



# Putteridge Swimming Club Winter Short Course Open 2025

License Number: 3ER 251691

Saturday 15th and Sunday 16th November 2025

Inspire Luton Sports Village, Butterfield Road, Luton, LU2 8DD



## Putteridge Swimming Club

### Level 3 – Winter Short Course Open 2025

(License Number: 3ER251691)

## Saturday 15th and Sunday 16th November 2025

Under Swim England Laws & Technical Rules: Affiliated to the East  
Region

- Venue: Inspire, Luton Sports Village, Butterfield Green Road, Luton, LU2 8DD
- Pool: 8 Lane, 25m Pool, Electronic Timing, Olympic standard blocks
- Age Groups: Female – 9, 10,11,12, 13, 14, 15+  
Open/ Male – 9, 10,11,12, 13, 14, 15+  
Age as last day of competition – November 16<sup>th</sup>, 2025
- Awards: Medals awarded to top three in each age group
- Events: 50m, 100m and 200m all strokes,  
400, 800, 1500m freestyle  
200 & 400m IM
- Fees: Race Entry Fee: £8.50 per event & £17.00 entry for the 800/ 1500m Freestyle
- Poolside Pass (Coach / Team Manager / Chaperone)  
Pass without Catering  
One Day Pass £10, Weekend Pass £15  
Pass with Catering  
One Day Pass £20, Weekend Pass £35
- Parking is charged by the center for stays over 4 hours
- Entries to: Gala Promoter, c/o Putteridge Swimming Club,  
[galapromoter@putteridgesc.co.uk](mailto:galapromoter@putteridgesc.co.uk)
- Closing Date: 12.00 Midnight on Friday 31<sup>st</sup> October 2025
- Enquiries can be e-mailed to [galapromoter@putteridgesc.co.uk](mailto:galapromoter@putteridgesc.co.uk)

## MEET PROGRAMME

(License Number: 3ER251691)

Saturday 15<sup>th</sup> November 2025

### Session 1

Warm up TBA; Start TBA

#### Event

101	Male / Open 10 /Over	400m Ind Medley
102	Female	100m Butterfly
103	Male / Open	50m Butterfly
104	Female	400m Freestyle
105	Male / Open	200m Freestyle
106	Female	50m Backstroke

Sunday 16<sup>th</sup> November 2025

### Session 4

Warm up TBA; Start TBA

#### Event

401	Female 10 /Over	400m Ind Medley
402	Male / Open	100m Butterfly
403	Female	50m Butterfly
404	Male / Open	400m Freestyle
405	Female	200m Freestyle
406	Male / Open	50m Backstroke

Warm-up

### Session 2

Start TBA

201	Female	200m Breaststroke
202	Male / Open	200m Butterfly
203	Female	100m Freestyle
204	Mixed 11/Over	800m Freestyle

### Session 5

Start TBA

501	Male / Open	200m Breaststroke
502	Female	200m Butterfly
503	Male / Open	100m Freestyle
504	Mixed 11 / Over	1500m Freestyle

Warm-up

### Session 3

Start TBA

301	Female	200m Backstroke
302	Male / Open	100m Breaststroke
303	Female	200m Ind Medley
304	Male / Open	100m Backstroke
305	Female	50m Freestyle
306	Male / Open	50m Breaststroke

### Session 6

Start TBA

601	Male / Open	200m Backstroke
602	Female	100m Breaststroke
603	Male / Open	200m Ind Medley
604	Female	100m Backstroke
605	Male / Open	50m Freestyle
606	Female	50m Breaststroke





## Meet Conditions and Information

(License Number: 3ER251691)

1. This meet will take place at Inspire, Luton Sports Village, Luton on Saturday 15<sup>th</sup> and Sunday 16<sup>th</sup> November 2025. It is licensed by the Swim England at Level 3 3ER251691 for entry into County championships 2026 and will be held under Swim England Laws and Technical Rules.
2. Entrants must be Swim England Registered **Club Compete**; belong to an affiliated club and enter in the name of one club only.
3. The pool length is 25m, 8 lanes with anti-wave ropes and electronic timing, the depth of the pool is 2.0m at the shallow end and 2.0m at the deep end. A secondary strobe will be in use if it is available.
4. A separate 25m pool will be available for warm-up and swim down protocols, for which each club is responsible for its swimmers and must be supervised at all times.
5. All club entries of three or more swimmers must be made electronically via SPORT SYSTEMS Entry Manager file together with entry fees and should reach the promoter by **midnight Friday 31st October 2025**. Please note - The promoter reserves the right to close the event prior to the closing date due to the meet being full.
6. The entry fee per event is £8.50, except the 800m & 1500m at £17.00 per event. Sport Systems entry files are available on request by e-mail [galapromoter@putteridgesc.co.uk](mailto:galapromoter@putteridgesc.co.uk) or from the club website at [www.putteridgesc.co.uk](http://www.putteridgesc.co.uk). Please note – club entries will not be considered/ accepted until full single payment, via bacs, has been received.
7. **Individual entries are not accepted at this meet.**
8. Please note - We will not accept updated entry times once a club file has been accepted and processed. Accepted swimmers and their entry time submitted will be used in the running and seeding of heats.
9. All events will be seeded on submitted times and heats.
10. The promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced program.
11. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
12. Upper cut off times are provided; there are no lower limit times and entry **will** be accepted without entry times. We do ask for those entering without entry to provide a coach led "estimated time" to assist with session and event running times, ensuring a smooth running of the event. Valid entry times must have been achieved since 1<sup>st</sup> January 2024, be on the British Swimming Rankings and should be short course times.
13. This event will process entries on a first-come, first-served basis.
14. Acceptance will be made in each event rather than by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the Gala Promoters' discretion.
15. The list of accepted entries will be published on the club website ([www.putteridgesc.co.uk](http://www.putteridgesc.co.uk)) within 2 weeks of the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that are required.
16. This event will run as an age on last day of the competition (16<sup>th</sup> November 2025).
17. All events will be swum on a heat declared winner basis.
18. Medals will be awarded to the top three in each age group in each event. Age groups as follows 9, 10, 11, 12, 13, 14, 15/ Over.
19. Swimmers **must** withdraw from events that they no longer wish to swim. All swimmers informed of having accepted entries will be deemed as competing unless they have informed the promoter that they do not wish to swim.
20. Withdrawals should be made via e-mail to [galapromoter@putteridgesc.co.uk](mailto:galapromoter@putteridgesc.co.uk) by midnight on Friday 15<sup>th</sup> November 2025 stating the event number, full name, date of birth, entry time and club.
21. Any on the day withdrawals **must** be made by coaches or the club representative 30 minutes prior to the start of the first event in each session.
22. Refunds are not available for withdrawals once a swim has been published on the accepted entries list.
23. Competitors must report to the marshalling area in a timely manner.
24. For the safety and welfare of all swimmers, spectators and parents are NOT allowed poolside or in the changing rooms during the meet.
25. Coaches and Team Managers must follow/ adhere to Swim England's TM/ Coach & Chaperone Policy.
26. Over the top starts may be used at the referee's discretion.

27. The promoters do not accept responsibility for any property.

### Meet Conditions and Information

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28. For Health and Safety reasons it is advised small rucksack bags will be allowed poolside. Lockers are available with a 20p coin (refundable). Pool staff will remove any large obtrusive bags. No foldable chairs will be allowed poolside.
29. No person will be allowed on poolside without a pass.
30. There will be no glass items allowed on poolside.
31. The promoters reserve the right to refuse admission to any competitor, participant, coach or spectator.
32. The use of mobile devices is **not** permitted in the changing rooms.
33. In accordance with the Swim England Safety Procedures and Policies, and the most up to date Wave-power document at the time, provides guidance on the use of social networking and guidance on photography. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event. All parents or guardians of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of the Meet Promoter, Mr. Lawrence Palmer.
34. Warm up protocols will be made known to all one week prior to the competition start date.
35. Results will be provided live at [www.putteridgesc.co.uk](http://www.putteridgesc.co.uk), and will be supplied to **Aquatics GB** for entry into the national rankings database.
36. The General Data Protection Regulation (GDPR) 2018, requires Putteridge Swimming Club to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purpose of making entries to the competition, managing the meet, and the submission of results to rankings. The information provided by you will be processed in accordance with GDPR (2018). Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/ team manager has been passed to us by a third party such as a club rather than by the individual themselves, we rely on the third party to make sure that consent has been obtained. For more information please use this link: [psc-privacy-notice-meets](#)
37. Car parking is controlled, charged by and paid to the facility provider, Active Luton.
38. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing.
39. The promoter of this meet is Mr Lawrence Palmer and on behalf of Putteridge Swimming Club, email [galapromoter@putteridgesc.co.uk](mailto:galapromoter@putteridgesc.co.uk)

## Para Swimming Conditions and Information

(License Number: 3ER251691)

The conditions outlined above shall apply to all para swimmers except where varied by any of the following conditions.

### **Eligibility:**

1. Swimmers with S1- S15 classifications will be accepted.
2. All para swimmers must have an internationally authorised classification.
3. Competitors must be registered members of Swim England.
4. The meet does not have disability consideration times, however the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.

### **Personal Care Attendants:**

1. Personal care attendants will be permitted for swimmers in all disability classes.
2. A swimmer may have both a coach and a personal care attendant present.

### **Competition Format:**

1. The competition format will be based on disability inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.
2. Positions will be determined by each swimmer's times relative to the world record in their own classification.
3. Para swimmers will be included but not placed within the results for the appropriate age group in the able-bodied competition unless their entry times meet the qualifying times for the able-bodied competition. They will also be included in the multi-class results and placed within those results according to their equivalent times.
4. Winners of all events will be heat declared.
5. Competition to be run following IPC Swimming swim rules.

### **Medals:**

1. Medals shall be awarded on a multi-class basis to 1st, 2nd and 3rd place in each event.



## PSC Winter Short Course Open 2025

(Licensed by Swim England for entry into County Championships as Level 3 under No. 3ER251691)

### Coach/Team Manager Application Form

All Coach and TM applications are to be made via an online form which will be posted on the event webpage

[PSC Winter Short Course Open 2025](#)

Please note: the named person(s) is (are) authorised to hold a valid coaching or TM qualification, hold valid-in date DBS and safeguarding certificate.

Swim England accreditation check will need to be completed and presented to gain entry to poolside.

Coach Passes will not be available on the day. There will be no access to poolside without a pass, and passes must be worn at all times.

Coach/ TM/ Chaperone Passes are:

£10 per single day for Saturday / Sunday or £15 for the weekend (**without catering**)

£20 per single day for Saturday / Sunday or £35 for the weekend (**with catering**)

Please specify which day you require if it is a single day pass.

### Officials Request Form

This year we are collating all data for officials via the officials' online form.

Please complete the form, and confirm the date of your license expiry date, using the following link:

[PSC Winter Short Course Open 2025](#)

Dress Code where possible: White top, black trousers/ skirt.

Please note Putteridge swimming Club's [expense policy](#):



## PSC Winter Short Course Open 2025

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### Club Summary Entry Form

Please note, this is a summary form.

All passes must still be made through the above JotForm link which can also be found on [PSC Winter Short Course Open 2025](#)

**Closing date midnight on Friday 31<sup>st</sup> October 2025**

Club Name:	
Contact Name:	
E-mail Address:	
Telephone No:	

#### Entry Details

Please check the number of entries and costs match with the entry report from Sports Systems.		Total amount of Entries	Cost
Swimmers	@ £8.50		£
	@£17.00		£
Poolside Pass (Coach / Team Manager / Chaperone)			
No Catering	@ £10 (single day)		£
No Catering	@ £15 (weekend)		£
With Catering	@ £20 (single day)		£
With Catering	@ £35 (weekend)		£
Note Catering pass requires submission before midnight 7 <sup>th</sup> November 2025		TOTAL	£
Payment Method (tick and complete): BACS* <input type="checkbox"/> Ref: Club Name PSC NOVEMBER 2025			

\* BACS, Putteridge SC bank account details are as follows: HSBC Bank, sort code 40-30-39, account no 21073516

**Checklist – By the Closing Date of midnight Friday 31<sup>st</sup> October 2025, please ensure you have:**

Emailed to the Gala Promoter: [galapromoter@putteridgesc.co.uk](mailto:galapromoter@putteridgesc.co.uk)

- Club Summary Entry Form (This Form)
- Sports Systems Meet Entry File
- Paid by bank transfer the entry fee total from this form.





## PSC Winter Short Course Open 2025

(Licensed by Swim England for entry into County Championships as Level 3 under No. 3ER251691)

Saturday 15<sup>th</sup> and Sunday 16<sup>th</sup> November 2025

### Upper Cut off Qualifying Times (25m)

(No faster than)

Ages as of last day of competition – 16<sup>th</sup> November 2025

MALE/ OPEN							EVENT	FEMALE						
9	10	11	12	13	14	15/ Ov	Age	9	10	11	12	13	14	15/ Ov
32.0	31.5	30.0	28.5	27.0	26.0	23.8	50 Freestyle	34.0	32.9	31.7	30.7	29.3	28.9	27.9
1:11.3	1:11.3	1:06.5	1:01.2	57.2	55.5	53.1	100 Freestyle	1:12.1	1:10.1	1:08.2	1:05.3	1:02.0	1:01.5	1:00.0
2:42.0	2:30.0	2:19.0	2:10.8	2:04.5	2:00.2	1:56.0	200 Freestyle	2:37.5	2:28.8	2:20.4	2:13.9	2:10.2	2:07.5	2:05.9
5:00.00	4:50.00	4:44.50	4:44.50	4:30.00	4:25.00	4:15.50	400 Freestyle	5:30.00	5:00.00	4:50.00	4:44.50	4:44.50	4:35.00	4:30.00
-	-	9:30.0	9:00.0	8:40.0	8:30.0	8:20.0	800 Freestyle	-	-	9:35.5	9:05.9	8:45.8	8:43.6	8:34.7
-	-	17:42.9	17:37.3	16:26.3	15:41.1	15:10.5	1500 Freestyle	-	-	19:03.10	18:00.8	17:24.5	17:10.0	16:27.1
38.9	37.8	36.7	35.8	34.7	33.6	32.5	50 Breaststroke	41.9	40.7	39.3	38.4	37.2	36.3	35.4
1:27.3	1:27.3	1:20.5	1:17.7	1:13.0	1:10.7	1:08.4	100 Breaststroke	1:33.5	1:33.5	1:25.9	1:19.3	1:16.8	1:15.1	1:14.0
3:29.9	3:04.6	2:59.0	2:40.5	2:36.9	2:27.5	2:25.0	200 Breaststroke	3:30.7	3:13.1	2:58.5	2:44.8	2:39.2	2:35.5	2:33.4
35.1	34.0	32.9	31.8	30.4	29.3	27.5	50 Butterfly	36.9	35.9	34.3	33.1	32.3	31.1	29.4
1:18.1	1:18.1	1:11.0	1:08.5	1:04.1	1:01.6	59.7	100 Butterfly	1:24.5	1:24.5	1:15.7	1:09.7	1:07.6	1:06.8	1:05.0
3:12.9	2:54.3	2:38.4	2:27.1	2:19.8	2:10.3	2:04.3	200 Butterfly	3:20.1	2:52.4	2:45.0	2:28.3	2:24.5	2:24.0	2:18.0
35.9	34.8	33.5	32.8	31.6	30.8	28.5	50 Backstroke	37.9	36.3	35.7	34.5	33.7	32.4	30.3
1:19.4	1:19.4	1:12.5	1:09.0	1:04.7	1:02.4	1:00.2	100 Backstroke	1:24.1	1:24.1	1:15.4	1:09.6	1:07.6	1:06.0	1:05.3
3:02.1	2:39.10	2:33.2	2:20.4	2:18.9	2:10.6	2:04.2	200 Backstroke	2:54.8	2:43.6	2:37.7	2:27.4	2:19.3	2:15.2	2:13.7
3:10.8	2:54.9	2:43.4	2:34.2	2:26.6	2:19.9	2:14.2	200 Ind. Medley	3:12.5	2:54.8	2:43.2	2:34.7	2:30.7	2:27.7	2:24.3
-	5:45.50	5:35.00	5:30.00	5:20.50	5:00.00	4:45.00	400 Ind. Medley	-	5:45.50	5:35.00	5:30.00	5:20.50	5:00.00	4:45.00