


2026 NSC Squad Time Table - January Holidays																												
	Open Performance	Age Performance	National Open	National Youth	National Age	Junior Talent	State Open	State Age	State Junior	Barclay	Hanson	Nugent	Smith	Woodhouse														
NEW YEARS DAY																Thursday, 1 January 2026												
Thursday, 1 January 2026																Thursday, 1 January 2026												
Friday, 2 January 2026	SQUAD BREAK															Friday, 2 January 2026												
Saturday, 3 January 2026																Saturday, 3 January 2026												
Sunday, 4 January 2026																Sunday, 4 January 2026												
Monday, 5 January 2026	4:45-8:00 Swim & Gym Nuna		4:45-7:00 Nuna	4:45-7:00 Swim & Gym Nuna			4:45-7:00 Swim & Gym Nuna								Monday, 5 January 2026													
Tuesday, 6 January 2026	4:45-8:00 Swim & Heat Nuna		4:45-8:00 Swim & Gym Nuna	5:45-7:30 Nuna			4:45-7:00 Swim & Gym Nuna	6:45-9:00 Wesley							Tuesday, 6 January 2026													
Wednesday, 7 January 2026	4:45-8:00 Swim & Gym Nuna	5:45-8:00 Oakleigh		Training Camp			4:45-7:00 Swim & Gym Nuna								Wednesday, 7 January 2026													
Thursday, 8 January 2026	4:30-7:00 Oakleigh	3:45-6:00 Nuna	4:45-8:00 Swim & Gym Nuna				6:45-9:00 Wesley									Thursday, 8 January 2026												
Friday, 9 January 2026	4:45-8:00 Swim & Gym Nuna	5:45-8:00 Oakleigh	4:45-7:00 Nuna				4:45-7:00 Swim & Gym Nuna									Friday, 9 January 2026												
Saturday, 10 January 2026	5:30-9:00 Swim & Heat Nuna	4:45-8:00 Swim & Gym Nuna	5:30-9:00 Swim & Gym Nuna				6:45-8:30 Wesley	8:15-10:00 Wesley								Saturday, 10 January 2026												
Sunday, 11 January 2026																Sunday, 11 January 2026												
Monday, 12 January 2026	4:45-8:00 Swim & Gym Nuna	5:45-8:00 Oakleigh	4:45-7:00 Nuna	6:45-7:00 Swim & Gym Nuna			4:45-7:00 Swim & Gym Nuna			5:45-7:30 Wesley	5:45-7:30 Wesley	6:15-7:30 Nuna (LP)			Monday, 12 January 2026													
Tuesday, 13 January 2026	4:45-8:00 Swim & Heat Nuna		4:45-7:00 Swim & Gym Nuna	6:45-9:00 Wesley			6:45-9:00 Wesley			5:00-7:30 Gym & Swim Nuna	5:45-7:30 Wesley	5:45-7:00 Wesley			Tuesday, 13 January 2026													
Wednesday, 14 January 2026	WA Training Camp	4:45-8:00 Swim & Gym Nuna	3:30-6:00 Oakleigh	3:00-6:00 Gym & Swim Nuna	5:00-7:30 Gym & Swim Nuna		5:00-6:00 Gym & Swim Nuna	4:45-7:30 Wesley	4:45-7:30 Wesley	6:45-9:00 Wesley		3:45-5:00 Wesley			Wednesday, 14 January 2026													
Thursday, 15 January 2026		4:45-8:00 Swim & Gym Nuna		6:45-9:00 Wesley			6:45-9:00 Wesley			4:45-7:00 Swim & Gym Nuna					Thursday, 15 January 2026													
Friday, 16 January 2026		3:45-6:00 Nuna		5:45-7:30 Nuna			5:45-7:30 Wesley	5:45-7:30 Nuna	3:45-6:00 Wesley	4:45-7:00 Swim & Gym Nuna	5:30-7:30 Gym & Swim Nuna (LP)				Friday, 16 January 2026													
Saturday, 17 January 2026		5:45-8:00 Oakleigh	4:45-7:00 Nuna	4:45-7:00 Nuna					4:45-7:00 Swim & Gym Nuna							Saturday, 17 January 2026												
Sunday, 18 January 2026			4:30-7:00 Oakleigh	3:30-6:00 Nuna	5:00-7:30 Gym & Swim Nuna	3:30-6:00 Nuna		4:45-7:30 Wesley	3:45-5:00 Wesley	6:15-7:30 Nuna (LP)						Sunday, 18 January 2026												
Monday, 19 January 2026	WA Training Camp	5:45-8:00 Tintern	5:15-7:30 NPAC	4:45-7:00 Swim & Gym Nuna			4:45-7:00 Swim & Gym Nuna			5:45-7:30 Wesley	3:45-6:00 Wesley	6:15-7:30 Nuna (LP)	7:30-8:30 Nuna	7:30-8:30 Nuna	Monday, 19 January 2026													
Tuesday, 20 January 2026		4:30-7:00 Oakleigh	4:00-6:30 Tintern	4:45-7:00 Swim & Gym Nuna	4:45-7:00 Nuna		4:45-7:00 Nuna								Tuesday, 20 January 2026													
Wednesday, 21 January 2026		4:00-6:30 Tintern		4:30-7:00 Oakleigh	3:45-6:00 Wesley	4:45-7:00 Swim & Gym Nuna		5:00-7:30 Gym & Swim Nuna	6:15-8:00 Tintern	5:45-7:00 Wesley	7:30-8:30 Nuna	4:00-5:00 Tintern	5:00-6:00 Nuna		Wednesday, 21 January 2026													
Thursday, 22 January 2026		4:45-8:00 Swim & Gym Nuna	4:30-7:00 Oakleigh	4:00-6:30 Tintern	5:00-7:30 Gym & Swim Nuna	5:45-8:00 Tintern		5:00-7:30 Gym & Swim Nuna	4:45-7:00 Swim & Gym Nuna		5:00-7:30 Gym & Swim Nuna	6:15-7:30 Nuna (LP)	6:00-7:00 Wesley	4:00-5:00 Tintern	5:00-6:00 Nuna	Thursday, 22 January 2026												
Friday, 23 January 2026		Aus Open Water Champs	VICTORIAN METROPOLITAN CHAMPIONSHIPS														Friday, 23 January 2026											
Saturday, 24 January 2026																							Saturday, 24 January 2026					
Sunday, 25 January 2026																								Sunday, 25 January 2026				
Monday, 26 January 2026	AUSTRALIA DAY															Monday, 26 January 2026												
Tuesday, 27 January 2026	TERM 1 TIMETABLE COMMENCES															Tuesday, 27 January 2026												