

## **RECORD CLAIM FORM**

Male/Female	Short/Long Course	Distance	Stroke	Time min/sec/hdth

Swimmer Details:
Name
Age D.O.B
SE Reg
Date of swim
Venue
Competition name

Please send your completed form to the records officer (Elspeth Baker) at <a href="mailto:records@westsuffolkswimming.co.uk">records@westsuffolkswimming.co.uk</a> for ratification and the new record will published accordingly.