

Fareham Nomads SWIMMING CLUB



Affiliated to Swim England South East Region

VALENTINES MEET 2026

Held under Swim England Laws and Regulations, the Swim England Technical Rules of Swimming
and to the Swim England Open Meet Licensing Criteria

Level 3 Licence 3SE260023

14th and 15th February 2026

Horizon Leisure Centre, Waterberry Drive, Waterlooville PO7 7UW

MEET CONDITIONS AND INFORMATION

Saturday 14 th February 2026 SESSION 1		Sunday 15 th February 2026 SESSION 3	
<i>Provisional times</i> 07:45 warmup, TBD start		<i>Provisional times</i> 07:45 warmup, TBD start	
101	Male / Open 400 IM	301	Female 400 IM
102	Female 50 Free	302	Open / Male 50 Free
103	Open / Male 50 Back	303	Female 50 Back
104	Female 200 Back	304	Open / Male 200 Back
105	Open / Male 100 Breast	305	Female 100 Breast
106	Female 100 Fly	306	Open / Male 100 Fly
107	Open / Male 100 Free	307	Female 100 Free
108	Female 200 IM	308	Open / Male 200 IM
<ul style="list-style-type: none"> The Male / Open 400IM will be limited to a maximum of 4 heats unless we do not fill the other events The Female 400 Free will be limited to a maximum of 10 heats unless we do not fill the other events 			
Saturday 14 th February 2026 SESSION 2		Sunday 15 th February 2026 SESSION 4	
<i>Provisional times</i> TBD warmup, TBD start		<i>Provisional times</i> TBD warmup, TBD start	
201	Female 400 free	401	Male 400 Free
202	Open / Male 50 Fly	402	Female 50 Fly
203	Female 50 Breast	403	Open / Male 50 Breast
204	Open / Male 200 Breast	404	Female 200 Breast
205	Female 200 Fly	405	Open / Male 200 Fly
206	Open / Male 100 Back	406	Female 100 Back
207	Female 100 IM	407	Open / Male 100 IM
208	Open / Male 200 Free	408	Female 200 Free
<ul style="list-style-type: none"> The Female 400IM will be limited to a maximum of 4 heats unless we do not fill the other events The Male / Open 400 Free will be limited to a maximum of 10 heats unless we do not fill the other events 			

1. The meet will take place at **Horizon Leisure Centre** on **14th and 15th February 2026** and is licensed by Swim England at Level 3 under Licence No. 3SE260023.
2. The meet will be run in accordance with held under Swim England Regulations, Swim England Technical Rules of Swimming and these conditions.
3. Competitors must be Club Compete members of an affiliated club, eligible to compete and registered in accordance with Swim England Regulations and Technical Rules and may enter in the name of one club only. Entries will only be accepted from competitors registered as members of Swim England, SASA or WASA or competitors from a country affiliated to World Aquatics.
4. The promoter is Stephanie Davies on behalf of Fareham Nomads Swimming Club.
5. The age groups are: 9, 10, 11, 12, 13, 14, 15, 16+ for all 50's, 100's and 200's. Minimum age for 400 Free is 10 and 400IM is 11 years old.
6. Ages are as at 15th February 2026.
7. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
8. Entries may be made using Female/Male competition categories, as these are the recognised categories at this time. There will be a transition into the use of Female and Open/Male as the new competition categories following the implementation of the Swim England Transgender and Non-binary Competition Policy.
9. Medals will be awarded to 1st, 2nd and 3rd placed swimmers in each age group.
10. The pool is 25m, anti-wave devices will be in place and AOE will be used. A secondary strobe for the starting system is not available. Backstroke ledges will be provided.
11. Heats will be swum as mixed age with swimmers seeded by entry times.
12. Over the top starts may be used at the referee's discretion.
13. Upper cut-off times are provided and entries with No Time will be accepted.
14. Valid entries (which must include payment) will be accepted in the order of receipt, that is: first come first served. Complete entries for each club are required together with electronic payment. Individual entries will only be accepted at the Promoter's discretion.
15. Electronic entry files are the preferred method of entry for this meet. Electronic entry files and instructions will be distributed on request. If you do not receive electronic entry files, please contact openmeets@farehamnomads.co.uk. Alternatively Individual Entry Forms may be submitted electronically. All entries must be submitted with a completed Club Entry Summary Form along with a copy of the entries report.
16. Entries open on Saturday 29th November @ 11am to external clubs and entries, together with entry fees must be received by the Promoter by 11th January 2026. The entry fee is £8.50 per 50m, 100m or 200m event and £9.50 for the 400 Free and 400IM. Entries will be accepted on first come first served basis.
17. The Promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced programme. In the event that entries are rejected, fees will be refunded by a single payment to club in question.
18. Accepted and rejected entries will be sent to each club within 1 week of the closing date.
19. Swimmers must withdraw from events that they no longer wish to swim. Each club will be provided with a schedule of their accepted entries. Withdrawal may be made by 18:00 on the 13th and 14th February for session 1 and 3 and before the start of session 2 and 4 warm up on the 14th and 15th for session 2 and session 4 using the supplied QR code or withdrawal form. Refunds are not available for withdrawals after the accepted entries have been posted, other than for medical reasons.
20. The Swim England Team Manager, Coach and Chaperone Policy must be adhered to at all times. Coaches' passes will be issued at a cost of £10 for the weekend including lunch. There will be no entry to poolside without a pass and passes must be worn at all times.

21. Warm up protocol: Each warm up session will be divided into equal length sessions. There is to be strictly no diving during warm-up, with the exception of designated sprint lanes. Odd lanes will swim clockwise and even lanes will swim anti-clockwise. Swimmers must leave the water by the side of the pool and not over the timing pads.
22. Results will be uploaded to meet mobile (dependant on internet availability) and posted on the pool area and will be supplied to Aquatics GB for entry into the national rankings database.
23. In accordance with the Swim England Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter. Note that use of any mobile device in the changing rooms is absolutely forbidden

Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Safeguarding Policy and Procedures, Wavepower provides guidance on the use of social networking and guidance on photography.
<https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/> . Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.
24. All participants must observe the safety precautions in operation at Horizon Lesure Centre. Neither the Promoter nor Fareham Nomads Swimming Club will be responsible for any loss or damage occurring during the meet.
25. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
26. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Regulations and Technical Rules of Racing.

Qualifying Standards Template for No Qualifying Times and Upper Cut-off

MALE/ OPEN		9	10	11	12	13	14	15	16+
50m	Back	0:40.80	38.25	31.45	30.60	29.75	28.90	28.05	27.20
	Breast	0:46.75	0:43.35	36.55	35.70	34.85	34.00	33.15	32.30
	Fly	0:39.95	36.55	30.60	29.75	28.90	28.05	27.20	26.35
	Free	35.70	33.15	27.20	26.35	25.50	24.65	23.80	22.95
100m	Back	1:28.86	1:22.28	1:14.80	1:10.55	1:08.00	1:03.75	0:59.50	0:57.80
	Breast	1:46.03	1:38.18	1:29.25	1:23.30	1:16.50	1:12.25	1:08.00	1:06.30
	Fly	1:32.90	1:26.02	1:18.20	1:12.25	1:08.00	1:03.75	0:59.50	0:57.80
	Free	1:17.75	1:11.99	1:05.45	1:01.20	0:57.80	0:54.40	0:52.70	0:51.85
	IM	1:33.50	1:22.45	1:15.65	1:11.40	1:07.15	1:05.45	1:02.05	0:59.50
200m	Back	3:07.00	2:50.00	2:39.80	2:31.30	2:20.25	2:15.15	2:10.05	2:07.50
	Breast	3:41.00	3:24.00	3:07.00	2:58.50	2:50.00	2:41.50	2:33.00	2:28.75
	Fly	3:24.00	3:11.25	2:58.50	2:45.75	2:33.00	2:20.25	2:11.75	2:08.35
	Free	2:50.00	2:33.00	2:24.50	2:16.00	2:07.50	1:59.00	1:54.75	1:50.50
	IM	3:11.25	3:02.75	2:41.50	2:33.00	2:24.50	2:16.00	2:11.75	2:07.50
400m	Free	N/A	5:18.75	5:06.00	4:40.50	4:27.75	4:15.00	4:10.75	4:06.50
	IM	N/A	N/A	5:44.25	5:31.50	5:14.50	4:57.50	4:49.00	4:40.50

FEMALE		9	10	11	12	13	14	15	16+
50m	Back	0:40.80	38.25	32.30	31.45	30.60	29.75	28.90	28.05
	Breast	0:46.75	0:43.35	37.40	36.55	35.70	34.85	34.00	33.15
	Fly	0:39.95	36.55	31.45	30.60	29.75	28.90	28.05	27.20
	Free	34.85	32.30	28.90	28.05	27.20	26.35	25.50	24.65
100m	Back	1:26.84	1:20.41	1:13.10	1:08.85	1:06.30	1:05.45	1:04.60	1:03.75
	Breast	1:40.98	1:33.50	1:25.00	1:19.05	1:16.50	1:14.80	1:13.95	1:13.10
	Fly	1:30.88	1:24.15	1:16.50	1:12.25	1:08.00	1:06.30	1:05.45	1:04.60
	Free	1:17.75	1:11.99	1:05.45	1:02.05	0:59.50	0:57.80	0:56.95	0:56.10
	IM	1:29.25	1:20.75	1:14.80	1:11.40	1:08.00	1:06.30	1:04.60	1:02.90
200m	Back	3:07.00	2:50.85	2:38.10	2:29.60	2:23.65	2:21.10	2:19.40	2:17.70
	Breast	3:36.75	3:15.50	3:01.90	2:50.00	2:45.75	2:41.50	2:38.95	2:37.25
	Fly	3:24.00	3:11.25	2:58.50	2:45.75	2:33.00	2:28.75	2:26.20	2:24.50
	Free	2:50.00	2:28.75	2:20.25	2:11.75	2:07.50	2:05.80	2:04.10	2:03.25
	IM	3:02.75	2:54.25	2:41.50	2:33.00	2:24.50	2:22.80	2:21.10	2:20.25
400m	Free	N/A	5:10.25	4:57.50	4:40.50	4:32.00	4:29.45	4:26.90	4:23.50
	IM	N/A	N/A	5:44.25	5:23.00	5:14.50	5:01.75	4:59.20	4:57.50

Ages are as at 15th February 2026.