

Suffolk Development Championships

Deben

Alexander SCHWARZ		12	
Event 13	Open/Male 100m Freestyle		1:11.03 Session 02
Event 31	Open/Male 50m Freestyle		31.69 Session 03
Aron MOZES		12	
Event 9	Open/Male 100m IM		1:24.94 Session 01
Event 17	Open/Male 50m Breaststroke		44.07 Session 02
Event 25	Open/Male 50m Backstroke		38.30 Session 03
Event 27	Open/Male 200m IM		3:11.88 Session 03
Event 29	Open/Male 100m Breaststroke		1:37.84 Session 03
Event 31	Open/Male 50m Freestyle		33.15 Session 03
Cara CRISP		13	
Event 4	Female 50m Butterfly		42.97 Session 01
Event 8	Female 100m Backstroke		1:28.90 Session 01
Event 22	Female 200m Freestyle		2:54.69 Session 03
Event 28	Female 200m IM		3:36.89 Session 03
Chloe PARISH		12	
Event 6	Female 200m Breaststroke		3:29.47 Session 01
Event 10	Female 100m IM		1:27.39 Session 01
Event 14	Female 100m Freestyle		1:13.53 Session 02
Event 18	Female 50m Breaststroke		43.41 Session 02
Event 26	Female 50m Backstroke		38.57 Session 03
Event 32	Female 50m Freestyle		33.69 Session 03
Conner BROADHURST		10	
Event 5	Open/Male 200m Breaststroke		3:10.49 Session 01
Event 17	Open/Male 50m Breaststroke		40.46 Session 02
Event 29	Open/Male 100m Breaststroke		1:30.74 Session 03
Connor SCOTT		15	
Event 17	Open/Male 50m Breaststroke		57.38 Session 02
Daniel EVANS		12	
Event 1	Open/Male 400m Freestyle		5:38.46 Session 01
Event 3	Open/Male 50m Butterfly		37.20 Session 01
Event 9	Open/Male 100m IM		1:24.71 Session 01
Event 13	Open/Male 100m Freestyle		1:10.03 Session 02
Event 17	Open/Male 50m Breaststroke		43.10 Session 02
Event 21	Open/Male 200m Freestyle		2:36.11 Session 03
Event 25	Open/Male 50m Backstroke		37.57 Session 03
Event 31	Open/Male 50m Freestyle		31.22 Session 03
Elena EVANS		15	
Event 32	Female 50m Freestyle		47.41 Session 03
Eloise BUTT		16	
Event 32	Female 50m Freestyle		49.08 Session 03
Eloise WELSFORD		13	
Event 10	Female 100m IM		1:29.91 Session 01
Imogen FORRESTER		9	
Event 22	Female 200m Freestyle		2:24.51 Session 03

Event 32	Female 50m Freestyle	31.43	Session 03
Logan BROADHURST		8	
Event 25	Open/Male 50m Backstroke	35.35	Session 03
Event 27	Open/Male 200m IM	2:35.09	Session 03
Event 31	Open/Male 50m Freestyle	28.61	Session 03
Lucy PHILLIPS		10	
Event 4	Female 50m Butterfly	34.42	Session 01
Event 14	Female 100m Freestyle	1:08.14	Session 02
Event 32	Female 50m Freestyle	30.69	Session 03
Nyree ROBERTSON		12	
Event 10	Female 100m IM	1:28.68	Session 01
Event 30	Female 100m Breaststroke	1:36.36	Session 03
Oscar TOLPUTT		10	
Event 3	Open/Male 50m Butterfly	33.11	Session 01
Event 9	Open/Male 100m IM	1:14.20	Session 01
Event 31	Open/Male 50m Freestyle	29.10	Session 03
Vian PARIKH		13	
Event 1	Open/Male 400m Freestyle	6:22.53	Session 01
Event 3	Open/Male 50m Butterfly	42.09	Session 01
Event 13	Open/Male 100m Freestyle	1:17.87	Session 02
Event 23	Open/Male 100m Butterfly	1:41.57	Session 03
Event 27	Open/Male 200m IM	3:25.69	Session 03
Event 31	Open/Male 50m Freestyle	35.61	Session 03
Felixstowe			
Ewan WILCOX		11	
Event 1	Open/Male 400m Freestyle	5:17.98	Session 01
Event 21	Open/Male 200m Freestyle	2:28.49	Session 03
Harriet THOMAS		13	
Event 4	Female 50m Butterfly	40.50	Session 01
Event 10	Female 100m IM	1:31.70	Session 01
Event 24	Female 100m Butterfly	1:41.40	Session 03
Event 28	Female 200m IM	3:29.25	Session 03
Event 32	Female 50m Freestyle	36.07	Session 03
Ivy-Rose CLARK		13	
Event 8	Female 100m Backstroke	1:29.69	Session 01
Event 20	Female 200m Backstroke	3:13.69	Session 02
Event 26	Female 50m Backstroke	42.35	Session 03
Event 32	Female 50m Freestyle	37.59	Session 03
Jessica SMITH		15	
Event 32	Female 50m Freestyle	47.74	Session 03
Mya SMITH		13	
Event 8	Female 100m Backstroke	1:28.48	Session 01
Event 14	Female 100m Freestyle	1:15.91	Session 02
Event 26	Female 50m Backstroke	39.75	Session 03
Event 32	Female 50m Freestyle	34.41	Session 03
Toby THOMAS		11	
Event 7	Open/Male 100m Backstroke	1:18.94	Session 01

Event 17	Open/Male 50m Breaststroke	40.94 Session 02
Event 19	Open/Male 200m Backstroke	2:52.87 Session 02
Event 31	Open/Male 50m Freestyle	30.66 Session 03

Hadleigh

Aadhaven THOROUGHGOOD		15	
Event 9	Open/Male 50m Backstroke	49.41 Session 03	
Ada WINBORN		15	
Event 32	Female 50m Freestyle	46.59 Session 03	
Alana COLLYER		14	
Event 32	Female 50m Freestyle	39.94 Session 03	
Elsie LEWIS		15	
Event 32	Female 50m Freestyle	44.42 Session 03	
Flora MANSI		12	
Event 4	Female 50m Butterfly	37.88 Session 01	
Joshua CAIN		14	
Event 3	Open/Male 50m Butterfly	49.06 Session 01	
Joshua PAGE		13	
Event 17	Open/Male 50m Breaststroke	48.52 Session 02	
Mya Louise SALISBURY		15	
Event 14	Female 100m Freestyle	1:44.49 Session 02	
Event 32	Female 50m Freestyle	46.90 Session 03	
Olivia Grace ELLUL		15	
Event 32	Female 50m Freestyle	46.95 Session 03	
Verity CARTER		9	
Event 4	Female 50m Butterfly	36.09 Session 01	
Event 8	Female 100m Backstroke	1:16.42 Session 01	
Event 10	Female 100m IM	1:17.56 Session 01	
Event 14	Female 100m Freestyle	1:07.83 Session 02	
Event 18	Female 50m Breaststroke	42.04 Session 02	
Event 20	Female 200m Backstroke	2:45.61 Session 02	
Event 22	Female 200m Freestyle	2:32.84 Session 03	
Event 26	Female 50m Backstroke	36.01 Session 03	
Event 32	Female 50m Freestyle	30.63 Session 03	

Halesworth

Alfie THOMPSON		11	
Event 3	Open/Male 50m Butterfly	34.10 Session 01	
Event 13	Open/Male 100m Freestyle	1:09.29 Session 02	
Event 19	Open/Male 200m Backstroke	2:50.27 Session 02	
Event 23	Open/Male 100m Butterfly	1:22.26 Session 03	
Event 31	Open/Male 50m Freestyle	30.82 Session 03	
Arthur DRAKE		12	
Event 13	Open/Male 100m Freestyle	1:11.12 Session 02	
Event 17	Open/Male 50m Breaststroke	44.87 Session 02	
Event 21	Open/Male 200m Freestyle	2:37.53 Session 03	
Event 25	Open/Male 50m Backstroke	38.51 Session 03	
Event 29	Open/Male 100m Breaststroke	1:39.43 Session 03	

Event 31	Open/Male 50m Freestyle	32.63 Session 03
Ellis MADDEN		13
Event 1	Open/Male 400m Freestyle	5:53.16 Session 01
Event 13	Open/Male 100m Freestyle	1:14.70 Session 02
Event 17	Open/Male 50m Breaststroke	45.93 Session 02
Event 21	Open/Male 200m Freestyle	2:44.09 Session 03
Event 31	Open/Male 50m Freestyle	32.67 Session 03
Jessica HOWLETT		14
Event 10	Female 100m IM	1:44.82 Session 01
Event 14	Female 100m Freestyle	1:29.19 Session 02
Event 22	Female 200m Freestyle	3:17.99 Session 03
Event 28	Female 200m IM	3:50.11 Session 03
Event 30	Female 100m Breaststroke	1:58.16 Session 03
Kyle KNIGHTS		14
Event 13	Open/Male 100m Freestyle	1:29.08 Session 02
Event 17	Open/Male 50m Breaststroke	51.38 Session 02
Event 21	Open/Male 200m Freestyle	3:17.00 Session 03
Event 29	Open/Male 100m Breaststroke	1:50.13 Session 03
Event 31	Open/Male 50m Freestyle	40.04 Session 03
Lily BEST		16
Event 10	Female 100m IM	1:59.14 Session 01
Event 14	Female 100m Freestyle	1:45.53 Session 02
Event 22	Female 200m Freestyle	3:42.33 Session 03
Event 32	Female 50m Freestyle	44.41 Session 03
Lola SHIELDS		16
Event 8	Female 100m Backstroke	2:03.41 Session 01
Event 14	Female 100m Freestyle	1:43.33 Session 02
Event 22	Female 200m Freestyle	3:51.37 Session 03
Event 32	Female 50m Freestyle	50.45 Session 03
Ted THOMPSON		11
Event 1	Open/Male 400m Freestyle	5:13.81 Session 01
Event 7	Open/Male 100m Backstroke	1:16.71 Session 01
Event 13	Open/Male 100m Freestyle	1:05.95 Session 02
Event 15	Open/Male 200m Butterfly	3:12.38 Session 02
Event 19	Open/Male 200m Backstroke	2:48.04 Session 02
Event 21	Open/Male 200m Freestyle	2:26.12 Session 03
Event 25	Open/Male 50m Backstroke	35.28 Session 03
Event 27	Open/Male 200m IM	2:58.12 Session 03
Event 31	Open/Male 50m Freestyle	29.86 Session 03
Leiston		
Aggie HERRING		16
Event 4	Female 50m Butterfly	57.65 Session 01
Event 8	Female 100m Backstroke	1:47.47 Session 01
Event 10	Female 100m IM	1:57.50 Session 01
Event 14	Female 100m Freestyle	1:43.34 Session 02
Event 26	Female 50m Backstroke	50.85 Session 03
Event 32	Female 50m Freestyle	49.84 Session 03

Alexandra BULPITT		14	
Event 4	Female 50m Butterfly	48.95	Session 01
Event 10	Female 100m IM	1:43.99	Session 01
Event 26	Female 50m Backstroke	44.85	Session 03
Event 32	Female 50m Freestyle	39.42	Session 03
Amber RIDGEON		5	
Event 20	Female 200m Backstroke	2:38.50	Session 02
Event 28	Female 200m IM	2:39.43	Session 03
Aurelia HERRING		12	
Event 14	Female 100m Freestyle	1:16.42	Session 02
Event 28	Female 200m IM	3:14.41	Session 03
Daisy SAUNDERS		11	
Event 4	Female 50m Butterfly	37.10	Session 01
Event 6	Female 200m Breaststroke	3:27.20	Session 01
Event 10	Female 100m IM	1:24.26	Session 01
Event 28	Female 200m IM	3:03.02	Session 03
Event 30	Female 100m Breaststroke	1:37.59	Session 03
Elsa HERRING		14	
Event 4	Female 50m Butterfly	45.75	Session 01
Event 8	Female 100m Backstroke	1:37.28	Session 01
Event 10	Female 100m IM	1:38.80	Session 01
Emily MAY		12	
Event 10	Female 100m IM	1:29.28	Session 01
Event 18	Female 50m Breaststroke	44.10	Session 02
Event 22	Female 200m Freestyle	2:47.20	Session 03
Event 30	Female 100m Breaststroke	1:35.66	Session 03
Harry BAMFORD		8	
Event 3	Open/Male 50m Butterfly	32.52	Session 01
Event 7	Open/Male 100m Backstroke	1:11.85	Session 01
Event 31	Open/Male 50m Freestyle	28.42	Session 03
Layla Rose FLORY		14	
Event 10	Female 100m IM	1:48.88	Session 01
Event 30	Female 100m Breaststroke	1:55.24	Session 03
Event 32	Female 50m Freestyle	40.06	Session 03
Livia LAMB		10	
Event 14	Female 100m Freestyle	1:08.62	Session 02
Event 26	Female 50m Backstroke	37.45	Session 03
Event 32	Female 50m Freestyle	30.50	Session 03
Luke TUCKER		12	
Event 23	Open/Male 100m Butterfly	1:35.36	Session 03
Event 31	Open/Male 50m Freestyle	33.47	Session 03
Mildenhall			
Amelia LARKIN		15	
Event 2	Female 400m Freestyle	7:49.90	Session 01
Event 14	Female 100m Freestyle	1:42.34	Session 02
Event 22	Female 200m Freestyle	3:44.59	Session 03
Event 30	Female 100m Breaststroke	2:01.79	Session 03

Event 32	Female 50m Freestyle	45.89 Session 03
Bobby HICKMAN		12
Event 9	Open/Male 100m IM	1:25.60 Session 01
Event 13	Open/Male 100m Freestyle	1:09.43 Session 02
Event 21	Open/Male 200m Freestyle	2:41.83 Session 03
Callum KEANE		15
Event 25	Open/Male 50m Backstroke	50.38 Session 03
E SCOTTO DI MARRAZZO		13
Event 18	Female 50m Breaststroke	48.91 Session 02
George RICHARDSON		11
Event 3	Open/Male 50m Butterfly	34.86 Session 01
Event 9	Open/Male 100m IM	1:18.04 Session 01
Event 17	Open/Male 50m Breaststroke	41.69 Session 02
Event 23	Open/Male 100m Butterfly	1:27.50 Session 03
Event 27	Open/Male 200m IM	2:51.34 Session 03
Event 31	Open/Male 50m Freestyle	30.47 Session 03
Georgia BAILEY		14
Event 28	Female 200m IM	3:53.94 Session 03
Gracie-Mai LLOYD		10
Event 6	Female 200m Breaststroke	3:26.30 Session 01
Henry CASH		15
Event 5	Open/Male 200m Breaststroke	4:33.81 Session 01
Event 7	Open/Male 100m Backstroke	1:48.93 Session 01
Event 19	Open/Male 200m Backstroke	3:59.00 Session 02
Luna NEWSON		14
Event 4	Female 50m Butterfly	48.55 Session 01
Event 10	Female 100m IM	1:42.17 Session 01
Event 28	Female 200m IM	4:06.79 Session 03
Event 30	Female 100m Breaststroke	1:58.39 Session 03
Polly JACKSON		13
Event 22	Female 200m Freestyle	2:52.05 Session 03
Event 32	Female 50m Freestyle	36.41 Session 03
Poppy RICHARDSON		14
Event 2	Female 400m Freestyle	6:40.97 Session 01
Event 12	Female 400m IM	7:40.59 Session 02
Event 14	Female 100m Freestyle	1:26.18 Session 02
Event 26	Female 50m Backstroke	44.38 Session 03
Event 32	Female 50m Freestyle	37.99 Session 03
Ralph MADINE		16
Event 3	Open/Male 50m Butterfly	1:05.81 Session 01
Event 9	Open/Male 100m IM	1:33.18 Session 01
Event 17	Open/Male 50m Breaststroke	1:03.12 Session 02
Event 31	Open/Male 50m Freestyle	50.24 Session 03
S DESOUZA-HOLWILL		12
Event 6	Female 200m Breaststroke	3:38.88 Session 01
Event 18	Female 50m Breaststroke	45.70 Session 02
Sebastian CASH		13
Event 13	Open/Male 100m Freestyle	1:19.63 Session 02

Event 31	Open/Male 50m Freestyle	35.35 Session 03
William ONSLOW		14
Event 9	Open/Male 100m IM	1:43.35 Session 01
Event 17	Open/Male 50m Breaststroke	54.71 Session 02
Event 19	Open/Male 200m Backstroke	3:34.64 Session 02
Event 21	Open/Male 200m Freestyle	3:09.76 Session 03
Event 23	Open/Male 100m Butterfly	1:57.45 Session 03
Event 25	Open/Male 50m Backstroke	45.10 Session 03
Event 27	Open/Male 200m IM	3:41.78 Session 03
Event 31	Open/Male 50m Freestyle	38.37 Session 03

Newmarket

Amelie COCKERTON-PRYCE		12
Event 8	Female 100m Backstroke	1:25.14 Session 01
Event 22	Female 200m Freestyle	2:50.27 Session 03
Event 28	Female 200m IM	3:21.82 Session 03
Beatrice COLLIER		7
Event 18	Female 50m Breaststroke	41.32 Session 02
Event 30	Female 100m Breaststroke	1:29.84 Session 03
Casey HOPEWELL-CAMPION		11
Event 4	Female 50m Butterfly	35.94 Session 01
Event 8	Female 100m Backstroke	1:19.20 Session 01
Event 10	Female 100m IM	1:20.40 Session 01
Event 24	Female 100m Butterfly	1:25.85 Session 03
Event 28	Female 200m IM	2:53.64 Session 03
Event 32	Female 50m Freestyle	31.62 Session 03
Daisy LANCEE		12
Event 14	Female 100m Freestyle	1:11.84 Session 02
Darcey WHICHER		12
Event 6	Female 200m Breaststroke	3:33.72 Session 01
Event 8	Female 100m Backstroke	1:22.05 Session 01
Event 10	Female 100m IM	1:23.70 Session 01
Event 14	Female 100m Freestyle	1:11.82 Session 02
Event 30	Female 100m Breaststroke	1:35.78 Session 03
Domenico PIAZZA		11
Event 17	Open/Male 50m Breaststroke	41.70 Session 02
Elise CARTER		16
Event 14	Female 100m Freestyle	1:50.30 Session 02
Event 26	Female 50m Backstroke	54.64 Session 03
Event 32	Female 50m Freestyle	44.60 Session 03
Emilia BESWICK		11
Event 4	Female 50m Butterfly	38.20 Session 01
Event 14	Female 100m Freestyle	1:10.66 Session 02
Event 22	Female 200m Freestyle	2:39.29 Session 03
Event 24	Female 100m Butterfly	1:26.51 Session 03
Event 28	Female 200m IM	3:09.75 Session 03
Event 32	Female 50m Freestyle	32.30 Session 03
Grace ELLIS		8

Event 8	Female 100m Backstroke	1:14.13 Session 01
Isla DEXTER		12
Event 14	Female 100m Freestyle	1:17.40 Session 02
Event 22	Female 200m Freestyle	2:49.84 Session 03
Isla IRVINE		12
Event 14	Female 100m Freestyle	1:12.12 Session 02
Event 16	Female 200m Butterfly	3:24.65 Session 02
Event 18	Female 50m Breaststroke	44.33 Session 02
Event 22	Female 200m Freestyle	2:41.97 Session 03
Event 28	Female 200m IM	3:05.90 Session 03
Jack WILSON		14
Event 7	Open/Male 100m Backstroke	1:34.25 Session 01
Leonardo PERTICATI		11
Event 3	Open/Male 50m Butterfly	33.99 Session 01
Event 13	Open/Male 100m Freestyle	1:09.19 Session 02
Event 29	Open/Male 100m Breaststroke	1:34.51 Session 03
Event 31	Open/Male 50m Freestyle	31.36 Session 03
Logan SMITH		14
Event 3	Open/Male 50m Butterfly	46.55 Session 01
Event 7	Open/Male 100m Backstroke	1:36.92 Session 01
Event 13	Open/Male 100m Freestyle	1:26.93 Session 02
Event 17	Open/Male 50m Breaststroke	55.76 Session 02
Event 25	Open/Male 50m Backstroke	43.06 Session 03
Mai-Belle DOGGETT		11
Event 22	Female 200m Freestyle	2:36.73 Session 03
Event 28	Female 200m IM	3:09.24 Session 03
Max PLUMB		13
Event 17	Open/Male 50m Breaststroke	47.77 Session 02
Event 29	Open/Male 100m Breaststroke	1:46.98 Session 03
Nancy IRVINE		15
Event 32	Female 50m Freestyle	46.78 Session 03
Nova WELLER		13
Event 8	Female 100m Backstroke	1:29.52 Session 01
Event 14	Female 100m Freestyle	1:16.67 Session 02
Event 22	Female 200m Freestyle	2:53.09 Session 03
Event 26	Female 50m Backstroke	41.20 Session 03
Olivia SHEASBY		8
Event 10	Female 100m IM	1:13.30 Session 01
Event 12	Female 400m IM	5:46.13 Session 02
Event 16	Female 200m Butterfly	3:04.08 Session 02
Event 18	Female 50m Breaststroke	40.26 Session 02
Event 20	Female 200m Backstroke	2:36.79 Session 02
Event 24	Female 100m Butterfly	1:18.24 Session 03
Event 28	Female 200m IM	2:38.00 Session 03
Event 32	Female 50m Freestyle	29.61 Session 03
Oscar WILSON		16
Event 3	Open/Male 50m Butterfly	1:03.31 Session 01
Event 5	Open/Male 200m Breaststroke	4:42.85 Session 01

Event 9	Open/Male 100m IM	2:03.40 Session 01
Event 21	Open/Male 200m Freestyle	3:48.72 Session 03
Event 29	Open/Male 100m Breaststroke	2:11.29 Session 03
Event 31	Open/Male 50m Freestyle	48.87 Session 03
P MBANEFO-MENEGHETTI		12
Event 28	Female 200m IM	3:39.97 Session 03
Event 32	Female 50m Freestyle	36.30 Session 03
Sebastian COLLIER		11
Event 13	Open/Male 100m Freestyle	1:06.10 Session 02
Event 17	Open/Male 50m Breaststroke	40.53 Session 02
Event 25	Open/Male 50m Backstroke	35.55 Session 03
Event 27	Open/Male 200m IM	2:50.60 Session 03
Tom LEVELL		15
Event 15	Open/Male 200m Butterfly	4:29.61 Session 02
Yiwei LU		14
Event 14	Female 100m Freestyle	1:25.84 Session 02
Event 22	Female 200m Freestyle	3:07.53 Session 03
Event 24	Female 100m Butterfly	1:54.48 Session 03
Event 26	Female 50m Backstroke	45.89 Session 03

Stowmarket

Abigail COLMAN		15
Event 18	Female 50m Breaststroke	58.59 Session 02
Event 22	Female 200m Freestyle	3:43.47 Session 03
Event 26	Female 50m Backstroke	49.52 Session 03
Event 30	Female 100m Breaststroke	2:06.47 Session 03
Event 32	Female 50m Freestyle	49.41 Session 03
Audrey CONVEY		14
Event 18	Female 50m Breaststroke	51.77 Session 02
Event 24	Female 100m Butterfly	1:52.03 Session 03
Event 30	Female 100m Breaststroke	1:50.51 Session 03
Daisy TEMPLER		13
Event 2	Female 400m Freestyle	5:51.42 Session 01
Event 4	Female 50m Butterfly	41.85 Session 01
Event 14	Female 100m Freestyle	1:17.66 Session 02
Event 26	Female 50m Backstroke	40.40 Session 03
Event 32	Female 50m Freestyle	35.60 Session 03
Elliott THOMPSON		13
Event 13	Open/Male 100m Freestyle	1:12.86 Session 02
Event 21	Open/Male 200m Freestyle	2:42.23 Session 03
Event 25	Open/Male 50m Backstroke	39.63 Session 03
Event 31	Open/Male 50m Freestyle	33.68 Session 03
Eloise DEAN		16
Event 4	Female 50m Butterfly	56.12 Session 01
Event 8	Female 100m Backstroke	1:50.50 Session 01
Event 10	Female 100m IM	2:09.40 Session 01
Event 14	Female 100m Freestyle	1:47.44 Session 02
Event 22	Female 200m Freestyle	4:05.40 Session 03

Event 26	Female 50m Backstroke	52.09 Session 03
Emily EVANS		16
Event 8	Female 100m Backstroke	1:58.88 Session 01
Event 20	Female 200m Backstroke	4:09.06 Session 02
Event 26	Female 50m Backstroke	51.86 Session 03
Emily GARNER		15
Event 14	Female 100m Freestyle	1:37.05 Session 02
Event 18	Female 50m Breaststroke	59.17 Session 02
Event 22	Female 200m Freestyle	3:42.62 Session 03
Event 28	Female 200m IM	4:13.17 Session 03
Florence BREWSTER		13
Event 2	Female 400m Freestyle	6:27.06 Session 01
Event 10	Female 100m IM	1:32.20 Session 01
Event 12	Female 400m IM	7:17.94 Session 02
Event 20	Female 200m Backstroke	3:14.22 Session 02
Event 28	Female 200m IM	3:25.77 Session 03
Event 32	Female 50m Freestyle	36.37 Session 03
Freya WELHAM		13
Event 18	Female 50m Breaststroke	46.09 Session 02
Event 32	Female 50m Freestyle	35.09 Session 03
Georgie MASON		16
Event 10	Female 100m IM	1:54.10 Session 01
Event 14	Female 100m Freestyle	1:46.33 Session 02
Event 26	Female 50m Backstroke	52.06 Session 03
Event 32	Female 50m Freestyle	49.72 Session 03
James SEWELL		16
Event 9	Open/Male 100m IM	1:54.10 Session 01
Event 13	Open/Male 100m Freestyle	1:42.01 Session 02
Event 17	Open/Male 50m Breaststroke	58.03 Session 02
Event 25	Open/Male 50m Backstroke	49.86 Session 03
Event 31	Open/Male 50m Freestyle	47.29 Session 03
Joshua BARNARD		12
Event 13	Open/Male 100m Freestyle	1:11.86 Session 02
Event 17	Open/Male 50m Breaststroke	43.45 Session 02
Molly CRAGG		15
Event 2	Female 400m Freestyle	8:20.00 Session 01
Event 32	Female 50m Freestyle	48.29 Session 03
Oscar KOSSOWSKI		16
Event 17	Open/Male 50m Breaststroke	1:01.21 Session 02
Serena FORREST		14
Event 10	Female 100m IM	1:37.20 Session 01
Event 16	Female 200m Butterfly	3:54.49 Session 02
Event 22	Female 200m Freestyle	3:21.69 Session 03
Event 24	Female 100m Butterfly	1:47.07 Session 03
Event 32	Female 50m Freestyle	39.35 Session 03
Stanley RICHARDS		16
Event 29	Open/Male 100m Breaststroke	2:10.80 Session 03
Event 31	Open/Male 50m Freestyle	47.26 Session 03

Team Waveney

Amelia CUNNINGHAM		16	
Event 26	Female 50m Backstroke		53.11 Session 03
Event 32	Female 50m Freestyle		46.50 Session 03
Aston WILLIMOTT		14	
Event 17	Open/Male 50m Breaststroke		53.16 Session 02
Event 31	Open/Male 50m Freestyle		37.75 Session 03
Braxton KINDER		13	
Event 25	Open/Male 50m Backstroke		40.97 Session 03
Event 27	Open/Male 200m IM		3:37.97 Session 03
Event 31	Open/Male 50m Freestyle		36.82 Session 03
Casper DAWSON-STEWART		14	
Event 3	Open/Male 50m Butterfly		48.40 Session 01
Event 7	Open/Male 100m Backstroke		1:37.87 Session 01
Event 13	Open/Male 100m Freestyle		1:23.20 Session 02
Event 17	Open/Male 50m Breaststroke		54.22 Session 02
Event 21	Open/Male 200m Freestyle		3:01.76 Session 03
Event 25	Open/Male 50m Backstroke		44.55 Session 03
Charles STOCK		9	
Event 3	Open/Male 50m Butterfly		30.35 Session 01
Event 7	Open/Male 100m Backstroke		1:11.31 Session 01
Event 9	Open/Male 100m IM		1:13.10 Session 01
Event 13	Open/Male 100m Freestyle		1:03.36 Session 02
Event 19	Open/Male 200m Backstroke		2:41.35 Session 02
Event 25	Open/Male 50m Backstroke		32.23 Session 03
Connie DIGGINS		15	
Event 10	Female 100m IM		1:53.20 Session 01
Event 18	Female 50m Breaststroke		58.72 Session 02
Event 30	Female 100m Breaststroke		2:04.88 Session 03
Event 32	Female 50m Freestyle		44.44 Session 03
Ella BENNION		14	
Event 18	Female 50m Breaststroke		52.25 Session 02
Event 30	Female 100m Breaststroke		1:51.63 Session 03
Evie WILLIAMS		13	
Event 18	Female 50m Breaststroke		48.06 Session 02
Event 30	Female 100m Breaststroke		1:44.44 Session 03
Isabelle NOTTAGE		15	
Event 18	Female 50m Breaststroke		59.01 Session 02
Event 26	Female 50m Backstroke		50.05 Session 03
Isla THORN		11	
Event 2	Female 400m Freestyle		5:27.47 Session 01
Event 22	Female 200m Freestyle		2:34.10 Session 03
Event 26	Female 50m Backstroke		37.00 Session 03
Jefferson MAYHEW		15	
Event 31	Open/Male 50m Freestyle		43.95 Session 03
Jessica NICHOLS		12	
Event 2	Female 400m Freestyle		5:53.75 Session 01

Event 10	Female 100m IM	1:29.00 Session 01
Event 22	Female 200m Freestyle	2:47.40 Session 03
Event 32	Female 50m Freestyle	34.00 Session 03
Mairead HOLMES		16
Event 18	Female 50m Breaststroke	57.20 Session 02
Event 30	Female 100m Breaststroke	2:03.00 Session 03
Malachi SAMBELLS		13
Event 17	Open/Male 50m Breaststroke	48.72 Session 02
Niamh RAINES		14
Event 6	Female 200m Breaststroke	4:05.79 Session 01
Event 10	Female 100m IM	1:41.56 Session 01
Event 14	Female 100m Freestyle	1:25.56 Session 02
Event 18	Female 50m Breaststroke	50.90 Session 02
Sebastian WILSON		16
Event 25	Open/Male 50m Backstroke	53.31 Session 03
Event 31	Open/Male 50m Freestyle	48.69 Session 03
Tabitha TAYLOR		15
Event 8	Female 100m Backstroke	1:51.06 Session 01
Event 10	Female 100m IM	1:57.60 Session 01
Thomas WICKHAM		15
Event 31	Open/Male 50m Freestyle	46.08 Session 03
Tilly BROMLEY		14
Event 6	Female 200m Breaststroke	4:01.35 Session 01
Event 8	Female 100m Backstroke	1:34.54 Session 01
Event 10	Female 100m IM	1:39.06 Session 01
Tom BARBER		11
Event 1	Open/Male 400m Freestyle	5:25.97 Session 01
Tyler MAYHEW		16
Event 31	Open/Male 50m Freestyle	49.82 Session 03

West Suffolk

Albert WIDDICKS		12
Event 1	Open/Male 400m Freestyle	5:26.94 Session 01
Event 3	Open/Male 50m Butterfly	36.76 Session 01
Event 7	Open/Male 100m Backstroke	1:23.78 Session 01
Event 9	Open/Male 100m IM	1:21.80 Session 01
Event 21	Open/Male 200m Freestyle	2:32.17 Session 03
Event 25	Open/Male 50m Backstroke	37.86 Session 03
Event 31	Open/Male 50m Freestyle	32.92 Session 03
Amalie CHUTER		14
Event 10	Female 100m IM	1:42.10 Session 01
Event 20	Female 200m Backstroke	3:46.34 Session 02
Event 24	Female 100m Butterfly	1:56.52 Session 03
Event 26	Female 50m Backstroke	45.20 Session 03
Event 28	Female 200m IM	3:50.77 Session 03
Amanda CEPONYTE		16
Event 2	Female 400m Freestyle	7:50.25 Session 01
Event 6	Female 200m Breaststroke	4:39.79 Session 01

Event 18	Female 50m Breaststroke	57.66 Session 02
Event 26	Female 50m Backstroke	48.39 Session 03
Event 30	Female 100m Breaststroke	2:04.95 Session 03
Anna GIDEON		14
Event 32	Female 50m Freestyle	38.15 Session 03
Barnaby BROWN		15
Event 3	Open/Male 50m Butterfly	1:04.99 Session 01
Event 5	Open/Male 200m Breaststroke	4:30.63 Session 01
Event 17	Open/Male 50m Breaststroke	57.84 Session 02
Event 29	Open/Male 100m Breaststroke	2:06.80 Session 03
Beatrice WATSON		14
Event 6	Female 200m Breaststroke	4:11.53 Session 01
Event 10	Female 100m IM	1:44.70 Session 01
Event 18	Female 50m Breaststroke	52.71 Session 02
Event 30	Female 100m Breaststroke	1:53.83 Session 03
Brooke COPPING		10
Event 16	Female 200m Butterfly	3:03.10 Session 02
Event 20	Female 200m Backstroke	2:44.93 Session 02
Event 24	Female 100m Butterfly	1:21.95 Session 03
Event 28	Female 200m IM	2:46.20 Session 03
Event 32	Female 50m Freestyle	31.31 Session 03
Ciara WIDDICKS		13
Event 20	Female 200m Backstroke	3:18.96 Session 02
Connor GOLDSMITH		9
Event 3	Open/Male 50m Butterfly	30.95 Session 01
Event 13	Open/Male 100m Freestyle	1:03.32 Session 02
Event 23	Open/Male 100m Butterfly	1:14.42 Session 03
Event 25	Open/Male 50m Backstroke	32.98 Session 03
Event 31	Open/Male 50m Freestyle	28.27 Session 03
Daniel HORN		15
Event 21	Open/Male 200m Freestyle	3:42.71 Session 03
Event 29	Open/Male 100m Breaststroke	2:08.66 Session 03
Event 31	Open/Male 50m Freestyle	45.15 Session 03
Elias BELTRAN		15
Event 1	Open/Male 400m Freestyle	8:09.97 Session 01
Event 5	Open/Male 200m Breaststroke	4:20.30 Session 01
Event 9	Open/Male 100m IM	1:58.10 Session 01
Event 25	Open/Male 50m Backstroke	49.52 Session 03
Event 29	Open/Male 100m Breaststroke	2:09.56 Session 03
Ella STEWART		9
Event 2	Female 400m Freestyle	5:08.43 Session 01
Erin STEWART		11
Event 2	Female 400m Freestyle	5:24.49 Session 01
Felix BROWN		13
Event 15	Open/Male 200m Butterfly	3:24.14 Session 02
Event 17	Open/Male 50m Breaststroke	47.29 Session 02
Event 21	Open/Male 200m Freestyle	2:50.36 Session 03
Event 25	Open/Male 50m Backstroke	39.7 Session 03

Event 31	Open/Male 50m Freestyle	33.24	Session 03
Freddie JORDAN		13	
Event 21	Open/Male 200m Freestyle	2:47.84	Session 03
Grace BLACKMAN		13	
Event 14	Female 100m Freestyle	1:19.07	Session 02
Event 22	Female 200m Freestyle	2:57.87	Session 03
Event 30	Female 100m Breaststroke	1:46.81	Session 03
Event 32	Female 50m Freestyle	36.26	Session 03
Harry ELLARD		15	
Event 21	Open/Male 200m Freestyle	3:35.66	Session 03
Harry TAYLOR		15	
Event 19	Open/Male 200m Backstroke	4:07.66	Session 02
Event 25	Open/Male 50m Backstroke	50.24	Session 03
Event 31	Open/Male 50m Freestyle	45.98	Session 03
Henry PETCHEY		14	
Event 5	Open/Male 200m Breaststroke	4:13.72	Session 01
Event 17	Open/Male 50m Breaststroke	54.68	Session 02
Iris I'ANSON		16	
Event 4	Female 50m Butterfly	57.40	Session 01
Event 8	Female 100m Backstroke	1:44.96	Session 01
Event 10	Female 100m IM	1:53.70	Session 01
James ADAMS		13	
Event 5	Open/Male 200m Breaststroke	4:06.86	Session 01
Event 13	Open/Male 100m Freestyle	1:24.89	Session 02
Event 17	Open/Male 50m Breaststroke	50.20	Session 02
Event 25	Open/Male 50m Backstroke	44.80	Session 03
Event 29	Open/Male 100m Breaststroke	1:54.64	Session 03
Event 31	Open/Male 50m Freestyle	36.40	Session 03
Jude BROWN		13	
Event 13	Open/Male 100m Freestyle	1:15.61	Session 02
Event 21	Open/Male 200m Freestyle	2:46.37	Session 03
Event 25	Open/Male 50m Backstroke	42.21	Session 03
Event 31	Open/Male 50m Freestyle	34.17	Session 03
Landon HYDES		9	
Event 1	Open/Male 400m Freestyle	5:15.12	Session 01
Event 3	Open/Male 50m Butterfly	31.70	Session 01
Event 7	Open/Male 100m Backstroke	1:16.12	Session 01
Event 9	Open/Male 100m IM	1:14.00	Session 01
Event 23	Open/Male 100m Butterfly	1:14.69	Session 03
Event 25	Open/Male 50m Backstroke	34.02	Session 03
Event 29	Open/Male 100m Breaststroke	1:28.76	Session 03
Event 31	Open/Male 50m Freestyle	28.95	Session 03
Levi BELTRAN		16	
Event 13	Open/Male 100m Freestyle	1:40.14	Session 02
Lily BLACKMAN		16	
Event 8	Female 100m Backstroke	1:52.48	Session 01
Event 14	Female 100m Freestyle	1:39.10	Session 02
Event 26	Female 50m Backstroke	49.36	Session 03

Event 30	Female 100m Breaststroke	2:12.17 Session 03
Event 32	Female 50m Freestyle	48.25 Session 03
Lucas BELTRAN		16
Event 25	Open/Male 50m Backstroke	52.79 Session 03
Event 31	Open/Male 50m Freestyle	47.27 Session 03
Mia COPPING		12
Event 28	Female 200m IM	3:05.22 Session 03
Michael HUGHES-ASAMOAH		16
Event 9	Open/Male 100m IM	2:05.60 Session 01
Event 17	Open/Male 50m Breaststroke	57.39 Session 02
Event 25	Open/Male 50m Backstroke	48.67 Session 03
Oliver CREASY		12
Event 11	Open/Male 400m IM	6:32.73 Session 02
Oliver ELLARD		14
Event 13	Open/Male 100m Freestyle	1:21.39 Session 02
Event 21	Open/Male 200m Freestyle	2:59.81 Session 03
Event 29	Open/Male 100m Breaststroke	1:51.66 Session 03
Oliver LAMBERT		10
Event 15	Open/Male 200m Butterfly	3:01.14 Session 02
Event 23	Open/Male 100m Butterfly	1:21.30 Session 03
Oliver PETCHEY		12
Event 5	Open/Male 200m Breaststroke	3:30.78 Session 01
Event 9	Open/Male 100m IM	1:27.90 Session 01
Event 27	Open/Male 200m IM	3:16.37 Session 03
Rebecca HUGHES		16
Event 8	Female 100m Backstroke	1:59.89 Session 01
Event 32	Female 50m Freestyle	51.61 Session 03
Stanley JORDAN		15
Event 21	Open/Male 200m Freestyle	3:43.70 Session 03
Tilly TAYLOR		13
Event 20	Female 200m Backstroke	3:22.65 Session 02
Event 32	Female 50m Freestyle	36.35 Session 03
Vanessa CEPONYTE		13
Event 2	Female 400m Freestyle	6:00.39 Session 01
Event 14	Female 100m Freestyle	1:16.76 Session 02
Event 22	Female 200m Freestyle	2:48.21 Session 03
Event 30	Female 100m Breaststroke	1:46.07 Session 03
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Abigail WILMOT		14
Event 8	Female 100m Backstroke	1:35.65 Session 01
Event 24	Female 100m Butterfly	1:49.92 Session 03
Event 26	Female 50m Backstroke	43.76 Session 03
Event 32	Female 50m Freestyle	39.76 Session 03
Alexis RAMSEY		14
Event 26	Female 50m Backstroke	44.85 Session 03
Angelo HEARN		15
Event 7	Open/Male 100m Backstroke	1:50.86 Session 01

Event 17	Open/Male 50m Breaststroke	59.88	Session 02
Event 25	Open/Male 50m Backstroke	49.56	Session 03
Ava MARKWELL		16	
Event 8	Female 100m Backstroke	1:44.60	Session 01
Event 18	Female 50m Breaststroke	57.51	Session 02
Event 32	Female 50m Freestyle	43.92	Session 03
Chesare READ		13	
Event 13	Open/Male 100m Freestyle	1:16.82	Session 02
Event 17	Open/Male 50m Breaststroke	46.29	Session 02
Event 29	Open/Male 100m Breaststroke	1:41.34	Session 03
Event 31	Open/Male 50m Freestyle	36.12	Session 03
Dexter WINTERBURN		11	
Event 3	Open/Male 50m Butterfly	35.28	Session 01
Event 5	Open/Male 200m Breaststroke	3:19.22	Session 01
Event 9	Open/Male 100m IM	1:16.60	Session 01
Event 13	Open/Male 100m Freestyle	1:09.21	Session 02
Event 17	Open/Male 50m Breaststroke	42.90	Session 02
Event 29	Open/Male 100m Breaststroke	1:33.26	Session 03
Dominik WITRYKUS		14	
Event 17	Open/Male 50m Breaststroke	52.10	Session 02
Event 31	Open/Male 50m Freestyle	38.29	Session 03
Erin MCDONNELL		16	
Event 26	Female 50m Backstroke	55.62	Session 03
Gabriella CAWLEY		10	
Event 20	Female 200m Backstroke	2:41.90	Session 02
Grace MANN		13	
Event 24	Female 100m Butterfly	1:37.29	Session 03
Jack MUNDAY		12	
Event 31	Open/Male 50m Freestyle	31.40	Session 03
Krzysztof SPLAWIEC		12	
Event 3	Open/Male 50m Butterfly	39.41	Session 01
Lily MUNDAY		10	
Event 28	Female 200m IM	2:52.77	Session 03
Lyra STONE		15	
Event 8	Female 100m Backstroke	1:48.80	Session 01
Event 10	Female 100m IM	1:58.50	Session 01
Event 18	Female 50m Breaststroke	59.33	Session 02
Event 32	Female 50m Freestyle	44.32	Session 03
Mateusz WAGROWSKI		12	
Event 17	Open/Male 50m Breaststroke	47.48	Session 02
Olivia TEARE		14	
Event 18	Female 50m Breaststroke	51.03	Session 02
Event 30	Female 100m Breaststroke	1:52.84	Session 03
Orla SQUIRRELL		12	
Event 24	Female 100m Butterfly	1:36.74	Session 03
Ruby BROADWATER		13	
Event 4	Female 50m Butterfly	42.07	Session 01
Event 10	Female 100m IM	1:30.50	Session 01

Event 14	Female 100m Freestyle	1:16.66 Session 02
Event 18	Female 50m Breaststroke	46.06 Session 02
Event 26	Female 50m Backstroke	41.06 Session 03
Event 30	Female 100m Breaststroke	1:41.06 Session 03
Event 32	Female 50m Freestyle	35.20 Session 03
Sophie ALEXANDER		14
Event 4	Female 50m Butterfly	46.80 Session 01
Event 8	Female 100m Backstroke	1:34.34 Session 01
Event 26	Female 50m Backstroke	44.23 Session 03
Sophina WINDUS		16
Event 4	Female 50m Butterfly	1:01.51 Session 01
Event 26	Female 50m Backstroke	54.31 Session 03
Event 32	Female 50m Freestyle	51.20 Session 03
Willow PORTER		15
Event 4	Female 50m Butterfly	56.85 Session 01
Zachary OWENS		16
Event 7	Open/Male 100m Backstroke	1:48.39 Session 01
Event 25	Open/Male 50m Backstroke	49.07 Session 03
Event 31	Open/Male 50m Freestyle	45.58 Session 03