Warm Up Schedule

Session 1								
Warm Up 1	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
08:30-08:45	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan
Warm Up 2	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
08:45-09:00	Norwich Swan	Stowmarket	Stowmarket	Thetford	Thetford	Deben/ Colchester	Deben	Dereham
Warm Up 3	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
09:00-09:15	WNSC	WNSC	WNSC	WNSC	WNSC	Huntingdon	Huntingdon	Dereham/ Leiston

Session 2								
Warm Up 1	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
13:00-13:15	WNSC	WNSC	WNSC	WNSC	WNSC	Huntingdon	Huntingdon	Dereham/ Leiston
Warm Up 2	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
13:15-13:30	Norwich Swan	Stowmarket	Stowmarket	Thetford	Thetford	Deben/ Colchester	Deben	Dereham
Warm Up 3	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
13:30-13:45	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan

Session 3								
Warm Up 1	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
08:30-08:45	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan
Warm Up 2	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
08:45-09:00	Norwich Swan	Norwich Swan	Huntingdon	Huntingdon	Dereham	Leiston	Deben/Ipswich	Deben
Warm Up 3	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
09:00-09:15	WNSC	WNSC	WNSC	WNSC	WNSC	Stowmarket	Stowmarket	Stowmarket

Session 4								
Warm Up 1	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
13:30-13:45	WNSC	WNSC	WNSC	WNSC	WNSC	Dereham	Stowmarket	Stowmarket
Warm Up 2	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
13:45-14:00	Norwich Swan	Thetford	Thetford	Huntingdon	Huntingdon	Leiston	Deben/Ipswich	Deben
Warm Up 3	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
14:00-14:15	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan	Norwich Swan