



Venue Bury St Edmunds Leisure Centre, Beetons Way, IP33 3TT

Car Parking Additional parking: Olding Road Car Park, IP33 3TA (entrance just off ASDA

roundabout but the steps at far end bring you out opposite the front of the

Leisure Centre)

## No one should attend the meet if they are feeling in any way unwell.

Swimmers

Entry to the sports hall will be from 7.30am and warm up will start at 7.50am. If you arrive earlier please wait outside the leisure centre. Please sign in at the desk in the sports hall when you arrive. Sign in will close at 8am for session 1 and 12.30pm for session 2. Anyone not signed in will be scratched. Marshalling will be in the sports hall. Swimmers are allowed to eat in the sports hall but we would request that they please use the rubbish bags provided. Swimmers must bring and wear appropriate indoor footwear, the floor can become extremely slippery when wet and we would like to avoid any unnecessary accidents. It may be cold so we also advise swimmers to have clothing to wear between races. It is a good idea to have a small bag in which to store any clothes and shoes swimmers bring onto poolside while they are racing.

**Spectator entry fee** Adults £3.00 per session or £5.00 all day

Children £1 all day

Withdrawals This meet is full so please can withdrawals be notified to entries@westsuffolkswimming.co.uk as soon as possible and before Saturday 11<sup>th</sup> June at 6pm. The programme will then be created and published on www.westsuffolkswimming.co.uk Subsequent race withdrawals must be notified to the sign in desk, or via your team personnel if you are not going to be attending.

Awards These will be available from our medal table as soon as the results for each event have been posted. Medals will be made for the three top placed swimmers in each age group in each event.

Results These will be available for swimmers to view in the sports hall after the conclusion of each event. A full set of results will be available on our website www.westsuffolkswimming.co.uk as soon as possible. Live results will be on Meet Mobile throughout the weekend.

**Refreshments** Tea, coffee, cold drinks and cakes will be available. Why not be environmentally friendly and bring your own cup for hot drinks?

We hope that all swimmers enjoy their races!