

Chelsea and Westminster Swimming Club

2025 CWSC December Duel in the Pool

Kensington Leisure Centre, Silchester Rd, London W10 6EX

(Affiliated to Swim England London Region)

Under Swim England Laws and Swim England Technical Rules

Level 4 Licensed Meet 4LR252459

Sun 14th December 2025

Session 1: Warm up 08:00; Start TBC		Session 2: Warm up TBC; Start TBC		Session 3: Warm up TBC; Start TBC	
1	Open/Male 200 IM	21	Open/Male 200 Freestyle	31	Open/Male 100 IM
2	Girls 200 IM	22	Girls 200 freestyle	32	Girls 100 IM
3	Open/Male 100 Freestyle	23	Open/Male 100 Breaststroke	33	Open/Male 50 Backstroke
4	Girls 100 freestyle	24	Girls 100 Breaststroke	34	Girls 50 Backstroke
5	Open/Male 200 Backstroke	25	Open/Male 50 Butterfly	35	Open/Male 200 Breaststroke
6	Girls 200 Backstroke	26	Girls 50 Butterfly	36	Girls 200 Breaststroke
7	Open/Male 100 Butterfly	27	Open/Male 100 Backstroke	37	Open/Male 50 Freestyle
8	Girls 100 Butterfly	28	Girls 100 Backstroke	38	Girls 50 Freestyle
9	Open/Male 50 Breaststroke				
10	Girls 50 Breaststroke				