

# CWSC Epic Season 2022-2023



Unforgettable memories across our club this season. Thank you to all that help to continue to provide opportunities for our swimmers. The key to their success is your support and our belief, thank you

Lisa Bates, Director of Swimming

[Link to Head Coach's End of Season Report](#)



## CWSC - 3rd in the Junior Arena League Final



September 2022

## Olympic gold medalist James Guy trains with National Performance



September 2022



## SE London Winter Championships 2022

CWSC win 300 points clear  
18 club records



November 2022

## County Qualifier

CWSC Win Top Club



December 2022



## CWSC Win the Arena League London Division and are through to the A final!



December 2022



2 British Age Group Records  
3 Medals  
29 Club records  
22 Final swims  
36 Pb's

December 2022





## New Year's Training at Tenerife!



Tenerife T3 training reel CWSC January 2023

## Wycombe Level 3 Meet

CWSC win Top Visiting Club  
& Top Overall Boy



February 2023



CWSC wins 15 Counties'  
trophies including the 'County  
Cup' for Top Boys



February 2023



## Arena League A final - 6th Place

cardiff international pool  
pwll rhyngwladol caerdydd



Propulsion swim CWSC reel March 2023

## British Championships

Nick and Edward qualified for the Commonwealth Youth Games  
Martyna qualified for the European Youth Olympic Festival  
Edward qualified for the European Junior Championships  
Bryan qualified for the World Aquatic Championships



April 2023



## HAC Regional Qualifier

CWSC wins  
Top visiting club  
Top Boy



March 2023

## Wycombe Sprint Meet

CWSC wins: Top Boy, Top Girl  
and Top visiting Club



April 2023

## Medals, PB's and National times at the Portsmouth and Northsea Meet



8  
13  
11



April 2023



## Swim England SE London Summer Championships

National rankings/ 8 British national relay teams/and many medals



May 2023

## CWSC Win all 3 rounds of M11

And are through to the final!



[Link to M11 league results](#)

June 2023

## Club Champs

Smiles and fast swimming all around!  
Thanks to our officials!



June 2023

## Coach of the Year

Regional Awards 2022

Swim England London



CWSC Director of Swimming, Lisa Bates, wins Swim England's London Regional 'Coach of the Year' award

BRITISH SWIMMING

Swim England

## Nationals

SWIM IRELAND



British Summer Nationals

4 20 Club Records  
9  
5

English Nationals

1 July/ August 2023



Irish Youth and Senior Championship

1  
2  
2

Swim Wales Summer Open

3 4

## International swimmers



Edward Marcal Whittles qualified for the semi finals of 200 IM at the European Junior Championships. He won gold in the 400 IM and a bronze in the 200 IM in the Swedish Grand Prix and placed 4th in the 200 IM, 5th in the 400 IM and 6th in the 200 Breast in the Commonwealth Youth Games.



Bryan Leong has broken the Malaysian National record in the 100 fly (World Aquatic Championships Fukuoka 2023) and the 50 fly (World University Games, Chengdu 2023).



Martyna Karabacz placed 4th in 200 backstroke at the European Youth Olympic Festival 2023.



Nick Finch won silver for the 50 fly and 100 fly at the Commonwealth Youth Games; and gold for the 4X100m freestyle relay and the 4X100m mixed medley relay.

