

SE LONDON WINTER CHAMPIONSHIPS 2025

QUALIFYING AND CONSIDERATION TIMES

LONG COURSE

	Open/Male				Female			
	16 & Under		17 & Over		16 & Under		17 & Over	
	QT	CT	QT	CT	QT	CT	QT	CT
50m Freestyle	26.30	27.70	25.40	26.70	29.30	30.80	28.30	29.70
100m Freestyle	56.90	59.70	55.60	58.40	1:03.10	1:06.30	1:00.60	1:03.60
200m Freestyle	2:05.70	2:12.00	2:02.50	2:08.60	2:14.10	2:20.80	2:12.10	2:18.70
400m Freestyle	4:29.70	4:43.20	4:16.60	4:29.50	4:36.50	4:50.30	4:40.50	4:54.50
800m Freestyle	9:25.00	9:53.20	9:05.00	9:32.30	9:49.00	10:18.40	9:42.20	10:11.30
1500m Freestyle	17:58.00	18:51.90	17:20.50	18:12.50	18:10.10	19:04.60	17:54.90	18:48.60
50m Backstroke	30.90	32.40	30.50	32.00	33.60	35.30	32.90	34.60
100m Backstroke	1:05.90	1:09.20	1:03.80	1:07.00	1:10.10	1:13.60	1:07.50	1:10.80
200m Backstroke	2:24.20	2:31.40	2:18.50	2:25.40	2:31.20	2:38.70	2:27.00	2:34.40
50m Breaststroke	34.10	35.80	33.00	34.60	37.60	39.50	36.10	37.90
100m Breaststroke	1:14.90	1:18.60	1:11.50	1:15.10	1:20.50	1:24.50	1:19.50	1:23.50
200m Breaststroke	2:45.10	2:53.40	2:36.50	2:44.30	2:55.40	3:04.20	2:53.20	3:01.80
50m Butterfly	28.50	29.90	26.10	27.40	31.60	33.20	29.80	31.30
100m Butterfly	1:02.90	1:06.10	1:00.00	1:03.00	1:10.60	1:14.10	1:08.40	1:11.90
200m Butterfly	2:22.70	2:29.80	2:17.70	2:24.60	2:38.20	2:46.10	2:34.80	2:42.60
200m Individual Medley	2:25.90	2:33.30	2:17.50	2:24.40	2:34.50	2:42.30	2:29.10	2:36.50
400m Individual Medley	5:08.50	5:24.00	5:00.90	5:15.90	5:26.00	5:42.30	5:15.60	5:31.30

SE LONDON WINTER CHAMPIONSHIPS 2025

QUALIFYING AND CONSIDERATION TIMES

SHORT COURSE

	Open/Male				Female			
	16 & Under		17 & Over		16 & Under		17 & Over	
	QT	CT	QT	CT	QT	CT	QT	CT
50m Freestyle	25.50	26.90	24.60	25.90	28.60	30.10	27.60	29.00
100m Freestyle	55.40	58.30	54.10	57.00	1:01.80	1:05.00	59.20	1:02.30
200m Freestyle	2:02.90	2:09.30	1:59.60	2:05.90	2:11.50	2:18.30	2:09.40	2:16.20
400m Freestyle	4:24.50	4:38.20	4:11.10	4:24.20	4:31.40	4:45.40	4:35.50	4:49.70
800m Freestyle	9:14.70	9:43.40	8:54.30	9:22.10	9:39.10	10:09.00	9:32.20	10:01.80
1500m Freestyle	17:38.70	18:33.50	17:00.50	17:53.50	17:51.00	18:46.40	17:35.50	18:30.20
50m Backstroke	30.20	31.80	29.80	31.40	33.00	34.70	32.30	34.00
100m Backstroke	1:04.70	1:08.00	1:02.50	1:05.80	1:08.90	1:12.50	1:06.30	1:09.70
200m Backstroke	2:21.90	2:29.20	2:16.10	2:23.10	2:29.00	2:36.60	2:24.70	2:32.20
50m Breaststroke	33.20	34.90	32.00	33.70	36.80	38.70	35.20	37.10
100m Breaststroke	1:13.20	1:17.00	1:09.70	1:13.40	1:18.90	1:23.00	1:17.90	1:22.00
200m Breaststroke	2:41.90	2:50.30	2:33.10	2:41.10	2:52.40	3:01.30	2:50.10	2:58.90
50m Butterfly	27.80	29.30	25.40	26.70	31.00	32.60	29.20	30.70
100m Butterfly	1:01.70	1:04.90	58.70	1:01.80	1:09.50	1:13.10	1:07.30	1:10.80
200m Butterfly	2:20.50	2:27.70	2:15.40	2:22.40	2:36.20	2:44.20	2:32.70	2:40.60
100m Individual Medley	1:05.00	1:09.19	1:01.00	1:04.05	1:10.00	1:13.50	1:09.00	1:12.45
200m Individual Medley	2:23.20	2:30.70	2:14.60	2:21.60	2:31.90	2:39.80	2:26.40	2:34.00
400m Individual Medley	5:02.80	5:18.50	4:55.00	5:10.30	5:20.60	5:37.10	5:10.00	5:26.00