



Swim England Bedfordshire

The Bedfordshire County Championships (50m) 2026

Schedule of Events



Session One

Saturday 24 January – W/U 18:00 Start 18:30

Mixed	1500m	Freestyle	TF
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Session Two

Friday 30 January – W/U 18:00 Start 18:30

Mixed	800m	Freestyle	TF
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Session Three

Saturday 31 January – W/U 08:10 Start 09.15

Men's	200m	Freestyle	TF
Female	100m	Backstroke	Heats
Open/Male	50m	Breaststroke	Heats
Female	200m	Butterfly	TF
Open/Male	400m	Individual Med	TF

Female	100m	Backstroke	Finals
Open/Male	50m	Breaststroke	Finals

Session Four

Saturday 31 January- W/U 12.55 Start 14.00

Female	100m	Butterfly	Heats
Open/Male	50m	Freestyle	Heats
Female	200m	Individual Med	TF

Relay Swimmers Only W/U 15.25

Open/Male	50m	Freestyle	Finals
Female	100m	Butterfly	Finals

Open/Male 10&11	4x50m	Med Team	TF
Female 10&11	4x50m	Med Team	TF
Open/Male 12&13	4x50m	Med Team	TF
Female 12&13	4x50m	Med Team	TF
Open/Male 14&15	4x50m	Med Team	TF
Female 14&15	4x50m	Med Team	TF
Open/Male Open	4x50m	Med Team	TF
Female Open	4x50m	Med Team	TF

Session Five

Sunday 1 February - W/U 08:10 Start 09.15

Female	400m	Freestyle	TF
Open/Male	50m	Backstroke	Heats
Female	100m	Breaststroke	Heats
Open/Male	200m	Breaststroke	TF

Relay Swimmers Only W/U 11.30

Female	100m	Breaststroke	Finals
Open/Male	50m	Backstroke	Finals

Mixed 10&11	4x50m	Free Team	TF
Mixed 12&13	4x50m	Free Team	TF
Mixed 14&15	4x50m	Free Team	TF
Mixed Open	4x50m	Free Team	TF

Session Six

Sunday 1 February – W/U 12.55 Start 14.00

Open/Male	50m	Butterfly	Heats
Female	100m	Freestyle	Heats
Open/Male	200m	Backstroke	TF

Relay Swimmers Only W/U 15.15

Female	100m	Freestyle	Finals
Open/Male	50m	Butterfly	Finals

Female Open	4x100	Med Team	TF
Open/Male Open	4x100	Med Team	TF

Session Seven

Saturday 7 February – W/U 08:10 Start 09.15

Female	200m	Freestyle	TF
Open/Male	100m	Backstroke	Heats
Female	50m	Butterfly	Heats
Open/Male	200m	Butterfly	TF
Female	400m	Individual Med	TF

Open/Male	100m	Backstroke	Finals
Female	50m	Butterfly	Finals

Session Eight

Saturday 7 February - W/U 12.55 Start 14.00

Open/Male	100m	Butterfly	Heats
Female	50m	Breaststroke	Heats
Open/Male	200m	Individual Med	TF

Relay Swimmers Only W/U 15.20

Female	50m	Breaststroke	Finals
Open/Male	100m	Butterfly	Finals

Female 10&11	4x50m	Free Team	TF
Open/Male 10&11	4x50m	Free Team	TF
Female 12&13	4x50m	Free Team	TF
Open/Male 12&13	4x50m	Free Team	TF
Female 14&15	4x50m	Free Team	TF
Open/Male 14&15	4x50m	Free Team	TF
Female Open	4x50m	Free Team	TF
Open/Male Open	4x50m	Free Team	TF

Session Nine

Sunday 8 February – W/U 08:10 Start 09.15

Open/Male	400m	Freestyle	TF
Female	50m	Backstroke	Heats
Open/Male	100m	Breaststroke	Heats
Female	200m	Breaststroke	TF

Relay Swimmers Only W/U 11.20

Open/Male	100m	Breaststroke	Finals
Female	50m	Backstroke	Finals

Mixed 10&11	4x50m	Med Team	TF
Mixed 12&13	4x50m	Med Team	TF
Mixed 14&15	4x50m	Med Team	TF
Mixed Open	4x50m	Med Team	TF

Session Ten

Sunday 8 February - W/U 12.55 Start 14.00

Female	50m	Freestyle	Heats
Open/Male	100m	Freestyle	Heats
Female	200m	Backstroke	TF

Relay Swimmers Only W/U 15.30

Open/Male	100m	Freestyle	Finals
Female	50m	Freestyle	Finals

Open/Male Open	4x100m	Free Team	TF
Female Open	4x100m	Free Team	TF

Warm up Sessions will last one hour unless stated otherwise

800 Free and 1500 Free Warm up will be 25 Minutes

Relay Swimmers Warm Up will be no earlier than the time given and will be for 15 Minutes

TF = Timed Final