

Age of Swimmers will be as of 31st December 2025

Minimum Age is 10 Years

Times must be on Rankings (Level 1-4 Meet)

Open/Male Consideration Times				
Stroke	Distance	10-12 yrs	13-15 yrs	16+ yrs
Freestyle	25			00:11.00
	50	00:35.45	00:31.45	00:27.85
	100	01:19.42	01:08.84	00:58.56
	200	02:49.83	02:31.43	02:07.63
	400	06:17.51	05:22.11	04:38.61
	800	11:00.02*	10:30.02	09:55.04
Backstroke	1500	21:15.06*	20:15.05	18:40.45
	50	00:43.58	00:38.58	00:34.28
	100	01:28.64	01:19.54	01:08.84
Breaststroke	200	03:13.32	02:46.05	02:28.02
	50	00:50.59	00:44.29	00:38.49
	100	01:44.63	01:30.53	01:19.73
Butterfly	200	03:42.47	03:15.37	02:56.27
	50	00:44.59	00:37.29	00:32.79
	100	01:42.51	01:25.01	01:07.61
Individual Medley	200	03:55.06	03:35.26	02:41.66
	100	01:35.43	01:19.93	01:10.53
	200	03:14.29	02:48.49	02:25.99
	400	06:54.47*	06:05.26	05:34.24

*12yrs only

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Female Consideration Times				
Stroke	Distance	10-12 yrs	13-15 yrs	16+ yrs
Freestyle	25			11:50.00
	50	00:35.40	00:31.40	00:29.80
	100	01:17.40	01:07.80	01:02.50
	200	02:48.80	02:27.40	02:16.60
	400	06:00.50	05:19.10	04:59.60
	800	10:55.02*	10:33.02	10:04.04
Backstroke	1500	21:50.06*	20:59.05	20:15.46
	50	00:39.50	00:37.50	00:34.20
	100	01:28.60	01:18.50	01:13.00
Breaststroke	200	03:07.30	02:45.00	02:35.00
	50	00:49.50	00:43.20	00:40.00
	100	01:42.60	01:30.50	01:24.70
Butterfly	200	03:36.40	03:10.30	02:58.20
	50	00:42.50	00:35.40	00:33.50
	100	01:36.50	01:22.00	01:11.60
Individual Medley	200	03:45.00	03:15.20	02:52.60
	100	01:28.40	01:20.90	01:12.00
	200	03:05.20	02:47.40	02:36.90
	400	06:50.40*	06:10.20	05:45.60

*12yrs only