

**Oxfordshire and North Buckinghamshire A.S.A - County Championships 2023**  
revised 14.12.2022

**Girls Accepted short course Times**

| Age Band               | 10/11 Years | 12 Years                         | 13 Years | 14 Years | 15 Years | 16 Years | 17 Years & Over |
|------------------------|-------------|----------------------------------|----------|----------|----------|----------|-----------------|
|                        | C           | D                                | E        | F        | G        | H        | I               |
| 50m Freestyle          | 00:33.07    | 00:31.58                         | 00:30.35 | 00:29.73 | 00:29.36 | 00:29.01 | 00:28.19        |
| 100m Freestyle         | 01:12.85    | 01:09.15                         | 01:05.82 | 01:04.46 | 01:02.83 | 01:02.32 | 01:01.36        |
| 200m Freestyle         | 02:40.22    | 02:30.33                         | 02:23.40 | 02:19.17 | 02:18.29 | 02:16.13 | 02:12.32        |
| 400m Freestyle         | 05:43.67    | 05:17.22                         | 05:04.76 | 04:55.03 | 04:49.30 | 04:45.46 | 04:38.88        |
| 800m Freestyle         |             | <b><u>Fastest 64 Entries</u></b> |          |          |          |          |                 |
| 1500m Freestyle        |             | <b><u>Fastest 32 Entries</u></b> |          |          |          |          |                 |
| 50m Breaststroke       | 00:43.62    | 00:40.70                         | 00:38.98 | 00:37.68 | 00:37.08 | 00:36.88 | 00:35.48        |
| 100m Breaststroke      | 01:37.32    | 01:29.74                         | 01:24.84 | 01:21.36 | 01:19.45 | 01:19.40 | 01:17.53        |
| 200m Breaststroke      | 03:25.08    | 03:13.38                         | 03:01.78 | 02:57.66 | 02:52.72 | 02:51.45 | 02:46.49        |
| 50m Butterfly          | 00:36.88    | 00:34.59                         | 00:33.24 | 00:31.78 | 00:31.54 | 00:31.37 | 00:30.36        |
| 100m Butterfly         | 01:26.91    | 01:19.15                         | 01:13.99 | 01:11.09 | 01:09.63 | 01:09.46 | 01:06.54        |
| 200m Butterfly         | 03:20.73    | 03:01.68                         | 02:44.90 | 02:42.43 | 02:37.23 | 02:33.21 | 02:28.15        |
| 50m Backstroke         | 00:38.03    | 00:35.81                         | 00:34.38 | 00:33.37 | 00:33.32 | 00:32.65 | 00:31.46        |
| 100m Backstroke        | 01:21.93    | 01:17.51                         | 01:13.32 | 01:11.71 | 01:10.30 | 01:09.98 | 01:06.88        |
| 200m Backstroke        | 02:56.68    | 02:46.24                         | 02:39.66 | 02:35.29 | 02:30.53 | 02:29.70 | 02:27.30        |
| 200m Individual Medley | 03:05.49    | 02:50.30                         | 02:41.00 | 02:38.17 | 02:35.42 | 02:33.14 | 02:29.74        |
| 400m Individual Medley |             | 06:05.73                         | 05:43.05 | 05:34.62 | 05:31.04 | 05:27.41 | 05:18.15        |

**Girls Considered short course Times**

| Age Band               | 10/11 Years | 12 Years                         | 13 Years | 14 Years | 15 Years | 16 Years | 17 Years & Over |
|------------------------|-------------|----------------------------------|----------|----------|----------|----------|-----------------|
|                        | C           | D                                | E        | F        | G        | H        | I               |
| 50m Freestyle          | 00:36.71    | 00:35.05                         | 00:33.69 | 00:33.00 | 00:32.59 | 00:32.20 | 00:31.29        |
| 100m Freestyle         | 01:20.87    | 01:16.76                         | 01:13.06 | 01:11.55 | 01:09.74 | 01:09.17 | 01:08.11        |
| 200m Freestyle         | 03:01.05    | 02:49.87                         | 02:42.04 | 02:37.26 | 02:36.26 | 02:33.82 | 02:29.52        |
| 400m Freestyle         | 06:21.48    | 05:52.11                         | 05:38.28 | 05:27.48 | 05:21.12 | 05:16.86 | 05:09.55        |
| 800m Freestyle         |             | <b><u>Fastest 64 Entries</u></b> |          |          |          |          |                 |
| 1500m Freestyle        |             | <b><u>Fastest 32 Entries</u></b> |          |          |          |          |                 |
| 50m Breaststroke       | 00:48.42    | 00:45.18                         | 00:43.26 | 00:41.83 | 00:41.16 | 00:40.93 | 00:39.38        |
| 100m Breaststroke      | 01:48.02    | 01:39.61                         | 01:34.18 | 01:30.30 | 01:28.19 | 01:28.14 | 01:26.06        |
| 200m Breaststroke      | 03:51.74    | 03:38.51                         | 03:25.41 | 03:20.75 | 03:15.17 | 03:13.74 | 03:08.14        |
| 50m Butterfly          | 00:40.93    | 00:38.39                         | 00:36.90 | 00:35.27 | 00:35.00 | 00:34.82 | 00:33.70        |
| 100m Butterfly         | 01:36.47    | 01:27.86                         | 01:22.13 | 01:18.91 | 01:17.29 | 01:17.10 | 01:13.86        |
| 200m Butterfly         | 03:46.83    | 03:25.30                         | 03:06.34 | 03:03.55 | 02:57.67 | 02:53.13 | 02:47.40        |
| 50m Backstroke         | 00:42.22    | 00:39.75                         | 00:38.16 | 00:37.04 | 00:36.98 | 00:36.24 | 00:34.92        |
| 100m Backstroke        | 01:30.94    | 01:26.03                         | 01:21.39 | 01:19.60 | 01:18.03 | 01:17.68 | 01:14.23        |
| 200m Backstroke        | 03:19.65    | 03:07.85                         | 03:00.41 | 02:55.48 | 02:50.10 | 02:49.17 | 02:46.45        |
| 200m Individual Medley | 03:29.60    | 03:12.44                         | 03:01.93 | 02:58.74 | 02:55.62 | 02:53.05 | 02:49.20        |
| 400m Individual Medley |             | 06:45.96                         | 06:20.78 | 06:11.43 | 06:07.45 | 06:03.43 | 05:53.14        |