



Newsletter Dec/Jan 2023

Middlesex County Championships

Olympic series masterclasses

T3 Tenerife training camp

Awards

Thank you from the committee



Middlesex County Championships



Max Stafford -Davies



Veronica Venuti



Edward Marcal Whittles



Jason Mahmutoglu

CWSC swimmers competed at the Middlesex County Championships at the London Aquatic Centre 14-15/01/2023.

It was the perfect start to the long course season. Our swimmers excelled, gaining many personal best swims and collecting many medals throughout the weekend.

Well done to: Max, Veronica, Edward, Jason, Zeno, Nick and Henry for winning County Championship trophies (see link below).

Congratulations to all of our swimmers on a great first County Championship weekend. We look forward to the second weekend of Counties racing at Hillingdon 18-19/02/2023



Zeno Umbertalli



Nick Finch



Henry Gray

[Link to Counties Trophy awards 2023](#)

[Link to Middlesex County Championship information](#)



T3 Tenerife training Camp



CWSC national and regional performance swimmers flew to Tenerife after Christmas to train in the winter sunshine.

Our swimmers started their second cycle of work at the **T3, Top Training facility**, with their coaches, Lisa and Alexander, and land training coach, Theo.



[Link to CWSC InstagramTenerife reel](#)



Olympic series stroke clinics

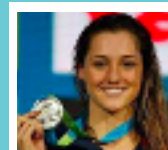


A big thank you to Siobhan Marie O'Connor and Molly Renshaw for taking the hugely successful CWSC Olympic Series masterclasses.



Siobhan Marie O'Connor

The next in the Olympic masterclass series is backstroke skills and technique on 26/02/2023 at Kensington Leisure Centre.



Molly Renshaw

Please click [here](#) for details

[Link to CWSC swimmers at the Butterfly clinic](#)



Active Westminster Awards



Congratulations to Edward Marcal Whittles for winning the 'Young Sports Personality of the Year' at the **Active Westminster Awards 2022**. It's great to see Edward's achievements have been recognized. And congratulations to Henry Gray who was also nominated for this award.



The RBKC Power of Sport Awards and GLL Sports Foundation Certificates



Congratulations to Indigo Spence for being nominated for the 'Young Person of the Year' at the **RBKC Power of Sport Awards 2022**. Congratulations also to Luke Pryce Jones, Dmytro Danylenko and Indigo Spence for receiving **GSF Certificates** in recognition of their achievements and dedication to their sport.



Letter from the committee

Thank you!

CWSC is celebrating the club's many achievements of 2022; and looking forward to the many challenges that 2023 will bring.

We would like to take this opportunity to thank everyone who has contributed to the club's success over the past year.

We would especially like to thank the amazing coaching team, who have challenged and guided our swimmers to improve at every turn.

CWSC is run by parent and carer volunteers. We would like to thank all of the parents who give their time and talents to ensure the smooth running of our club; both in the day to day practicalities, and during competitions. We appreciate our growing team of technical officials and their commitment to helping CWSC swimmers on their journey through the competitive pathway.

Our CWSC Awards Ceremony Raffle raised an amazing £7000! Thank you for all of the wonderful gifts that were donated for the raffle. Thank you also for the support you give through your monthly direct debit donations and one off donations. Your incredible generosity has been invaluable in ensuring financial adversity is not a barrier to success in CWSC, as your donations help to support the CWSC Bursary and Scholarship programme. Your support has also contributed to the purchase of backstroke ledges and lapcards, for our all of our swimmers to use in CWSC competitions.

Our final thank you goes to our amazing swimmers. They work hard and make us proud, not only in what they achieve, but also how they achieve – *as one team, supporting each other*. All of our swimmers contribute to the positive culture that makes CWSC special.

We wish you all the best for 2023!

The CWSC Board

Swim Meets and Galas February - April 2023

For full details of the swim meets below, please visit CWSC, events and competitions tab, team events.

Feb
18
2023

2023 WDSC Dual Award Open
18-19th February 2023



Mar
24
2023

The Winchester Spring Qualifier L1 LC
24-26th March 2023



Feb
18
2023

MCASA County Championships
Weekend 2, 18-19th February 2023



Apr
04
2023

British Swimming Championships 2023
04-09th April 2023



Mar
10
2023

Derventio eXcel Level 1 LC Open Meet 2023
10-12 March 2023



Apr
06
2023

Portsmouth Northsea Easter Meet 2023
Long Course Level 1 Meet
6-9th April 2023



Mar
18
2023

BWSC Regional Qualifier Meet 2023
18-19th March 2023

