

CLUB CHAMPS 400M TIME TRIAL - 12/11/2024**Results****Event 1 Girls 7-8 400 SC Meter Freestyle**

	Name	Age	Team	Finals Time
1	Knights, Clementine	8	West Suffolk Swimming Club	8:23.88

Event 1 Girls 9 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Akpan-Etuk, Ida	9	West Suffolk Swimming Club	7:58.66
2	Akpan-Etuk, Jane	9	West Suffolk Swimming Club	8:14.99
3	Lane, Lily-Mai	9	West Suffolk Swimming Club	8:47.18
4	Hodson, Molly	9	West Suffolk Swimming Club	9:37.09

Event 1 Girls 10 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Tomic, Lily	10	West Suffolk Swimming Club	7:02.91
2	Rees, Thea	10	West Suffolk Swimming Club	7:14.36
3	Pendleton, Thea	10	West Suffolk Swimming Club	7:31.28
4	Vella, Isabelle	10	West Suffolk Swimming Club	7:35.39
5	Covey, Edith	10	West Suffolk Swimming Club	7:42.74
6	Templeman-Bowes, Lexie	10	West Suffolk Swimming Club	8:09.66
7	McDougall, Ellie	10	West Suffolk Swimming Club	9:48.56
8	Nelder, Evelyn	10	West Suffolk Swimming Club	10:50.36

Event 1 Girls 11 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Norton, Ethel	11	West Suffolk Swimming Club	6:31.00
2	Ceponyte, Vanessa	11	West Suffolk Swimming Club	6:41.50
3	Yordanova, Victoria	11	West Suffolk Swimming Club	7:02.81
4	Shepperson, Holly	11	West Suffolk Swimming Club	7:08.62
5	Hodson, Rosie	11	West Suffolk Swimming Club	7:12.63
6	Page, Millie	11	West Suffolk Swimming Club	7:29.38
7	Jennings, Skyla	11	West Suffolk Swimming Club	7:38.50

Event 1 Girls 12 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Clement, India	12	West Suffolk Swimming Club	5:13.73
2	Copping, Mia	12	West Suffolk Swimming Club	5:57.25
3	Langford, Grace	12	West Suffolk Swimming Club	6:42.51
4	Payne, Ayda	12	West Suffolk Swimming Club	6:42.71
5	Hughes, Scarlett	12	West Suffolk Swimming Club	7:34.37

Event 1 Girls 13 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Moore, Poppy	13	West Suffolk Swimming Club	5:03.69
2	Stewart, Erin	13	West Suffolk Swimming Club	5:45.72
3	Smith, Molly	13	West Suffolk Swimming Club	6:01.97
4	Taylor, Isabella	13	West Suffolk Swimming Club	6:13.18
5	McWattie, Abigail	13	West Suffolk Swimming Club	6:13.41
6	Cowling, Ella	13	West Suffolk Swimming Club	6:50.62
7	Nassanga-Lukoda, Kirabo	13	West Suffolk Swimming Club	7:09.12

Event 1 Girls 14 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Copping, Brooke	14	West Suffolk Swimming Club	4:59.61
2	McGuire, Louise	14	West Suffolk Swimming Club	6:50.57

CLUB CHAMPS 400M TIME TRIAL - 12/11/2024**Results****Event 1 Women 15 Year Olds 400 SC Meter Freestyle**

	Name	Age	Team	Finals Time
1	Stewart, Ella	15	West Suffolk Swimming Club	5:11.89
2	Gilbert, Hannah	15	West Suffolk Swimming Club	6:10.44
3	Yordanova, Raya	15	West Suffolk Swimming Club	6:56.00

Event 1 Women 16 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Moore, Isabel	16	West Suffolk Swimming Club	4:51.12
2	Broad, Kiera	16	West Suffolk Swimming Club	4:57.45

Event 1 Women 17-99 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Wright, Elizabeth	17	West Suffolk Swimming Club	4:59.74

Event 1 Boys 7-8 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Smith, Sasha	8	West Suffolk Swimming Club	6:32.76
2	Tomic, Jack	8	West Suffolk Swimming Club	7:49.58
3	Page, Henry	8	West Suffolk Swimming Club	9:56.53

Event 1 Boys 9 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Levell, Tom	9	West Suffolk Swimming Club	8:18.36
2	Rees, George	9	West Suffolk Swimming Club	8:37.09
3	Brown, Barnaby	9	West Suffolk Swimming Club	8:56.93
4	Taylor, Oliver	9	West Suffolk Swimming Club	10:39.20

Event 1 Boys 10 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Ellard, Oliver	10	West Suffolk Swimming Club	7:21.41
2	Daniels, Oscar	10	West Suffolk Swimming Club	10:04.02
3	Daniels, Dexter	10	West Suffolk Swimming Club	10:43.14

Event 1 Boys 11 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Brown, Jude	11	West Suffolk Swimming Club	6:22.52
2	Brown, Felix	11	West Suffolk Swimming Club	6:33.50

Event 1 Boys 12 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Widdicks, Albie	12	West Suffolk Swimming Club	6:13.20
2	Blackwell, Matthew	12	West Suffolk Swimming Club	6:32.62

Event 1 Boys 13 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Vidal-Greenwood, Harry	13	West Suffolk Swimming Club	5:38.31
2	Templeman-Bowes, Zee	13	West Suffolk Swimming Club	6:39.84
3	Nelder, Kaleb	13	West Suffolk Swimming Club	6:42.73

Event 1 Boys 14 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Levell, Richard	14	West Suffolk Swimming Club	5:15.31
2	Yeo, Thomas	14	West Suffolk Swimming Club	5:26.40
3	Cole, Freddie	14	West Suffolk Swimming Club	5:39.29
4	Lupsa, David	14	West Suffolk Swimming Club	5:54.99

CLUB CHAMPS 400M TIME TRIAL - 12/11/2024**Results****(Event 1 Boys 14 Year Olds 400 SC Meter Freestyle)**

	Name	Age	Team	Finals Time
5	Bourke, Eoin	14	West Suffolk Swimming Club	6:02.89
6	Lambert, Oliver	14	West Suffolk Swimming Club	6:08.06

Event 1 Men 15 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Everett, George	15	West Suffolk Swimming Club	4:35.69
2	Hydes, Landon	15	West Suffolk Swimming Club	5:24.60

Event 1 Men 16 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Blackwell, Samuel	16	West Suffolk Swimming Club	5:11.50
2	Young, Raffie	16	West Suffolk Swimming Club	5:17.45

Event 1 Men 17-99 400 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Everett, Samuel	17	West Suffolk Swimming Club	4:38.65
2	Allen, Thomas	18	West Suffolk Swimming Club	5:01.57
3	Smart, Harry	22	West Suffolk Swimming Club	5:19.02