

Team Bath AS Nut Allergy Risk Assessment

TASK OR ACTIVITY COVERED BY THE ASSESSMENT
Open Meets and Gala's

SIGNIFICANT HAZARDS ASSOCIATED WITH THE ACTIVITY
Swimmer, coach or volunteer goes into anaphylactic shock as a result to a severe nut allergy.

PERSONS AT RISK
Swimmer, volunteer or coach

RECOMMENDATIONS
These details are in conjunction with the risk assessment for Open Meets and Gala's 2023-2024. Actions prior to the Open Meet/ Gala • Medical information for swimmers, coaches and volunteers is gained as part of the membership process when joining the club. • Where significant medical intervention may be required the club will request a copy of the swimmers/coach/volunteer's medical care plan. • Medical information will be updated annually or sooner if a new medical need arises. • The Welfare Officer will be informed of any person having significant medical needs or allergies so that the information can be passed to the coaching team and volunteer co-ordinator. The welfare officer may ask for more details or to clarify points. • The Volunteer Coordinator will update the Team Managers file/ register to highlight any persons with significant medical needs and the type of allergy and any further details. • Discussion/feedback from the parent/guardian as to any recommendations any further actions should be taken to reduce the risks. • A copy of the Medical Care Plan should be in the TM file. • Team Bath AS cannot enforce any rules for events, but we will directly contact the promoter or referee prior to the meet to advise them that a Team Bath AS swimmer, coach or volunteer will be at the event with nut allergy. • The meet organisers should be made aware that they have a TBAS member with a significant allergy so they can add it to their own risk assessment and inform all clubs of the allergy. • We request that the parent or coach/volunteer also contacts the promoter directly- volunteers team or welfare to check. On the Day • The coaches and Team Managers should be able to identify both the swimmer and the parent/guardian. A photo of the swimmer will be included as part of the medical care plan to assist with this. • If the parent is not intending to stay at the meet, they must inform the Team Manager and be notified that medical intervention will be fulfilled by the lifeguarding team if needed or by any other persons in an emergency.

- If a parent/guardian is helping at the event the coaches/TM should be aware of what role so that it is easier to contact them. Where practicably possible, the swimmer should be within easy reach of the parent generally in order for the necessary medication to be administered in the event of an allergic reaction.
- The member with the allergy must have the Allergy Action Plan and Medpac with them at all times and this may be checked on arrival.
- The swimmer should carry the Medpac to heat marshalling and starting blocks.
- The swimmer must not ACCEPT any sweets or food from other swimmers during training/trial. Only food supplied by the parent to be consumed.
- Team Managers should ensure that the area where the club is sitting kept clear of food wrappers.
- In the event of anaphylactic shock, the alarm must be raised (by coach/lifeguard/team manager), parent/guardian made aware.
- If parent is unavailable, then site lifeguard team will follow the Allergy Action Plan. Emergency services must be contacted, and the swimmer is taken to hospital.
- If the allergy is identified at the meet which was not previously disclosed, then the team manager should add the details to the file and inform the welfare officer that the medical records should be checked and reviewed.

Medical professionals want children to lead as normal a life as possible and look for reasonable adaptations to be put in place to minimise the impact on the child and their family. Therefore, parents should be able to leave their child like other parents do, if they feel comfortable to do so.

Additional Actions for the Swimmer

Notify an adult/coach/TM immediately if you eat something you believe may contain the food to which you are allergic.

Notify an adult immediately if you believe you are having a reaction, even if the cause is unknown.

Be sure not to exchange food with others.

Avoid eating anything with unknown ingredients.

Review: the parent/ guardian should ensure that Team Bath AS have up to date information regarding their swimmer's health and should contact the Welfare officer with any changes.

Whilst Team Bath AS will ensure all reasonable and practical steps are put in place to minimize risk, it is not possible for the club to fully police and implement safeguards to ensure that there is a completely nut free environment.