



LEVEL 1 NATIONAL QUALIFIER OPEN MEET

AT THE HENGROVE PARK LEISURE CENTRE

3RD-5TH APRIL 2026

Held under Swim England Laws and Technical Rules of racing - **Licence Number: 1SW260380**

Licensed Level 1 for entry into local, regional, and national competitions

50m, 10 lane pool with anti-wave ropes and electronic timing

Age at End of Year 2026 (31/12/26)

This event is run as Heats and Finals

Awards will be given for both Heat Declared age group winners and

Finalists (12 & Under, 13-14, 15-16 and 17 & Over)

All enquiries via our Open Meet Manager – email cobmeetmanager@outlook.com

Entries Close Midnight on Monday 16th March 2026

OFFICIALS SIGN UP - <https://swim-meet.com/Availability/?m=8405>

In Partnership with



PROGRAMME OF EVENTS

<u>DAY 1 FRIDAY 3RD APRIL</u>				<u>DAY 2 SATURDAY 4TH APRIL</u>				<u>DAY 3 SUNDAY 5TH APRIL</u>			
Session 1				Session 4				Session 7			
1	Girls	10 & Over	100 Backstroke	12	Open/Male	10 & Over	200 Butterfly	23	Girls	10 & Over	200 Freestyle
2	Open/Male	10 & Over	200 Backstroke	13	Girls	10 & Over	200 IM	24	Open/Male	10 & Over	200 Breaststroke
3	Girls	10 & Over	50 Breaststroke	14	Open/Male	10 & Over	50 Breaststroke	25	Girls	10 & Over	100 Butterfly
4	Open/Male	10 & Over	50 Freestyle	15	Girls	10 & Over	50 Freestyle	26	Open/Male	10 & Over	50 Butterfly
5	Girls	10 & Over	400 Freestyle	16	Open/Male	10 & Over	400 Freestyle	27	Girls	10 & Over	50 Backstroke
FINALS WARM UP/BREAK				FINALS WARM UP/BREAK				FINALS WARM UP/BREAK			
1F	Girls	Finals	100 Backstroke	12F	Open/Male	Finals	200 Butterfly	23F	Girls	Finals	200 Freestyle
2F	Open/Male	Finals	200 Backstroke	13F	Girls	Finals	200 IM	24F	Open/Male	Finals	200 Breaststroke
3F	Girls	Finals	50 Breaststroke	14F	Open/Male	Finals	50 Breaststroke	25F	Girls	Finals	100 Butterfly
4F	Open/Male	Finals	50 Freestyle	15F	Girls	Finals	50 Freestyle	26F	Open/Male	Finals	50 Butterfly
Session 2				Session 5				27F	Girls	Finals	50 Backstroke
6	Open/Male	11 & Over	800 Freestyle	17	Girls	11 & Over	800 Freestyle	Session 8			
Session 3				Session 6				28	Mixed	11 & Over	1500 Freestyle
7	Girls	10 & Over	200 Butterfly	18	Open/Male	10 & Over	100 Backstroke	Session 9			
8	Open/Male	10 & Over	100 Butterfly	19	Girls	10 & Over	200 Backstroke	29	Open/Male	10 & Over	200 IM
9	Girls	10 & Over	100 Freestyle	20	Open/Male	10 & Over	200 Freestyle	30	Girls	10 & Over	200 Breaststroke
10	Open/Male	10 & Over	100 Breaststroke	21	Girls	10 & Over	100 Breaststroke	31	Open/Male	10 & Over	100 Freestyle
11	Girls	11 & Over	400 IM	22	Open/Male	11 & Over	400 IM	32	Girls	10 & Over	50 Butterfly
FINALS WARM UP/BREAK				FINALS WARM UP/BREAK				33	Open/Male	10 & Over	50 Backstroke
7F	Girls	Finals	200 Butterfly	18F	Open/Male	Finals	100 Backstroke	FINALS WARM UP/BREAK			
8F	Open/Male	Finals	100 Butterfly	19F	Girls	Finals	200 Backstroke	29F	Open/Male	Finals	200 IM
9F	Girls	Finals	100 Freestyle	20F	Open/Male	Finals	200 Freestyle	30F	Girls	Finals	200 Breaststroke
10F	Open/Male	Finals	100 Breaststroke	21F	Girls	Finals	100 Breaststroke	31F	Open/Male	Finals	100 Freestyle
								32F	Girls	Finals	50 Butterfly
								33F	Open/Male	Finals	50 Backstroke

City of Bristol Level 1 National Qualifier April 2026 – MINIMUM QUALIFICATION TIMES

Qualifying Times (QT) are Long Course (LC). Please use your faster time from either converted Short Course or Long Course.

Open/Male							Events	Female						
10-11	12	13	14	15	16	17/Ov		10-11	12	13	14	15	16	17/Ov
37.00	35.00	33.00	31.00	30.00	29.00	28.50	50m Freestyle	38.00	36.00	34.00	33.00	33.00	32.00	32.00
1.22.00	1.17.00	1.12.00	1.08.00	1.04.00	1.03.50	1.02.00	100m Freestyle	1.22.00	1.17.00	1.14.00	1.12.00	1.11.00	1.10.00	1.09.00
2.59.00	2.49.00	2.38.00	2.29.00	2.23.00	2.18.00	2.16.00	200m Freestyle	2.58.00	2.47.00	2.40.00	2.36.00	2.34.00	2.33.00	2.33.00
5.56.00	5.38.00	5.21.00	5.07.00	4.57.00	4.49.00	4.49.00	400m Freestyle	5.56.00	5.38.00	5.26.00	5.18.00	5.12.00	5.10.00	5.09.00
12.45.00	12.01.00	11.05.00	10.30.00	10.00.00	10.00.00	9.45.00	800m Freestyle	12.45.00	12.01.00	11.27.00	11.07.00	10.56.00	10.47.00	10.20.00
24.00.00	22.30.00	21.30.00	20.15.00	19.30.00	18.55.00	18.20.00	1500m Freestyle	24.00.00	22.30.00	21.30.00	21.00.00	20.30.00	20.30.00	20.00.00
43.00	41.00	38.00	36.00	35.00	34.00	34.00	50m Backstroke	43.00	41.00	39.00	38.00	37.00	36.00	36.00
1.33.00	1.27.00	1.24.00	1.19.00	1.14.00	1.12.00	1.12.00	100m Backstroke	1.32.00	1.26.00	1.22.00	1.21.00	1.20.00	1.19.00	1.19.00
3.18.00	3.07.00	2.54.00	2.47.00	2.41.00	2.38.00	2.38.00	200m Backstroke	3.16.00	3.05.00	2.58.00	2.55.00	2.53.00	2.51.00	2.51.00
49.00	46.00	43.00	42.00	41.00	40.00	39.00	50m Breaststroke	49.00	46.00	44.00	43.00	42.00	41.50	41.00
1.51.00	1.43.00	1.35.00	1.30.00	1.24.00	1.22.00	1.21.00	100m Breaststroke	1.45.00	1.38.00	1.35.00	1.32.00	1.31.50	1.31.00	1.30.50
3.52.00	3.41.00	3.31.00	3.20.00	3.10.00	3.05.00	3.00.00	200m Breaststroke	3.45.00	3.31.00	3.25.00	3.20.00	3.18.00	3.15.00	3.15.00
42.00	39.00	37.00	35.00	34.00	33.00	32.00	50m Butterfly	42.00	40.00	38.00	36.00	35.00	34.00	34.00
1.37.00	1.30.00	1.24.00	1.19.00	1.14.00	1.12.00	1.11.00	100m Butterfly	1.35.00	1.29.00	1.24.00	1.22.00	1.21.00	1.20.00	1.20.00
3.41.00	3.25.00	3.10.00	2.54.00	2.43.00	2.39.00	2.39.00	200m Butterfly	3.37.00	3.25.00	3.10.00	3.04.00	3.01.00	2.59.00	2.59.00
3.20.00	3.10.00	2.59.00	2.49.00	2.43.00	2.38.00	2.37.00	200m Ind. Med.	3.20.00	3.10.00	3.01.00	2.57.00	2.55.00	2.54.00	2.54.00
7.42.00	7.06.00	6.40.00	6.17.00	5.55.00	5.39.00	5.30.00	400m Ind. Med.	7.03.00	6.37.00	6.20.00	6.08.00	6.01.00	5.55.00	5.55.00

CONDITIONS

To be held at Hengrove Leisure Park, The Boulevard, Hengrove Park,
Bristol, United Kingdom, BS14 0JZ

Licence - 1SW260380

General Conditions

1. This competition is held under Swim England Laws and Regulations and Swim England (SE) Technical Rules of Racing and has been licenced as Level 1 by Swim England.
2. All competitors must be members of an affiliated club, eligible to compete and registered in accordance with Swim England and technical rules and may enter in the name of one club only.
3. Attention should be given to the New Swim England Team Manager, Coach and Chaperone Policy effective from 1st September 2023. All Teams must be accompanied by at least one Level 2 or Swim England Swimming Coach who must have current Safeguarding and DBS passes. Team Managers on poolside must be TM1 Qualified and be DBS checked.
4. The Promoter of this event will adhere strictly to the Health and Safety Laws. It should be noted that no-one will be permitted into the changing rooms, poolside, or swimming/spectator seating area until the Promoters and/or Meet Referee are satisfied that these Health and Safety Rules have been met in full. Access to poolside and swimmers' area will at all times be limited to swimmers, coaches in possession of a valid coach's pass, meet officials, and other personnel necessary for the safe running of the meet.
5. The pool is 50m and at a depth of 2m throughout. The meet will be swum Long Course. Anti-wave devices will be in place and electronic timing/placing will be used.

Entries

6. All team entries are required to be submitted electronically using the Hy-Tek Team Manager software, or TM Lite software and must be accompanied by the Club Summary Form.
7. Individual swimmer entries ONLY are allowed in paper format using the official met entry form enclosed.
8. Minimum qualifying times apply and can be found in the attached table.
9. All entries must have times that currently show on event rankings. These may be Long Course (LC) or Short Course (SC) converted, whichever is fastest. It is the responsibility of all swimmers/parents and coaches to enter correct times as a random check will be done on the rankings database to check validity.
10. Awards will be provided for the first 3 swimmers as heat declared for the following age groups 10-11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17 & over. Additionally, medals will also be awarded for the first 3 swimmers in each final, age groups for finals will be 12 & under, 13-14, 15-16 and 17 & over. Age at End Of Year 2026 (31/12/2026)
11. The following age restrictions apply to some events:
 - 800m Freestyle, 1500 Freestyle and 400IM are only open to swimmers aged 11 years and over
12. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
13. Swimmers with a para swim classification must indicate this on their entry form or covering email along with classification and relevant exceptions.

14. A secondary strobe light will be available to aid hearing impaired / deaf swimmers who require an assisted start. To assist with event planning, please make any requirement for this equipment clear in your covering email when submitting entries and/or via email to the meet organiser ahead of the first day of the meet.

15. The Promoter will limit the number of entries should events be oversubscribed. Should it be necessary to do so, subject to a minimum of three swimmers being retained in each age group where entries permit, the Promotor shall remove equal numbers of the slowest swimmers from each age group until the meet fits within the permitted time/restrictions. The Promoter reserves the right to reject any entry where payment has not been made in line with these conditions.

16. As soon as possible after the closing date, confirmed entries will be emailed to clubs/swimmers. Please ensure you check this for accuracy and notify us of any errors as soon as possible.

17. Entries must be received by midnight on **Monday 16th March 2026**.

Payment

18. Cost for entry is £12.00 per event. Except 800m Free & 1500 Free which are £16 per event.

19. Coach/team manager passes are £15.00 each and entitle the holder to admission to all sessions, a programme (and/or heat sheets on the day) plus a full set of results per club. Poolside passes will be issued only for people affiliated with the entering club and it is the responsibility of the participating club to ensure their poolside staff have up to date DBS clearances.

20. Payments to be made for accepted entries as soon as entries are confirmed by the Promoter in any case no later than Thursday 27th March 2026.

BACs payment : Sort Code: 30-99-09 : Account number: 41640468 :

Please reference CoB L1 – Club Name or coherent abbreviation

21. No refunds for entries will be given after the entries have been processed and accepted, except in the case of medical withdrawals notified before the meet commences and with the production of a doctor's or medical certificate confirming the athlete is unfit to compete. Refunds in these circumstances will be processed post meet once the appropriate certification has been received by the meet promoter. It is the responsibility of the entrant to then provide a summary of events entered by the withdrawing athlete along with a bank account name, Account number and sort code into which the refund is to be made.

Timing and Races

22. Electronic placing and timing will be used. The operation of the electronic timing will be in accordance with Rule SW 13. Please note that the scoreboard is only an indication of placing/times, and the results will be at the referee's discretion.

23. All events will be swum by category (open/male & female) with combined age groups seeded on entry times except for Long Distance (LD) events will be swum as mixed gender, combined age groups and seeded on entry times.

24. Sign In is required for both Long-Distance Events (800m, 1500m). This must be before the start of the warmup of the session.

25. All swimmers must report to the Competition Stewards/heat marshals when instructed to do so. If in doubt, except for LD events, this should be at least 6 heats before their race. Any competitor not reporting on time may be excluded.

26. The meet will operate over the top starts, except for Back Stroke.

27. All swimmers must be able to execute a competitive racing dive as laid down by Swim England or they should start in the water. It is the swimmer's or their representative's responsibility to inform a meet official of any reason why they cannot conform to SE technical rules; this should be done before the event in which they are taking part commences. No swimmer should topple into the water in the event of a false or faulty start, a proper shallow dive must be performed.

Medals and Results

28. Awards will be provided for the first 3 swimmers as heat declared for the following age groups 10-11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17& over. Additionally, medals will also be awarded for the first 3 swimmers in each final, age groups for finals will be 12 & Under, 13-14, 15-16 and 17 & Over. Medals will also be awarded in the same ways as above for all Para swimmers entered in each of their relevant events.

29. All results will be posted on the City of Bristol website and emailed to entrants after the competition.

Swimmers Officials

30. Clubs are requested to supply a qualified Official for every 7 swimmers entered the competition and one qualified Official for every 3 swimmers for the Distance sessions (800, 1500). The Promoter will not refuse entries from clubs who are unable to supply qualified Officials but in the event of insufficient numbers of Officials being available for any session to meet licencing requirements, the promoter reserves the right to cancel that session or take other necessary action such as reduce lane numbers and if necessary, swimmers. Should this happen, where possible priority will be given to swimmers with officials who have committed to support the event.

31. Participating officials will be provided with refreshments. For those completing 2 consecutive sessions, free parking at the council run carpark across the street from Hengrove Leisure Centre will also be provided, provided accurate vehicle details are given to the meet organiser. The Organisers offer a mileage allowance of £0.35p per mile to each travelling official. Further details can be obtained from The Promoter along with an expense form that can be filled out to make your claim. If you intend to claim expenses, please contact the Promotor ahead of the meet to receive approval, email address is cobmeetmanager@outlook.com

Officials Sign Up Link: <https://swim-meet.com/Availability/?m=8405>

Data Protection

32. The Promoter uses a computer, standard and meet management software to manage entries and results. By submitting and accepting entries to the Meet consent is hereby given, as required by the Data Protection Bill 2018 (GDPR), to the holding of personal information on computer. Certain personal data handled such as name, age, club, recorded and entered times may be made public during or after the meet. All Personal Data will be retained in a confidential manner and access to such data will be restricted by the Meet Promoter and limited to only those operating the Meet Software in order run the event and to process results.

Photography

33. Anyone wishing to use a device capable of photography or video recording must take note of the information posters within the building. The full Guidance on Photography can be found in Wavepower 2020-2023, which is available on the Swim England website <http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>. **The use of any device with video or photo capture capability are strictly prohibited in the toilets, changing rooms or changing areas at any time. Strict sanctions will be imposed if this rule is broken.**

34. We are investigating the live streaming of for this and future events and will follow the full Swim England Guidance on Photography which can be found in Wavepower the Child Safeguarding Policy and Procedures. In the

instances where the event is being live streamed, it is not possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the promoter.

35. We are hoping to have a photographer for this event. This will be managed in line with Wavepower Child Safeguarding Policy and Procedures. Should this go ahead, we will inform clubs via the contact information provided prior to the event and will request information of any specific swimmers that should be excluded.

Other

36. During the meet, rules may be amended by the Meet Referee where necessary to cover events out of our control and to ensure the meet runs smoothly.

37. The Promoter reserves the right to exclude any swimmer or coach from the meet who displays inappropriate language or behaviour.

38. The Promoter does not accept any responsibility for Hy-Tek files that contain incorrect data and will not make any changes to times or events entered for swimmers in error after the closing date. Please be aware that any swimmer's details entered incomplete or incorrectly on the Hy-Tek file will prevent their times being updated by rankings

39. The Promoter, City of Bristol Aquatic or Lex Leisure do not accept any liability in the event it is necessary to cancel the meet due to circumstances beyond their control. Neither the promoter nor Parkwood Community Leisure accept any liability for any loss or damage to personal belongings.

Payment Summary Form

Lvl 1 National Qualifier Open Meet April 2026

CLUB	
TEL: NO:	
E-MAIL	

Total Number of Swimmer Entries _____

Total Cost of Entries @ £12.00 each _____

Total Cost of Entries @ £16 each _____

Total Cost of Coaches Passes @ £15.00 each _____

Total Payment _____

Payable to be made to 'City of Bristol Swimming Club' via bank transfer to:

- Sort Code: 30-99-09
- Account number: 41640468
- Please reference CoB L1 Apr – Club Name or Swimmer Name if Individual entry.

Please e-mail completed summary form, Hy-Tek files and details of any para swimmers to cobmeetmanager@outlook.com

In partnership with



Individual Manual Entry Form

April Lvl 1 National Open Meet 2026

Manual entry forms will only be accepted for individual entries. Clubs and small groups must submit using hy-tec or hy-tec lite. Para entries may be submitted via hy-tec instead or this form, however where hy-tec is used, please highlight the name of the para swimmer and provide classifications and any acceptance codes in the covering email.

Club					
Surname		First Name		Preferred Name	
Date of Birth		Age at End of Year 2026 (31/12/2026)		Open/Male - Female	
Email Address					
SE Membership Number		Para Swimmer		Para Classifications	
Event	Tick		Entry Time		
50m Freestyle					
100m Freestyle					
200m Freestyle					
400m Freestyle					
800 Freestyle					
1500 Freestyle					
50m Backstroke					
100m Backstroke					
200m Backstroke					
50m Breaststroke					
100m Breaststroke					
200m Breaststroke					
50m Butterfly					
100m Butterfly					
200m Butterfly					
100 Individual Medley					
200 Individual Medley					
400 Individual Medley					

	Entries at £12	Entries at £16	Poolside Pass at £15	Total
Number				
Cost				
BACS Payment to:- Sort Code 30-99-09 Account No 41640468 Ref Surname Apr lvl1				
	I DECLARE THAT THE ABOVE DETAILS ARE CORRECT & THAT I UNDERSTAND & ACCEPT THE MEET CONDITIONS Signature of Competitor Signature of Parent*(if under 18).....			

In partnership with

