

Fifty West Suffolk swimmers made the short journey to Park Side Pools in Cambridge over the weekend of 24-26 March to compete against swimmers from across Cambridgeshire, Hertfordshire and South Lincolnshire in the City of Cambridge Swimming Club Spring Meet.

Amassing a haul of 84 medals – eighteen golds, thirty silvers and thirty-six bronzes - WSSC swimmers showed form over all strokes and distances and in all age groups.

Young Willow Ryder, 9, impressed with five silvers and two bronzes, with Jacob Reed, also 9, taking silver in four of his races. Ten year old Harry Wagstaff also took four medals, with bronze in the 50m freestyle and backstroke and 100m breaststroke and freestyle.

India Clement, 11, was inspiring form again, claiming the top of the podium in five events, three second places and three thirds, demonstrating her ability across all strokes and distances. Training partner Freya Reed, also 11, bagged six medals; two golds, three silvers and one bronze.

Poppy Moore, 11, showed her versatility by taking bronze in the 50m freestyle sprint and gold in the 400m middle distance freestyle. Older sister Isabel, 14, also enjoyed success over the weekend with one silver medal (100m breaststroke) and five bronzes.

Emily Sinclair, 12, took home bronze medals in the 50m and 100m backstroke events; with Zach Broad, 13, taking silver, bronze and silver respectively in the 50m, 100m and 200m backstroke races. Another backstroke specialist, Molly Peacock (16 and over), achieved season-best times, taking bronze in the 50m event and silver in both the 100m and 200m backstroke events; Barty Tozer (also 16 and over) took bronze in his only race of the weekend - the 100m backstroke.

George Everett, 13, had a great weekend of swimming, winning bronze in the 50m and 100m freestyle, 100m butterfly and 200m individual medley, claiming silver in the 100m breaststroke and 50m butterfly and grabbing gold in the 50m breaststroke. In the same age group, Elijah Goodkind took bronze in the 200m breaststroke race and Ella Stewart likewise in the grueling 400m IM.

Charlotte Creasy, 14, was delighted with her gold in the 100m backstroke race, also taking silver in the 50m backstroke, 50m freestyle and 200m butterfly. Emelia Roe, 12, won a brilliant bronze in the 200m breaststroke.

It was a West Suffolk one, two in the 15 year old girls' 100m freestyle, with Rebecca Brown pipping Eloise Perry into silver place. Rebecca also took silver in the 200m IM and bronze in the 50m freestyle and 50m backstroke over the weekend, with Eloise taking gold in the 200m butterfly and silver in the 100m butterfly.

Cerys Williams, who has been offered a swimming scholarship in the United States from September, took five medals from the weekend in the over 16 category; gold in the 200m butterfly and 50m breaststroke, silver in the 100m breaststroke and bronze in the 100m freestyle and 100m butterfly. Angharad Evans, who is already swimming at university in the USA and currently home on an extended break, took gold in both of her events (100m butterfly and 200m IM, in which she decimated the field, beating the second-placed swimmer by over eleven seconds).

Elizabeth Wright, 15, took home medals in each colour, with gold in the 50m breaststroke, silver in the 100m breaststroke, and bronze in the 200m freestyle event. In the same age group, Kiera Broad won gold in the 200m breaststroke and bronze in the 100m breaststroke and 400m freestyle. Phoebe Harpur-Davies took bronze in her sole event of the weekend, the 100m butterfly.

WSSC coach Phil Ward was delighted with the swimmers' success, with talent shining in all age groups. Parents and swimmers were grateful for Phil's support, as well as that of team managers Sharon Perry, Helen Samuels, Cigdem Williams and Liz Creasy.



Molly Peacock with her backstroke medals