

Norwich Swan Swimming Club & West Norfolk Swimming Club

BOUDICCA Level 3 Long Course Open Meet

Programme of Events

Saturday 22nd June 2024	
Session 1	Session 2
101 - Male/Open 400m Individual Medley	201 - Female 400m Individual Medley
102 - Female 200m Individual Medley	202 - Male/Open 200m Freestyle
103 - Male/Open 100m Breaststroke	203 - Female 100m Freestyle
104 - Female 100m Backstroke	204 - Male/Open 100m Fly
105 - Male/Open 50m Freestyle	205 - Female 200m Breaststroke
106 - Female 50m Breaststroke	206 - Male/Open 50m Backstroke
107 - Male/Open 200m Backstroke	207 - Female 50m Fly
108 - Female 200m Fly	
Sunday 23rd June 2024	
Session 3	Session 4
301 - Female 400m Freestyle	401 - Male/Open 400m Freestyle
302 - Male/Open 200m Individual Medley	402 - Female 200m Freestyle
303 - Female 100m Breaststroke	403 - Male/Open 100m Backstroke
304 - Male/Open 100m Freestyle	404 - Female 100m Fly
305 - Female 50m Freestyle	405 - Male/Open 200m Breaststroke
306 - Male/Open 50m Breaststroke	406 - Female 50m Backstroke
307 - Female 200m Backstroke	407 - Male/Open 50m Fly
308 - Male/Open 200m Fly	