

A selected cohort of swimmers represented WSSC at Suffolk League Round 1 held at Newmarket Leisure Centre on Saturday 26 April.

Suffolk League is split into Boys', Girls' and Team competitions, with prizes for the points winners from the three rounds and the Robin Deal Trophy awarded to the winning team of the Grand Final (to be held at Crown Pools Ipswich on 28 June). In Round 1, WSSC were competing against Newmarket (2024 runners up) and Stowmarket (2024 Grand Final and overall winners), this year fielding two swim teams, Stowmarket Gold and Stowmarket Blue.

The WSSC Team included Vanessa Ceponyte, Rosie Hodson, Ella Plumb, Thea Rees, Lexie Templeman-Bowes, Oliver Ellard, Michael Hughes, Tom Levell, Krrish Prabhakar and Sasha Smith in the 11 and under group. The next age class – 13 years and under - was comprised of Daisy Lancee, Poppy Moore and Ayda Payne, along with George Sims, Leo Sims and Harry Vidal-Greenwood. Brooke Copping, Emily Sinclair, Jason Dalope, James Everett and Connor Goldsmith represented the Club in the 15 years and under events, with Isabel Moore, Elizabeth Wright, Harvey Durham and Edison Lorejo in the open age group category.

The Team's use of Jokers was spot on, with Elizabeth Wright (100m breaststroke) and Harry Vidal-Greenwood (50m backstroke) taking double points in those races, in a new best time for Harry. Harvey Durham also took first place in the 100m freestyle and Vanessa Ceponyte in the 50m freestyle, both in new pbs. There were many valuable second place finishes in this points competition, taking Team WSSC to third place in the boys' competition, in the girls' competition and overall in this first round, behind Stowmarket Gold and home team Newmarket.

The Team produced some terrific performances on the night, with congratulations for pbs and/or season's best times to Ella, Emily, Harry, Harvey, James, Jason, Krrish, Leo, Michael, Oliver, Poppy, Sasha and Vanessa.

Many thanks to coaches Debs Greenhalgh and Julie Hughes, Team Managers Caroline Wright and Joanna Ellard and officials Brigitte Scott and Kerr Clement for supporting the Team. Bring on Round 2 on 17 May, this time with home advantage as we host the event at Bury Leisure Centre!