Boudicca Meet, 21st-22nd June 2025

Here is all the final information ahead of the weekend, we look forward to welcoming you all!

Venue & Parking: Sportspark, University of East Anglia, Norwich Research Park, Norwich, Norfolk, NR4 7TJ, Tel:(01603) 592398. Website: www.sportspark.co.uk

Parking is free for all those attending. Please make sure you input your car registration details into the touchscreen at reception to avoid a fine.

Coach & Team Manager Information: You MUST obtain and print out your accreditation for this event and bring it with you. We will not provide print out, please print everything you need ahead of the meet and bring it with you. Everything an be found here on the meet information page https://uk.gomotionapp.com/team/reczznssc/page/events1/boudicca-meet

Refreshments will be shared by poolside staff throughout the gala, please bring a water bottle which our volunteers will refill regularly for you.

Withdrawals: Withdrawals must be made using the links sent out to clubs before the event. Please ensure you meet the withdrawal deadlines which are 45 mins prior to the session starting:

Session 1 withdrawal deadline - 08:35 Session 2 withdrawal deadline - 13:05 Session 3 withdrawal deadline - 08:35 Session 4 withdrawal deadline - 13:35

Spectators: We are pleased to welcome spectators, entry to the Gallery will be from 8.30am approximately. We have a capacity limit of 300 spectators in the gallery viewing area for each session. Please leave the area if your swimmer is not racing so other parents have an opportunity to watch.

The entry fee is £4.00 per session or £7.00 per day, under 16's are free.

<u>Payment is by cash only</u> so please bring the correct money to avoid the need to exchange coins. There will also be a raffle, secondhand kit stall, club merchandise for sale etc. The nearest cashpoint is at Tesco petrol station on the Fiveways roundabout.

Programme: This is published on the Norwich Swan website on the **Boudicca Open Meet page** and can be downloaded and printed from here should you wish:

https://uk.gomotionapp.com/team/reczznssc/page/events1/boudicca-meet

Swimmers:

We ask that Swimmers do not arrive before 8:00am. On arrival they should wait in the lobby area outside the cafe and wait to be let through to the poolside.

Saturday Session 1:

Warm up is 8.30am, Session start time is 9.20am – estimated finish time 12.35pm

Saturday Session 2:

Warm up is 1.00pm, Session start time is 1.50pm - estimated finish time 5.00pm **Sunday Session 3:**

Warm up is 8.30am, Session start time is 9.20am – estimated finish time 1.15pm There will be a comfort break for officials between events 306/307

Sunday Session 4:

Warm up is 1.30pm, Session start time is 2.20pm - estimated finish time 5.15pm

Results: Results can be found on the Norwich Swan website - the link is published on this page. Results will also be sent to rankings immediately after the conclusion of the meet

https://uk.gomotionapp.com/team/reczznssc/page/events1/boudicca-meet

Medals: These can be collected from the medals desk on poolside

Officials: If you have offered to volunteer to officiate at the meet, please report to the John Jarrold Room where tea, coffee and bacon rolls/pastries will be served and Lead Referee, Darren Peck, will conduct the briefing. Officials are asked to ensure they are poolside and in position at least 5 minutes before the start of the session. Please bring your own water bottle and we will ensure it is refilled. Do not wear outdoor shoes poolside.

Marshalling: All competitors are expected to report to the marshalling area in the beach hut prior to their swim. It is the responsibility of the competitor to report in sufficient time before the event. Swimmers failing to report in time may lose the opportunity to compete. Swimmers in the first heat of each session are asked to report to the marshalling area 10 minutes before the session start time.

Refreshments: Spectator refreshments will be available throughout the weekend in the Sportspark Café. Officials and volunteers will be provided with refreshments throughout the gala.

Changing Rooms: Parents are not allowed in the swimmers changing rooms under any circumstances. The Sportspark lockers require padlocks. Please ensure you bring your own. Alternatively you may hire one from Sportspark reception. Please be aware the changing rooms are also used by members of the public.

Photography:

<u>Evolve Portraits</u> will be at the meet taking photographs of the swimmers racing. There will be an online gallery after the event where you can view the photo and place orders should you wish. We will send out the link to clubs to distribute and post it on our website post event. There will also be a QR code to scan in the spectator gallery

In accordance with the Swim England Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Whilst it is acknowledged that swimmers wish to celebrate their

achievements when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way. Should you have any concerns about photography or filming please bring them to the attention of the promoter.

Participants and spectators are requested to follow SE guidelines for photography and use of photographs on social media. The SE Child Safeguarding Policy and Procedures, Wavepower 2020-23 Section 2 provides guidance on the use of social networking (page 92-95) and guidance photography (page 86-88) https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/

Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.

Backstroke Ledges: Backstroke ledges are available for this gala. Please ensure your swimmers know that the ledges will be in use for all backstroke events. If swimmers are not used to them then they can ask the official to remove the ledge from the water if they are not comfortable, but please feel free to offer guidance. Ledges will be available during warmup.

Poolside: Parents and spectators are not allowed poolside – unless they have required Swim England accreditation. Please leave larger bags and clothing in the changing room lockers. The poolside vents must be kept clear or the air conditioning shuts down and it becomes extremely hot!

Safety and Pool Rules:

Swimmers must use the changing rooms when changing, please do not change poolside. Swimmers are not allowed poolside until their coach and/or team manager are present. No flash photography is permitted.

Swimmers must wear suitable clothes and footwear poolside. Swimmers not wearing tops and footwear will not be allowed dryside or in the viewing balcony.

We look forward to welcoming you and we hope you will all enjoy a great weekend of racing.

Kind regards
Abby & Amanda
Norwich Swan/West Norfolk Meet Organisers