

WSSC swimmers delivered a string of impressive performances across a range of prestigious summer competitions, showcasing their talent at inter-club, county, regional, national and international levels.

City of Cambridge Swimming Club Jeanne Barker July Open

WSSC swimmers delivered a laudable series of performances at the City of Cambridge Jeanne Barker July Open, held on 5–6 July. Across a wide range of events and age groups, the Club's athletes demonstrated exceptional skill, determination, and consistency, bringing home an impressive haul of medals.

Individual Medley (IM) Success

In the **100m IM**, Sasha Smith claimed gold and George Rees took bronze in the 9-year-old category. Tom Levell (10) also earned bronze, while Jason Dalope secured gold and Richard Levell bronze in the 14-year age group. Ella Plumb (10) also won a brilliant bronze medal in this event.

The **200m IM** saw Millie Page (11) finish a commendable 4th. Sasha Smith won another gold medal, Harry Vidal-Greenwood (13) took silver, and James Everett (14) earned bronze. India Clement (13) dominated her race, winning gold by a margin of 3.4 seconds.

Breaststroke Brilliance

In the **50m Breaststroke**, George Rees won silver, Harry Ellard (9) took bronze, and Sebastian Mika (10) also earned bronze. Harry Ibbotson (13) added a bronze, while Jason Dalope won gold and James Everett (14) took bronze. Ella Plumb earned silver, and Kiera Broad (15+) claimed gold.

The **100m Breaststroke** saw silver medals for Ella Plumb, George Rees, Michael Hughes (11), Sebastian Wickes (12), and James Everett. Jason Dalope added another gold to his collection.

In the **200m Breaststroke**, Sasha Smith, Jason Dalope, and Elizabeth Wright (15+) all won gold in their respective age classes. Theo Fisher (11) and James Everett earned silver; Michael Hughes (11) added to his medal collection with a bronze.

Butterfly Excellence

Sasha Smith continued his golden weekend in the **50m Butterfly**, taking top spot in his age group. Jason Dalope and Elizabeth Wright secured silver medals and George Rees and India Clement claimed a bronze medal apiece in this event.

In the **100m Butterfly**, Sasha Smith continued his age group dominance and again struck gold. Harry Vidal-Greenwood and Jason Dalope both earned silver with Mia Copping (12) winning bronze.

The **200m Butterfly** saw Sasha Smith achieve a clean sweep in the butterfly events, with his third butterfly gold. Jason Dalope and India Clement also took top spot in their categories with Emiel Korstanje (15+) claiming bronze.

Backstroke Achievements

In the **50m Backstroke**, Harry Ellard and Jason Dalope both won gold medals, while Vanessa Ceponyte (11) posted the third fastest time in her age group to earn a bronze medal.

The **100m Backstroke** featured silver medals for Tom Levell and Harry Vidal-Greenwood, with Jason Dalope taking yet another gold medal to add to his extensive collection from the meet. Molly Hodson (9) earned a fantastic bronze.

Jason Dalope struck gold again in the **200m Backstroke**, with Harry Ellard claiming silver.

Freestyle Dominance

George Rees and Jason Dalope both won age group gold medals in the very popular and hotly contested **50m Freestyle**, while India Clement took silver and Caitlyn Chu Yun Ong (9) and Vanessa Ceponyte both earned bronze.

Gold medals were the order of the day for India Clement, George Rees, and Jason Dalope in the **100m Freestyle**. Vanessa Ceponyte and Tom Levell earned bronze to add to their medal tallies.

Jason Dalope also secured silver in the **200m Freestyle**, rounding off an exceptionally successful meet for the fourteen-year-old.

A hearty well done to all of our competitors for their super swims; medals or not, there were some great pbs posted and the meet was a valuable learning experience for our younger swimmers. A special thanks to Brigitte Scott who volunteered to officiate for all sessions and was, rather shockingly, the only WSSC official at the meet out of 42 families who attended.



Stefan Buburuzan, James Everett, Jason Dalope and India Clement at the Jeanne Barker July Open

Scottish National Open Swimming Championships

With his Bath University teammates, Matthew Baker participated in the Scottish National Open Swimming Championships, held at the Royal Commonwealth Pool, Edinburgh from 27–29 June.

Matthew entered three events at the Championships: the 100m, 200m and 400m freestyle.

In the 100m, Matthew just missed a place in the A final, his time fast enough to qualify him for the B final. Alas when the time came to parade onto poolside, Matthew was missing, with a last-minute wardrobe malfunction (split skins) unfortunately preventing him from competing.

In a fantastic 200m swim, Matthew qualified 3rd for the final but finished an agonising 4th, just 0.16 seconds shy of a medal in this event.

Happily, his luck turned on the final day of competition. with Matthew increasing the tempo from his qualifying heat time for the 400m freestyle to move from the sixth fastest qualifier to take a sparkling silver medal in the final, with an impressive time improvement of 6.63 seconds.

Suffolk County & East Region Open Water Championships

It's been a summer of success for Myles, who delivered an outstanding performance at the Suffolk County & East Region Open Water Championships, held at Whitlingham Adventure, Norwich on 13 July. Myles claimed the Suffolk County Champion title in the 3km race with a time of 41:53—over four minutes ahead of the second-placed county swimmer. He also won the East Region title, finishing nearly two minutes ahead of the regional runner-up. This is a repeat of his 2024 success when Myles also won the Suffolk and East Region Championship titles over the same distance.



Swim England National Summer Meet

Elizabeth Wright was delighted to qualify for the Swim England National Summer Meet, held at Ponds Forge International Sports Centre, Sheffield from 29 July to 3 August. Elizabeth competed in the 100m breaststroke and finished in second place in heat 9 (of 14), just outside her pb. It was a great opportunity for her to experience competing at this level before heading off to university in September.

World Aquatics Masters Championships

WSSC Masters swimmer Myles Turner won a brilliant brace of gold medals at the World Aquatics Masters Championships held in Singapore in August.

Myles qualified to compete in three events at Singapore: the 200m backstroke, 400m individual medley and 200m individual medley.

After a twenty-four-hour door-to-door journey, and little time to acclimatise, Myles got his championships off to a flying start, with a superb swim in the 200m backstroke, an event in which he claimed the gold medal in the 25-29 years age group by almost two seconds.

With two days' rest, Myles was on top form for Sunday's 400m IM. Following his stellar 400m IM swim at the British Masters Championships in June, where he set a new British record, Myles dominated his age group in Singapore to take the gold medal in the 25-29 years category by an impressive 2.55 seconds.

In his final event – the 200m IM, Myles just missed the podium, being pipped into fourth place in his age group by just 0.09 seconds.



World Aquatics Championships

Angharad Evans (University of Stirling and WSSC member) represented Team GB on the world stage at the World Aquatics Championships, held in Singapore from 27 July to 3 August. This was Harri's first long course World Championships and her first time back on the world stage following last summer's Olympic Games in Paris.

In her prime event, the 100m breaststroke, Harri was over a second outside her usual time and placed 18th in the quarter finals, narrowly missing a spot in the semi-finals.

Determined not to miss out in the 200m breaststroke, Harri completed her heat swim in a time of 2:24.82, bettering this by 1.5 second in the semi-finals, when she finished in the fourth fastest time (by just 0.1 seconds!), behind world record-holder Kate Douglass. Unfortunately, Harri wasn't able to replicate this time in the final (or get close to her pb of 2:21.86, set at the Aquatics GB Swimming Championships 2025 in April) and finished in a nevertheless impressive fifth place in the final. A great experience for Harri and we send her our congratulations.