

Reports for ONB Exec Cttee Mtg 10th January 2023

Please find detailed below the reports for the ONB Exec Cttee Mtg

Agenda Item	
5	Chair's Report - see attached report.
6	Treasurer's Report - see attached report.
7a	Swimming Sec - see attached report.
7b	County Records Officer - see attached records
7c	Artistic Swimming Sec - see attached report.
7d	Officials Sec - see attached report.
7e	Masters Sec - no report received.
7f	Disability Officer Report and Para Records - see attached report.
7g	Masters Records - see attached records
7h	Swim Mark Coord - SwimMark confirmation meeting on 12 Jan 23.
8	County Team Coach (to cover Dev Camp/Fixtures) - <i>report to follow</i>
9	Welfare Officer Report - see attached report
10	Funding Applications - none received
11	Policies - all policies are now on the website.
12	Swim England South East Report - no report received.



The Oxfordshire and North Buckinghamshire (ONB) Amateur Swimming Association

6th January 2023

I am writing this report before the start of our 2023 Championships and I look forward to welcoming both swimmers and spectators once again. I am sure that the inclusion of spectators will mean plenty of cheering to support some great swimming with an electric atmosphere.

It would not be possible to hold our Championships without the support of volunteers and the many hours that are given freely both before the competition in preparation and during the swimming. You all have my utmost thanks and I look forward to seeing many of you over the coming weekends.

2023 looks like it will continue to bring economic difficulties to many including pool operators and we wait to see what effect this will have on the aquatic community. Last year I wrote to all MPs within our region asking for them to support Swim England's campaign to support our pools. However I still believe that we will continue to see price increases and/or restriction of pool availability.

Unfortunately although we have a dedicated band of volunteers who support the various County activities we have a number of existing and upcoming vacancies and I urge all members of the aquatic community to consider helping. As they say 'Many hands make light work' and we can only continue to support our athletes and clubs if we have enough volunteers.

I wish you all much health, happiness, and success in the coming year.

Karen Underwood

Chair



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report January 2023

We are still having ongoing issues with Barclays (not able to change the registered address for each account) but it is not affecting our ability to pay bills. Barclays gave us a further £125 donation following the issues which has gone into the Competition account.

Bank balances as of 31/12/2022

	As of 31/12/2022	As of 31/10/2022	As of 05/05/2022 (previous report)	As of 01/04/2022 (Beginning of financial year)
Competition A/C	£22,594.84	£3,275.20	£8,267.90	£8,267.90
General A/C	£320.41	£361.66	£379.30	£484.87
Creditors - General A/C	-£613.34	-£783.34	-£1,197.40	-£1,222.58
High Interest Business A/C	£21,404.57	£21,892.12	£26,532.43	£26,534.40

Net worth

As of 31/12/2022	As of 31/10/2022	As of 05/05/2022	As of 01/04/2022
£43,706.48	£24,745.64	£33,982.23	£34,064.59

High interest Business Account from 01/11/2022 to 31/12/2022

£500 has been transferred in total from this account to the General Account during this time period. £12.45 interest has been added into the account.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report January 2023

Income and expenditure General Account from 01/11/2022 to 31/12/2022

Income Categories	
Swim Pathway Camps	£255.00
Transfer from High Interest Business Account	£500.00
Total Income	£755.00
Expense Categories	
Athlete Development costs	
Miscellaneous	£56.33
Staffing Expenses	£370.00
Volunteers' Travel Expenses	£23.25
Total Athlete Development Costs	£449.58
Funding	
Funding Training-Coaches	£166.67
Officials	
Officials Training fees	£180.00
Total Expenditure	£796.25

Income and expenditure for the December 2022 Development Swim Camp is still being finalised and the summary will be in my next report.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report January 2023

Income and expenditure Competitions Account from 01/10/2022 to 31/12/2022 (figures relate to 2023 Championships unless otherwise stated)

Income Categories	
Coaches Passes for 2022 Championships (WWHSC)	£90.00
Individual entries	£17,664.00
Relay entries	£2,350.00
Coaches passes	£1,170.00
2% surcharge	£385.84
Donation from Barclays	£125.00
Total Income	£21,784.84
Expense Categories	
Refunds Entries for 2022 Championships (WWHSC)	£567.00
Trophies and medals	£6,890.90
Total Expenditure	£7,457.90

There is still a total income of £4,567.44 outstanding from clubs who have yet to pay their invoices for the 2023 Championships.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report January 2023

Outstanding approved funding requests as of 31/12/2022

The funding request from Bletchley & District Club March 2021 has now been actioned. They had been allocated £170 to fund 2 Level 2 Coaching Courses. However, this only covered 33% of the theory aspect of the course rather than 33% of the total cost as allocated to other clubs. One of the applicants did not take up the course and so in the end, one person successfully completed the Level 2 Coaching Course. 33% of the total cost (£166.67) was then paid by ONB.

Date approved	Club	Item	Amount
12/02/2022	Bicester Blue Fins	1 x Level 1 coaching courses	£206.67
12/07/2022	Oxford & Witney Artistic Synchro	2 x Headstand stools	£200
14/09/2022	Bicester Blue Fins	1 x Level 2 coaching course	£206.67
		Total	£613.34

SWIM SEC REPORT – JAN 2023

I am writing this report the day before the first day of the 2023 County Championships competition. With this in mind if there are any items that come up during the first two gala's I will highlight these at the ONB meeting on 10th January.

Please ensure that you are all aware of updated timings for gala 3 & 4 at Oxford Leys on Saturday 14th January as per my email on 5th January. You will find the revised session timings on the ONB Website [Oxfordshire North Bucks \(ONB\) - Swimming \(teamunify.com\)](https://teamunify.com/oxfordshire-north-bucks-swimming).

It was identified after entries were made that we were able to accommodate further entries for the 200m events. The considered times for the 200m event were reviewed and revised. Clubs kindly turned around these additional entries quickly and I am so very grateful for them for doing this so close to Christmas. I felt it was the right thing to do to offer the extra swims.

Having reviewed the entries I have identified that we should expect a number of the finals not to be full. This mainly relates to specific age groups.

This year has seen another increase in pool costs and with this in mind I feel that the competition will break even/make a small profit. We will not make a profit like we have seen in the years prior to Covid. I feel this is an important area that will need further discussion going forward. We have no way of knowing how many spectators will attend but I am hoping that with the excitement of Counties being open to spectators this year that we can get the fantastic atmosphere back on poolside and cheer our amazing swimmers on!

Just a reminder that a bulk order for county swim hat has been made today (6th January) and I will aim to distribute these at the main weekends of the competition.

I just want to thank everyone for their support so far with this being my first year as Promoter. Please remember that there will be a debrief in April and I would appreciate your feedback so we can continue to grow the Championships and make it the best we can for our swimmers.

Sharon MacNab

Swimming Secretary

Oxford & North Buckinghamshire Counties ASA

OXFORDSHIRE AND NORTH BUCKINGHAMSHIRE ASA EXECUTIVE CTTEE

RECORD CLAIMS

10th JANUARY 2023

Short Course

OPEN

MENS

400 Free Harry Wynne-Jones CMK 3.51.10 04/12/2022 Sheffield

Improves Olympian Kieran Bird's time from 2015.

800 Free Harry Wynne-Jones CMK 7.59.50 02/12/2022 Sheffield

Under the magic 8 mins and improves the previous record by 13 seconds.

1500 Free Harry Wynne-Jones CMK 15.17.10 03/12/2022

Sandwiched between the two swims above (+ Heat swims) was a quick 1500 !

Harry also swam a 1.48.21 200 Free Heat (3 sec PB) on the 4th Dec , in the same session as the 400 Free.

Peter Shaw

5th January 2023

O&NB County Artistic Swimming Report

January 2023

Early in December Coaches/Judges attended a two-day conference updating everyone about the considerable changes facing our sport. There are extensive changes to every aspect of the sport which will be filtered in throughout 2023-2024.

Initial changes start from January 2023 with changes to the grades system to reflect new figures.

National Competition dates, venues and some conditions have been announced and although judging will remain as was in all competitions for 2023 – the first steps for coaches and choreography content will come into play starting at the National Age groups in March.

Limitations on the numbers of hybrid and acrobatic moves have been set and the submission of “coaches cards” ahead of competition dates are now required. Coaches’ cards will map out every second of a routine in order to fulfil a submitted degree of difficulty with penalties awarded for any inconsistencies.

Regional upskilling of judges for new figures and routine changes will take place throughout the year.

At the South East grade day in December over 150 grades were taken -swimmers from Oxford and Witney took 13 grades with 100% pass rate.

Congratulations go to Freya Parker from OWASC who successfully attended the SE Squad trials day – gaining a place on the squad for the second year. Also, to Louise Fuller who has been selected to the coaching staff for the SE regional squad for the second year.

Steve Fuller refereed the National Masters Championships at the end of November in Nottingham.

Mandy Fuller will continue in her role as the National Licensing Officer for artistic swimming competitions.

Mandy Fuller

(County Artistic Swimming Sec)



The Oxfordshire and North Buckinghamshire (ONB) Amateur Swimming Association

6th January 2023

Thank you to all the officials who have already volunteered to officiate at the 2023 Championships especially those who are attending when they have no swimmer competing.

I look forward to catching up with many of my fellow officials poolside over the coming weekends and I hope you have an enjoyable time. I also look forward to welcoming the current South East Region President, John Tripp, who as a qualified referee has also volunteered to work when he come to visit our Championships.

I would also like to give a special thanks to Felicity Govan not only for all her help in organising the officials for the Championships but also for her support throughout the year.

We have had a message from Swim England stating that although the new FINA Swimming Rules have been published they will NOT be implemented in any Swim England Licenced meet until these new rules along with the relevant training materials have been circulated and an implementation date determined.

Therefore the 2023 County Championships will be judged under the current rules with NO reference to the new rules.

As soon as we get details of the implementation date and training, we will contact all officials in the County.

Karen Underwood
Officials' Coordinator

ONB Disabilities Report Jan 2023

November saw the British Para Swimming Winter National Meet held in Glasgow at the Tollcross pool. Representation from ONB was by myself and I had a reasonably successful meet competing in some of the events I usually try to avoid! Within my classification I placed 1st in 50fc and 2nd in 200IM, 100bc, and 100fly. It was an experience traveling for the first time by plane with a wheelchair without my husband for support which definitely added to the anxiety levels so I was happy with my performance.

Also in November was the inaugural British Downs Syndrome Championships held in Crawley. Amy Henson from Maxwell represented ONB in her first ever competition. She swam extremely well coming away with a gold medal in the 25m free and a very positive experience of competing.

Next steps will be the county championships followed by the BPISM being held in March at Ponds Forge, Sheffield. This will be my first time competing in a world series event which I am really looking forward to.

Finally, a reminder that if there are any clubs with swimmers who are looking to become classified as para swimmers please let me know so that I can ensure all the information gets to them as soon as possible.

Amanda Readhead

Disabilities Representative

OXON & N BUCKS COUNTIES LADIES "MASTERS" LONG COURSE RECORDS AS AT 10 JAN 2023

BACKSTROKE					BREASTSTROKE					BUTTERFLY					50	200 INDIVIDUAL MEDLEY					FREESTYLE					50			
18-24	YOLANDA SPEARE	Witney	13-Jun-14	30.74	KATIE MITCHELL	CMK			39.03	NATASHA PIKE	CMK	13-Jun-14	30.24	18-24	YOLANDA SPEARE	Witney	13-Jun-14	2:34.33	SARAH TURNER	Maxwell	05-May-12	29.29	18-24						
25-29	CLAIRE EVELYN	N.Pagnell	27-May-16	33.15	SARAH WESTWOOD	Oxford	26-May-16	37.83	SARAH WESTWOOD	Oxford	28-May-16	30.59	25-29	JULIE GRAHAM	CMK			3:01.76	CLAIRE EVELYN	N.Pagnell	29-May-16	29.18	25-29						
30-34	CLAIRE EVELYN	N.Pagnell	14-Aug-17	33.11	SHEELAH TURNER	CMK		38.26	ZSUZANNA FELVEGI	Oxford	15-Jun-13	31.77	30-34	JOANNE MINION	CMK			2:42.65	CLAIRE EVELYN	N.Pagnell	14-Aug-17	29.31	30-34						
35-39	NATASHA LANE	Kidlington	18-Jun-22	32.91	JOANNE MINION	CMK		38.66	ZSUZANNA FELVEGI	Oxford	25-Jul-15	32.81	35-39	URSULA SCHULZ	Oxford			2:48.63	NATASHA LANE	Kidlington	17-Jun-22	29.62	35-39						
40-44	MARGARET SMITH	CMK		39.32	KATHERINE SHACKLETON	Aylesbury		44.60	JEANNE PETIT	Maxwell	02-May-14	32.20	40-44	JEANNE PETIT	Maxwell	18-May-13	3:01.68	MARIE ROYAL	Oxford	04-Jun-05	29.31	40-44							
45-49	SUSAN CUMMINGS	Bicester		41.56	DERYN CREAMY	Aylesbury	08-Jun-18	42.85	MARGARET SMITH	Oxford	27-Mar-04	32.30	45-49	MELANIE COOKE	Witney	09-Jun-18	3:13.98	MARGARET SMITH	CMK	24-Oct-03	30.99	45-49							
50-54	BLANAID WALKER	Witney	13-Jan-15	41.06	ROTRAUD PALMER	Oxford		43.10	MARGARET SMITH	Oxford	17-Jun-11	34.91	50-54	BLAINARD WALKER	Witney	18-May-13	3:21.57	MARGARET SMITH	Oxford	19-Jun-09	31.65	50-54							
55-59	LYNNE TANNER	Witney	13-Nov-04	39.50	ROTRAUD PALMER	Oxford		44.42	MARGARET SMITH	Oxford	15-Jun-13	34.88	55-59	LYNNE TANNER	Witney	14-Nov-04	3:16.70	MARGARET SMITH	Oxford	15-Jun-13	32.62	55-59							
60-64	ROTRAUD PALMER	Oxford		44.05	ROTRAUD PALMER	Oxford		45.06	MARGARET SMITH	CMK	08-Jun-18	35.14	60-64	LYNNE TANNER	Witney		3:31.43	MARGARET SMITH	CMK	20-Jul-19	32.31	60-64							
65-69	ROTRAUD PALMER	Oxford	13-May-06	44.91	ROTRAUD PALMER	Oxford	13-May-06	45.16	ROTRAUD PALMER	Oxford	13-May-06	45.31	65-69					DIANA GROAT	Aylesbury	13-May-06	41.06	65-69							
70-74	LYNNE TANNER	Witney	14-Jun-19	49.20	DIANA GROAT	Aylesbury	14-Jun-19	51.55	BARBARA LEGG	Bicester	27-Sep-15	51.32	70-74					DIANA GROAT	Aylesbury	17-Jun-22	39.50	70-74							
75-79													75-79									75-79							
80-84													80-84									80-84							
100													100	400 INDIVIDUAL MEDLEY										100					
18-24	YOLANDA SPEARE	Witney	13-Jun-14	1:05.35	KATIE MITCHELL	CMK		1:28.10	SARAH W-HOWKINS	Bicester		1:18.96	18-24	ALICE D-YOUNG	Oxford	18-Jun-11	6:22.32	NATASHA PIKE	CMK	13-Jun-14	1:03.45	18-24							
25-29	SARAH TURNER	Maxwell	09-Feb-13	1:11.64	JENNY LUNN	Oxford		1:30.51	SARAH W-HOWKINS	Bicester		1:18.65	25-29					SARAH TURNER	Maxwell	09-Feb-13	1:06.67	25-29							
30-34	RUTH GRICE	Oxford	04-May-12	1:14.29	JOANNE MINION	CMK		1:24.95	ZSUZANNA FELVEGI	Oxford	14-Jun-13	1:14.74	30-34	URSULA SCHULZ	Oxford		6:06.24	JULIE GRAHAM	CMK	23-Jan-05	1:06.53	30-34							
35-39	LISA FOGGERT	Witney	23-Jul-16	1:18.66	JOANNE MINION	CMK		1:25.89	ZSUZANNA FELVEGI	Oxford	25-Jul-15	1:17.43	35-39	URSULA SCHULZ	Oxford		6:13.59	MARIE ROYAL	Oxford	25-Apr-04	Br 1:02.10	35-39							
40-44	KERRY KING	Aylesbury	08-Jun-18	1:28.71	KERRY KING	Aylesbury	08-Jun-18	1:35.00	JEANNE PETIT	Maxwell	02-May-14	1:15.33	40-44					MARIE ROYAL	Oxford	04-Jun-05	Br 1:02.34	40-44							
45-49	SUSAN CUMMINGS	Bicester		1:32.19	DERYN CREAMY	Aylesbury	18-Jun-17	1:34.14	MARGARET SMITH	CMK	24-Apr-04	1:12.79	45-49	DERYN CREAMY	Aylesbury	14-Jun-19	7:06.48	MARGARET SMITH	CMK	23-Jan-05	1:07.71	45-49							
50-54	BLANAID WALKER	Witney	06-Sep-13	1:27.38	ANNETTE THATCHER	CMK		1:36.39	MARGARET SMITH	Oxford	19-Jun-09	1:20.74	50-54	DERYN CREAMY	Aylesbury	23-Jan-22	7:19.30	MARGARET SMITH	Oxford	04-May-12	1:11.22	50-54							
55-59	LINDSAY KELLY ONAY	Didcot	23-Jan-22	1:28.27	CHRISTINE AYERS	CMK	10-Feb-08	1:37.02	MARGARET SMITH	Oxford	14-Jun-13	1:21.59	55-59	LYNNE TANNER	Witney		7:18.59	MARGARET SMITH	Oxford	15-Jun-13	1:13.11	55-59							
60-64	LYNNE TANNER	Witney	16-Jun-07	1:36.14	ROTRAUD PALMER	Oxford		1:40.70	LYNNE TANNER	Witney	17-Jun-07	1:42.58	60-64	LYNNE TANNER	Witney	17-Jun-07	7:21.44	MARGARET SMITH	CMK	08-Jun-18	1:15.18	60-64							
65-69	SUSAN CUMMINGS	Banbury	22-Jul-17	1:43.79	ROTRAUD PALMER	Oxford	13-May-06	1:41.31					65-69					DIANA GROAT	Aylesbury	29-May-16	1:33.22	65-69							
70-74	LYNNE TANNER	Witney	14-Jun-19	1:50.35	DIANA GROAT	Aylesbury	14-Jun-19	1:57.88					70-74					DIANA GROAT	Aylesbury	17-Jun-22	1:35.06	70-74							
75-79													75-79					BARBARA LEGG	Bicester	20-Jul-19	1:52.43	75-79							
80-84													80-84									80-84							
200													200											200					
18-24	YOLANDA SPEARE	Witney	13-Jun-14	2:20.81	ALICE DINSDALE-YOUNG	Oxford	17-Jun-11	3:17.97	URSULA SCHULZ	Oxford		2:59.03	18-24					AMY DAVIES	Oxford		2:21.86	18-24							
25-29	SARAH TURNER	Maxwell	09-Feb-13	2:33.05	HELEN TAPPIN	Witney		3:24.12	URSULA SCHULZ	Oxford		3:02.39	25-29					SARAH LANG	Oxford	01-Jun-09	2:31.96	25-29							
30-34	URSULA SCHULZ	Oxford		3:00.81	RUTH GRICE	Oxford	05-May-12	3:03.29	URSULA SCHULZ	Oxford		3:02.39	30-34					JULIE GRAHAM	CMK	23-Jan-05	2:26.46	30-34							
35-39	URSULA SCHULZ	Oxford		3:01.23	URSULA SCHULZ	Oxford		3:16.35	MARGARET SMITH	CMK		2:49.89	35-39					MARIE ROYAL	Oxford	24-Apr-04	2:15.44	35-39							
40-44	KERRY KING	Aylesbury	08-Jun-18	3:09.63	KERRY KING	Aylesbury	09-Jun-18	3:25.14	MARGARET SMITH	CMK		2:51.36	40-44					MARIE ROYAL	Oxford	05-Jun-05	Br 2:16.36	40-44							
45-49	SUSAN CUMMINGS	Bicester		3:27.48	DERYN CREAMY	Aylesbury	17-Jun-17	3:21.46	MARGARET SMITH	CMK		3:46.80	45-49					MARGARET SMITH	CMK	24-Apr-04	2:26.20	45-49							
50-54	BLANAID WALKER	Witney	18-Jun-17	3:09.76	ANNETTE THATCHER	CMK		3:37.35	DERYN CREAMY	Aylesbury	23-Jan-22	4:00.07	50-54					MARGARET SMITH	Oxford	05-May-12	2:37.77	50-54							
55-59	BLANAID WALKER	Witney	06-Sep-18	3:13.34	ROTRAUD PALMER	Oxford		3:39.45	LINDSAY KELLY ONAY	Didcot	23-Jan-22	3:42.09	55-59					MARGARET SMITH	Oxford	15-Jun-13	2:38.71	55-59							
60-64	LYNNE TANNER	Witney	16-Jun-07	3:29.97									60-64					MARGARET SMITH	CMK	08-Jun-18	2:47.29	60-64							
65-69	LYNNE TANNER	Witney	18-May-13	3:43.65									65-69					IRIS BELLIS	CMK	10-Feb-08	3:46.89	65-69							
70-74	LYNNE TANNER	Witney	14-Jun-19	3:58.32									70-74					DIANA GROAT	Aylesbury	26-Mar-22	3:42.78	70-74							
75-79													75-79					BARBARA LEGG	Bicester	20-Jul-19	4:10.47	75-79							
80-84													80-84									80-84							
LADIES RELAYS										MIXED MEDLEY																			
4 x 50 FREESTYLE					4 x 50 MEDLEY					4 x 50 MEDLEY																			
72 +					OXFORD	Br.Leads	18-Jun-11	2:24.81	AYLESBURY	Br.Swansea	14-Jun-19	2:07.69	72 +																
100 +													100 +																
120 +													120 +																
160 +	AYLESBURY	Br.Plymouth	08-Jun-18	2:24.82	AYLESBURY	Br.Plymouth	08-Jun-18	2:45.88	OXFORD	Br.Swansea	05-May-12	2:10.48	160 +																
200 +	AYLESBURY	Br.Swansea	14-Jun-19	2:26.35	AYLESBURY	S.E. Region, Cr	21-Jan-17	2:47.03	AYLESBURY	Br.Swansea	14-Jun-19	2:38.21	200 +																
240 +	BANBURY	Europeans, Lc	26-May-16	3:01.78	BANBURY	Europeans, Lo	29-May-16	3:38.05					240 +																
260 +													260 +																
4 x 100 FREESTYLE					4 x 100 MEDLEY					4 x 100 MEDLEY																			
72 +	AYLESBURY	Br.Swansea	14-Jun-19	5:28.18									72 +																
100 +													100 +																
120 +													120 +																
160 +													160 +																
200 +	AYLESBURY	S E Region	20-Jun-18	5:37.19	AYLESBURY	Br.Plymouth	08-Jun-18	6:29.79	OXFORD	GB Sheffield	06-May-12	4:54.33	200 +																
240 +													240 +																
260 +													260 +																
4 x 200 FREESTYLE																													
72 +					72 +								72 +																
100 +					100 +								100 +																
120 +					120 +								120 +																
160 +					160 +								160 +																
200 +					200 +								200 +																
240 +					240 +								240 +																
260 +					260 +								260 +																
										OXON & N BUCKS CLUBS																			
										DERYN C-RODGERS																			
										SARAH TURNER																			

02/01/2023 11:18

Masters County Records can only be achieved in Official Masters Open Events and Competitions
A record time achieved by a Master Swimmer in any other event will not be acceptable

nb. Records in italics are taken from the splits in longer races.

OXON & N BUCKS COUNTIES LADIES "MASTERS" SHORT COURSE RECORDS AS AT 10 JAN 2023

50	BACKSTROKE				BREASTSTROKE				BUTTERFLY				50	100 INDIVIDUAL MEDLEY				FREESTYLE				50
18-24	YOLANDA SPEARE	Witney	27-Oct-13	30.63	<i>EMILY WOOD</i>	<i>Kidlington</i>	<i>29-Oct-22</i>	<i>34.03</i>	EMILIA ROYAL	Oxford	25-Oct-19	29.62	18-24	EMILY WOOD	Kidlington	29-Oct-22	1:08.71	HANNAH ASKEW	Oxford	21-Nov-11	27.46	18-24
25-29	ELIZABETH OLIVER	Kidlington	28-Oct-22	31.49	ERZSEBET NAGY	Oxford	24-Oct-14	34.16	ELIZABETH GRAY	Aylesbury	28-Oct-22	29.11	25-29	ELIZABETH GRAY	Aylesbury	29-Oct-22	1:06.48	SIOBHAN CASEY	Oxford	25-Oct-19	27.56	25-29
30-34	NATASHA LANE	Kidlington	26-Oct-18	31.87	SHEELAH TURNER	CMK	07-Dec-03	35.64	NATASHA LANE	Kidlington	26-Oct-18	31.53	30-34	JOANNE MINION	CMK	14-Mar-98	1:10.80	NATASHA LANE	Kidlington	26-Oct-18	28.19	30-34
35-39	CASSANDRA PATTEN	Witney	07-Aug-22	34.02	JOANNE MINION	CMK	01-Nov-02	36.01	JOANNE MINION	Banbury	24-Apr-02	32.43	35-39	MARTA LORD	Oxford	19-Apr-15	1:13.71	MARIE ROYAL	Oxford	31-Oct-04	28.48	35-39
40-44	PATRICIA BENNETT	Oxford	19-Nov-05	35.62	EMMA ANDERSON	Banbury	07-Dec-19	39.67	KELLI JANNAWAY	Wantage	20-Nov-22	31.17	40-44	MARIA ROYAL	Oxford	08-Jan-00	1:15.28	MARIE ROYAL	Oxford	05-Mar-05	28.82	40-44
45-49	LESLEY WILDE	Oxford	27-Oct-07	33.27	SHEENA DERRY	Witney	21-Mar-99	41.65	MARGARET SMITH	CMK	30-Oct-04	Br 31.92	45-49	KARIN MYDLIAROVA	Bletchley	24-Nov-18	1:22.51	MARGARET SMITH	CMK	15-Nov-03	29.43	45-49
50-54	LINDSAY K-ONAY	Didcot	25-Oct-19	38.08	ROTRAUD PALMER	Oxford	pre.1993	40.34	MARGARET SMITH	CMK	01-Mar-08	34.07	50-54	ANNETTE THATCHER	CMK	31-Oct-04	1:23.60	MARIE ROYAL	Oxford	20-Nov-16	30.43	50-54
55-59	LYNNE TANNER	Witney	26-Oct-03	38.24	ROTRAUD PALMER	Oxford	pre 1997	41.62	MARGARET SMITH	CMK	19-Apr-13	34.76	55-59	ROTRAUD PALMER	Oxford	14-Dec-97	1:26.56	SUE HODGE	Oxford	03-Apr-11	31.23	55-59
60-64	MARGARET SMITH	Oxford	20-Apr-18	40.15	ROTRAUD PALMER	Oxford	31-Mar-01	Eu 42.28	MARGARET SMITH	Oxford	27-Oct-18	34.97	60-64	MARGARET SMITH	CMK	13-Oct-18	1:26.65	MARGARET SMITH	CMK	20-Apr-18	31.70	60-64
65-69	ROTRAUD PALMER	Oxford	29-Oct-06	43.50	ROTRAUD PALMER	Oxford	29-Oct-06	43.83	ROTRAUD PALMER	Oxford	03-Dec-06	44.51	65-69	ROTRAUD PALMER	Oxford	28-Oct-06	1:34.00	JANET MASTERS	CMK	29-Oct-05	39.34	65-69
70-74	LYNNE TANNER	Witney	04-Mar-17	44.95	DIANA GROAT	Aylesbury	29-Oct-21	51.21	DIANA GROAT	Aylesbury	28-Oct-22	56.00	70-74	BARBARA LEGG	Bicester	14-Apr-13	1:50.63	DIANA GROAT	Aylesbury	29-Oct-21	41.06	70-74
75-79	LYNNE TANNER	Witney	05-Mar-22	48.98	BARBARA LEGG	Banbury	26-May-18	57.07					75-79					BARBARA LEGG	Banbury	23-Sep-18	48.78	75-79
80-84													80-84									80-84

100				200 INDIVIDUAL MEDLEY				100				200 INDIVIDUAL MEDLEY				100						
18-24	YOLANDA SPEARE	Witney	26-Apr-13	1:05.21	EMILY WOOD	Kidlington	29-Oct-22	1:12.19	EMILIA ROYAL	Oxford	25-Oct-19	1:06.69	18-24	ELIZABETH OLIVER	Oxford	28-Oct-16	2:26.24	ELIZABETH OLIVER	Oxford	29-Oct-21	1:00.72	18-24
25-29	SARAH TURNER	Maxwell	25-Oct-13	1:09.36	ERZSEBET NAGY	Oxford	24-Oct-14	1:13.36	ELIZABETH GRAY	Aylesbury	28-Oct-22	1:03.59	25-29	ELIZABETH GRAY	Aylesbury	28-Oct-22	2:26.29	ELIZABETH GRAY	Aylesbury	09-Jul-22	59.85	25-29
30-34	JOANNE EATON	Oxford	28-Oct-11	1:12.37	SHEELAH TURNER	CMK	16-May-04	1:18.97	KAREN JAMES	Oxford	21-Sep-97	1:11.56	30-34	JOANNE MINION	CMK	09-May-98	2:32.34	JOANNE MINION	CMK	09-May-98	1:03.12	30-34
35-39	CASSANDRA PATTEN	Witney	07-Aug-22	1:13.89	JOANNE MINION	CMK	02-Nov-02	1:20.18	URSULA SCHULZ	Oxford	29-Jun-03	1:14.07	35-39	URSULA SCHULZ	Oxford	25-Oct-03	2:38.08	MARIE ROYAL	Oxford	30-Oct-04	Gb 1:01.12	35-39
40-44	PATRICIA BENNETT	Oxford	05-Mar-05	1:18.69	JOANNE MINION	CMK	17-Apr-05	1:26.11	MARGARET SMITH	CMK	08-Sep-02	1:11.62	40-44	JOANNE MINION	CMK	17-Apr-05	2:46.60	MARIE ROYAL	Oxford	19-Feb-05	Gb 1:01.83	40-44
45-49	LESLEY WILDE	Oxford	28-Oct-07	1:12.77	SAMANTHA USHER	Bicester	31-Mar-19	1:30.52	MARGARET SMITH	CMK	30-Oct-04	Eu 1:10.40	45-49	LESLEY WILDE	Oxford	28-Oct-07	2:41.31	MARGARET SMITH	CMK	30-Oct-04	Gb 1:03.87	45-49
50-54	LINDSAY K-ONAY	Didcot	22-Apr-18	1:25.64	ANNETTE THATCHER	CMK	05-Dec-04	1:29.90	MARGARET SMITH	Oxford	24-Oct-09	1:17.23	50-54	ANNETTE THATCHER	CMK	05-Dec-04	3:10.65	MARIE ROYAL	Oxford	13-May-17	1:06.43	50-54
55-59	LINDSAY K-ONAY	Didcot	01-Oct-22	1:25.39	ROTRAUD PALMER	Oxford	14-Mar-98	1:32.74	MARGARET SMITH	Oxford	07-Jul-13	1:19.70	55-59	LINDSAY K-ONAY	Didcot	05-Mar-22	3:08.39	MARGARET SMITH	Oxford	24-Oct-14	1:10.68	55-59
60-64	ROTRAUD PALMER	Oxford	02-Mar-02	1:32.23	ROTRAUD PALMER	Oxford	10-Jun-01	1:34.64	MARGARET SMITH	Oxford	27-Oct-18	1:24.19	60-64	LYNNE TANNER	Witney	28-Oct-07	3:19.57	MARGARET SMITH	CMK	20-Apr-18	1:11.96	60-64
65-69	LYNNE TANNER	Witney	28-Sep-12	1:40.35	ROTRAUD PALMER	Oxford	03-Dec-06	1:41.76	JANET MASTERS	CMK	27-Oct-07	1:52.09	65-69					DIANA GROAT	Aylesbury	11-Sep-16	1:33.66	65-69
70-74	LYNNE TANNER	Witney	27-Oct-17	1:41.02	DIANA GROAT	Aylesbury	29-Oct-22	1:57.01					70-74	DIANA GROAT	Aylesbury	15-May-22	3:58.28	DIANA GROAT	Aylesbury	29-Oct-21	1:31.62	70-74
75-79	LYNNE TANNER	Witney	07-Aug-22	1:52.94	BARBARA LEGG	Bicester	23-Sep-18	2:04.18					75-79					BARBARA LEGG	Banbury	17-Mar-18	1:49.91	75-79
80-84													80-84									80-84

200													200	400 INDIVIDUAL MEDLEY												200
18-24	YOLANDA SPEARE	Witney	26-Oct-13	2:22.38	LIBBY BLISSETT	Aylesbury	29-Oct-22	2:47.71	LOUISA CABLE	Witney	16-May-04	2:54.67	18-24	ALICE D YOUNG	Oxford	27-Oct-12	6:02.66	ELIZABETH OLIVER	Oxford	29-Oct-21	2:11.10	18-24				
25-29	SARAH TURNER	Maxwell	26-Oct-13	2:29.13	ERZSEBET NAGY	Oxford	24-Oct-14	2:40.55	SARAH W-HOWKINS	Bicester	16-Apr-05	2:44.74	25-29					ELIZABETH OLIVER	Kidlington	11-Sep-22	2:12.55	25-29				
30-34	JOANNE EATON	Oxford	30-Oct-11	2:40.36	RUTH GRICE	Oxford	27-Oct-12	2:57.83	URSULA SCHULZ	Oxford	28-Jul-02	2:48.79	30-34	URSULA SCHULZ	Oxford	28-Jul-02	5:43.68	SHEELA TURNER	CMK	29-Jun-03	2:19.45	30-34				
35-39	URSULA SCHULZ	Oxford	18-Oct-03	2:51.01	URSULA SCHULZ	Oxford	18-Oct-03	3:04.17	SARAH W-HOWKINS	Banbury	27-Oct-13	2:49.12	35-39	URSULA SCHULZ	Oxford	27-Jul-03	5:50.77	MARIE ROYAL	Oxford	05-Dec-04	2:12.44	35-39				
40-44	KERRY KING	Aylesbury	28-Oct-17	2:57.49	KERRY KING	Aylesbury	27-Oct-18	3:19.61	MARGARET SMITH	CMK	20-Oct-01	2:39.82	40-44					MARIE ROYAL	Oxford	18-Feb-05	u/Gb2:13.60	40-44				
45-49	LESLEY WILDE	Oxford	28-Oct-07	2:37.80	DERYN CREAM	Aylesbury	27-Oct-17	3:16.00	MARGARET SMITH	CMK	29-Oct-04	Eu 2:38.18	45-49	LESLEY WILDE	Oxford	27-Oct-07	Br 5:31.00	MARIE ROYAL	Oxford	30-Oct-10	2:19.67	45-49				
50-54	BLAINARD WALKER	Witney	28-Oct-16	3:04.16	CHRISTINE AYERS	CMK	30-Oct-04	3:22.91	LYNNE TANNER	Witney	10-May-97	3:34.32	50-54	DERYN CREAM	Aylesbury	31-Oct-21	6:58.39	MARIE ROYAL	Oxford	13-May-17	2:27.51	50-54				
55-59	BLAINARD WALKER	Witney	16-Sep-18	3:05.72	CHRISTINE AYERS	CMK	24-Oct-08	3:22.50	LINDSAY K-ONAY	Didcot	29-Oct-22	3:32.18	55-59	LYNNE TANNER	Witney	24-Oct-03	6:52.85	MARGARET SMITH	Oxford	26-Apr-13	2:35.75	55-59				
60-64	ROTRAUD PALMER	Oxford	17-May-03	3:23.28					JANET MASTERS	CMK	20-Oct-01	4:01.05	60-64	LYNNE TANNER	Witney	27-Oct-07	7:08.88	MARGARET SMITH	Oxford	13-Oct-18	2:47.40	60-64				
65-69	LYNNE TANNER	Witney	26-Oct-03	3:41.06	IRIS BELLIS	CMK	23-Feb-08	4:37.03					65-69					LYNNE TANNER	Witney	01-Mar-14	3:21.90	65-69				
70-74	LYNNE TANNER	Witney	28-Oct-17	3:41.63	DIANA GROAT	Aylesbury	15-May-22	4:17.13					70-74					SUSAN CUMMINGS	Banbury	11-Sep-22	3:41.76	70-74				
75-79	LYNNE TANNER	Witney	05-Mar-22	4:03.81									75-79					BARBARA LEGG	Banbury	27-Feb-22	3:57.19	75-79				
80-84													80-84									80-84				

LADIES RELAYS									MIXED FREESTYLE				
4 x 50 FREESTYLE					4 x 50 MEDLEY				4 x 50 MIXED FREESTYLE				
72 +	OXFORD	Aldershot	21-Nov-10	1:58.46	AYLESBURY	Sheffield	29-Oct-22	2:11.19	KIDLINGTON	Sheffield	30-Oct-21	1:43.75	72 +
100 +	OXFORD	Aldershot	21-Nov-10	1:59.14	CMK	Sheffield	26-Oct-97	2:28.13	OXFORD	Sheffield	27-Oct-07	1:48.50	100 +
120 +	CMK	Sheffield	03-Nov-02	1:57.81	OXFORD	Sheffield	28-Oct-12	2:13.57	OXFORD	Sheffield	25-Oct-13	1:48.72	120 +
160 +	CMK	Sheffield	29-Oct-06	2:01.55	CMK	Barnet Sprint	09-Sep-01	2:24.06	OXFORD	Sheffield	24-Oct-09	1:48.73	160 +
200 +	CMK	Midlands	15-May-04	2:27.31	CMK	Midlands	15-May-04	2:40.84	OXFORD	Sheffield	27-Oct-18	1:54.46	200 +
240 +	BANBURY	Braunstone	22-Sep-19	3:08.34	BANBURY	Sheffield	25-Oct-19	3:45.17	OXFORD	Sheffield	27-Oct-07	2:19.84	240 +
280 +													280 +

OXON & N BUCKS CLUBS

4 SHIRES

RIVER DRIFTS

OXFORD

02-Nov-02

4:31.50

18-24

ELIZABETH OLIVER

Kidlington

28-Oct-22

4:41.10

25-29

JOANNE MINION

CMK

08-May-98

4:53.78

30-34

MARIE ROYAL

Oxford

30-Oct-04

4:52.07

35-39

SARA DYKES

Oxford

30-Oct-11

4:49.29

40-44

MARGARET SMITH

CMK

25-Oct-03

Eu 4:54.55

45-49

MARGARET SMITH

Oxford

24-Oct-09

5:25.66

50-54

LINDSAY K-ONAY

Dicot

01-Oct-22

5:30.85

55-59

MARGARET SMITH

CMK

20-Apr-18

5:57.64

60-64

LYNNE TANNER

Witney

24-Oct-15

7:07.40

65-69

DIANA GROAT

Aylesbury

15-May-22

7:09.17

70-74

4 x 100 FREESTYLE					4 x 100 MEDLEY				4 x 100 MIXED FREESTYLE					AYLESBURY BANBURY BICESTER BLETCHLEY BOURNE END BUCKINGHAM DIDCOT HENLEY KIDLINGTON				JOANNA DAVIES LAURA FENWICK JOANNE MINION URSULA SCHULZ MARGARET SMITH MARGARET SMITH LINDSAY K-ONAY LINDSAY K-ONAY ROTRAUD PALMER				Oxford Oxford CMK Oxford CMK Didcot Didcot Oxford				29-Oct-11 28-Oct-22 24-Jul-98 26-Oct-00 13-Oct-00 22-Feb-03 31-Oct-21 28-Oct-22 25-Jan-03				10:57.66 10:31.45 10:23.85 10:13.20 10:04.87 10:21.49 11:32.45 11:26.27 14:23.61				18-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
72 +	OXFORD	Sheffield	24-Oct-14	4:51.23	OXFORD	Sheffield	28-Oct-12	4:59.38	OXFORD	Sheffield	29-Oct-11	3:56.38	72 +																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				

4 x 200 FREESTYLE				
72 +	OXFORD	Sheffield	28-Oct-12	10:15.14
100 +				
120 +				
160 +				
200 +				
240 +				
280 +				

4 x 200 MIXED FREESTYLE				
OXFORD	Sheffield	30-Oct-11	8:54.01	72 +
OXFORD	Sheffield	25-Oct-13	10:34.06	100 +
OXFORD	Sheffield	30-Oct-11	BR 8:53.53	120 +
OXFORD	Sheffield	29-Oct-17	9:33.28	160 +
				200 +
				240 +
				280 +

NEWPORT PAGNELL
OXFORD UNIVERSITY
CITY OF MILTON KEYNES
CITY OF OXFORD
THAME
WANTAGE
WITNEY

				70-74
				75-79
				80-84
				1500
KATHRYN SAKER	Witney	23-Nov-02	22:10.08	18-24
HANNAH MANSFIELD	Bicester	23-Nov-19	21:51.53	25-29
URSULA SCHULZ	Oxford	11-Nov-02	19:42.53	30-34
URSULA SCHULZ	Oxford	24-Oct-03	19:37.61	35-39
MARGARET SMITH	CMK	26-Nov-00	Eu 19:20.62	40-44

50				BACKSTROKE				BREASTSTROKE				BUTTERFLY				50	200 INDIVIDUAL MEDLEY				FREESTYLE				50
18-24	JONATHAN QUAINTON	Bletchley	14-Jun-13	31.69	PETER WILLIAMS	Oxford		32.78	JONATHAN QUAINTON	Bletchley	09-Feb-13	27.40	18-24	GRAHAM CABLE	Witney		2:28.37	JONATHAN QUAINTON	Bletchley	13-Jun-14	24.66	18-24			
25-29	DANIEL MORGAN	Aylesbur	14-Jun-19	27.60	IAN SURRAGE	Kidlington	16-Jun-13	30.16	MICHAEL PROCTER	Bicester	08-Jun-18	25.82	25-29	CHRISTOPHER MARSH	Oxford	18-Jun-11	2:28.81	SAMUEL DALLIMORE	Oxford	12-Aug-19	24.60	25-29			
30-34	JONATHAN RICHARDS	Kidlington	15-Jun-13	29.55	CHRISTOPHER AUST	Kidlington	16-Jun-13	30.15	CHRISTOPHER AUST	Kidlington	15-Jun-13	26.51	30-34	CHRISTOPHER AUST	Oxford	25-May-16	2:20.36	RYAN STEWARD	Bicester	14-Jun-19	24.66	30-34			
35-39	DAREN HASELDINE	N.Pagnell		34.18	CHRISTOPHER AUST	Oxford	16-Jun-17	30.67	CHRISTOPHER AUST	Kidlington	08-Jun-18	26.99	35-39	PETER DISPAINE	CMK		2:30.68	PETER WILLIAMS	Kidlington	08-Jun-18	26.64	35-39			
40-44	JONATHAN RICHARDS	Kidlington	18-Jun-22	30.56	CHRISTOPHER AUST	Kidlington	19-Jun-22	30.94	CHRISTOPHER AUST	Kidlington	18-Jun-22	27.19	40-44	SIMON JOYCE	Kidlington	18-Dec-22	2:44.43	CHRISTOPHER AUST	Kidlington	17-Jun-22	25.52	40-44			
45-49	ROMAN WALCZAK	Oxford		34.89	MATTHEW GOMEZ	Oxford	19-Jun-11	34.09	MATTHEW GOMEZ	Oxford	17-Jun-11	29.97	45-49	MATTHEW GOMEZ	Oxford	18-Jun-11	2:36.13	MATTHEW GOMEZ	Oxford	18-Jun-11	27.85	45-49			
50-54	ROMAN WALCZAK	Oxford		35.15	PAUL DAVID	Bicester	26-May-16	36.29	JOHN CARDY	Oxford	02-Feb-14	31.03	50-54	MATTHEW GOMEZ	Oxford	02-Apr-16	2:38.09	JASON PRESTON	Bicester	17-Jun-22	28.51	50-54			
55-59	MIKE WHITEHEAD	Oxford	27-May-16	35.44	TOM MORROW	CMK	06-May-12	36.37	PETER ILES	CMK	22-Jun-08	33.88	55-59	TOM MORROW	CMK	18-Jun-11	2:54.21	MICHAEL WHITEHEAD	Aylesbury	29-Mar-16	31.62	55-59			
60-64	MIKE WHITEHEAD	Aylesbur	14-Jun-19	35.99	TOM MORROW	Oxford	16-Jun-17	37.20	DAVID HALL	Witney	24-Apr-04	38.98	60-64	TOM MORROW	Oxford	23-Jan-16	2:59.76	BRIAN REED	Witney		33.87	60-64			
65-69	BRIAN REED	Oxford	13-May-06	45.82	BRIAN REED	Oxford	13-May-06	45.54	DAVID HALL	Witney	13-May-06	39.46	65-69	BRIAN REED	Oxford		3:35.04	DAVID HALL	Witney	13-May-06	34.99	65-69			
70-74	DAVID HALL	Witney	29-Jan-12	51.05	DAVID HALL	Witney	06-May-12	50.19	DAVID HALL	Witney	05-May-12	38.85	70-74	DAVID HALL	Witney	06-May-12	3:51.50	DAVID HALL	Witney	05-May-12	34.94	70-74			
75-79	DAVID HALL	Witney	21-Jan-17	50.31	DAVID HALL	Witney	22-Jan-17	55.51	DAVID HALL	Witney	18-Jun-17	42.20	75-79	DAVID HALL	Witney			DAVID HALL	Witney	21-Jan-17	45.11	75-79			
80-84	DAVID HALL	Witney	18-Jun-22	52.89					DAVID HALL	Witney	18-Jun-22	50.36	80-84					DAVID HALL	Witney	17-Jun-22	40.48	80-84			

18-24	JACK ROWLAND	Bicester	13-Jun-14	1:07.90	PETER WILLIAMS	Oxford		1:10.77	GARETH LLEWELLYN	CMK		1:09.51	18-24	JOHANTHAN QUANTIN	Bletchley	15-Jun-13	5:32.18	JONATHAN QUANTON	Bletchley	09-Feb-13	54.53	18-24
25-29	DANIEL MORGAN	Aylesbur	14-Jun-19	59.47	IAN SURRAGE	Kidlington	15-Jun-13	1:08.20	MICHAEL PROCTER	Bicester	08-Jun-18	59.85	25-29	CHRISTOPHER MARSH	Oxford	18-Jun-11	5:15.59	MICHAEL PROCTER	Bicester	24-Mar-19	54.12	25-29
30-34	JONATHAN RICHARDS	Kidlington	15-Jun-13	1:04.04	CHRISTOPHER AUST	Kidlington	15-Jun-13	1:08.59	IAN BECK	Witney		1:01.95	30-34	IAN BECK	Witney	01-Apr-96	Br 4:53.73	RYAN STEWARD	Bicester	21-Jul-18	55.77	30-34
35-39	PETER MASTERS	CMK		1:14.87	PETER WILLIAMS	Kidlington	10-Jul-18	1:11.20	DAVID DENNY	Oxford	12-Jun-15	1:01.27	35-39	MATTHEW GOMEZ	Oxford		5:31.38	DEAN MILWAIN	Bicester	18-Jun-22	55.67	35-39
40-44	JONATHAN RICHARDS	Kidlington	18-Jun-22	1:08.50	NEIL MORTON	Oxford	18-Jun-22	1:13.99	MATTHEW GOMEZ	Oxford	20-Jun-08	1:05.06	40-44	JONATHAN SCOPES	CMK		6:40.89	JONATHAN RICHARDS	Kidlington	18-Jun-22	57.95	40-44
45-49	ROMAN WALCZAK	Abingdon		1:17.18	MATTHEW GOMEZ	Oxford	13-Jun-15	1:17.15	MATTHEW GOMEZ	Oxford	18-Jun-11	1:08.01	45-49	MATTHEW GOMEZ	Oxford	13-Jun-14	5:44.34	STEVEN WALL	Oxford		1:02.85	45-49
50-54	ROMAN WALCZAK	Oxford		1:18.65	MATTHEW GOMEZ	Oxford	27-May-16	1:18.09	MATTHEW GOMEZ	Oxford	02-Apr-16	1:09.21	50-54	MIKE THOMPSON	Aylesbur	08-Jun-18	6:59.65	JASON PRESTON	Bicester	18-Jun-22	1:06.87	50-54
55-59	MICHAEL WHITEHEAD	Oxford	29-May-16	1:18.75	TOM MORROW	Oxford	04-May-12	2:00.86	TOM MORROW	Oxford	05-May-12	1:19.70	55-59	DAVID HALL	Witney	06-Jun-99	7:59.75	CHRISTOPHER SCOTCH	Oxford		1:20.12	55-59
60-64	BRIAN REED	Witney		1:43.64	TOM MORROW	Oxford	27-May-16	1:22.39	DAVID HALL	Oxford		1:41.01	60-64	DAVID HALL	Oxford	25-Apr-04	8:23.71	BRIAN REED	Oxford		1:18.12	60-64
65-69	DAVID HALL	Witney	25-Jan-09	1:43.89	BRIAN REED	Oxford		1:44.16	DAVID HALL	Witney	17-Jun-07	1:38.14	65-69	DAVID HALL	Witney	17-Jun-07	7:57.70	BRIAN REED	Oxford		1:18.96	65-69
70-74	DAVID HALL	Witney	01-Feb-14	1:48.32	DAVID HALL	Witney	04-May-12	1:57.59	DAVID HALL	Witney	05-May-12	1:44.75	70-74	DAVID HALL	Witney	06-May-12	8:17.83	DAVID HALL	Witney	01-Feb-14	1:26.51	70-74
75-79	DAVID HALL	Witney	22-Jan-17	1:58.08	DAVID HALL	Witney	21-Jan-17	2:10.26	DAVID HALL	Witney	17-Jun-17	1:51.28	75-79	DAVID HALL	Witney	17-Jun-17	9:13.64	DAVID HALL	Witney	21-Jan-17	1:32.05	75-79
80-84									DAVID HALL	Witney	18-Jun-22	2:20.31	80-84					DAVID HALL	Witney	26-Mar-22	1:47.52	80-84

200											200						
18-24	JACK ROWLAND	Bicester	13-Jun-14	2:27.70	GRAHAM CABLE	Witney		2:43.28	ALAN MERRY	CMK	2:35.40	18-24	GRAHAM CABLE	Witney		2:06.42	200
25-29	CHRISTOPHER MARSH	Oxford	18-Jun-11	2:39.12	IAN SURRAGE	Kidlington	14-Jun-13	2:32.48	IAN BECK	Witney	2:17.24	25-29	IAN BECK	Witney		2:03.27	25-29
30-34	JONATHAN RICHARDS	Kidlington	15-Jun-13	2:24.92	PETER WILLIAMS	Oxford	06-May-12	2:35.74	IAN BECK	Witney	2:14.61	30-34	IAN BECK	Witney		2:01.07	30-34
35-39	GRAHAM CABLE	Witney	18-Jun-17	2:44.70	IAN SURRAGE	Kidlington	17-Jun-22	2:35.24	IAN BECK	Witney	01-Jun-00 Br 2:12.86	35-39	DEAN MILWAIN	Bicester	19-Jun-22	2:03.44	35-39
40-44	JONATHAN RICHARDS	Kidlington	18-Jun-22	2:24.29	NEIL MORTON	Kidlington	17-Jun-22	2:50.61	MATTHEW GOMEZ	Oxford	21-Jun-08	40-44	MATTHEW GOMEZ	Oxford	22-Jun-08	2:10.87	40-44
45-49	ROMAN WALCZAK	Oxford		2:54.41	MATTHEW GOMEZ	CMK	17-Jun-11	2:51.90	JULIAN REED	CMK	18-May-13	45-49	MATTHEW GOMEZ	Oxford	13-Jun-15	2:17.90	45-49
50-54	ROMAN WALCZAK	Oxford		2:57.87	MATTHEW GOMEZ	Oxford	29-May-16	2:52.77				50-54	JOHN CADDY	Oxford	02-Feb-14	2:23.60	50-54
55-59	CHRISTOPHER SCOTCH	Oxford		3:24.44	TOM MORROW	CMK	28-Jan-12	2:55.88	DAVID HALL	Witney		55-59	CHRISTOPHER SCOTCH	CMK		2:52.94	55-59
60-64	MIKE WHITEHEAD	Aylesbur	14-Jun-19	3:01.62	TOM MORROW	Oxford	29-May-16	3:00.53	DAVID HALL	Oxford	25-Apr-04	60-64	BRIAN REED	Witney		2:55.77	60-64
65-69	DAVID HALL	Witney	24-Jan-09	3:51.02	BRIAN REED	Oxford		3:54.89	DAVID HALL	Witney	02-Feb-08	65-69	BRIAN REED	Oxford		2:58.40	65-69
70-74	DAVID HALL	Witney	02-Feb-14	4:02.05	DAVID HALL	Witney	05-May-12	4:21.05	DAVID HALL	Witney	04-May-12	70-74	DAVID HALL	Witney	02-Feb-14	3:24.62	70-74
75-79									DAVID HALL	Witney	16-Jun-17	75-79	DAVID HALL	Witney	18-Jun-17	3:30.96	75-79
80-84												80-84	DAVID HALL	Witney	26-Mar-22	3:48.84	80-84

MENS RELAYS										MIXED FREESTYLE									
4 x 50 FREESTYLE					4 x 50 MEDLEY					4 x 50 FREESTYLE									
72 +	OXFORD	Br.Leeds	18-Jun-11	1:43.36	OXFORD	Br.Leeds	18-Jun-11	2:00.04	WITNEY	Br.Swansea	14 Jun 14	2:01.76	72 +	JAN BECK	Witney	18-Jun-11	4:26.70	25-29	
100 +	KIDLINGTON	Br.Plymouth	15-Jun-13	1:40.68									100 +	CHRISTOPHER JOHANS	Oxford	27-May-16	4:37.64	30-34	
120 +	AYLESBURY	Br.Swansea	14-Jun-19	1:56.63	AYLESBURY	Br.Swansea	14-Jun-19	2:10.57					120 +	DAVID DENNY	Oxford	13-Jun-15	4:26.78	35-39	
160 +	OXFORD	Br.Sheffield	02-Apr-16	2:12.56	OXFORD	Br.Sheffield	03-Apr-16	2:19.67					160 +	MATTHEW GOMEZ	Oxford	24-Jan-09	4:49.05	40-44	
200 +													200 +	MATTHEW GOMEZ	Oxford	12-Jun-15	4:53.75	45-49	
240 +													240 +	PETER DISPAINE	Oxford	18-May-13	5:01.43	50-54	
280 +													280 +	CHRISTOPHER SCOTCH CMK		6:12.96	55-59		
														CHRISTOPHER SCOTCH	Witney	12-May-07	6:21.76	60-64	
														DAVID HALL	Witney	25-Jan-09	6:42.64	65-69	
														DAVID HALL	Witney	04-May-12	6:57.46	70-74	
														DAVID HALL	Witney	18-Jun-17	7:12.40	75-79	
														DAVID HALL	Witney	22-Jan-22	7:49.99	80-84	

4 x 100 FREESTYLE			4 x 100 MEDLEY			4 x 100 FREESTYLE			OXON & N BUCKS CLUBS			JONATHON QUANTON Bletchley 29-Jan-12 9:42.49 18-24						
72 +	100 +	120 +	KIDLINGTON	Br.Plymouth	15-Jun-13	Eu 4:11.37	WITNEY	Br.Swansea	13 Jun 14	4:32.76	72 +	100 +	120 +	CHRISTOPHER MARSH Oxford 17-Jun-11 9:39.88 25-29				
160 +	200 +	240 +					280 +	OXFORD	Br.Sheffield	5 May 12	4:22.19	160 +	200 +	240 +	280 +	CHRISTOPHER JOHANS Oxford 25-May-16 9:45.75 30-34		
																	IAN BECK Witney 10:06.80 35-39	
																		SIMON JOYCE Kidlington 18-Dec-22 10:18.25 40-44
																		MATTHEW GOMEZ Oxford 16-Jun-13 10:13.69 45-49
														JOHN CARY Oxford 02-Feb-14 10:42.80 50-54				
														CHRISTOPHER SCOTCH Oxford 05-Oct-01 12:43.06 55-59				
														CHRISTOPHER SCOTCH Oxford 21-Jan-06 13:17.42 60-64				
														DAVID HALL Witney 24-Jan-09 13:33.99 65-69				
														DAVID HALL Witney 04-May-12 13:56.72 70-74				
														DAVID HALL Witney 18-Jun-17 14:28.14 75-79				
														DAVID HALL Witney 22-Jan-22 15:47.25 80-84				
															1500			
															18-24			
72 +	100 +	120 +	72 +	100 +	120 +	160 +	200 +	240 +	280 +	N.Pagnell Oxford, City of Wantage Witney			13-Jun-14	19:29.40	18-24			
														17:57.09	25-29			
														01-Jun-94 BR 17:11.09	30-34			
														19:13.43	35-39			
														17:11.01	40-44			

OXON & N BUCKS CLUBS
Abingdon
Aylesbury
Banbury
Bicester
Bletchley
Bourne End
Buckingham
Didcot
Kidlington
Maxwell
Milton Keynes, City of
N. Pagnell
Oxford, City of
Wantage
Witney

A record time achieved by a Master Swimmer in any other event will not be acceptable

nb. Records in italics are taken from the splits in longer races.

OXON & N BUCKS COUNTIES MENS "MASTERS" SHORT COURSE RECORDS AS AT 10 JAN 2023

50	BACKSTROKE				BREASTSTROKE				BUTTERFLY				50	100 INDIVIDUAL MEDLEY				FREESTYLE			
18-24	CRAIG GIBBONS	Maxwell	23-Oct-09	Br 25.33	CHRISTOPHER WOOD	Kidlington	28-Oct-22	28.79	CRAIG GIBBONS	Maxwell	24-Oct-09	24.78	18-24	JOSEPH C-SHAW	Oxford	29-Oct-11	58.76	CRAIG GIBBONS	Maxwell	24-Oct-09	
25-29	RYAN ANSCOMB	Oxford	28-Oct-16	25.75	CHRISTOPHER AUST	Oxford	30-Oct-11	Br 28.84	RYAN ANSCOMB	Kidlington	28-Oct-16	25.20	25-29	RYAN ANSCOMBE	Oxford	28-Oct-16	57.31	RYAN ANSCOMB	Kidlington	28-Oct-16	
30-34	RYAN ANSCOMB	Kidlington	25-Oct-19	26.53	CHRISTOPHER AUST	Oxford	26-Oct-13	29.01	RYAN ANSCOMB	Kidlington	25-Oct-19	25.29	30-34	CHRISTOPHER AUST	Oxford	25-Oct-13	58.80	CHRISTOPHER AUST	Oxford	24-Oct-14	
35-39	ANDREW HAGUE	Oxford	04-Mar-17	28.50	CHRISTOPHER AUST	Oxford	26-Oct-18	29.44	CHRISTOPHER AUST	Kidlington	25-Oct-19	26.30	35-39	CHRISTOPHER AUST	Oxford	27-Oct-17	59.84	CHRISTOPHER AUST	Kidlington	25-Oct-19	
40-44	JONATHAN DEDRICK	Kidlington	28-Oct-22	28.91	CHRISTOPHER AUST	Kidlington	28-Oct-22	29.65	CHRISTOPHER AUST	Kidlington	20-Nov-22	27.04	40-44	CHRISTOPHER AUST	Kidlington	29-Oct-22	1:01.82	CHRISTOPHER AUST	Kidlington	29-Oct-22	
45-49	NICHOLAS BRIDGE	Oxford	03-Oct-15	30.31	MATTHEW GOMEZ	Oxford	30-Oct-11	33.03	NICHOLAS BRIDGE	Oxford	25-Oct-15	28.20	45-49	DAVID JARDINE	Bicester	30-Oct-21	1:05.99	MATTHEW GOMEZ	Oxford	30-Oct-11	
50-54	ROMAN WALCZAK	Oxford	08-Mar-03	33.03	MATTHEW GOMEZ	Oxford	28-Oct-16	34.37	STEVEN WALL	Oxford	16-May-04	Br. 28.99	50-54	MATTHEW GOMEZ	Oxford	28-Oct-16	1:08.32	RICHARD EVANS	Witney	31-Mar-19	
55-59	ROMAN WALCZAK	Oxford	26-Oct-08	33.69	TOM MORROW	CMK	03-Apr-11	36.26	MATTHEW GOMEZ	Kidlington	20-Nov-22	32.17	55-59	MATTHEW GOMEZ	Kidlington	05-Mar-22	1:16.98	ROMAN WALCZAK	Oxford	24-Oct-08	
60-64	MICHAEL WHITEHEAD	Aylesbury	25-Oct-19	34.78	TOM MORROW	Oxford	19-Apr-19	36.97	DAVID HALL	Witney	03-Dec-06	37.18	60-64	TOM MORROW	Oxford	27-Oct-17	1:21.79	BRIAN REED	Witney	05-Dec-99	
65-69	MICHAEL WHITEHEAD	Aylesbury	29-Oct-22	36.38	BRIAN REED	Oxford	02-Mar-02	42.73	BRIAN REED	Witney	28-Apr-07	38.08	65-69	BRIAN REED	Oxford	02-Mar-02	1:24.99	MICHAEL WHITEHEAD	Aylesbury	29-Oct-22	
70-74	BRIAN REED	Oxford	21-Nov-11	48.16	BRIAN REED	Oxford	05-Oct-08	46.58	DAVID HALL	Witney	15-Apr-12	39.07	70-74	BRIAN REED	Oxford	29-Apr-07	1:36.75	BRIAN REED	Oxford	05-Oct-08	
75-79	BRIAN REED	Oxford	03-Mar-12	49.46	BRIAN REED	Oxford	11-Nov-12	51.28	DAVID HALL	Witney	13-May-17	41.25	75-79	BRIAN REED	Oxford	03-Mar-12	1:38.87	BRIAN REED	Oxford	14-Apr-13	
80-84	DAVID HALL	Witney	20-Nov-22	55.00	BRIAN REED	Witney Polo	31-Mar-19	1:04.20	DAVID HALL	Witney	20-Nov-22	47.56	80-84	DAVID HALL	Witney			DAVID HALL	Witney	20-Nov-22	

100										200 INDIVIDUAL MEDLEY										100										200 INDIVIDUAL MEDLEY									
18-24	JOSEPH CANLAN-SHAW	Oxford	30-Oct-11	56.81	CHRISTOPHER WOOD	Kidlington	29-Oct-22	1:03.24	RYAN ANSCOMB	CMK	27-Oct-13	57.08	18-24	JOSEPH CANLAN-SHAW	Oxford	24-Oct-09	2:07.50	CRAIG GIBBONS	Maxwell	24-Oct-09																			
25-29	RYAN ANSCOMB	CMK	28-Oct-16	55.61	CHRISTOPHER AUST	Oxford	28-Oct-11	1:04.67	RYAN ANSCOMB	Kidlington	28-Oct-16	55.91	25-29	MARCOS VIEIRA	Oxford	24-Oct-14	2:13.95	CHRISTOPHER AUST	Oxford	28-Oct-16																			
30-34	RYAN ANSCOMB	Kidlington	25-Oct-19	56.57	IAN SURRAGE	Kidlington	28-Oct-17	1:04.35	RYAN ANSCOMB	Kidlington	25-Oct-19	56.12	30-34	MARCUS SIMKINS	Oxford	30-Oct-04	2:13.49	RYAN ANSCOMB	Kidlington	25-Oct-19																			
35-39	DAVID DENNY	Oxford	28-Oct-11	1:01.95	CHRISTOPHER AUST	Oxford	28-Oct-18	1:06.86	IAN BECK	Witney	29-Apr-00	59.96	35-39	DAVID DENNY	Oxford	26-Apr-13	2:17.79	DEAN MILWAIN	Bicester	30-Oct-22																			
40-44	JONATHAN DEDRICK	Kidlington	28-Oct-22	1:02.42	PETER WILLIAMS	Kidlington	29-Oct-21	1:09.68	DAVID DENNY	Oxford	27-Oct-17	59.74	40-44	DAVID DENNY	Oxford	24-Sep-17	2:20.60	DAVID DENNY	Oxford	29-Oct-17																			
45-49	NICHOLAS BRIDGE	Oxford	25-Oct-15	1:04.39	MATTHEW GOMEZ	Oxford	23-Oct-15	1:14.14	STEVEN WALL	Oxford	29-Jun-03	1:04.99	45-49	DAVID JARDINE	Bicester	30-Oct-22	2:25.11	STEVEN WALL	Oxford	25-Oct-03																			
50-54	ROMAN WALCZAK	Oxford	18-May-03	1:14.01	MATTHEW GOMEZ	Oxford	28-Oct-17	1:15.63	MATTHEW GOMEZ	Oxford	27-Oct-18	1:07.26	50-54	MATTHEW GOMEZ	Oxford	29-Oct-17	2:30.22	MATTHEW GOMEZ	Oxford	24-Sep-17																			
55-59	ROMAN WALCZAK	Oxford	01-Mar-08	1:15.62	TOM MORROW	Oxford	28-Oct-12	1:19.18	MATTHEW GOMEZ	Kidlington	05-Mar-22	1:17.10	55-59	TOM MORROW	Oxford	26-Oct-12	2:49.81	PETER ISLES	CMK	22-Feb-08																			
60-64	ROMAN WALCZAK	Oxford	26-Apr-13	1:19.30	TOM MORROW	Oxford	20-Apr-18	1:20.66	DAVID HALL	Oxford	08-Mar-03	1:35.41	60-64	TOM MORROW	Oxford	29-Oct-17	2:56.97	ROMAN WALCZAK	Oxford	26-Apr-13																			
65-69	MICHAEL WHITEHEAD	Aylesbury	28-Oct-22	1:20.13	BRIAN REED	Oxford	01-Dec-02	1:37.91	BRIAN REED	Oxford	08-May-05	1:35.87	65-69	BRIAN REED	Oxford	01-Dec-02	3:22.82	MICHAEL WHITEHEAD	Aylesbury	28-Oct-22																			
70-74	BRIAN REED	Oxford	29-Apr-07	1:49.85	BRIAN REED	Oxford	05-Oct-08	1:47.08	DAVID HALL	Witney	25-Mar-12	1:40.73	70-74	DAVID HALL	Witney	06-Oct-12	3:52.22	BRIAN REED	Oxford	05-Oct-08																			
75-79	DAVID HALL	Witney	26-Oct-18	1:59.46	BRIAN REED	Oxford	15-Jul-12	1:58.61	DAVID HALL	Witney	27-Oct-18	1:51.36	75-79	BRIAN REED	Oxford	15-Jul-12	3:51.55	BRIAN REED	Oxford	28-Sep-12																			
80-84									DAVID HALL	Witney	11-Sep-22	2:07.88	80-84					DAVID HALL	Witney	23-Apr-22																			

200										200										400 INDIVIDUAL MEDLEY										400 INDIVIDUAL MEDLEY									
18-24	JOSH HARROP	Oxford	24-Oct-15	2:20.12	JOSEPH CANLAN-SHAW	Oxford	24-Oct-09	2:27.38	ALAN MERRY	CMK	01-Nov-02	2:25.77	18-24	JOSEPH CANLAN-SHAW	Oxford	25-Oct-09	4:30.07	JOSEPH CANLAN-SHAW	Oxford	30-Oct-11																			
25-29	DANIEL MORGAN	Aylesbury	25-Oct-19	2:07.35	CHRISTOPHER AUST	Oxford	28-Oct-11	2:26.81	IAN BECK	Witney	pre. 1994	2:08.24	25-29	CHRISTOPHER MARSH	Oxford	29-Oct-11	5:01.35	IAN BECK	Witney	22-Oct-95																			
30-34	JOSEPH CANLAN-SHAW	Oxford	28-Apr-18	2:11.44	IAN SURRAGE	Kidlington	27-Oct-18	2:23.37	IAN BECK	Witney	20-Jul-96	Gb 2:05.73	30-34	DAVID DENNY	Oxford	25-Oct-09	4:46.33	GREG BIRD	Kidlington	30-Oct-21																			
35-39	DAVID DENNY	Oxford	26-Apr-13	2:15.19	PETER WILLIAMS	Kidlington	27-Oct-17	2:30.16	DAVID DENNY	Oxford	26-Nov-11	2:10.54	35-39	DAVID DENNY	Oxford	29-Oct-11	4:45.95	DEAN MILWAIN	Bicester	28-Oct-22																			
40-44	DAVID DENNY	Oxford	28-Oct-17	2:15.47	DAVID DENNY	Oxford	25-Oct-19	2:37.57	DAVID DENNY	Oxford	26-Oct-18	2:11.60	40-44	DAVID DENNY	Oxford	28-Oct-17	4:46.13	DAVID DENNY	Oxford	22-Apr-18																			
45-49	NICHOLAS BRIDGE	Oxford	24-Oct-15	2:22.90	TOM MORROW	CMK	30-Oct-04	2:47.20	MATTHEW GOMEZ	Oxford	07-Jul-13	2:39.84	45-49	DAVID JARDINE	Bicester	28-Oct-22	5:20.50	NICHOLAS BRIDGE	Oxford	23-Oct-15																			
50-54	MATTHEW GOMEZ	Oxford	07-Jul-18	2:43.25	MATTHEW GOMEZ	Oxford	27-Oct-17	2:48.69	MATTHEW GOMEZ	Oxford	25-Oct-19	2:39.94	50-54	MATTHEW GOMEZ	Oxford	28-Oct-16	5:29.85	MATTHEW GOMEZ	Oxford	23-Apr-17																			
55-59	ROMAN WALCZAK	Oxford	01-Mar-08	2:50.80	TOM MORROW	Oxford	27-Oct-12	2:51.56	DAVID HALL	Witney	09-May-98	3:46.19	55-59	DAVID HALL	Witney	06-Jun-99	7:59.75	NIGEL WOODS	CMK	01-Apr-17																			
60-64	MICHAEL WHITEHEAD	Aylesbury	25-Oct-19	2:57.62	TOM MORROW	Oxford	21-Apr-17	2:55.23	DAVID HALL	Oxford	29-Oct-04	3:53.81	60-64	DAVID HALL	Oxford	31-Oct-04	8:15.99	BRIAN REED	Witney	06-Feb-00																			
65-69	MICHAEL WHITEHEAD	Aylesbury	28-Oct-22	3:03.02	BRIAN REED	Oxford	26-Oct-02	3:40.90	DAVID HALL	Oxford	21-Sep-07	3:54.79	65-69	DAVID HALL	Oxford	27-Oct-07	7:58.90	BRIAN REED	Oxford	26-Oct-02																			
70-74	DAVID HALL	Witney	26-Oct-12	4:04.92	BRIAN REED	Oxford	29-Apr-07	4:04.22	DAVID HALL	Witney	15-Jul-12	4:05.87	70-74	DAVID HALL	Witney	15-Jul-12	8:31.99	BRIAN REED	Oxford	20-Oct-07																			
75-79									DAVID HALL	Witney	13-May-17	4:17.21	75-79	DAVID HALL	Witney	28-Oct-18	9:02.28	BRIAN REED	Oxford	15-Jul-12																			
80-84													80-84					DAVID HALL	Witney	23-Apr-22																			

MENS RELAYS										MIXED MEDLEY														
4 x 50 FREESTYLE					4 x 50 MEDLEY					4 x 50 MEDLEY														
72 +	OXFORD	Sheffield	24-Oct-09	1:36.66	OXFORD	Sheffield	29-Oct-11	1:46.43	OXFORD	Sheffield	30-Oct-21	1:54.59	72 +											
100 +	KIDLINGTON	Sheffield	28-Oct-16	1:35.18	KIDLINGTON	Sheffield	28-Oct-16	1:43.79	OXFORD	Sheffield	29-Oct-11	1:59.33	100 +											
120 +	KIDLINGTON	Sheffield	25-Oct-19	1:35.63	KIDLINGTON	Sheffield	25-Oct-19	1:44.89	OXFORD	Sheffield	29-Oct-11	1:58.78	120 +											
160 +	KIDLINGTON	Sheffield	28-Oct-22	1:43.09	KIDLINGTON	Sheffield	29-Oct-21	1:54.49	OXFORD	Sheffield	27-Oct-07	2:00.97	160 +											
200 +	OXFORD	Sheffield	28-Oct-07	1:58.00	OXFORD	Sheffield	27-Oct-01	2:19.04	OXFORD	Sheffield	28-Oct-18	2:10.54	200 +											
240 +									OXFORD	Sheffield	27-Oct-07	2:37.90	240 +											
280 +													280 +											

MILKAGLOES				OXFORD	24-Oct-09
IAN BECK				Witney	22-Oct-93
GREG BIRD				Kidlington	29-Oct-22
DAVID DENNY				Oxford	19-Apr-15
DAVID DENNY				Oxford	25-Oct-19
NICHOLAS BRIDGE				Oxford	22-Nov-15
MATTHEW GOMEZ				Oxford	28-Oct-16
NIGEL WOODS				CMK	01-Apr-17
BRIAN REED				Witney	08-May-98
BRIAN REED				Witney	16-May-03
BOURNE END				Witney	27-Oct-12
DAVID HALL				Witney	13-May-17
DAVID HALL				Witney	11-Sep-22

OXON & N BUCKS CLUBS

4 SHIRES

ABINGDON

AYLESBURY

BANBURY

BICESTER

BLETCHLEY

BUCKINGHAM

DIDCOT

4 x 100 FREESTYLE										4 x 100 MEDLEY									
72 +	CMK	Sheffield	28-Oct-11	3:32.85	OXFORD	0	29-Oct-11	3:56.00	OXFORD	Sheffield	28-Oct-16	4:23.53	72 +						
100 +	KIDLINGTON	Sheffield	28-Oct-16	3:31.62	KIDLINGTON	Sheffield	28-Oct-16	3:49.33	OXFORD	Sheffield	25-Oct-13	5:29.41	100 +						
120 +	BICESTER	Sheffield	28-Oct-18	3:40.49	KIDLINGTON	Sheffield	25-Oct-19	3:51.22	OXFORD	Sheffield	29-Oct-11	BR 4:30.67	120 +						
160 +	OXFORD	Sheffield	24-Oct-14	3:45.30	OXFORD	Sheffield	24-Oct-14	4:09.41	OXFORD	Sheffield	28-Oct-17	4:52.96	160 +						
200 +													200 +						
240 +													240 +						
280 +													280 +						

	50
23.18	18-24
23.34	25-29
23.50	30-34
23.79	35-39
24.34	40-44
26.28	45-49
27.33	50-54
29.77	55-59
31.71	60-64
31.39	65-69
34.80	70-74
36.14	75-79
39.75	80-84

100	
Br 48.30	18-24
51.19	25-29
51.79	30-34
53.02	35-39
54.79	40-44
58.20	45-49
1:03.81	50-54
1:07.90	55-59
1:11.27	60-64
1:10.31	65-69
1:22.11	70-74
1:23.16	75-79
1:41.03	80-84

200	
1:53.34	18-24
1:57.43	25-29
1:54.49	30-34
1:56.55	35-39
2:00.58	40-44
2:09.18	45-49
2:16.68	50-54
2:31.92	55-59
2:45.28	60-64
2:49.75	65-69
3:13.30	70-74
3:16.83	75-79
3:46.17	80-84

400	
4:04.96	18-24
4:08.41	25-29
4:03.78	30-34
4:13.06	35-39
4:16.57	40-44
4:39.86	45-49
4:51.26	50-54
5:21.47	55-59
6:06.53	60-64
6:21.66	65-69
6:49.31	70-74
6:55.74	75-79
7:38.72	80-84

800	
8:44.20	18-24
9:38.80	25-29
8:58.64	30-34
8:47.12	35-39
8:38.87	40-44
9:48.90	45-49
9:52.66	50-54
11:21.26	55-59
13:39.29	60-64
13:23.48	65-69
14:06.18	70-74
14:22.42	75-79
16:15.23	80-84

1500	
17:47.77	18-24
16:45.46	25-29
17:46.93	30-34
16:56.83	35-39
16:37.34	40-44
18:41.97	45-49
21:15.40	50-54
22:05.68	55-59
25:42.35	60-64
25:34.15	65-69
26:29.60	70-74
26:52.67	75-79
30:19.67	80-84

OXON & N BUCKS 'MASTERS' NEW RECORDS AS AT 10 JAN 2023

SHORT COURSE RECORDS

BACKSTROKE

1	LADIES	50m	25-29	ELIZABETH OLIVER	Kidlington	29-Oct-22	31.49	Sheffield
2	MEN	50m	40-44	JONATHAN DEDRICK	Kidlington	29-Oct-22	28.91	Sheffield
3	MEN	50m	65-69	MICHAEL WHITEHEAD	Aylesbury	29-Oct-22	36.38	Sheffield
4	MEN	50m	80-84	DAVID HALL	Witney	20-Nov-22	55.00	Inter-Counties,London
5	MEN	100m	40-44	JONATHAN DEDRICK	Kidlington	28-Oct-22	1:02.42	Sheffield
6	MEN	100m	65-69	MICHAEL WHITEHEAD	Aylesbury	28-Oct-22	1:20.13	Sheffield
7	MEN	200m	65-69	MICHAEL WHITEHEAD	Aylesbury	30-Oct-22	3:03.02	Sheffield

BREASTSTROKE

8	LADIES	50m	18-24	EMILY WOOD	Kidlington	29-Oct-22	34.03	Sheffield
9	LADIES	100m	18-24	EMILY WOOD	Kidlington	29-Oct-22	1:12.19	Sheffield
10	LADIES	100m	70-74	DIANA GROAT	Aylesbury	29-Oct-22	1:57.01	Sheffield
11	LADIES	200m	18-24	LIBBY BLISSETT	Aylesbury	29-Oct-22	2:47.71	Sheffield
12	MEN	50m	18-24	CHRISTOPHER WOOD	Kidlington	28-Oct-22	28.79	Sheffield
13	MEN	50m	40-44	CHRISTOPHER AUST	Kidlington	28-Oct-22	29.65	Sheffield
14	MEN	100m	18-24	CHRISTOPHER WOOD	Kidlington	29-Oct-22	1:03.24	Sheffield

BUTTERFLY

15	LADIES	50m	25-29	ELIZABETH GRAY	Aylesbury	30-Oct-22	29.11	Sheffield
16	LADIES	50m	40-44	KELLI JANNAWAY	Wantage	20-Nov-22	31.17	Inter-Counties,London
17	LADIES	50m	70-74	DIANA GROAT	Aylesbury	30-Oct-22	56.00	Sheffield
18	LADIES	100m	25-29	ELIZABETH GRAY	Aylesbury	28-Oct-22	1:03.59	Sheffield
19	LADIES	200m	55-59	LINDSAY KELLY-ONAY	Didcot	29-Oct-22	3:32.18	Sheffield
20	MEN	50m	40-44	CHRISTOPHER AUST	Kidlington	20-Nov-22	27.04	Inter-Counties,London
21	MEN	50m	55-59	MATTHEW GOMEZ	Kidlington	20-Nov-22	32.17	Inter-Counties,London
22	MEN	50m	80-84	DAVID HALL	Witney	20-Nov-22	47.56	Inter-Counties,London

FREESTYLE

23	LADIES	400m	25-29	ELIZABETH OLIVER	Kidlington	29-Oct-22	4:41.10	Sheffield
24	LADIES	800m	25-29	LAURA FENWICK	C of Oxford	30-Oct-22	10:31.45	Sheffield
25	LADIES	800m	55-59	LINDSAY KELLY-ONAY	Didcot	30-Oct-22	11:26.27	Sheffield
26	LADIES	1500m	55-59	LINDSAY KELLY-ONAY	Didcot	28-Oct-22	21:50.73	Sheffield
27	MEN	50m	40-44	CHRISTOPHER AUST	Kidlington	29-Oct-22	24.34	Sheffield
28	MEN	50m	65-69	MICHAEL WHITEHEAD	Aylesbury	29-Oct-22	31.39	Sheffield
29	MEN	50m	80-84	DAVID HALL	Witney	20-Nov-22	39.75	Inter-Counties,London
30	MEN	100m	35-39	DEAN MILWAIN	Bicester	30-Oct-22	53.02	Sheffield
31	MEN	100m	65-69	MICHAEL WHITEHEAD	Aylesbury	30-Oct-22	1:10.31	Sheffield
32	MEN	200m	35-39	DEAN MILWAIN	Bicester	28-Oct-22	1:56.55	Sheffield
33	MEN	400m	30-34	GREG BIRD	Kidlington	29-Oct-22	4:03.78	Sheffield
34	MEN	800m	80-84	DAVID HALL	Witney	26-Nov-22	16:15.23	Barnet 1500
35	MEN	1500m	80-84	DAVID HALL	Witney	26-Nov-22	30:19.67	Barnet 1500

INDIVIDUAL MEDLEY

36	LADIES	100m	18-24	EMILY WOOD	Kidlington	29-Oct-22	1:08.71	Sheffield
37	LADIES	100m	25-29	ELIZABETH GRAY	Aylesbury	29-Oct-22	1:06.48	Sheffield
38	LADIES	200m	25-29	ELIZABETH GRAY	Aylesbury	30-Oct-22	2:26.29	Sheffield
39	MEN	100m	40-44	CHRISTOPHER AUST	Kidlington	29-Oct-22	1:01.82	Sheffield
40	MEN	200m	45-49	DAVID JARDINE	Bicester	30-Oct-22	2:25.11	Sheffield
41	MEN	400m	45-49	DAVID JARDINE	Bicester	28-Oct-22	5:20.50	Sheffield

RELAYS

FREESTYLE

42	MEN	4 x 50m	160 +		Kidlington	28-Oct-22	1:43.09	Sheffield
----	-----	---------	-------	--	------------	-----------	---------	-----------

MEDLEY

43	LADIES	4 x 50m	72+		Aylesbury	29-Oct-22	2:11.19	Sheffield
----	--------	---------	-----	--	-----------	-----------	---------	-----------

LONG COURSE RECORDS

FREESTYLE

44	MEN	800m	40-44	SIMON JOYCE	Kidlington	18-Dec-22	10:18.25	East Midlands
----	-----	------	-------	-------------	------------	-----------	----------	---------------

INDIVIDUAL MEDLEY

45	MEN	200m	40-44	SIMON JOYCE	Kidlington	18-Dec-22	2:44.43	East Midlands
----	-----	------	-------	-------------	------------	-----------	---------	---------------

o&nb

Records in italics are taken from the splits in longer races

County Welfare Officer Report January 2023

I have now completed all of the required training for this County Welfare Role and we now have a dedicated email address onbwelfare@gmail.com

I have made contact with as many Club Welfare Officers as possible from the details each club has on their websites. Several of the clubs have not had the details listed and so I have made contact with the Head Coach or a member of their committee instead. I appreciate that the ONB committee may have these contact details but following the training it is clear that it is very important for a member of the public to be able to identify and contact each club's welfare officer with ease so I have started this way to highlight any clubs where this isn't the case. I can see a number of areas where Wavepower and/or the safeguarding training may not be being implemented correctly, for example it looks like some welfare officers are also members of the club's committee, which shouldn't happen as they should be independent, so I will slowly start to look at this in the future. That being said these are only minor and the majority of what I have seen is what we should all be doing!

In the meantime, I have suggested to all the welfare officers whether a Teams meet every few months might be something they will be open to just so we all know who we are, what works well, any learning etc. I will see what the thoughts are around this but I think it would be good for us all to be in contact.

I know Counties are now on us and will be present where I can.

Lucie Clarke

County Welfare Officer