



Competition Handbook

2024 – 2025

Updated November 2024

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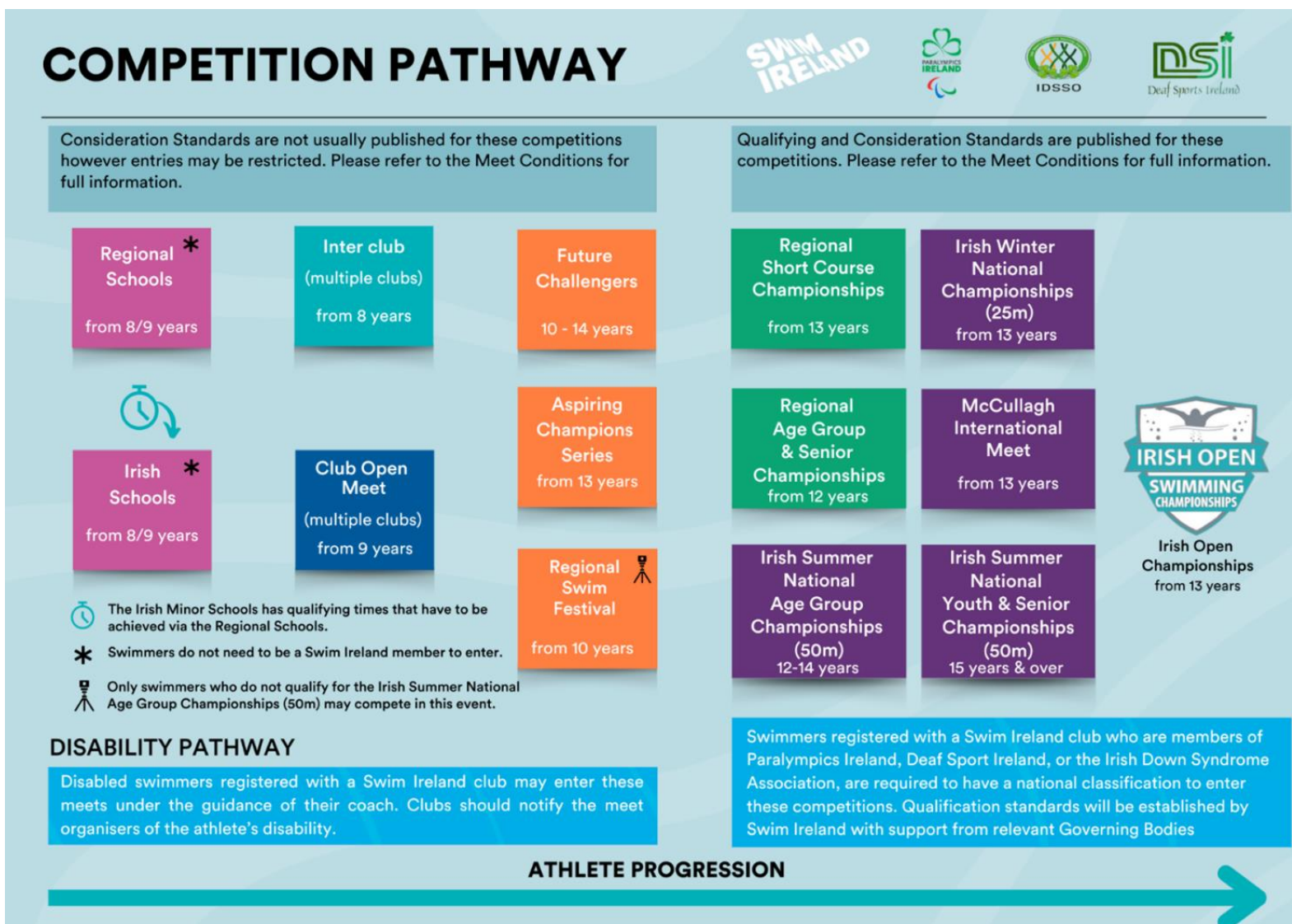
Swim Munster General Meet Conditions

General Meet Conditions	
Entries:	<p>All entries for Swim Munster Meets must be submitted using Hy-Tek Team Manager software (except for Swim Munster Schools Championships). Electronic entries must be sent as an email attachment to munsterentries@swimireland.ie and should include an entry report, fee entry report and completed Summary Sheet. The Swim Ireland registration number or equivalent for each swimmer must be included in the file.</p> <p>Entries can be rejected for the following reasons:</p> <ul style="list-style-type: none"> • Incorrectly completed • No Entry Time submitted • Received after the closing date. <p>Swim Munster reserves the right to limit entries and merge events where numbers allow. If entries are rejected, the entry fee will be refunded, and a single payment will be made to the club in question. The Swim Munster Entries will email confirmation of accepted entries after they are received, AND IT IS THE RESPONSIBILITY of the Club's Gala Secretary / Coach to check these entries, as no changes / additional entries can be made on the day of the gala.</p> <p>The club must pay for all entries that are on the Entry Report by the deadline date, as per the Meet Conditions - this is normally two days following the closing date for receipt of entries. This is necessary, for operational reasons, to facilitate the processing of entries as clubs will only be entered into the gala on receipt of all fees. It is not possible to refund fees after that closing date, even if scratches are permitted to a later date.</p>
Transgender and Non-Binary Participation and Competition Policy:	<p>In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland).</p> <p>Gender categories will now appear as Female and Open categories.</p> <p>Any queries in relation to the policy should be directed to Andy O'Rourke at andreworourke@swimireland.ie</p> <p>Any queries in relation to swimsuits or Away Trips should be directed to Kate Hills NCO at katehills@swimireland.ie</p>
Volunteer Rota:	<p>Volunteer Rota positions are assigned to Clubs based on the number of entries from each Club as at the closing date of the event. To ensure the smooth running of all Swim a Swim Munster requirement that all participating Clubs will provide 1:6 (One official for every 6 swimmers entered in the meet). The allocation is per session at all events (i.e. Munster Short Course and Munster Long Course have three sessions per day, therefore allocation is 1:6 x 3 Official Slots, per day – a maximum of 18 slots per day).</p>

Fitness to Compete:	Parents / Coaches must ensure that their swimmer is fit to compete in the Meet. If a swimmer must retire from a race or must be removed from the water due to being unwell, for safety reasons, Swim Munster will withdraw that swimmer from the remainder of the Meet (No fine will be imposed in such cases). Coaches should also ensure that swimmers are 'swim fit' and capable of undertaking the stroke and distance for which they are entered.
Relay Sheets:	Relay Sheets are to be submitted to the Meet Director one hour prior to the start of the session in which the relay takes place.
Age Up Date:	The age up date will always be 31 st December in the year of competition unless otherwise specified.
Tech Suit Policy:	We ask clubs to ensure coaches, parents and athletes are fully aware of the Swim Ireland Tech Suit Policy so that we avoid any negative experiences on poolside. Full details of the policy can be found on the Swim Ireland website https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf
Awards:	Swimmers must ensure that they are suitably clothed (Club t-shirt and shorts or tracksuit) when receiving awards. It is the responsibility of the Coach / Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, as applicable.
Starts:	Over the top starts will be used. If time constraints permit, the pool will be cleared for each final in championship events. Side by Side starts in Backstroke events will be used, when required, to comply with time constraints.
Seeding:	<ul style="list-style-type: none"> • Preliminary Heats – unless specifically stated in the meet conditions, the placing of competitors in the heats will be multi-age, spearheaded and swum slowest to fastest. • Heat Declared Winner Events – All heats will be multi-age, spearheaded and swum slowest heats to fastest. <p>Finals – Finalists will be allocated lanes using the spearhead principle from the results of the heats.</p>
Session Times:	The session times on all Meet Conditions are provisional . Session timing will be finalised once all entries have been processed and swimmers / clubs will be notified accordingly. Please note that it is the swimmers' responsibility to present themselves, ready to swim at the marshalling area in good time prior to the start of the event.
Withdrawals:	<p>Please refer to individual Meet Conditions for instructions regarding withdrawals from events. Withdrawals should be submitted using this link:</p> <p>https://forms.office.com/e/UyvPe9Bkm</p> <p>As a general rule of thumb, withdrawals will be required by 5pm on the evening before the meet using the above link.</p> <p>In the case of Championship events, withdrawals will be requested by 5pm on evening before 1st day and by 6pm on the evening before subsequent days.</p> <p>In the case of withdrawals from finals at Championship events, an announcement will be made detailing those who have qualified for finals and will also name the two reserves. Swimmers will have 30 minutes from the time of the announcement to withdraw from finals. However, please check individual Meet Conditions for instructions particular to each meet.</p>

Meet Results:	<p>Meet results will be posted on the Swim Munster website within approximately 72 hours of the end of the gala. Results will also be passed to Swim Ireland for their reference and inclusion in rankings. PDF version of the results will also be sent to the registered Gala Secretary of each club.</p>
Age Criteria:	<p>All Meets (other than school's competitions or Inter/Intra Club Galas) to be aged up to 31st December in the year of competition. The plan follows a sequential swimming development model in age bands as follows:</p> <ul style="list-style-type: none"> • Intra-Club Galas from 7 years upwards • Inter-Club Galas from 8 years upwards • Schools Competitions (aged up to 31st August) from 9 years upwards • Club Open Meets from 9 years upwards • Regional Future Challenger Series for athletes aged 10 to 14 years • Regional Aspiring Champions Series for athletes aged 13 & over • Regional Long Course Championships from 12 years upwards • Regional SC Championships, National Meets/Championships from 13 years upwards • Irish Summer National Age Group Championships 12 – 14 years • Irish Summer National Youth & Senior Championships from 15 years upwards
Photography/Video Recording:	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>Photographs cannot be taken at a Swim Ireland Munster event without first having registered the photographer and device at the administration desk. At some events, photography and filming may not be permitted at all.</p>

Swim Ireland Competition Pathway 2025 – 2028



Summary of Qualification Process

(Further information is contained in the relevant Meet Conditions)

Name:	Regional Future Challenger Series (athletes aged 10 to 14 years)
Qualification Criteria:	<ul style="list-style-type: none"> Open to all competitive members aged 10 to 12 years; however, athletes aged 13/14 years may enter if they have not previously competed at the Aspiring Champions level or above and cannot compete at the Aspiring Champions Series in the same cycle. No consideration standards will be published. Only specific events will be open to athletes in each age group as per the Meet Conditions
Qualification Period:	Not applicable

Name:	Regional Aspiring Champions Series (athletes aged 13 & over)
Qualification Criteria:	<ul style="list-style-type: none"> Athletes aged 13/14 years competing in the Future Challenger Series will not be eligible to compete in the Aspiring Champions Series in the same cycle. Consideration times may be published to support athlete development and to manage meet timelines. Club time trial results, signed off by the Head Coach, can be accepted for entry into the 400/800/1,500m events. The number of individual entries permitted will be specified in the Meet Conditions.
Qualification Period:	Not applicable

Name:	Regional SC Championships (athletes aged 13 & over)
Qualification Criteria:	<p>Qualifying standards to be achieved in a Level 2 Licensed meet.</p> <p>Short Course standards with long course conversions.</p>
Qualification Period:	24 th November 2023 (1 st day of previous Regional Short Course Championships) to 31 st October 2024.

Name:	Regional Long Course Championships (athletes aged 12 & over)
Qualification Criteria:	<p>Qualifying standards to be achieved in a Level 2 Licensed meet.</p> <p>Long Course standards with short course conversions.</p>
Qualification Period	24 th November 2023 (1 st day of previous Regional Short Course Championships) to 28 th April 2025.

Name:	Irish Summer National Age Group Championships (12 to 14 years)
Qualification Criteria:	Qualifying standards to be achieved in a Level 3 Licensed Meet.

	Long Course standards with short course conversions.
Qualification Period:	Times achieved between 1 st January 2025 to 9 th June 2025

Name:	Irish Summer National Youth & Senior Championships (15&over)
Qualification Criteria:	Qualifying standards to be achieved in an onshore or offshore Level 3 Licensed Meet. Long Course standards only.
Qualification Period:	Times achieved between 1 st January 2025 to 9 th June 2025

Name:	Irish Winter Championships (13&over)
Qualification Criteria:	Qualifying standards to be achieved in a Level 3 Licensed Meet. Times can be achieved in short-course or long-course (converted).
Qualification Period:	1 st December 2023 to 24 th November 2024

Name:	Irish Open LC Championships (13&over)
Qualification Criteria:	Qualifying standards to be achieved in an Onshore or offshore Level 3 Licensed meet. Long Course standards only.
Qualification Period:	1 st July 2024 to 17 th March 2025

For further information on meet licensing please refer to the Swim Ireland Meet Licensing Explanatory Document - <https://www.swimireland.ie/membership/club-resources/meet-licencing>

Regional Meet Objectives and Qualifying Criteria

Meet	Objectives	Entry Criteria
Future Challenger Series	<ul style="list-style-type: none"> A fun introduction to regional racing for club members The provision of appropriate and age relevant events 	<ul style="list-style-type: none"> Athletes aged 10 to 14 years No qualifying or consideration standards
Aspiring Champions Series	<ul style="list-style-type: none"> Provide the opportunity to refine racing skills (tactics, technique, skills and race preparation/recovery) Provision of a full Olympic programme plus 50m stroke events (for athletes aged 15&over) over two days Provide opportunities to qualify for Regional and National Championships 	<ul style="list-style-type: none"> Athletes aged 13 & over Consideration standards will be published for the 400/800/1500m events and entries will be limited per event and per age group
Regional Championships	<ul style="list-style-type: none"> Championship level meet Introduction to a 3 day meet format Provide opportunities to qualify for national events 	<ul style="list-style-type: none"> Standards have been set at Irish Winter National Championships 2023 (25m) and Irish Summer Nationals 2024 (50m) standards plus a percentage

For further information on meet objectives and qualifying criteria please contact Erin McNulty, Swim Munster Regional Pathway Development Coach, via erinmcnulty@swimireland.ie

Future Challenger Series 2024-2025

There will be four Future Challenger meets held throughout the 2024-2025 season. The first three meets will be held in a short course venue and Regions may choose to run the last meet in a long course venue. Regions may also choose to split clubs and run the meets in multiple venues.

Meet	Date	Venue	Closing Date for Entries / Payment
Future Challenger Meet 1	6 th October 2024	Mallow and SWSC	25th Sept/29th Sept.
Future Challenger Meet 2	1 st December 2024	Kingdom and Blackrock	20th Nov. / 24th Nov.
Future Challenger Meet 3	18 th February 2025	Kingdom and Dolphin	5th Feb / 9th Feb.
Future Challenger Meet 4	7 th April 2025	Limerick SC UL Sport Arena	19th Mar / 21st Mar.

Future Challenger Meet Information

(Further information may be contained in the relevant Meet Conditions)

Age Groups:	<p>Minimum entry age is 10 years</p> <p>Open 10yrs, 11yrs, 12yrs, 13/14yrs</p> <p>Female 10yrs, 11yrs, 12yrs, 13/14yrs</p>
Age-Up Date:	<p>Meet 1 & 2 (Round 1) – 31st December 2024</p> <p>Meet 3 & 4 (Round 2) – 31st December 2025</p>
Events:	<p>50m, 100m all four strokes.</p> <p>200m Backstroke, 200m Freestyle (refer to the order of events below).</p> <p>400m Freestyle (refer to the order of events below).</p> <p>100m, 200m Individual Medley.</p> <p>Mixed 4 x 25m Freestyle & Medley Team Relay 10-12yrs – must be at least 1 open and 1 female on the team. Clubs may collaborate to enter relays.</p>

Entries:	<p>No consideration standards will be published for athletes to enter however we do provide the following guidance to support entry decisions:</p> <ol style="list-style-type: none"> 1. Athletes should be able to complete the race distance with the given stroke/s and have proven this in at least one meet prior to entry; 2. Athletes should be capable of executing the stroke/s legally; 3. Athletes should be capable of executing legal turns and good streamlining; 4. 12-year-old athletes entering the 400m Freestyle should be capable of even pacing a 200m Freestyle within the 12-year-old consideration standard published for the Regional Age Group & Senior LC Championships; 5. Athletes should only enter events on the recommendation of their coach. <p>Athletes may only compete in their own Region.</p> <p>Unless otherwise stated in the Meet Conditions, athletes can enter as many individual events as deemed appropriate by their coach. Athletes may swim up or down distances as outlined in the Order of Events if their coach believes this is the appropriate distance for them, and athletes are limited to 1 distance per stroke per meet. Clubs can enter multiple relay teams.</p> <p>The Future Challenger Series is open to all competitive members aged 10 to 12 years, however athletes aged 13/14 years may enter if they have not previously competed at the Aspiring Champions level or above and cannot compete at the Aspiring Champions Series in the same cycle i.e. the short course or long course season.</p> <p>Athletes with a disability must be registered as members of a Swim Ireland affiliated club at the time of entry.</p>
Transgender and Non-Binary Participation and Competition Policy:	<p>In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland).</p> <p>Gender categories will now appear as Female and Open categories.</p> <p>Any queries in relation to the policy should be please contact Andy O'Rourke at andreworourke@swimireland.ie</p>
Tech Suit Policy:	<p>Tech Suits will not be permitted at the Future Challenger Series Meets irrespective of age. We ask clubs to ensure coaches, parents and athletes are fully aware of the policy so that we avoid any negative experiences on poolside. Full details of the policy can be found at https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p>
Entry Fees:	<p>€ 8 per individual event</p> <p>€25 per relay event</p> <p>Payment should be forwarded to the Munster Treasurer by the closing date.</p> <p>Bank details: BIC –AIBKIE2D IBAN – IE70AIBK93251559772394</p>

Awards:	<p>Wristbands will be awarded to all swimmers for each event where they meet the time standard. The times to be achieved in order to receive bands are available at</p> <p>https://www.swimmunster.ie/team/munsterswimming/page/competitions/standards-2024-2025</p> <p>Details are also available in the table listed below.</p> <p>In addition, medals will be awarded to 1st, 2nd & 3rd in each age group in 2024/2025 season.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information, visit the Anti-Doping section of the Sport Ireland website.</p>
Photography:	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/02/Filming-and-Photography-Policy.pdf</p> <p>Photographs cannot be taken at a Swim Munster event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. Photos are not permitted on poolside.</p> <p>At some events, photography and filming may not be permitted at all.</p> <p>At Championship events, an Official Photographer may be authorised by Swim Munster and will be permitted to take photos on poolside.</p>
Data Protection:	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and to also manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> <p>https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf</p>
Officials:	<p>Clubs will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p>

	An Official Rota will be issued in advance of the competition. Any club experiencing difficulty fulfilling their allocation should arrange a swop with another club.
Closing Date:	<p>Please refer to the Meet Conditions specific to the event for details of the Closing Date.</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>

Future Challenger Order of Events	
Meet 1	Meet 2
10-14yrs 100m IM, OR 11-14yrs 200m IM	10-14yrs 100m IM, OR 10-14yrs 200m IM
10-14yrs 50m Backstroke, OR 10-14yrs 100m Backstroke, OR 11-12yrs 200m Backstroke	10-14yrs 50m Breaststroke, OR 11-14yrs 100m Breaststroke
10-14yrs 50m Butterfly, OR 12-14yrs 100m Butterfly	10-14yrs 50m Freestyle, OR 10-14yrs 100m Freestyle, OR 11-12yrs 200m Freestyle, OR 12yrs 400m Freestyle
Mixed 4 x 25m FTR	Mixed 4 x 25m MTR
Athletes are limited to 1 distance per stroke per meet	
Meet 3	Meet 4
10-14yrs 100m IM, OR 11-14yrs 200m IM	10-14yrs 100m IM, OR 11-14yrs 200m IM
10-14yrs 50m Backstroke, OR 11-14yrs 100m Backstroke, OR 12yrs 200m Backstroke	10-14yrs 50m Freestyle, OR 11-14yrs 100m Freestyle, OR 12yrs 200m Freestyle
10-14yrs 50m Butterfly, OR 12-14yrs 100m Butterfly	10-14yrs 50m Breaststroke, OR 11-14yrs 100m Breaststroke
Mixed 4 x 25m FTR	Mixed 4 x 25m MTR
Athletes are limited to 1 distance per stroke per meet	

Future Challenger Table for Wristbands

Munster Aspiring Championship and Future Challengers Band Award Times 2024/2025 Short Course

Open									FEMALE								
Event	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17+	Event	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17+
50 Back	50.17	45.63	41.49	40.68	38.70	36.89	35.14	33.47	50 Back	52.30	47.55	43.23	42.39	40.32	38.45	37.70	36.96
50 Breast	57.35	52.14	47.40	46.47	44.20	40.86	38.30	35.92	50 Breast	58.46	53.15	48.32	47.37	45.06	42.65	41.81	41.00
50 Fly	55.39	50.36	45.79	44.89	42.69	38.38	34.36	30.27	50 Fly	59.42	54.02	49.11	48.15	45.80	41.02	38.56	35.05
50 Free	44.77	40.70	37.00	36.32	33.10	32.24	30.85	29.79	50 Free	45.81	41.65	37.87	37.19	35.22	34.21	33.53	32.96
100 free	1.36.52	1.27.75	1.19.78	1.18.33	1.11.61	1.09.37	1.07.13	1.05.16	100 free	1.40.27	1.31.16	1.22.88	1.20.97	1.15.31	1.13.50	1.12.73	1.11.94
100 IM	1.57.37	1.46.70	1.37.00	1.35.00	1.27.89				100 IM	2.00.85	1.49.87	1.39.89	1.37.97	1.32.31			
100 Back	1.53.58	1.43.26	1.33.88	1.32.18	1.25.36	1.22.19	1.19.22	1.18.43	100 Back	1.54.00	1.43.50	1.35.96	1.33.91	1.28.27	1.25.69	1.25.10	1.24.03
100 Fly	1.56.59	1.45.79	1.36.18	1.33.43	1.25.93	1.21.45	1.17.40	1.14.25	100 Fly	1.59.66	1.48.71	1.38.83	1.37.04	1.30.23	1.25.59	1.22.50	1.21.46
100 Breast	2.10.40	1.58.55	1.47.78	1.45.82	1.36.53	1.32.70	1.29.96	1.29.74	100 Breast	2.11.96	1.59.97	1.49.07	1.46.09	1.40.69	1.38.26	1.37.44	1.36.18
200 Free	3.32.45	3.13.14	2.55.59	2.52.40	2.38.05	2.32.98	2.27.57	2.25.91	200 Free	3.36.73	3.17.03	2.59.12	2.55.87	2.45.56	2.41.95	2.37.97	2.37.97
200IM	4.04.42	3.42.20	3.22.00	3.18.00	3.03.53	2.55.31	2.53.28	2.49.02	200IM	4.11.41	3.48.56	3.27.79	3.23.94	3.12.39	3.05.05	2.59.65	2.57.99
200 Back			3.21.91	3.18.19	3.04.50	2.57.77	2.54.36	2.51.86	200 Back			3.25.34	3.21.57	3.10.79	3.06.50	3.02.46	3.01.62
200 Fly				3.27.59	3.09.69	3.02.05	2.53.79	2.49.73	200 Fly				3.32.68	3.21.83	3.18.58	3.11.92	3.07.90
200 Breast				3.48.62	3.32.12	3.27.08	3.17.72	3.17.27	200 Breast				3.51.85	3.42.52	3.31.49	3.29.31	3.29.31
400 Free			6.17.93	6.10.94	5.44.37	5.31.12	5.22.61	5.16.43	400 Free			6.23.62	6.16.51	5.55.33	5.45.62	5.41.46	5.36.43
400 IM				7.12.11	6.45.20	6.16.94	6.04.99	5.56.80	400 IM				7.19.74	6.50.93	6.42.05	6.38.59	6.28.58
800 Free				12.29.89	11.36.18	11.16.10	10.52.07	10.41.02	800 Free				12.45.56	12.04.91	11.49.27	11.37.70	11.32.61
1500 Free				24.33.84	22.39.97	22.02.00	21.37.58	21.12.59	1500 Free				24.11.13	22.53.87	22.37.49	22.13.51	21.58.00

Aspiring Champions Series 2024 - 2025

There will be two Aspiring Champions meets per seasons.

Meet 1 = Short Course, Meet 2 = Long Course.

Meet	Date	Venue	Closing Date for Entries / Payment
Aspiring Champions Series Meet 1 (SC)	13 th , 19 th & 20 th October (2.5 days)	UL Sport Arena, University of Limerick	<i>25th Sept / 27th Sept.</i>
Aspiring Champions Series Meet 2 (LC)	15 th – 17 th March (2.5 days)	UL Sport Arena, University of Limerick	<i>19th Feb. / 23rd Feb.</i>

Aspiring Champions Meet Information	
(Further information may be contained in the relevant Meet Conditions)	
Age Groups:	Minimum entry age is 13 years Open 13/14yrs, 15/16yrs, 17&over Female 13/14yrs, 15/16yrs, 17&over
Age-Up Date:	Meet 1 – 31 st December 2024 Meet 2 – 31 st December 2025
Events:	50m, 100m, 200m all four strokes 200m, 400m Individual Medley 400m Freestyle Mixed 800m, 1500m Freestyle Open, Female and Mixed 4 x 50m Freestyle & Medley Team Relays (13 & over)

Entries:	<p>Consideration times may be published to support athlete development and to manage meet timelines.</p> <p>Athletes may only compete in their own Region.</p> <p>Athletes aged 13/14 years competing in the Future Challenger Series Round 1 will not be eligible to compete in the Aspiring Champions Series in the short course season (1st September to 31st December 2024) and those competing in the Future Challenger Series Round 2 will not be eligible to compete in the Aspiring Champions Series in the long course season (1st January to 31st August 2025).</p> <p>Unless otherwise stated in the meet conditions, athletes can enter a maximum of three events per day and should only enter events on the recommendation of their coach. Clubs can enter multiple relay teams.</p> <p>Athletes with a disability must be registered as members of a Swim Ireland affiliated club at the time of entry.</p>
Transgender and Non-Binary Participation and Competition Policy:	<p>In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland).</p> <p>Gender categories will now appear as Female and Open categories.</p> <p>Any queries in relation to the policy should be please contact Andy O'Rourke at andreworourke@swimireland.ie</p>
Entry Fee:	<p>€ 8 per individual event. €25 per relay event.</p> <p>Payment should be forwarded to the Munster Treasurer by the closing date.</p> <p>Bank details: BIC – AIBKIE2D IBAN – IE70AIBK93251559772394</p>
Awards:	<p>Wristbands will be awarded to all swimmers for each event where they meet the time standard. The times to be achieved in order to receive bands are available at</p> <p>https://www.swimmunster.ie/team/munsterswimming/page/competitions/standards-2024-2025</p> <p>Details are also available in the table listed below.</p> <p>In addition, medals will be awarded to 1st, 2nd & 3rd in each age group for the 2024/2025 season.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information, visit the Anti-Doping section of the Sport Ireland website.</p>
Swimsuits:	<p>It is not a requirement for swimmers to wear WA approved swimwear in this competition.</p> <p>Swim Ireland Tech Suit Policy</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p>

	<p>World Aquatic Approved Swim Wear Policy (https://www.worldaquatics.com/swimming/approved-swimwear)</p>
Photography:	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/02/Filming-and-Photography-Policy.pdf</p> <p>Photographs cannot be taken at a Swim Munster event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. Photos are not permitted on poolside.</p> <p>At some events, photography and filming may not be permitted at all.</p> <p>At Championship events, an Official Photographer may be authorised by Swim Munster and will be permitted to take photos on poolside.</p>
Data Protection:	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> <p>https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf</p>
Officials:	<p>Schools will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p> <p>An Official Rota will be issued in advance of the competition. Any club experiencing difficulty fulfilling their allocation should arrange a swap with another club.</p>
Closing Date:	<p>16 Oct 2024 & Fees to be paid by 18 Oct 2024</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>

Aspiring Champions Order of Events	
Day 1	Day 2
Mixed 800m Freestyle	Female 200m Individual Medley
Open 100m Backstroke	Open 400m Individual Medley
Female 200m Backstroke	Female 400m Freestyle
Open 200m Individual Medley	Open 200m Freestyle
Female 100m Breaststroke	Female 200m Breaststroke
Open 100m Freestyle	Open 50m Backstroke
Female 50m Butterfly	Female 50m Freestyle
Open 200m Butterfly	Open 50m Breaststroke
Open 4 x 50m Freestyle Relay	Female 4 x 50m Freestyle Relay
Female 4 x 50m Medley Relay	Open 4 x 50m Medley Relay
Female 100m Individual Medley (SC only)	Open 100m Individual Medley (SC only)
Open 100m Butterfly	Female 200m Freestyle
Female 200m Butterfly	Open 100m Breaststroke
Open 200m Breaststroke	Female 100m Butterfly
Female 100m Freestyle	Open 200m Backstroke
Open 400m Freestyle	Female 100m Backstroke
Female 400m IM	Open 50m Butterfly
Open 50m Freestyle	Female 50m Breaststroke
Female 50m Backstroke	Mixed 1,500m Freestyle
Mixed 4 x 50m Freestyle Relay	Mixed 4 x 50m Medley Relay

Swim Munster Senior Schools Championships 2025

Munster Senior Schools Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	10 th November 2024
Start Time:	Warm Up at 9:00am. Competition commences at 10:00am (times subject to change depending on entries).
Venue:	UL Arena, University of Limerick. The gala will be run in Short Course (25m) Format at the UL Arena, University of Limerick. This gala will be a fully licensed Swim Munster Gala and all participants will be covered by Swim Ireland Insurance.
Events:	100m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 5,6 & 7). 200m Individual Medley (Groups 5,6 & 7). 400m Freestyle (Open by invitation only, based on 10 fastest entries for each gender with 2 (two) Reserves). Swimmers will be notified as soon as all entries are processed. This event is subject to time permitting. A swimmer can swim a maximum of 2 (two) individual events plus the 400m Freestyle, if selected. Relays: 4 x 50m Freestyle (FTR) and 4 x 50m Medley (MTR) in each age group, Junior, Intermediate and Senior. Swimmers may swim up in an older age group but at least one team member must be in the correct age group. A swimmer can swim a maximum of 2 (two) relays – these do not need to be in the same age group. Individual Finals and the 400m Freestyle are dependent on the availability of time. If the number of entries is excessive, it may be necessary to operate all events as Heat Declared Winners (HDW). This will be communicated in advance of the meet.
Age Groups:	Ages are calculated based on the swimmer's age on 31st August 2025 Group 5 - Junior: age 13-14; born 01/09/2010-31/08/2012 Group 6 - Inter: age 15-16; born 01/09/2008-31/08/2010 Group 7 - Senior: age 17-19; born 01/09/2005-31/08/2008
Transgender and Non-Binary Participation and Competition Policy:	In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland). Gender categories will now appear as Female and Open categories. Any queries in relation to the policy should be please contact Andy O'Rourke at andreworourke@swimireland.ie
Closing Date:	16 Oct 2024 & Fees to be paid by 18 Oct 2024 NO LATE ENTRIES WILL BE ACCEPTED.

Entry Fee:	<p>€8 per individual event. €25 per relay event</p> <p>Payment will be made electronically with entries</p>
Entries:	<p>Swimmers who are current Swim Ireland Club members should enter through their club gala secretary. Gala secretaries are asked to send the club Hytek file along with a spreadsheet which details the swimmer's school. Payment will be collected from clubs for these swimmers.</p> <p>School swimmers who are <u>not</u> current Swim Ireland club members can enter using the Jotform link, entering the necessary details and payment via Stripe link. (Card processing charge will be applied).</p> <p>Jotform link: Link TBC</p> <p>RELAY ENTRIES - should be entered by the school or 1 representative from the relay team on the JotForm link – Link TBC</p>
Awards:	<p>Medals will be awarded for 1st, 2nd & 3rd in each Age Group.</p> <p>Plaque presented to winners of Senior Boys 4 x 50m FTR and to the winners of Senior Girls 4 x 50m FTR</p>
Officials:	<p>To ensure the smooth running of the event, each school MUST provide officials for each session to help with Timekeeping / Turn Judge duties. Officials will be allocated to each school on the basis of one official per every 6 athletes entered (1:6). This allocation is on a per session basis.</p> <p>Swim Munster will provide the key officials for each session. Swim Munster will circulate an Officials Roster during the week before the Championships.</p>
Timing:	Electronic Timing and Hy-tek Meet Manager software will be used.
Withdrawals:	<p>Withdrawals should be submitted using this link https://forms.office.com/e/UyvPe9Bkm</p> <p>– no refunds will be given for withdrawals.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website.</p>
Swimsuits:	<p>It is not a requirement for swimmers to wear WA approved swimwear in this competition. Athletes aged 12 years (age as defined in the Meet Conditions) will not be permitted to compete at this meet in a Tech Suit.</p> <p>Swim Ireland Tech Suit Policy</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p> <p>World Aquatic Approved Swim Wear Policy (https://www.worldaquatics.com/swimming/approved-swimwear)</p>

Photography/ Video Recording:	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/02/Filming-and-Photography-Policy.pdf</p> <p>Photographs cannot be taken at a Swim Munster event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. Photos are not permitted on poolside.</p> <p>At some events, photography and filming may not be permitted at all.</p> <p>At Championship events, an Official Photographer may be authorised by Swim Munster and will be permitted to take photos on poolside.</p>
Data Protection:	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and also to manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> <p>https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf</p>
Officials:	<p>Schools will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p> <p>An Official Rota will be issued in advance of the competition. Any school experiencing difficulty fulfilling their allocation should arrange a swap with another school.</p>
Facilities:	<p>A Warm Up/Swim Down pool will be available throughout the competition.</p> <p>Parking is available.</p>
Enquiries:	<p>All enquiries should be sent by email only to munsterentries@swimireland.ie</p> <p>Entry reports and further information will be posted on the Swim Munster website before the start of the gala – www.swimmunster.ie</p>

Selections:	<p>Irish Schools Interprovincial Championships – 22nd March 2025</p> <p>The Munster interprovincial team will comprise two swimmers in each of the events. Events at Inter-provincials are similar to Munster Schools. The winner of the Munster Schools event will be selected in that event.</p> <p>The second position on the Team will be awarded to the person who is the highest ranked swimmer in that event at the time of selection and must have competed at the Munster Senior Schools. Ranking will be completed post the Irish Winter Championships. A swimmer can only be selected in two events (excluding relays and 400m).</p>
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Munster Senior Schools Order of Events

Session 1 – Sunday AM – Group 5 – Junior Warm Up Female TBC – Warm Up Open TBC – Start TBC		
Event No	Event	Format
1	Junior Female 100m Backstroke	Heats
2	Junior Open 100m Backstroke	Heats
3	Junior Female 100m Breaststroke	Heats
4	Junior Open 100m Breaststroke	Heats
5	Junior Female 100m Butterfly	Heats
6	Junior Open 100m Butterfly	Heats
7	Junior Female 100m Freestyle	Heats
8	Junior Open 100m Freestyle	Heats
9	Junior Female 200IM	HDW
10	Junior Open 200IM	HDW
11	Junior Female 4 x 50 Medley Team Relay	HDW
12	Junior Open 4 x 50 Medley Team Relay	HDW
13	Junior Female 4 x 50 Freestyle Team Relay	HDW
14	Junior Open 4 x 50 Freestyle Team Relay	HDW
Finals	Events 1-8	

****Session times will be confirmed once all entries have been received**

Session 2 - Sunday PM - Group 6 & 7 – Intermediate & Senior		
Warm Up Female TBC – Warm Up Open TBC Start TBC		
Event No	Event	Format
15	Mixed Age Group (Female category) 400m Freestyle (subject to time permitting)	HDW
16	Mixed Age Group (Open category) 400m Freestyle (subject to time permitting)	HDW
17	Intermediate & Senior Female 100m Backstroke	Heats
18	Intermediate & Senior Open 100m Backstroke	Heats
19	Intermediate & Senior Female 100m Breaststroke	Heats
20	Intermediate & Senior Open 100m Breaststroke	Heats
21	Intermediate & Senior Female 100m Butterfly	Heats
22	Intermediate & Senior Open 100m Butterfly	Heats
23	Intermediate & Senior Female 100m Freestyle	Heats
25	Intermediate & Senior Open 100m Freestyle	Heats
26	Intermediate & Senior Female 200IM	HDW
27	Intermediate & Senior Open 200IM	HDW
15	Intermediate Female 4 x 50 Medley Team Relay	HDW
16	Intermediate Open 4 x 50 Medley Team Relay	HDW
17	Senior Female 4 x 50 Freestyle Team Relay	HDW
18	Senior Open 4 x 50 Freestyle Team Relay	HDW
31	Senior Female 4 x 50 MTR	HDW
32	Senior Open 4 x 50 MTR	HDW
33	Senior Female 4 x 50 FTR	HDW
34	Senior Open 4 x 50 FTR	HDW
Finals	Events 17-25 – 1 Intermediate Final & 1 Senior Final in each event	

****Session times will be confirmed once all entries have been received****

Munster Short Course Championships 2024

Munster Short Course Championships Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	15 th – 17 th November 2024
Venue:	UL Arena, University of Limerick
Warm Up & Session Times:	Warm Up 8:30am. Start of Competition 9:30am all three days. Session times will be confirmed following receipt of all entries.
Age:	Age as on 31 st December 2024
Age Groups:	Minimum entry age 13 years. All events are Open – no Age Classification. Age Classification is in place for qualification as set out below: Relays are: Mixed Age Group (Female Category) and Mixed Age Group (Open Category).
Events:	50m, 100m, 200m all four strokes – heats and finals 100m, 200m Individual Medley – heats and finals 400m Freestyle, 400m Individual Medley – HDW 800m Freestyle, 1,500m Freestyle HDW – these events will be swum as Mixed events. The fastest heats of 400 Freestyle, 400IM, 800m Freestyle & 1,500m Freestyle events will be swum in the Finals Session There will be Multi Class Finals in the 50m and 100m events where applicable. Open & Female Relays - 4 x 50m MTR, 4 x 50m FTR – HDW Mixed Relays - 4 x 50m MTR, 4 x 50m FTR - HDW. In addition, there will be an Exhibition Medley Skins Final on Friday evening. All Munster athletes who are members of the National Centre Munster will be eligible for this Skins event. There will be a second Exhibition Medley Skins Final on Saturday evening. This Skins event will be open to all other Munster age group athletes, excluding Masters swimmers. See Conditions for the Skins Event attached.

Entries:	<p>All swimmers entering the Munster Short Course Championships must be a member of a Swim Munster affiliated club.</p> <p>Entries must be submitted electronically to munsterentries@swimireland.ie using Hy-tek Team Manager. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.</p> <p>Long Course & Short Course Qualifying and Consideration Times have been published for this event and must have been achieved in a Level 2 Licensed Meet in the period 1st January 2023 to Sunday 10th November 2024.</p> <p>Long course times must be converted to short course – unconverted long course times will not be accepted.</p> <p>Swimmers achieving consideration times will be accepted for entry unless the individual event is over-subscribed. If it is necessary to reject entries, this will be done based on entry time, slowest to fastest, excluding swimmers with an entry time equal to or faster than the Qualifying Times published, who will be guaranteed entry.</p> <p>Clubs may only enter one Senior and one Junior relay team per relay event. Clubs must enter up to 8 swimmers at the time of submitting entries and generate an entry time on Hy-tek.</p> <p>Clubs can use swimmers who have no individual events providing their names are on the team lists submitted with the entries. Please note that Clubs must adhere to the Club Transfer rule of 12 weeks when entering Relay Teams.</p>
Transgender and Non-Binary Participation and Competition Policy:	<p>In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland).</p> <p>Gender categories will now appear as Female and Open categories.</p> <p>Any queries in relation to the policy should be please contact Andy O'Rourke at andreworourke@swimireland.ie</p>
Entry Fees:	<p>€10 per Individual Event. €30 per Relay Event</p> <p>Payment should be forwarded to the Munster Treasurer by the closing date.</p> <p>Bank details: BIC – AIBKIE2D IBAN – IE70AIBK93251559772394</p>
Seeding:	<p>The placing of competitors in the heats will be spearheaded and swum <u>slowest to fastest</u>, with the three fastest heats being cyclically seeded. Clubs not submitting an entry time for relay teams will be seeded in the slowest heat.</p>
Awards:	<p>Medals will be awarded to 1st, 2nd & 3rd placed Munster athletes in all individual events and relays.</p> <p>Sponsored prizes will be awarded for the Skins events (See Meet Conditions for the Skins Event).</p>
Timing:	<p>Quantum Electronic Timing and Hy-tek Meet Manager software will be used.</p>
Withdrawals:	<p>Withdrawals should be submitted using this link https://forms.office.com/e/UyvvPe9Bkm</p> <p>– no refunds will be given for withdrawals.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website.</p>

Eligibility:	Only swimmers registered with Swim Ireland or equivalent swimming association are eligible to enter this meet.
Swim Ireland Registration Number:	A Swim Ireland registration number must be included with every entry; This number is the unique identifier of every swimmer in the National Database. For non-Irish swimmers, a registration number, with the relevant national swimming association should be provided.
Swimsuits:	<p>It is not a requirement for swimmers to wear WA approved swimwear in this competition.</p> <p>Swim Ireland Tech Suit Policy</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p> <p>World Aquatic Approved Swim Wear Policy (https://www.worldaquatics.com/swimming/approved-swimwear)</p>
Photography/ Video Recording:	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/02/Filming-and-Photography-Policy.pdf</p> <p>Photographs cannot be taken at a Swim Munster event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. Photos are not permitted on poolside.</p> <p>At some events, photography and filming may not be permitted at all.</p> <p>At Championship events, an Official Photographer may be authorised by Swim Munster and will be permitted to take photos on poolside.</p>
Data Protection:	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and to also manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> <p>https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf</p>

Officials:	<p>Clubs will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p> <p>An Official Rota will be issued in advance of the competition. Any club experiencing difficulty fulfilling their allocation should arrange a swop with another club.</p>
Facilities:	<p>A pool will be available for Warm Up and Cool Down on Saturday and Sunday evening during the Finals session.</p> <p>Parking is available at the venue.</p>
Closing Date:	<p>31st October 2024 & Fees to be paid by 4th November 2024</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>

Order of Events Munster Short Course Championships 2024

Munster Short Course Championships Order of Events		
Day 1	Day 2	Day 3
Session 1: Combined Heats	Session 3: Combined Heats	Session 5: Combined Heats
Female 200m IM Open 200m IM Female 200m Breaststroke Open 200m Breaststroke Female 400m Freestyle HDW Open 400m Freestyle HDW Female 50m Backstroke Open 50m Backstroke Female 100m Butterfly Open 100m Butterfly Female 50m Freestyle Open 50m Freestyle Female 200m Freestyle Relay HDW Open 200m Freestyle Relay HDW	Mixed 200m Freestyle Relay HDW Female 200m Freestyle Open 200m Freestyle Female 200m Backstroke Open 200m Backstroke Female 100m Breaststroke Open 100m Breaststroke Female 100m IM Open 100m IM Female 50m Butterfly Open 50m Butterfly Mixed 200m Medley Relay HDW Mixed 800m Freestyle HDW	Female 400m IM HDW Open 400m IM HDW Female 100m Backstroke Open 100m Backstroke Female 50m Breaststroke Open 50m Breaststroke Female 200m Butterfly Open 200m Butterfly Female 100m Freestyle Open 100m Freestyle Female 200m Medley Relay HDW Open 200m Medley Relay HDW Mixed 1500m Freestyle HDW
Session 2: Finals & Presentations	Session 4: Finals & Presentations	Session 6: Finals & Presentations
Female 200m IM 'A' or 'A' & 'B' Finals Open 200m IM 'A' or 'A' & 'B' Finals Female 200m Breaststroke 'A' or 'A' & 'B' Finals Open 200m Breaststroke 'A' or 'A' & 'B' Finals Female 400m Freestyle HDW (Fastest Heat) Open 400m Freestyle HDW (Fastest Heat) Female 50m Backstroke 'A' or 'A' & 'B' Finals Open 50m Backstroke 'A' or 'A' & 'B' Finals Female 100m Butterfly 'A' or 'A' & 'B' Finals Open 100m Butterfly 'A' or 'A' & 'B' Finals Female 50m Freestyle 'A' or 'A' & 'B' Finals Open 50m Freestyle 'A' or 'A' & 'B' Finals Exhibition Medley Skins Final (Top 10 from 200m IM all entries) Multi Class Finals in 50m & 100m events, where applicable	Female 200m Freestyle 'A' or 'A' & 'B' Finals Open 200m Freestyle 'A' or 'A' & 'B' Finals Female 200m Backstroke 'A' or 'A' & 'B' Finals Open 200m Backstroke 'A' or 'A' & 'B' Finals Female 10m Breaststroke 'A' or 'A' & 'B' Finals Open 100m Breaststroke 'A' or 'A' & 'B' Finals Female 100m IM 'A' or 'A' & 'B' Finals Open 100m IM 'A' or 'A' & 'B' Finals Female 50m Butterfly 'A' or 'A' & 'B' Finals Open 50m Butterfly 'A' or 'A' & 'B' Finals Mixed 800m Freestyle HDW (Fastest Heat) Exhibition Medley Skins Final (Munster athletes who finish 11 – 20 from 200m IM including Munster athletes from NCL who did not qualify for the Skins final on Friday) Multi Class Finals in 50m & 100m events, where applicable	Female 400m IM HDW (Fastest Heat) Open 400m IM HDW (Fastest Heat) Female 100m Backstroke 'A' or 'A' & 'B' Finals Open 100m Backstroke 'A' or 'A' & 'B' Finals Female 50m Breaststroke 'A' or 'A' & 'B' Finals Open 50m Breaststroke 'A' or 'A' & 'B' Finals Female 200m Butterfly 'A' or 'A' & 'B' Finals Open 200m Butterfly 'A' or 'A' & 'B' Finals Female 100m Freestyle 'A' or 'A' & 'B' Finals Open 100m Freestyle 'A' or 'A' & 'B' Finals Mixed 1500m Freestyle HDW (Fastest Heat) Multi Class Finals in 50m & 100m events, where applicable

Munster SC Championships Qualification & Consideration Times

Open			QUALIFICATION TIMES	Female		
Born	Born	Born		Born	Born	Born
2008 – 2011	2006 & 2007	2005 & Earlier		2005 & Earlier	2006 & 2007	2008 – 2011
31.23	30.22	29.93	50m Freestyle	34.21	34.42	34.70
1:08.03	1:06.54	1:05.82	100m Freestyle	1:14.05	1:14.11	1:15.07
2:32.56	2:29.89	2:27.96	200m Freestyle	2:42.61	2:43.48	2:43.61
5:25.99	5:17.82	5:15.64	400m Freestyle	5:42.86	5:49.73	5:50.28
11:25.98	11:22.77	11:16.93	800m Freestyle	11:51.87	11:56.98	12:00.03
21:55.21	21:44.83	21:23.63	1500m Freestyle	23:01.40	23:26.23	23:26.25
37.22	35.01	34.96	50m Backstroke	39.03	39.47	40.07
1:19.81	1:15.98	1:15.96	100m Backstroke	1:23.82	1:25.07	1:25.42
2:56.53	2:50.64	2:50.63	200m Backstroke	3:02.43	3:02.45	3:04.13
41.34	39.22	39.09	50m Breaststroke	44.58	45.05	45.08
1:30.44	1:25.92	1:25.90	100m Breaststroke	1:36.33	1:38.26	1:38.28
3:17.91	3:12.62	3:12.50	200m Breaststroke	3:30.45	3:35.31	3:35.32
34.22	32.75	32.35	50m Butterfly	37.32	37.33	37.48
1:17.13	1:14.54	1:14.07	100m Butterfly	1:24.35	1:24.38	1:25.31
2:56.31	2:53.10	2:52.22	200m Butterfly	3:20.80	3:21.78	3:21.79
1:21.56	1:17.59	1:17.49	100m IM	1:25.72	1:26.63	1:26.68
2:53.48	2:50.34	2:48.13	200m IM	3:05.47	3:08.12	3:08.13
6:13.85	6:05.85	6:03.32	400m IM	6:43.88	6:46.74	6:46.75

Open			CONSIDERATION TIMES	Female		
Born	Born	Born		Born	Born	Born
2008– 2011	2006 & 2007	2005 & Earlier		2005 & Earlier	2006 & 2007	2008 – 2011
32.50	31.45	31.14	50m Freestyle	35.60	35.81	36.11
1:10.80	1:09.25	1:08.49	100m Freestyle	1:17.06	1:17.12	1:18.12
2:38.76	2:35.98	2:33.97	200m Freestyle	2:49.22	2:50.12	2:50.27
5:39.24	5:30.74	5:28.47	400m Freestyle	5:56.80	6:03.94	6:04.52
12:05.02	12:01.63	11:55.45	800m Freestyle	12:32.39	12:37.78	12:41.01
23:10.06	22:59.09	22:36.68	1500m Freestyle	24:20.02	24:46.26	24:46.28
38.73	36.43	36.38	50m Backstroke	40.61	41.08	41.70
1:23.06	1:19.07	1:19.05	100m Backstroke	1:27.23	1:28.52	1:28.90
3:03.71	2:57.57	2:57.56	200m Backstroke	3:09.85	3:09.86	3:11.62
43.02	40.82	40.68	50m Breaststroke	46.39	46.89	46.91
1:34.12	1:29.41	1:29.40	100m Breaststroke	1:40.25	1:42.26	1:42.27
3:25.95	3:20.45	3:20.32	200m Breaststroke	3:39.01	3:44.06	3:44.08
35.61	34.09	33.66	50m Butterfly	38.84	38.85	39.00
1:20.27	1:17.57	1:17.08	100m Butterfly	1:27.78	1:27.81	1:28.78
3:06.34	3:02.95	3:02.03	200m Butterfly	3:32.23	3:33.27	3:33.28
1:24.88	1:20.74	1:20.64	100m IM	1:29.20	1:30.15	1:30.20
3:00.53	2:57.27	2:54.96	200m IM	3:13.01	3:15.76	3:15.78
6:35.12	6:26.67	6:23.99	400m IM	7:06.87	7:09.88	7:09.90

Medley Skins

The exciting Exhibition Medley 50m Skins finals will return at the 2024 Munster SC Championships subject to time permitting. * The addition of these events will add to the overall championship experience and fun for the athletes and provide a thrilling finale on Friday and Saturday evening for everyone else! The events are kindly sponsored by Swimkit.ie and Swim Munster. The winners of the Skins finals will receive nothing less than a brand new pair of Skins** with great prizes for the 2nd, 3rd and 4th place finalists too!

***Skins finals are subject to time permitting**

****Swimkit voucher to purchase Skins subject to max value €350**

Munster SC Championships Exhibition Medley Skins Finals Event Conditions	
Friday 15 th November 2024 Last event of the Finals Session	
Eligibility Criteria:	Female and Open competition. This event is open to all competing athletes at the Munster Short Course Championships.
Qualification:	Top 10, all athletes competing in the championships, to qualify from the 200m IM
Competition Rules:	<ul style="list-style-type: none"> One heat every 90 seconds, order is female, then open. Stroke is chosen by drawing a ball out of a hat before each heat. First heat 10 swimmers with the slowest 2 swimmers of each heat eliminated, until there are 2 swimmers left, who will then compete in the final heat. See page 2 for detailed format of event.
Saturday 16 th November 2024 Last event of the Finals Session	
Eligibility Criteria:	Female and Open competition. This event is open to all Munster athletes who place 11 – 20 from the 200m IM, including Munster NCL athletes who did not qualify on Friday.
Qualification:	The female and open athletes who finish 11 – 20 from the 200m IM, will be entered into the Skins final.
Competition Rules:	<ul style="list-style-type: none"> One heat every 90 seconds, order is female, then open. Stroke is chosen by drawing a ball out of a hat before each heat First heat 10 swimmers with the slowest 2 swimmers of each heat eliminated, until there are 2 swimmers left, who will then compete in the final heat See page 2 for detailed format of event.
Prizes	
Prizes:	The winners of the Skins finals on Friday and Saturday evening will receive a pair of brand new Skins**, 2 nd prize €100 and 3rd & 4th prize €50 – TBC

All finalists, open & female, will be introduced together at the start of the Skins Finals. They will alternate every 90 seconds until the Skins Finals are completed.

Four Table Tennis Balls, each with the name of a stroke on it, will be placed in a hat. One ball will be drawn prior to the start of each round of the skins to determine what stroke will be swum. The ball will not be returned to the hat, thus ensuring that a different stroke will be swum for each of the subsequent rounds. After round 4, all four balls will be returned to the hat, from where one ball will be drawn to determine the stroke to be swum in the final. A separate draw will be made for both the female and open events.

The first round for both Female & Open Skins Finals will get a 'Full Start' i.e. Short & Long whistle & "Take Your Marks". This will commence during the 90 second interval, ensuring that the start is on 90 seconds. All remaining rounds will just receive the Start Buzzer.

In each round, the 2 slowest swimmers are eliminated. If there is a 'tie' for elimination, then both swimmers will swim again, with three swimmers eliminated in the next round.

Round 1 =10 finalists Female, followed 90 seconds later by 10 Open.

Round 2 = 8 finalists

Round 3 = 6 finalists

Round 4 = 4 finalists

Round 5 = 2 finalists

Swimmers will remain in their allocated lane throughout the rounds, but in the final round the last two remaining swimmers will be allocated Lanes 4 & 5.

The Start for each round will be every 90 seconds.

Swim Munster Minor Schools 2025

Minor Schools Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	26 th January 2025
Start Time:	Warm Up at 9:00am. Competition commences at 10:00am. (times subject to change, depending on entries).
Venue:	UL Sport Arena, University of Limerick.
Events:	<p>Swimmers may enter a maximum of 2 (two) individual events at the Munster Schools.</p> <p>50m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 1-4)</p> <p>100m Individual Medley, 11 & 12 Age Groups ONLY (Groups 3 & 4).</p> <p>Relays – 4 x 50m Freestyle & Medley Team Relays (9/10yrs, 11-12yrs)</p> <p>A maximum of two swimmers may swim up for a relay. At least two swimmers must be swimming in the correct Age Group for the relay to be accepted. Swimmers can swim in a maximum of 2 (two) relay events.</p>
Age Groups:	<p>Age Groups are each of age 9 yrs, 10yrs, 11yrs & 12 yrs (as of 31st August 2025).</p> <p>Group 1 – Age 9 – Born 1st September 2015 to 31st August 2016</p> <p>Group 2 – Age 10 – Born 1st September 2014 to 31st August 2015</p> <p>Group 3 – Age 11 – Born 1st September 2013 to 31st August 2014</p> <p>Group 4 – Age 12 – Born 1st September 2012 to 31st August 2013</p> <p>Ages are calculated based on the swimmers age on 31st August 2025.</p>
Transgender and Non-Binary Participation and Competition Policy:	<p>In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland).</p> <p>Gender categories will now appear as Female and Open categories.</p> <p>Any queries in relation to the policy should be please contact Andy O'Rourke at andreworourke@swimireland.ie</p>
Closing Date:	<p>16th December 2024 & Fees to be paid by 20th December 2024</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>
Entry Fee:	<p>€8 per individual event. €25 per relay event.</p> <p>Payment should be forwarded to the Munster Treasurer by the closing date.</p> <p>Bank details: BIC – AIBKIE2D IBAN – IE70AIBK93251559772394</p>

Entries:	<p>Swimmers who are current Swim Ireland Club members should enter through their club gala secretary. Gala secretaries are asked to send the club Hytek file along with a spreadsheet which contains the swimmer's school. Payment will be collected from Clubs for these swimmers.</p> <p>School swimmers who are <u>not</u> current Swim Ireland club members can enter using the Jotform link, entering the necessary details and payment via Stripe link. (Card processing charge will be applied.)</p> <p>Jotform Link TBC</p> <p>Relay Entries: should be entered by the school, or 1 (one) representative from the relay team on the Jotform link – TBC</p> <p>Irish Minor Schools Swimming Championships: Swimmers who attain the Irish Minor Schools qualifying time at the Munster Schools' event can enter via their club or the online link, which will be published with the Irish Minor Schools Information on the Swim Munster website, after the event.</p> <p>Qualifying athletes will be marked on the results sheets posted at the event.</p> <p>A swimmer will only be permitted to enter two events at Irish Minor Schools.</p> <p>See table below for qualifying times.</p>
Data Protection:	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and to also manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
Officials:	<p>To ensure the smooth running of the event, each school MUST provide officials for each session to help with Timekeeping / Turn Judge duties. Officials will be allocated to each school on the basis of one official per every 6 athletes entered. (1:6). This allocation is on a per session basis.</p> <p>Swim Munster will provide the key officials for each session. Swim Munster will circulate an Officials Roster during the week before the Championships.</p>
Timing:	Quantum Electronic Timing and Hy-Tek Meet Manager software will be used.
Withdrawals:	<p>Withdrawals should be submitted using this link https://forms.office.com/e/UyvvPe9Bkm</p> <p>– no refunds will be given for withdrawals.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information, visit the Anti-Doping section of the Sport Ireland website.</p>
Swimsuits:	<p>It is not a requirement for swimmers to wear WA approved swimwear in this competition. Athletes aged 12 years (age as defined in the Meet Conditions) will not be permitted to compete at this meet in a Tech Suit.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p>

	<p>World Aquatic Approved Swim Wear Policy (https://www.worldaquatics.com/swimming/approved-swimwear)</p>
Photography / Video Recording:	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/02/Filming-and-Photography-Policy.pdf</p> <p>Photographs cannot be taken at a Swim Munster event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. Photos are not permitted on poolside.</p> <p>At some events, photography and filming may not be permitted at all.</p> <p>At Championship events, an Official Photographer may be authorised by Swim Munster and will be permitted to take photos on poolside.</p>
Data Protection:	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and also to manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> <p>https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf</p>
Officials:	<p>Schools will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p> <p>An Official Rota will be issued in advance of the competition. Any school experiencing difficulty fulfilling their allocation should arrange a swap with another school.</p>
Facilities:	<p>Parking is available at the venue. A pool will be available for warm up and cool down throughout the event.</p>
Enquiries:	<p>All enquiries should be sent by email only to munsterentries@swimireland.ie</p> <p>Entry reports and further information will be posted on the Swim Munster website before the start of the gala – www.swimmunster.ie</p>

Minor Schools Order of Events

Session 1 - Sunday AM - Groups 3 & 4 Start TBC		
Event No	Event	Format
1	Female 11-12 50m Freestyle	HDW
2	Open 11-12 50m Freestyle	HDW
3	Female 11-12 50m Breaststroke	HDW
4	Open 11-12 50m Breaststroke	HDW
5	Female 11-12 50m Backstroke	HDW
6	Open 11-12 50m Backstroke	HDW
7	Female 11-12 50m Butterfly	HDW
8	Open 11-12 50m Butterfly	HDW
9	Female 11-12 100IM	HDW
10	Open 11-12 100IM	HDW
11	Female 11-12 4 x 50 Medley Team Relay	HDW
12	Open 11-12 4 x 50 Medley Team Relay	HDW
13	Female 11-12 4 x 50 Freestyle Team Relay	HDW
14	Open 11-12 4 x 50 Freestyle Team Relay	HDW

Session 2 - Sunday PM - Group 1 & 2 Start TBC		
Event No	Event	Format
15	Female 9-10 50m Freestyle	HDW
16	Open 9-10 50m Freestyle	HDW
17	Female 9-10 50m Breaststroke	HDW
18	Open 9-10 50m Breaststroke	HDW
19	Female 9-10 50m Backstroke	HDW
20	Open 9-10 50m Backstroke	HDW
21	Female 9-10 50m Butterfly	HDW
22	Open 9-10 50m Butterfly	HDW
23	Female 9-10 4 x 50 Medley Team Relay	HDW
24	Open 9-10 4 x 50 Medley Team Relay	HDW
25	Female 9-10 4 x 50 Freestyle Team Relay	HDW
26	Open 9-10 4 x 50 Freestyle Team Relay	HDW

****Session times may be changed if there are a large number of entries**

Munster Age Group & Senior Long Course Championships 2025

Munster Age Group & Senior Long Course Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	16th – 18 th May 2025
Venue:	UL Sport Arena, University of Limerick
Age Groups:	12 years, 13-14 years, 15-16 years, 17 years & over
Age Up Date:	31 st December 2025
Individual Events:	50m Freestyle – Heats & Finals 50m Backstroke, 50m Butterfly, 50m Breaststroke – Heats & Finals (15 & over) 100m Freestyle, 100m Backstroke, 100m Butterfly, 100m Breaststroke – Heats & Finals 200m Freestyle, 200m Backstroke, 200m Butterfly, 200m Breaststroke – Heats & Finals 200m Individual Medley – Heats & Finals 400m Freestyle / 800m Freestyle / 1500m Freestyle – HDW (13&over) 400m Individual Medley – HDW (13&over) Multi Class Finals in 50m and 100m events, where applicable. Consideration Times and Qualification Times will be published early in the Long Course season
Relay Events:	12yrs - 4 x 50m Medley, 4 x 50m Freestyle 13-14yrs, 15&over – All Olympic Relay events
Entries:	All swimmers entering the Munster Age Group and Senior Long Course Championships must be a member of a Swim Munster Affiliated club or a club from outside Ireland registered with their own Federation.
Transgender and Non-Binary Participation and Competition Policy:	In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland). Gender categories will now appear as Female and Open categories. Any queries in relation to the policy should be please contact Andy O’Rourke at andreworourke@swimireland.ie

Entry Form:	Entries must be submitted electronically to munsterentries@swimireland.ie using Hytek Team Manager. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.
Qualification Criteria:	<p>Times may be achieved in both Short Course & Long Course from 1st January 2024. Consideration and Qualification Times are used for the 50m, 100, 200m and 400m events. Consideration Times are used for the 800m/1,500m Freestyle.</p> <p>Times must have been achieved in meets licensed at Level 2 or higher to be eligible to be used for entry into this meet, subject to the following paragraph. Short Course times used for entry will be converted to Long Course via the Meet Management system for seeding purposes and vice versa.</p> <p>Female athletes aged 12 years will be permitted to compete in the 12-14 years 400m Freestyle. The top 6 ranked female athletes in the 200m Freestyle will be invited to enter the 400m Freestyle provided their 200m entry time is faster than 02:45.00. This event is offered to female athletes aged 12 years to provide an opportunity to learn and develop racing skills in this event. Separate medals will not be awarded.</p> <p>Subject to overall time constraints, 12 year old swimmers MAY be offered to swim in 12-14 events should there be unused lanes, based upon the number of entries. Any such invite will be based upon the rankings on the Munster database. Again, if offered, this is to provide experience and a learning opportunity to younger swimmers.</p> <p>Times achieved by athletes aged 12 years ONLY in the 200m Freestyle, 100m Backstroke, 100m Breaststroke and 100m Butterfly will allow them to enter all available events in the corresponding stroke at this Championships. Such entries are to be advised in the cover email with the entry file.</p> <p>Athletes who achieve one Qualifying Time only, may choose one additional event to enter; this event must be one which is most closely associated with the event in which they have achieved the Qualifying Time (i.e. a swimmer who has qualified in the 100m butterfly may also enter the 200m butterfly, or a swimmer who has qualified in the 400m freestyle may add the 200m freestyle OR 800m freestyle). Such entries are to be advised in the cover email with the entry file.</p> <p>Swim Munster are obliged to run the event in accordance with Meet Licensing Rules which include overall duration each day. In the event that all entries result in the projected duration of competition exceeding the time permitted, Swim Munster will need to decline some consideration time entries for individual, and relays (second and more teams).</p>
Seeding:	The placing of competitors in the heats will be spearheaded and swum slowest to fastest. Clubs not submitting an entry time for relay teams will be seeded in the slowest heat.
Heats & Finals:	<p>All 50m, 100m and 200m events will have heats and 'A' Finals.</p> <p>All 400m, 800m & 1,500m events will be HDW and will be swum with the Heats.</p> <p>12 year old Mixed Freestyle and Medley Relays will be HDW and will be swum in the Heats.</p> <p>All 13-14 years and 15& Over relays will be HDW and will be swum in the Finals session.</p>
Withdrawals:	<p>Withdrawals from Day 1 must be emailed before 5pm on the day before the start of the Meet, (i.e. Thursday 15th May, using the link: https://forms.office.com/e/UyvvPe9Bkm</p> <p>Withdrawals for subsequent days must be submitted by 6pm on the previous day, (i.e. for Day 2, withdrawals must be submitted via the link by 6pm on Day 1).</p>

	<p>There will be a €50 fine if swimmers are not withdrawn by 6pm for an event for the next day.</p> <p>– no refunds will be given for withdrawals.</p>
Entry Deadline:	<p>Closing date for entries is 12 noon on 28th Apr 2025 & Fees to be paid by 1st May 2025.</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>
Entry Fees:	<p>Individual entries cost €10 per event. Relay entries cost €20 per event.</p> <p>Fees should be paid directly into the Bank Account by 1st May 2025 and must include the name of the club and the name of the meet. Bank details:</p> <p>BIC: AIBKIE2D IBAN: IE70AIBK93251559772394</p> <p>No entry will be processed until the appropriate fee has been received by the Treasurer.</p> <p>Please note that all entry fees are payable and non-refundable once the final entry date of 28th April 2025 has passed AND accreditations will not be approved/issued until full payment of entries and any outstanding fees have been received.</p>
Relay Entries:	<p>Clubs are permitted to enter more than one relay team per event. The names of the 4 (four) relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Technical Delegate no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50, without exception, and disqualification of the relay team.</p> <p>It would be appreciated if relay entries could be confirmed in advance of the gala, for ease of administration. Amendments to the team, if necessary, can be made up to 60 minutes before the start of the session.</p> <p>Relay members must be registered members of the club they are swimming for. All competing swimmers must be entered in the meet (even if they are not swimming in individual events). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with WA Rule SW 10.12</p>
Awards:	<p>Medals are awarded for top 3 placings in each age group.</p>
Anti-Doping:	<p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/WA Anti-Doping Rules. For further information visit the Anti-Doping section of the Sport Ireland website.</p>
Swimsuits:	<p>It is not a requirement for swimmers to wear WA approved swimwear in this competition. Athletes aged 12 years (age as defined in the Meet Conditions) will not be permitted to compete at this meet in a Tech Suit.</p> <p>Swim Ireland Tech Suit Policy</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p> <p>World Aquatic Approved Swim Wear Policy (https://www.worldaquatics.com/swimming/approved-swimwear).</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p>

	https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf
Photography/ Video Recording	<p>Photography is prohibited on the pool deck and in the changing area.</p> <p>A registration desk will be available in the balcony area. All devices capable of taking an image must be registered in advance. All persons wishing to register a device must provide: Name, Address, Contact Number, Type of Device and Photographic ID. Any person using a device for photography MUST wear the tag provided and ensure that it is clearly visible at all times, when using the equipment.</p> <p>If this photography rule is breached, members are subject to the Swim Ireland Complaints and Disciplinary Rules and Procedures.</p> <p>Once registered, photographs are permitted from the Balcony ONLY or in the reception area. A Munster Backdrop will be in situ to facilitate photos.</p> <p>At championship events, Munster Swimming will engage the services of an authorised Photographer who will have permission to take photos poolside.</p>
Data Protection:	Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and also to manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).
Officials:	<p>Clubs will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p> <p>An Official Rota will be issued in advance of the competition. Any club experiencing difficulty fulfilling their allocation should arrange a swap with another club.</p>
Facilities:	<p>A swim down facility will be available during the Finals sessions on Saturday and Sunday.</p> <p>Car Parking is available at the venue.</p>
Closing Date:	<p>28th April 2025</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>

Order of Events – Munster Age Group & Senior LC Championships 2025

Day 1	Day 2	Day 3
Session 1: Combined Heats	Session 4: Combined Heats	Session 7: Combined Heats
Open 15 yrs & Over 200m Breaststroke Female 15 yrs & Over 100m Breaststroke Open 15 yrs & Over 1500m Freestyle HDW Female 15 yrs & Over 100m Backstroke Open 15 yrs & Over 100m Backstroke Female 15 yrs & Over 50m Freestyle Open 15 yrs & Over 50m Butterfly Female 15 yrs & Over 200m Butterfly Open 15 yrs & Over 200m Freestyle Female 15 yrs & Over 400m Freestyle HDW Open 15 yrs & Over 200m IM	Open 15 yrs & Over 400m IM HDW Female 15 yrs & Over 800m Freestyle HDW Open 15 yrs & Over 50m Backstroke Female 15 yrs & Over 50m Backstroke Open 15 yrs & Over 100m Breaststroke Female 15 yrs & Over 100m Butterfly Open 15 yrs & Over 200m Butterfly Female 15 yrs & Over 400m IM HDW Open 15 yrs & Over 100m Freestyle Female 15 yrs & Over 50m Breaststroke Open 15 yrs & Over 800m Freestyle HDW Female 15 yrs & Over 200m Freestyle	Female 15 yrs & Over 200m IM Open 15 yrs & Over 50m Breaststroke Female 15 yrs & Over 50m Butterfly Open 15 yrs & Over 200m Backstroke Female 15 yrs & Over 200m Backstroke Open 15 yrs & Over 50m Freestyle Female 15 yrs & Over 200m Breaststroke Open 15 yrs & Over 100m Butterfly Female 15 yrs & Over 100m Freestyle Open 15 yrs & Over 400m Freestyle HDW Female 15 yrs & Over 1,500m Freestyle HDW
Session 2: Combined Heats	Session 5: Combined Heats	Session 8: Combined Heats
Open 12-14 yrs 200m Breaststroke Female 12-14 yrs 100m Breaststroke Open 13-14 yrs 1500m Freestyle HDW Female 12-14 yrs 100m Backstroke Open 12-14 yrs 100m Backstroke Female 12-14 yrs 50m Freestyle Open 12-14 yrs 200m Freestyle Female 12-14 yrs 200m Butterfly Open 12-14 yrs 200m IM Female 13-14 yrs 400m Freestyle HDW	Open 13-14 yrs 400m IM HDW Female 13-14 yrs 800m Freestyle HDW Open 12-14 yrs 100m Breaststroke Female 12-14 yrs 100m Butterfly Open 12-14 yrs 200m Butterfly Female 13-14 yrs 400m IM HDW Open 12-14 yrs 100m Freestyle Female 12-14 yrs 200m Freestyle Open 13-14 yrs 800m Freestyle HDW Mixed 12 yrs 200m Freestyle Relay HDW	Female 12-14 yrs 200m IM Open 12-14 yrs 200m Backstroke Female 12-14 yrs 200m Backstroke Open 12-14 yrs 50m Freestyle Female 12-14 yrs 200m Breaststroke Open 12-14 yrs 100m Butterfly Female 12-14 yrs 100m Freestyle Open 13-14 yrs 400m Freestyle HDW Female 13-14 yrs 1,500m Freestyle HDW Mixed 12 yrs 200m Medley Relay HDW

Session 3: Finals	Session 6: Finals	Session 9: Finals
Open 12 yrs 200m Breaststroke Open 13/14 yrs 200m Breaststroke Open 15/16 yrs 200m Breaststroke Open 17 yrs & Over 200m Breaststroke Female 12 yrs 100m Breaststroke Female 13/14 yrs 100m Breaststroke Female 15/16 yrs 100m Breaststroke Female 17 yrs & Over 100m Breaststroke Open 12 yrs 100m Backstroke Open 13/14 yrs 100m Backstroke Open 15/16 yrs 100m Backstroke Open 17 yrs & Over 100m Backstroke Female 12 yrs 100m Backstroke Female 13/14 yrs 100m Backstroke Female 15/16 yrs 100m Backstroke Female 17 yrs & Over 100m Backstroke Open 15/16 yrs 50m Butterfly Open 17 yrs & Over 50m Butterfly Female 12 yrs 50m Freestyle Female 13/14 yrs 50m Freestyle Female 15/16 yrs 50m Freestyle Female 17 yrs & Over 50m Freestyle Open 12 yrs 200m Freestyle Open 13/14 yrs 200m Freestyle Open 15/16 yrs 200m Freestyle Open 17 yrs & Over 200m Freestyle Female 12 yrs 200m Butterfly Female 13/14 yrs 200m Butterfly Female 15/16 yrs 200m Butterfly Female 17 yrs & Over 200m Butterfly Open 12 yrs 200m IM Open 13/14 yrs 200m IM Open 15/16 yrs 200m IM Open 17 yrs & Over 200m IM Female 13-14 yrs 400m Medley Relay HDW Female 15 yrs & Over 400m Medley Relay HDW Open 13-14 yrs 400m Medley Relay HDW Open 15 yrs & Over 400m Medley Relay HDW Multi Class Finals in 50m & 100m Events where applicable.	Open 15/16 yrs 50m Backstroke Open 17 yrs & Over 50m Backstroke Female 15/16 yrs 50m Backstroke Female 17 yrs & Over 50m Backstroke Open 12 yrs 100m Breaststroke Open 13/14 yrs 100m Breaststroke Open 15/16 yrs 100m Breaststroke Open 17 yrs & Over 100m Breaststroke Female 12 yrs 100m Butterfly Female 13/14 yrs 100m Butterfly Female 15/16 yrs 100m Butterfly Female 17 yrs & Over 100m Butterfly Open 12 yrs 200m Butterfly Open 13/14 yrs 200m Butterfly Open 15/16 yrs 200m Butterfly Open 17 yrs & Over 200m Butterfly Female 15/16 yrs 50m Breaststroke Female 17 yrs & Over 50m Breaststroke Open 12 yrs 100m Freestyle Open 13/14 yrs 100m Freestyle Open 15/16 yrs 100m Freestyle Open 17 yrs & Over 100m Freestyle Female 12 yrs 200m Freestyle Female 13/14 yrs 200m Freestyle Female 15/16 yrs 200m Freestyle Female 17 yrs & Over 200m Freestyle Open 13-14 yrs 400m Freestyle Relay HDW Open 15 yrs & Over 400m Freestyle Relay HDW Female 13-14 yrs 400m Freestyle Relay HDW Female 15 yrs & Over 400m Freestyle Relay HDW Multi Class Finals in 50m & 100m Events where applicable.	Female 13-14 yrs 800m Freestyle Relay HDW Female 15 yrs & Over 800m Freestyle Relay HDW Open 13-14 yrs 800m Freestyle Relay HDW Open 15 yrs & Over 800m Freestyle Relay HDW Female 12 yrs 200m IM Female 13/14 yrs 200m IM Female 15/16 yrs 200m IM Female 17 yrs & Over 200m IM Open 15/16 yrs 50m Breaststroke Open 17 yrs & Over 50m Breaststroke Female 15/16 yrs 50m Butterfly Female 17 yrs & Over 50m Butterfly Open 12 yrs 200m Backstroke Open 13/14 yrs 200m Backstroke Open 15/16 yrs 200m Backstroke Open 17 yrs & Over 200m Backstroke Female 12 yrs 200m Backstroke Female 13/14 yrs 200m Backstroke Female 15/16 yrs 200m Backstroke Female 17 yrs & Over 200m Backstroke Open 12 yrs 50m Freestyle Open 13/14 yrs 50m Freestyle Open 15/16 yrs 50m Freestyle Open 17 yrs & Over 50m Freestyle Female 12 yrs 200m Breaststroke Female 13/14 yrs 200m Breaststroke Female 15/16 yrs 200m Breaststroke Female 17 yrs & Over 200m Breaststroke Open 12 yrs 100m Butterfly Open 13/14 yrs 100m Butterfly Open 15/16 yrs 100m Butterfly Open 17 yrs & Over 100m Butterfly Female 12 yrs 100m Freestyle Female 13/14 yrs 100m Freestyle Female 15/16 yrs 100m Freestyle Female 17 yrs & Over 100m Freestyle Mixed 13-14 yrs 400m Medley Relay HDW Mixed 15 yrs & Over 400m Medley Relay HDW Multi Class Finals in 50m & 100m Events where applicable.

Munster Age Group and Senior LC Championships Qualification & Consideration Times

Open Consideration Times						EVENT	Open Qualification Times					
Born	Born	Born	Born	Born	Born		Born	Born	Born	Born	Born	Born
2008 & older	2009	2010	2011	2012	2013		2008 & older	2009	2010	2011	2012	2013
00:29:95	00:31:21	00:32:56	00:33:55	00:35:71	00:36:37	50m Freestyle	00:28:75	00:29:96	00:31:26	00:32:21	00:34:28	00:34:92
01:05:09	01:07:74	01:09:94	01:12:57	01:17:01	01:18:44	100m Freestyle	01:02:49	01:05:03	01:07:14	01:09:67	01:13:93	01:15:30
02:24:74	02:30:55	02:33:91	02:40:20	02:48:55	02:51:56	200m Freestyle	02:18:95	02:24:53	02:27:75	02:33:79	02:41:81	02:44:70
05:11:87	05:21:04	05:29:40	05:42:32	05:57:36		400m Freestyle	04:59:40	05:08:20	05:16:22	05:28:63	05:43:07	
10:38:21	10:48:88	11:12:31	11:31:88	12:02:30		800m Freestyle						
20:28:27	21:04:75	21:57:79	22:30:53	23:19:51		1500m Freestyle						
00:35:53	00:35:53	00:35:53				50m Backstroke	00:34:11	00:34:11	00:34:11			
01:17:48	01:18:47	01:21:37	01:24:14	01:29:75	01:31:42	100m Backstroke	01:14:38	01:15:33	01:18:12	01:21:73	01:26:16	01:27:76
02:49:31	02:52:45	02:55:77	03:02:33	03:09:88	03:13:40	200m Backstroke	02:42:54	02:45:55	02:48:74	02:55:04	03:02:28	03:05:66
00:38:53	00:38:53	00:38:53				50m Breaststroke	00:36:99	00:36:99	00:36:99			
01:27:46	01:30:64	01:34:29	01:38:44	01:44:67	01:46:62	100m Breaststroke	01:23:96	01:27:01	01:30:52	01:34:50	01:40:48	01:42:36
03:13:27	03:18:76	03:27:98	03:32:94	03:43:38	03:47:50	200m Breaststroke	03:05:54	03:10:81	03:19:66	03:24:42	03:34:44	03:38:40
00:32:30	00:32:30	00:32:30				50m Butterfly	00:31:01	00:31:01	00:31:01			
01:12:89	01:17:65	01:21:63	01:26:55	01:31:23	01:32:93	100m Butterfly	01:09:97	01:14:54	01:18:36	01:23:09	01:27:58	01:29:21
02:48:32	02:53:97	03:02:10	03:09:61	03:21:11	03:24:83	200m Butterfly	02:41:59	02:47:01	02:54:82	03:02:03	03:14:07	03:16:64
02:47:47	02:53:88	02:55:88	03:03:01	03:11:35	03:19:90	200m IM	02:40:77	02:46:92	02:48:84	02:55:69	03:03:70	03:11:90
05:54:66	06:05:89	06:17:65	06:45:50	06:59:19		400m IM	05:40:47	05:51:25	06:02:54	06:29:28	06:42:42	
Female Consideration Times						EVENT	Female Qualification Times					
Born	Born	Born	Born	Born	Born		Born	Born	Born	Born	Born	Born
2008 & older	2009	2010	2011	2012	2013		2008 & older	2009	2010	2011	2012	2013
00:32:99	00:33:84	00:34:50	00:35:30	00:36:15	00:36:81	50m Freestyle	00:31:67	00:32:49	00:33:12	00:33:89	00:34:70	00:35:34
01:11:75	01:13:25	01:14:01	01:15:46	01:18:71	01:20:17	100m Freestyle	01:08:88	01:10:32	01:11:05	01:12:44	01:15:56	01:16:96
02:36:43	02:38:81	02:42:73	02:44:90	02:49:92	02:53:06	200m Freestyle	02:30:17	02:32:46	02:36:22	02:38:30	02:43:12	02:46:14
05:36:54	05:42:74	05:46:83	05:56:38	06:06:12		400m Freestyle	05:23:08	05:29:03	05:32:06	05:42:12	05:51:48	Invitation
11:28:49	11:40:02	11:51:31	12:06:80	12:24:31		800m Freestyle						
22:02:20	22:19:46	22:41:06	22:57:19	23:30:37		1500m Freestyle						
00:41:23	00:41:23	00:41:23				50m Backstroke	00:39:58	00:39:58	00:39:58			
01:22:80	01:25:02	01:25:59	01:27:91	01:30:74	01:32:42	100m Backstroke	01:19:49	01:21:62	01:22:17	01:24:39	01:27:11	01:28:72
02:58:78	03:02:07	03:06:06	03:10:27	03:14:93	03:18:54	200m Backstroke	02:51:63	02:54:79	02:58:62	03:02:66	03:07:13	03:10:60
00:43:80	00:43:80	00:43:80				50m Breaststroke	00:42:05	00:42:05	00:42:05			
01:35:05	01:38:00	01:38:79	01:42:05	01:45:28	01:47:23	100m Breaststroke	01:31:25	01:34:08	01:34:84	01:37:97	01:41:07	01:42:94
03:28:76	03:30:19	03:32:32	03:43:18	03:45:52	03:49:70	200m Breaststroke	03:20:41	03:21:78	03:23:83	03:34:25	03:36:50	03:40:51
00:36:50	00:36:50	00:36:50				50m Butterfly	00:35:04	00:35:04	00:35:04			
01:20:28	01:22:67	01:25:70	01:29:43	01:33:28	01:35:00	100m Butterfly	01:17:07	01:19:36	01:22:27	01:25:85	01:29:55	01:31:20
03:06:28	03:11:81	03:18:92	03:21:57	03:25:97	03:29:78	200m Butterfly	02:58:83	03:04:14	03:10:96	03:13:51	03:17:73	03:21:39
02:56:11	03:00:15	03:05:47	03:11:64	03:16:92	03:25:56	200m IM	02:49:45	02:52:94	02:58:05	03:03:97	03:09:04	03:17:34
06:27:60	06:38:96	06:42:36	06:51:11	07:06:48		400m IM	06:12:10	06:23:00	06:26:27	06:34:67	06:49:42	

Swim Munster Swim Festival 2025

Swim Festival Meet Information	
(Further information may be contained in the relevant Meet Conditions)	
This Meet is open to all swimmers who have not achieved any Irish Summer National Age Group Championships or Irish Summer National Youth & Senior Championships Qualifying Standards	
Date:	21 st & 22 nd June 2025
Venue:	UL Sport Arena, University of Limerick
Age Groups:	Minimum age of entry is 10yrs. Open: 10 yrs, 11yrs, 12 yrs, 13-14, 15yrs & older Female: 10 yrs, 11yrs, 12 yrs, 13-14, 15yrs & older
Age Up Date:	31 st December 2025
Events:	50m, 100m all four strokes 100m & 200m Individual Medley (each swimmer can enter one event per stroke) Relays - 4 x 25 Mixed for 10-12 Age Group; Freestyle relay for 13 & over run as legs of 25m/ 50m/ 75m/ 100m.
Awards:	Medals will be awarded to the first 3 places in each age group as above. Special prizes also awarded to the winners of the Super-IM Final and Skins Final.
Entries:	All swimmers entering the Swim Festival must be a member of a Swim Munster affiliated club. Entries must be submitted electronically to munsterentries@swimireland.ie using Hytek Team Manager. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file. Slower Than Entry Times – Irish Summer National Championships. If a club is found to have entered a swimmer who has achieved an Irish Summer National Championship consideration standard, the club will be levied with a fine of €100. It is the responsibility of the club to ensure that all entered swimmers are eligible to compete. Swimmers are limited to a maximum of 5 individual entries plus relays. Swim Munster reserves the right to limit entries if the meet is oversubscribed. If the meet is oversubscribed, the number of swims per swimmer will be limited and any rejected entries will be refunded as a single payment to the club in question.

Relays:	<p>Clubs are permitted to enter more than one relay team per event.</p> <p>The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place.</p> <p>All competing swimmers must be entered in the meet (even if they are not swimming in individual events). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12. Swimmers can compete in their respective age group only. Swimmers aged 10 to 12 are not allowed to “swim up” in the 13&O age group.</p>
Transgender and Non-Binary Participation and Competition Policy:	<p>In line with the Swim Ireland Transgender and Non-Binary Policy all gender categories for Club, Regional and National events must align with the policy (Swim Ireland Transgender and Non-Binary Participation and Competition Policy - Swim Ireland).</p> <p>Gender categories will now appear as Female and Open categories.</p> <p>Any queries in relation to the policy should be please contact Andy O’Rourke at andreworourke@swimireland.ie</p>
Heat & Finals:	<p>All the individual events will be swum as HDW</p> <ul style="list-style-type: none"> • Morning Session Super Final: the best 10 swimmers per age group and gender (11-12 only) considering the combined points achieved in 4 individual events can progress to the “super-final” on the 100 IM. • Afternoon Session skin race: the best 10 swimmers per age group and gender (13-14 and 15&O) considering the results of the 100 IM can progress to the Medley Skin Race. <p>See the specific section on the “order of events” for clarity,</p>
Entry Fees:	<p>€35 per swimmer, covering all the individual events, relay participation and final.</p> <p>Payment should be forwarded to the Munster Treasurer by the closing date.</p> <p>Bank details: BIC –AIBKIE2D IBAN – IE70AIBK93251559772394</p>
Timing:	Quantum Electronic Timing and Hy-Tek Meet Manager software will be used.
Withdrawals:	<p>Withdrawals should be submitted using this link https://forms.office.com/e/UyvPe9Bkm</p> <p>– no refunds will be given for withdrawals.</p>
Anti-Doping:	It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website.
Swimsuits:	<p>It is not a requirement for swimmers to wear WA approved swimwear in this competition. Athletes aged 12 years (age as defined in the Meet Conditions) will not be permitted to compete at this meet in a Tech Suit.</p> <p>Swim Ireland Tech Suit Policy</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/06/Swim-Ireland-Tech-Suit-Policy-Updated-May-2024.pdf</p>

	<p>World Aquatic Approved Swim Wear Policy (https://www.worldaquatics.com/swimming/approved-swimwear)</p>
<p>Photography/ Video Recording:</p>	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>https://swimireland.ie/wp-content/uploads/sites/2/2023/02/Filming-and-Photography-Policy.pdf</p> <p>Photographs cannot be taken at a Swim Munster event without first having registered the photographer and device at the administration desk. Photographic ID must be presented at registration. A wristband will be given to all those who successfully register a photography device. The wristband must be worn at all times. Once registered, photographs are only permitted from the balcony or in the reception area. Photos are not permitted on poolside.</p> <p>At some events, photography and filming may not be permitted at all.</p> <p>At Championship events, an Official Photographer may be authorised by Swim Munster and will be permitted to take photos on poolside.</p>
<p>Data Protection:</p>	<p>Munster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets and also to manage competition records of swimmers. By submitting and accepting entries to the meet, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Munster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or at the meet (e.g. programmes, results, Meet Mobile, etc).</p>
<p>Health & Safety:</p>	<p>Please refer to the Health & Safety guidelines and also to the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> <p>https://www.swimmunster.ie/munsterswimming/UserFiles/File/fina-issue-swim-ireland-safety-code-of-practice-swimming_023665.pdf</p>
<p>Facilities:</p>	<p>A pool will be available for warm up and cool down throughout the event.</p> <p>Parking is available at the venue.</p>
<p>Officials:</p>	<p>Clubs will be asked to provide Officials to assist with the smooth running of the competition. Official Slots will be allocated based on one per six athletes entered in the competition (1:6), on a per session basis.</p> <p>An Official Rota will be issued in advance of the competition. Any club experiencing difficulty fulfilling their allocation should arrange a swop with another club.</p>
<p>Closing Date:</p>	<p>6th June 2025 & Fees to be paid by 11th June 2025</p> <p>NO LATE ENTRIES WILL BE ACCEPTED.</p>

Swim Festival Order of Events

Session times are provisional and will be finalised once all the entries have been processed.

Event No	Session 1 (Warm-up 9.00am – Start 10am)	Event No	Session 2 (Warm-up 1.00pm – Start 2.00pm)
1	Female 10 -12 years 50m Butterfly	20	Female 100m IM 13 -14 Years & 15 & over Combined Heats
2	Open 10 - 12 years 50m Butterfly	21	Open 100m IM 13 -14 Years & 15 & over Combined Heats
3	Female 10 – 12 years 50m Backstroke	22	Female 200m Freestyle 13 – 14 Years & 15 & over Combined Heats
4	Open 10 – 12 years 50m Backstroke	23	Open 200m Freestyle 13 -14 Years & 15 & over Combined Heats
5	Female 10 – 12 years 100m Backstroke	24	Female 50m Butterfly 13 -14 Years & 15 & over Combined Heats
6	Open 10 – 12 years 100m Backstroke	25	Open 50m Butterfly 13 -14 Years & 15 & over Combined Heats
7	Female 10 – 12 years 50m Breaststroke	26	Female 100m Backstroke 13 -14 Years & 15 & over Combined Heats
8	Open 10 -12 years 50m Breaststroke	27	Open 100m Backstroke 13 -14 Years & 15 & over Combined Heats
9	Female 10 – 12 years 100m Breaststroke	28	Female 100m Breaststroke 13 -14 Years & 15 & over Combined Heats
10	Open 10 – 11 years 100m Breaststroke	29	Open 100m Breaststroke 13 -14 Years & 15 & over Combined Heats
11	Female 10 – 12 years 50m Freestyle	30	Female 100m Freestyle 13 -14 Years & 15 & over Combined Heats
12	Open 10 – 12 years 50m Freestyle	31	Open 100m Freestyle 13 -14 Years & 15 & over Combined Heats
13	Female 10 – 12 years 100m Freestyle	32	Mixed 250m Freestyle Relay (4 x 25m/50m/75m/100m)
14	Open 10 – 12 years 100m Freestyle	33	Female Medley Skins Final – (13 – 14 years)
15	Mixed 4 x 25m Medley Team Relay	34	Open Medley Skins Final – (13 – 14 years)
16	100 IM Super Final Female – 11 year old	35	Female Medley Skins Final – (15 & over)
17	100 IM Super Final Open – 11 year old	36	Open Medley Skins Final – (15 - Over)
18	100 IM Super Final Female – 12 year old		
19	100 IM Super Final Open – 12 year old		

100 IM Super Final– 11 year old Super Final: the top 10 swimmers combined points across all the individual events (max 4) swum by each swimmer will compete for the 100 IM Super Final (one final

for each gender and age group). Points are calculated by the Meet Manager software based on the placing of the swimmer in each event.

In the event of a tie for 10th place, a swim-off will take place between the relevant swimmers over a 50m Freestyle heat until a winner is declared.

The skin race stages alternate between open and female for each age group as follows:

Stage 1: all the swimmers qualified are competing. The distance is 50 meters, and the stroke is drawn by the competition manager; the first 8 proceed to stage 2. Female race and Open race.

Stage 2: the remaining 8 swimmers are competing. The distance is 50 meters, and the stroke is drawn by the competition manager (among the 3 remaining); the first 6 proceed to stage 3. Female race and Open race.

Stage 3: the remaining 6 swimmers are competing. The distance is 50 meters, and the stroke is drawn by the competition manager (among the 2 remaining); the first 4 proceed to stage 4. Female and Open race.

Stage 4: the remaining 4 swimmers are competing. The distance is 50 meters, and the stroke is the last remaining not previously swum in stage 1-2-3; the first 2 proceed to stage 5. Female race and Open race.

Stage 5: the remaining 2 swimmers are competing. The distance is 50 meters, and the stroke is drawn by the competition manager (among all the 4 strokes); the winner is the overall winner of the event.

4x25/50/75/100m Freestyle Mixed Relay: Each Team must have 2 open and 2 female (13 & over); each team swims the 4 distances in the specific order: one 25 – one 50 – one 75 – one 100. The order of the swimmers (open or female first) is free.

Munster Season Plan 2024-2025

Colour Code	Event
	Swim Ireland Event
	Regional Squads
	Future Challenger Meets
	Aspiring Champions Meets
	Munster Short Course & Munster Long Course Championships
	Munster Splash and Munster Swim Festival
	Munster Minor & Senior Schools
	Swim Ireland Interpros & Relays and Swim Ireland Minor Schools
	Swim Ireland National Meets
	Club Invitational – Level 1
	Club Invitational – Level 2
	Club Invitational – Level 3
	Masters Events

Month	Date(s)	Day(s)	Meet – Other	Level	Format	Venue	Licence Application Due	Qualification Window Closes
September	21 st	Saturday	Regional Skills Academy			UL		
	22 nd	Sunday	Regional Development Programme Stage 2 nd			UL		
	28 th	Saturday	Regional Development Programme Stage 1			UL		
October	6 th	Sunday	Future Challenger Meet 1	2	SC	Mallow & Douglas		
	13 th	Sunday	Aspiring Champions	3	SC	UL		
	19 th – 20 th	Sat & Sun	Aspiring Champions	3	SC	UL		

Month	Date(s)	Day(s)	Meet – Other	Level	Format	Venue	Licence Application Due	Qualification Window Closes
	25 th – 27 th	Fri,Sat & Sun	Eddie Campion Dolphin Open	3	SC	Mayfield	25 th July 2024	
	26 th – 28 th	Sat – Mon	Regional Development Programme Stage 2 Camp			UL		
November	3 rd	Sunday	Blackrock Invitational	1	SC	Douglas	2 nd August 2024	
	3 rd	Sunday	Regional Development Programme Stage 1			UL		
	8 th	Friday	Swim Ireland Awards			Dunboyne Castle		
	9 th	Saturday	Regional Skills Academy			UL		
	10 th	Sunday	Munster Senior Schools	3	SC	UL		
	15 th – 17 th	Fri – Sun	Munster Short Course Championships	4	SC	UL		
	24 th Nov	Sunday	Kerry Open	2	SC	Tralee	24 th August 2024	Qualification for Irish National Winter Championships (25m) closes 24/11/2024
December	1 st	Sunday	Future Challenger Meet 2	2		Tralee & Blackrock		
	7 th	Saturday	Mallow Masters	1		Mallow	7 th September 2024	
	8 th	Sunday	Swim Ireland Christmas Cracker	1	SC	NAC		
	8 th	Sunday	Mallow Christmas Gala	1	SC	Mallow	8 th September 2024	
	13 th – 15 th	Fri – Sun	Irish Winter Championships	5	SC	NAC		
	15 th	Sunday	Fermoy Invitational	2	SC	Fermoy	15 th September 2024	
January	4 th	Saturday	Regional Development Programme 1			UL		
	5 th	Sunday	Regional Development Programme 2			UL		
	17 th – 19 th	Fri – Sun	Gerry Ryan Invitational	3	LC	UL	17 th October 2024	

Month	Date(s)	Day(s)	Meet – Other	Level	Format	Venue	Licence Application Due	Qualification Window Closes
	25 th	Saturday	Regional Skills Academy			UL		
	26 th	Sunday	Munster Minor Schools	3	SC	UL		Qualification for McCullagh International closes 27/01/2025
February	2 nd	Sunday	Future Challenger Meet 3	2	SC	Tralee & Mayfield		
	8 th	Saturday	Kingfisher Invitational	1	SC	Thurles	8 th November 2024	
	9 th	Sunday	Intervarsities	3	SC	UL		
	15 th	Saturday	SWSC Masters	2	SC	Douglas	15 th November 2024	
	21 st – 23 rd	Fri – Sun	McCullagh International	4	LC	Bangor21st – 22nd		
	21 st – 22 nd	Fri – Sat	Ennis Invitational	2	SC	Ennis	21 st November 2024	
March	1 st – 2 nd	Sat – Sun	Mallow Invitational	3	SC	Mallow	1 st December 2024	
	7 th – 8 th	Fri – Sat	Limerick/Irish Masters	3	LC	UI	7 th December 2024	
	15 th – 17 th	Sat – Mon	Aspiring Champions	3	LC	UL		Qualification for Irish Open Championships closes 17/03/2025. Qualification to be from 01/07/2024
	22 nd	Saturday	Irish Senior Schools Relays & Interpros	4	SC	NAC		
	23 rd	Sunday	Irish Minor Schools	3	SC	NAC		
	29th - 30th	Fri – Sat	Mallow Invitational	2	SC	Mallow	29 th December 2024	
April	6 th	Sunday	Future Challenger Meet 4	2	LC	UL		
	12 th – 16 th	Sat – Wed	Irish Open Championships	5	LC	NAC		

Month	Date(s)	Day(s)	Meet – Other	Level	Format	Venue	Licence Application Due	Qualification Window Closes
	18 th – 20 th	Fri – Sun	Munster Open Splash	3	LC	UL		
	26 th – 27 th	Sat – Sun	Kingdom Invitation	3	SC	Tralee	26 th January 2025	
May	11 th	Sunday	John Dempsey Memorial	2	SC	UL	11 th February 2025	
	16 th – 18 th	Fri – Sun	Munster Long Course Championships	4	LC	UL		
	23 rd	Friday	Kerry Cluster (Confined)	1	SC	Tralee	23 rd February 2025	
	24 th – 25 th	Sat – Sun	Lahinch Invitational	1	SC	Lahinch	24 th February 2025	
June	7 th – 8 th	Sat – Sun	Michael Bowles Invitational	3	LC	UL	7 th March 2025	Qualification for Irish Summer Age Groups and Irish Summer Youth & Senior closes 09/06/2025 Qualification to be from 01/01/2025 and in LC only for Irish Youth & Senior.
	14 th – 15 th	Sat – Sun	Dolphin Minnows	2	SC	Mayfield	14 th March 2025	
	21 st – 22 nd	Sat – Sun	Munster Swim Festival	2	SC	UL		
July	10th - 13th	Thur – Sun	Irish Summer Age Group Championships	5	LC	NAC		
	23rd - 27th	Wed – Sun	Irish Summer Youth & Senior Champs	5	LC	NAC		

Points for Clubs re Hosting Munster Galas, Applying for Meet License etc.

Hosting a Future Challenger Meet

On three of the four Future Challenger dates, the Meets will be held in clubs in the Region (2 clubs each holding an event on the designated weekend). Two venues for each Future Challenger will be required, ideally at opposite locations in the region, to allow for an equal division of participating clubs. The final Future Challenger will be held in UL.

For Future Challengers hosted by Clubs – Swim Munster will:

- Pay for the hire of the Pool for the day.
- Provide the Timing Equipment; however, the host club will need to arrange collection of & return of equipment with the Munster Treasurer.
- A PA System will be provided by Swim Munster along with the Timing Equipment.
- Provide qualified Swim Ireland officials to run the meet.

The Host Club will:

- Book the venue and liaise with the facility for all aspects of the gala. Venue to be booked for the full day, with sole use for the FC gala.
- Provide a representative to liaise with Swim Munster for the purposes of organising the FC gala.
- Provide officials to operate the Timing Suite, i.e. Electronic Timing & Recorder. Training will be provided by Swim Ireland for the Recorder position and clubs should endeavour to have at least one club member attend the course.
- If host clubs are having difficulty providing Timing Officials, please revert to the Munster Executive who will help out in this transition period.
- Provide Call Room officials.
- Print Programmes – all proceeds from sale of programmes will remain with host club.
- Control of Photography Log & announcements regarding no photography on pool deck.
- Provide Stop Watches, Clipboards & Pens
- Paper, Tally Roll & Ink Cartridge (Invoice for same may be sent to Munster Treasurer for reimbursement).
- Provide lunch for Swim Ireland Officials. (This can be sandwiches & cake supplied by club parents, with Tea/Coffee).

Participating Clubs will:

- Provide officials for all other posts (1:6 up to a max of 4 per session).

Clubs looking to host Invitational Galas, particularly Level 3 galas will be expected to host at least one Future Challenger, as a condition of sanction for Invitational requests in the 2024/2025 season. This requirement will remain in place. However, it is expected that Swim Ireland will increase the number of required officials for Level 3 galas in the following season.

Applying for an Invitational Gala - Level 3

Clubs will be expected to host a Future Challenger Meet in order to be considered for a Level 3 Licence.

Ideally, these should all be applied for at the Clubs Meeting so that they can be entered on the Regional Calendar, thus allowing clubs throughout the region an opportunity to plan their programmes. However, if all 6 level 3 galas have not been applied for at the Clubs meeting, there will be leniency with late applications, provided there is a vacancy on the calendar and the application meets the requirements of the Regional Pathway Committee.

The increase to 6 is to allow for greater LC opportunity and clubs should consider booking UL for a day to host a Level 3 gala. This would provide further opportunity to swimmers, to qualify for National events, in LC meets.

There will be a max of 6 Level 3 Galas sanctioned in the region in the 2024/2025 season.

- Part 1 of Licence Application must be submitted to meetlicencingmunster@swimireland.ie as soon as possible after being granted by the region, but at least **3 months prior to date of gala**.
- Part 1 must be accompanied by copy of Meet Conditions, outlining Qualification criteria and Event Schedule.
- On receipt of Part 1, the application is forwarded to the Regional Pathway Committee, who will review Qualification criteria and Event Schedule. If they have any queries, they will revert to the Club, otherwise, if all in order, they will return to the Meet Licensing Official who will check that the Meet Conditions comply with Licence requirements, e.g. ages for eligible swimmers. If all is in order, a Provisional Licence will be issued.
- The Provisional Licence number should be listed on all documentation relating to the Gala, as it will provide proof that the Gala has been sanctioned and will be covered by Swim Ireland Insurance.
- Part 2 of the Licence Application should be submitted to the Meet Licensing Official as soon as possible after the closing date for receipt of entries, but at a minimum, 10 days prior to the date of the gala.
- Part 2 should be accompanied by a Session Report.
- The Meet Licensing Official will review the documentation to ensure that the required number of officials have been confirmed as attending. Officials may be asked to confirm their availability. The Meet Licensing Official will also check that the Session Report indicates that the gala will comply with the 8 hour per day criteria. (If there are medal presentations, these must fall within the 8 hour criteria. Time for Warm Up is outside of the 8 hour criteria). They will also check that the minimum heat interval, as stipulated by Swim Ireland has been applied.
- If everything is in order, the Meet Licensing Official will advise that the Licence Number is confirmed.
- After the Gala, Part 3 of the Licence Application, i.e., Referee Report & Checklist, together with a full copy of the Meet Results must be submitted to the Meet Licensing Official within 14 days of the competition.

Applying for Level 1 or Level 2 Invitational Galas

There will be no limit on the number of Level 1 or Level 2 Galas during the season as these are fundraising opportunities for our clubs.

Ideally, these should all be applied for at the Clubs Meeting so that they can be entered on the Regional Calendar, thus allowing clubs throughout the region an opportunity to plan their programmes. However, as there will be no limit on the number available, the only limiting factor will be availability on the regional calendar.

- Part 1 of Licence Application must be submitted to meetlicencingmunster@swimireland.ie as soon as possible after being granted by the region, but at least 3 months prior to date of gala.
- Part 1 must be accompanied by copy of Meet Conditions, outlining Qualification criteria and Event Schedule.
- The Meet Licensing Official will check that the Meet Conditions comply with Licence requirements, eg. ages for eligible swimmers. If all is in order, a Provisional Licence will be issued.
- The Provisional Licence number should be listed on all documentation relating to the Gala, as it will provide proof that the Gala has been sanctioned and will be covered by Swim Ireland Insurance.
- Part 2 of the Licence Application should be submitted to the Meet Licensing Official as soon as possible after the closing date for receipt of entries, but at a minimum, 10 days prior to the date of the gala.
- Part 2 should be accompanied by a Session Report.
- The Meet Licensing Official will review the documentation to ensure that the required number of officials have been confirmed as attending. Officials may be asked to confirm their availability. The Meet Licensing Official will check that the Session Report indicates that the gala will comply with the 8 hour per day criteria. (If there are medal presentations, these must fall within the 8 hour criteria. Time for Warm Up is outside of the 8 hour criteria). They will also check that the minimum heat interval, as stipulated by Swim Ireland has been applied.
- If everything is in order, the Meet Licensing Official will advise that the Licence Number is confirmed.
- After the Gala, Part 3 of the Licence Application, i.e., Referee Report & Checklist, together with a copy of the Meet Results must be submitted to the Meet Licensing Official within 14 days of the competition.

Closing Dates for Entries to Munster Meets

These dates are DEADLINES, not TARGETS. We have extended the closing date out to as close to the Meet Date as possible. In return, we ask Clubs to help by submitting their entries on time in order to allow the Recorder sufficient time to enter all on the Hy-tek file and prepare Session Reports & Psych Sheets etc.

The Munster Executive must also adhere to all the Meet Licensing requirements for regional galas, so Session Reports (which can only be prepared after receipt of all entries, must, as is also the case with club invitationals, be submitted to the Meet Licensing 10 days before the gala). If we work together, anything is possible.

Relay Entries

Please adhere to the DEADLINES (not TARGETS) for Relay entries, particularly at our Munster SC & LC Championships. There is extra pressure on the Recorder at these meets, the reason being that swimmers are given a 30 minute period after the results are announced, during which time they can withdraw from a final and allow a reserve to be put in to the final. As a result, the Start Sheets for finals cannot be printed until that 30 minute period has expired and all finalists have been confirmed.

Club Slots on Official Rotas for all Munster Meets

We respectively ask for support from our clubs with regard to the Official Rota at all Munster Meets. Swim Munster will ensure that all key posts, Referee, Starter, Stroke Judges, Timing Official, Recorder, Competition Manager, Technical Delegate and Announcer will be filled by qualified Volunteer Officials. We need a team of 37 officials to run a competition. We cannot do this without the help from the clubs. We have reduced the number of officials from 20 to 10 at the Start End to help alleviate pressure on our clubs.

Every effort is made to ensure that the requirement on clubs is distributed as fairly as possible, with the largest clubs asked to provide the greater number of officials. There is a requirement listed in every set of Meet Conditions that Clubs are asked to provide 1 official per 6 swimmers, per session, up to a max of 4 officials per session.

The rota is populated using the Session Report with List of Clubs attending and # of swimmers per club. We also use the Psych Sheets to try to determine which clubs will have swimmers in the final sessions.

If a club is allocated a position that they feel they cannot fill, then it is the **responsibility** of the club to arrange a swop with another club.

We appreciate that the evening sessions are difficult, as parents want to leave when their children are finished. However, if everyone adopted that attitude, then we would not have a sufficient quota of officials to run the meet.

‘White & Black’ officials work as Munster officials and are over and above the Club allocation. Where possible, we try to make an allowance for these officials, but it is not always possible.

Meet Mobile

Meet Mobile will be available at all future Munster Galas. It is recommended that all clubs looking to host Level 3 Galas should also provide Meet Mobile.