



CWSC Win SE London Winter Championships!



Josef A, Bryan L and Jeffery L



Ada T Y, Martyna K and Victoria B

CWSC Swimmers competed at the SE London Winter Championships, at the London Aquatics Centre, 2-3rd November 2024.

A massive well done to our great team of swimmers. CWSC came first in both the Combined Team Scores and the Girls Team Scores.

Congratulations to all of our medalists and our 16 and under junior medalists on their outstanding performances.

[Link to SE London Winter Championships combined team scores](#)

[Link to SE London Winter Championships combined team scores by age group](#)

Top combined team score
Top girls score



11 Gold medals

Martyna K
200 freestyle
400 freestyle 16 & under
800 freestyle
200 back stroke

Bryan L
100 butterfly
50 butterfly
50 freestyle

Tallulah P
50 butterfly
50 freestyle

Zeno U
100 backstroke

Victoria Bunimovitch
400 freestyle 17+



8 Silver medals

Martyna K
200 IM
100 backstroke

Tallulah P
100 butterfly
100 freestyle
50 backstroke

Killian P
200 breaststroke
Victoria Bunimovitch
200 freestyle



12 Bronze medals

Josef A
100 backstroke
50 freestyle
400 freestyle

Indigo S
100 butterfly
200 butterfly

Eddie R
100 breaststroke
200 breaststroke



Tallulah and Delilah P



Maya O

Ada T Y
200 freestyle
400 freestyle

Charlie T M
100 Freestyle

* The medals table awards the top 3 swimmers from each 50/100& 200m event

[Link to SE London Winter Championships medals table](#)

[Link to SE London Winter Championships results](#)

Jeffery Lo
50 butterfly

Isabella T
400 IM



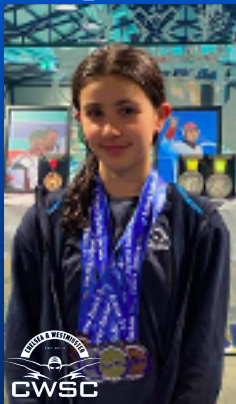
ARENA SWIM SERIES 2023-2024

Chelsea & Westminster + Millfield

CWSC & Millfield 2024 International Open Meet, 26 - 28th October 2024



Killian P



Evelyn R



Maya O



Tian Ze



Daniel A



Myla A

Swimmers from many clubs travelled to compete at the CWSC & Millfield 2024 International Open Meet.

CWSC swimmers gained many medals and PB's racing against tough competition. A massive well done to all who competed!

[Link to CWSC & Millfield 2024 International Meet results](#)

[Link to CWSC instagram reel](#)

[Link to Irish Olympian Max Macluser CWSC instagram reel](#)



Congratulations to Jason M on his selection to the Philippines Swimming Team. They will be competing at the 2024 World Aquatics Swimming World Cup, Incheon, South Korea, 26-28th October 2024.



Congratulations to Ethan L on his selection to the Singapore Swimming Team. They will be competing at the 2024 World Aquatics Swimming World Cup, Singapore, 31st October - 2nd November 2024.

Lisa Bates at Buckingham Palace



Congratulations to Lisa Bates, Director of Swimming, on her invitation to Buckingham Palace to receive accreditation from UK Coaching and UK Sport. This award honours her exceptional support of the Olympic and Paralympic Coaching Team for the 2024 Games.

Swim England Swimming National Talent Pathway DiSe Programme



Congratulations to Eddie R on his selection.

Swim England Swimming National Talent Pathway National Youth Development Programme

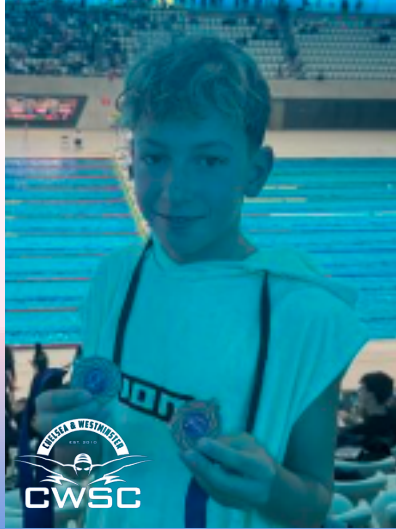


Congratulations to Aslan E on his selection.



Nuel SC Early County Qualifier Open Meet

12-13th October 2024, London Aquatic Centre



CWSC Swimmers had a fantastic weekend of racing at NUEL SC's Early County Qualifier.

Our 76 swimmers had lots of smiles, won many personal bests swims and tonnes of medals! Well done everyone!

[Link to NUEL ECQM results](#)



Coach's selected swimmer



Coach Michele Negro has selected Gwendolyn B, Gold Squad, because she is a dedicated swimmer and CWSC volunteer.

Gwendolyn has been acting as a coaching assistant with Red and Yellow Hat, Kensington sessions, for 2 years.

Gwendolyn's support in helping swimmers refine their four strokes often leads to their

their promotion to the next squad. She also volunteers as a timekeeper /coach at many CWSC Red & Orange and Yellow & Blue Hat Galas .

Gwendolyn's volunteering is a testament to her dedication and passion for swimming. We would like to thank her for her commitment and her ability to inspire our young athletes.



A very close second for CWSC in the first round of National Arena League. Well done to our team who fought to the end!

SWIM SWAM

Link to: Are you mentally prepared to rock on race day?



Meets and Galas November/ December 2024

Nov
23
2024

CWSC Development Meet
23-24th November 2024

Dec
05
2024

Swim England National Winter Championships
5-8th December 2024

Dec
07
2024

NUEL SC Late County Qualifier Open Meet
7-8 th December 2024

Dec
15
2024

CWSC Duel in the Pool
15th December 2024

Please see the TU events page for full details of the listed events