

Team WSSC enjoyed a successful weekend at the first local long course (50m pool) meet of 2024, hosted by City of Norwich Swimming Club at Sportspark, UEA on 2 and 3 March.

The Team finished fourth out of nine clubs, behind City of Norwich, Team Ipswich and West Norfolk with a medal tally of eight golds, fifteen silvers and eleven bronzes.

Birthday girl India Clement (12) was WSSC's top medal winner, with two golds, three silvers and two bronzes from her twelve races; breaststroker Elizabeth Wright also took two gold medals (50m and 200m) and a silver (100m).

Jake Thomas-Mansfield (23) made it two gold medals from two races – the 100m freestyle, in which he pipped teammate Myles Turner (23) into silver place, and the 50m fly, which he won in emphatic style, with a strong lead from the start. Myles added another silver to his tally, this time in the 100m breaststroke, meanwhile Luka Page (17), who travels with WSSC teammate Matthew Baker to compete for Team England this week in the Sweden Grand Prix, took gold in the 50m freestyle and silver in the 100m butterfly.

Jason Dalope (12) was the Team's most prolific medal-winner, with ten in total; one gold, four silvers and five bronzes.

Becca Brown (16), Charlotte Creasy (15), Samuel Everett (17) and Thea Pendleton (9) all won a silver medal, whilst Faye Basham (13), George Everett (14), Richard Levell (13) and Harry Smart (21) each took home a bronze medal.

Congratulations to all of the swimmers who took part in the event; there were lots of pbs and for some of the younger swimmers, this was their first experience of racing in a 50m pool.



Joella Goodkind, Elijah Goodkind, Richard Levell, Mia Copping, Abigail McWattie, Thea Pendleton



George Everett, Jason Dalope, Samuel Everett, Harry Page, Samuel Chamberlain, Thomas Williams, Harry Smart



Faye Basham, India Clement, Brooke Copping, Freya Reed