

Last weekend (15 and 16 October) saw a contingent of younger West Suffolk swimmers from training centres in Haverhill, Bury St Edmunds and Culford compete at the Suffolk County Development meet in Ipswich. This is the second time the event has been held since the Covid pandemic and the first since supporters and spectators were able to enjoy the action live on poolside at Crown Pools.

The Suffolk County Development meet is an inclusive competition for swimmers aged 9 to 15+ and the West Suffolk team was delighted to come away with a haul of 75 medals across all age groups. In total the team won 20 gold medals, 26 silver medals and 29 bronze medals.

Team manager and coach Phil Ward commented "I was really pleased with the performance of all swimmers so early in the season. It was great to see so many new personal best times and to set a marker for the Club against our competitors from across the county."



West Suffolk Swimming Club will be represented by a number of senior swimmers at the forthcoming East Region Winter Short Course Championships, held in Luton from 4-6 November.