.69	550m - 600m 7:20.82	650m - 700m 8:35.42	750m - 800m 9:49.59	
	850m - 900m 11:03.79	950m - 1000m 12:18.74	1050m - 1100m 13:32.86	1150m - 1200m 14:47.22	
	1250m - 1300m 16:00.97	1350m - 1400m 17:14.67	1450m - 1500m 18:25.95		
3.	Esmie Kidman	(06)	West Norfolk	19:25.70	492
	50m - 100m 1:12.06	150m 1:50.30	200m 2:28.17	250m 3:07.29	300m 3:45.93
	450m - 500m 6:22.61	550m - 600m 7:40.86	650m - 700m 8:58.37	750m - 800m 10:16.49	
	850m - 900m 11:34.59	950m - 1000m 12:54.65	1050m - 1100m 14:13.41	1150m - 1200m 15:32.76	
	1250m - 1300m 16:51.97	1350m - 1400m 18:09.83	1450m 18:48.27	1500m 19:25.70	

FEMALE Open Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts
1.	Nadia Olszewska	(10)	Barnet Copt	17:45.40	644
	50m -	100m 1:07.15	150m -	200m 2:18.50	250m -
	450m -	500m 5:52.60	550m -	600m 7:04.17	650m -
	850m -	900m 10:38.94	950m -	1000m 11:50.37	1050m -
	1250m -	1300m 15:24.52	1350m -	1400m 16:36.16	1450m -
					1500m 17:45.40
2.	Nicole Ryan	(98)	Maidenhead	17:49.90	636
	50m 31.43	100m 1:06.04	150m -	200m 2:16.24	250m 2:51.53
	450m -	500m 5:49.14	550m -	600m 7:00.34	650m -
	850m 10:00.54	900m 10:36.58	950m 11:12.82	1000m 11:48.99	1050m 12:25.46
	1250m -	1300m 15:27.50	1350m 16:04.27	1400m 16:40.40	1450m 17:16.05
					1500m 17:49.90
3.	Summer Smith	(11)	Basildon Ph	18:05.85	609
	50m 32.15	100m 1:07.55	150m 1:42.97	200m 2:18.97	250m 2:55.23
	450m 5:20.31	500m 5:56.85	550m 6:32.73	600m 7:09.17	650m 7:45.52
	850m 10:11.82	900m 10:48.48	950m 11:25.15	1000m 12:01.97	1050m 12:38.08
	1250m 15:05.15	1300m 15:41.80	1350m 16:18.44	1400m 16:54.69	1450m 17:31.00
					1500m 18:05.85
4.	Millie Richardson	(06)	Hatfield	18:25.95	576
	50m -	100m 1:08.19	150m -	200m 2:22.55	250m -
	450m -	500m 6:06.69	550m -	600m 7:20.82	650m -
	850m -	900m 11:03.79	950m -	1000m 12:18.74	1050m -
	1250m -	1300m 16:00.97	1350m -	1400m 17:14.67	1450m -
					1500m 18:25.95
5.	Darcey Arnold	(10)	Woking	18:35.01	562
	50m 32.21	100m 1:07.57	150m 1:43.28	200m 2:19.92	250m 2:56.42
	450m 5:23.06	500m 5:59.86	550m 6:36.80	600m 7:13.85	650m 7:51.10
	850m 10:21.50	900m 10:59.31	950m 11:37.26	1000m 12:15.09	1050m 12:53.06
	1250m 15:25.77	1300m 16:03.44	1350m 16:41.60	1400m 17:19.70	1450m 17:58.35
					1500m 18:35.01
6.	Rin Mayo	(12)	Barnet Copt	18:37.66	558
	50m -	100m 1:10.67	150m -	200m 2:25.57	250m -
	450m -	500m 6:07.75	550m -	600m 7:22.61	650m -
	850m -	900m 11:06.60	950m -	1000m 12:21.33	1050m -
	1250m -	1300m 16:08.82	1350m -	1400m 17:24.79	1450m -
					1500m 18:37.66
7.	Chloe Cranny	(11)	Epping Fort	18:40.70	554
	50m -	100m 1:09.93	150m -	200m 2:23.35	250m -
	450m -	500m 6:05.84	550m -	600m 7:20.22	650m -
	850m -	900m 11:07.03	950m -	1000m 12:22.47	1050m -
	1250m -	1300m 16:10.83	1350m -	1400m 17:26.70	1450m -
					1500m 18:40.70
8.	Anabelle Kett	(09)	Co Peterboro	18:55.31	532
	50m 33.58	100m 1:10.64	150m 1:48.31	200m 2:25.64	250m 3:03.15
	450m 5:31.98	500m 6:09.43	550m 6:47.09	600m 7:24.49	650m 8:02.36
	850m 10:33.64	900m 11:11.80	950m 11:49.85	1000m 12:28.37	1050m 13:06.93
	1250m 15:41.94	1300m 16:20.64	1350m 16:59.57	1400m 17:38.56	1450m 18:17.27
					1500m 18:55.31
9.	Sofia Demetriou	(11)	Barnet Copt	18:59.70	526
	50m 34.65	100m 1:12.53	150m 1:51.17	200m 2:28.88	250m 3:07.21
	450m 5:39.85	500m 6:18.75	550m 6:56.65	600m 7:35.30	650m 8:12.94
	850m 10:46.29	900m 11:24.30	950m 12:02.48	1000m 12:40.32	1050m 13:17.53
	1250m 15:50.92	1300m 16:29.04	1350m 17:07.04	1400m 17:45.75	1450m 18:23.09
					1500m 18:59.70
10.	Isabelle Carlos	(08)	Barnet Copt	19:01.05	524
	50m 34.64	100m 1:11.49	150m 1:48.81	200m 2:26.12	250m 3:03.40
	450m 5:34.71	500m 6:12.71	550m 6:51.33	600m 7:29.35	650m 8:07.64
	850m 10:41.51	900m 11:19.59	950m 11:58.22	1000m 12:36.64	1050m 13:15.24
	1250m 15:49.44	1300m 16:28.00	1350m 17:06.74	1400m 17:44.94	1450m -
					1500m 19:01.05
11.	Lily Hayward	(08)	Epping Fort	19:04.89	519
	50m -	100m 1:09.26	150m -	200m 2:23.87	250m -
	450m -	500m 6:12.42	550m -	600m 7:29.91	650m -
	850m -	900m 11:19.57	950m -	1000m 12:37.53	1050m -
	1250m -	1300m 16:31.97	1350m -	1400m 17:49.67	1450m -
					1500m 19:04.89
12.	Isabella Osele	(12)	Barnet Copt	19:11.26	511
	50m -	100m 1:12.93	150m -	200m 2:29.39	250m -
	450m -	500m 6:21.61	550m -	600m 7:38.75	650m -
	850m -	900m 11:29.10	950m -	1000m 12:46.14	1050m -
	1250m -	1300m 16:38.33	1350m -	1400m 17:55.64	1450m -
					1500m 19:11.26
13.	Abby Whittaker	(12)	Woking	19:22.66	496
	50m -	100m 1:10.14	150m 1:48.59	200m 2:27.74	250m -
	450m -	500m 6:22.68	550m -	600m 7:40.86	650m -
	850m -	900m 11:34.77	950m -	1000m 12:53.63	1050m -
	1250m -	1300m 16:50.65	1350m -	1400m 18:08.86	1450m -
					1500m 19:22.66
14.	Esmie Kidman	(06)	West Norfolk	19:25.70	492
	50m -	100m 1:12.06	150m 1:50.30	200m 2:28.17	250m 3:07.29
	450m -	500m 6:22.61	550m -	600m 7:40.86	650m -
	850m -	900m 11:34.59	950m -	1000m 12:54.65	1050m -
	1250m -	1300m 16:51.97	1350m -	1400m 18:09.83	1450m 18:48.27
					1500m 19:25.70
15.	Lucy Wheeler	(10)	Woking	19:36.86	478
	50m -	100m 1:11.85	150m -	200m 2:29.39	250m -
	450m -	500m 6:22.91	550m -	600m 7:40.86	650m -
	850m -	900m 11:37.46	950m -	1000m 12:57.79	1050m -
	1250m -	1300m 16:57.13	1350m -	1400m 18:18.93	1450m -
					1500m 19:36.86
16.	Mia Leveson	(08)	Co Oxford	19:40.13	474
	50m 34.26	100m 1:11.44	150m 1:49.28	200m 2:27.46	250m 3:06.20
	450m 5:43.66	500m 6:22.92	550m 7:01.97	600m 7:41.94	650m 8:21.54
	850m 11:00.30	900m 11:40.57	950m 12:20.43	1000m 13:00.43	1050m 13:40.18
	1250m 16:21.17	1300m 17:01.67	1350m 17:42.10	1400m 18:22.71	1450m 19:02.30
					1500m 19:40.13